

There are certain conditions of the lung in consumptive patients which are especially benefited by the climate of Canada: I allude to those conditions of imperfect expansion, at an early period; and of consolidation, at a later period. Early in the disease, when deposition of tuberculous matter takes place; or, rather, before the stethoscope can clearly detect its presence; when the natural respiratory murmur becomes less distinct, or interrupted and halting, and not continuous, as in health, the dry stimulating climate effects much. Even in the stage of deposition and induration—the first stage of recognizable disease—where as yet no cavities exist, and where there is no undue bronchial irritation, the winter climate of Canada is of great value. Many of the more eminent physicians of Europe have recognized this quality in our climate, and have often-times sent patients hither. The class of patients, formerly sent on whaling expeditions, is now sent to winter in Canada, where the advantages of temperature are recognized, and where the comforts of life are easily obtained. It would detain you too long to point out in detail the localities, in this country, to be chosen, and to be avoided, by the consumptive; but I shall be glad to present to any member of the Association, who desires it, more extended observations on the subject generally, which are embodied in my work on this climate.

I have hitherto confined myself to the influence of climate *pur et simple*. But climate means all the circumstances under which we live, or as it is defined by a French writer, *les conditions dans lesquelles nous vivons dans chaque lieu*. The influence of the climate, therefore, cannot be separated from the habits of the people. That part of the subject, however, is too vast, and ramifies in too many directions, to permit me to enter upon it. Let me say, however, that while luxury is enjoyed by a privileged few, the humbler classes, especially in our country districts, live frugally, temperately and well; and although they do not always give outward evidence of wealth, they have sufficient for all their legitimate wants; they live in comfort and