

that this process was not only too tedious to be practised, but also altogether unsatisfactory in its results. In the first place cinchona bark cannot be completely exhausted with weak alcohol; and secondly, after treating with ferric hydrate, the natural combinations of the cinchona alkaloids are broken up, and a considerable amount of the alkaloids is retained by the ferric hydrate, which can to a certain extent be recovered by treating the residue with alcohol.

These considerations induced the writer to employ the unbleached alkaloids of Calisaya bark, as obtained by precipitating an infusion of Calisaya bark made with acidulated water, with an alkali.

In regard to the nomenclature for the elixirs given below, the writer would suggest the following: First, an elixir proposed as a vehicle to render such medicines as the physician may prescribe palatable and acceptable to the stomach; this is to be called the "Simple Elixir." Secondly, one to represent the simple elixir of Calisaya bark; to be termed "Elixir of Calisaya." Thirdly, one to replace the variety of elixirs of bark and iron, to be styled "Ferrated Elixir of Calisaya." Fourthly, one to suppress the large variety of elixirs, under the names elixir bark, iron, and strychnia, Calisaya, iron, and strychnia, phosphate iron, quinia, and strychnia, &c.; to be named "Ferrated Elixir of Calisaya and Strychnia." Fifthly, one named "Ferrated Elixir of Gentian," and sixthly, one to discard the large number of poor so-styled elixirs of valerianate of ammonia; to be called "Elixir of Valerianate of Ammonia."

## SIMPLE ELIXIR.

Take of—

Moist Fresh Orange-Peel . . . . .	2 drachms.
Star Anise in fine powder . . . . .	$\frac{1}{2}$ drachm.
Cardamom " " . . . . .	20 grains.
Strong Alcohol . . . . .	sufficient.
Water . . . . .	"
Simple Syrup . . . . .	6 ounces.
Caramel . . . . .	10 grains.

Reduce the orange-peel to a fine pulp, then add the star anise and cardamom in fine powder, pack quite firm into a glass percolator, and pour on a mixture of equal parts alcohol and water, until six ounces of tincture have passed. Then add the syrup with caramel and water sufficient to the measure of one pint, and filter.

## ELIXIR OF CALISAYA.

Take of—

Unbleached Alkaloids of Calisaya . . . . .	48 grains.
Citric Acid . . . . .	$12\frac{1}{2}$ "
Simple Elixir . . . . .	16 ounces.