panionship has been well used, and if by word and deed we have set a good example to those with whom we have been even for a brief period fellowtravellers, how much of pleasure we may have given, what blessed results may follow. In life's journey this should ever be our object. The companion of a day is with us on life's voyage through time to eternity. Our word or our example may influence him for weal or for woe. Let us ever strive to use our influence on the right side, whether it be little or whether it be much, abroad as well as at home, among those we have never met before and may never meet again, as well as among those who have been our friends and associates for years.

On getting off the cars at Sacramento we could not help noticing the warm spring-like air, the country all around covered with green grass, and the gardens bright with evergreen trees and flowering shrubs and plants, with beautiful palm trees dotted here and there. We seemed to have arrived in a new world. We enjoyed the rorning walk through this beautiful city, with its evergreen trees and flowers, and about the State Capitol which was surrounded with green lawn terraces and rows of cypress trees, palms and rose bushes. After having spent two or three cold days in crossing the mountains, the warm balmy breeze was particularly refresh-About 10 o'clock a.m. we again started on our journey, by the Southern Pacific Railway, down through the San Joaquin (pronounced San Waukene) Valley, with the white tops

of the Sierra Nevada Mountains on our left far away in the distance, and over their tops white fleecy clouds, and still farther in the distance the blue sky, forming a beautiful background to a very pleasing landscape. Farmers were busy ploughing their fields and sowing their grain, and many of the fields were already covered with the spring-like green of the growing barley, wheat or oats. The autumn rains had come a short time before and all nature was waking up from the slumber of the previous warm and dry months, the weather reminding me very much of the latter part of May in Ontario. As night approaches we have to cross a range of mountains at the lower end of this large valley, and we again missed seeing the wild and rocky scenery which is said to be here particularly good. Early in the morning we got off at a station called Saugus, where we had to wait until 11 o'clock for our train to Santa Barbara. breakfast, we employed ourselves in walking over the rocky hills about the station until the train ar ived. Sharp at the hour, we are off again, and in a short time at our lef, we get the first glimpse of the great Pacific Ocean. The railway skirts along by the beach and the ocean breeze and the ocean view are both very refreshing. in the afternoon we reach our destination, having been travelling for seven days since leaving our dear Toronto. After all that we have seen by the way, we are still happy in thinking that we are citizens of no mean city. Before long I will have something to say about Santa Barbara and other points.

A MAN is already of consequence in the world when it is known that we can implicitly depend on him.—Lord Lyons.

MR. GRAY, a member of the Edinburgh School B ard, says that whatever might be said about the religious difficulty it did not

apparently have much weight with the parents of the children. In the Edinburgh Board schools out of 24,469 children only 150 took advantage of the conscience clause, and only 230 were exempted from the teaching of the Shorter Catechism.