

NOONTIME or anytime, no other beverage can equal it. THE COCA-COLA COMPANY Winnipeg, Montreal Toronto



ndle. Sold by all Clean to g s, Grocers and Ge, al Stores

GIRLS! BLEACH SKIN WHITE WITH LEMON Miss Helen Mitchell of New York is spending the summer with Mrs. J. H. Ballantyne, Rosemount, Springbank.

and you have a quarter plat of harmless and delightful lemon bleach. Massage this sweetly fragrant lotton into the face, neck, arms and hands each day, then shortly note the beauty and Famous store.

lotion to bleach and bring that soft, clear, rosy-white complexion, also as a

Eyes Weak?

If your eyes are weak and work-strained; your vision blurred, if you find it difficult to read and must wear glasses, go to your druggist and get a bottle of Bon-Opto tab-lets. Drop one in a fourth of a glass of water and bathe the eyes two to four times a day. Stronger eyes, clearer vision, and sweet relief will make you tall your friends about will make you tell your friends about

Cuticura Soap -The Healthy -Shaving Soap

Contain No Narcotics

When your child is restless, eevish, sleepless, or when con-ulsions threaten, it indicates the avages of worms and that the strength is being undermined. Miller's Worm Powders get promptly at the root of the trouble and restore the digestive organs to a healthy condition. Sold by all druggists. The state of the s

Want To Keep Your Hair Permanently Curly?

the druggist and apply a little of it occasionally with a clean tooth brush before doing up the hair. When this bries the most beautiful and natural ooking waves and creases imaginable tre in evidence. Wind and heat do not iffect the curliness as where a heated bon hat been used.
Liquid silmerine is so pure and harmess there is not the slightest danger of

potting the scalp or streaking the hair, and it leaves no sticky or greasy trace. will also be appreciated as a beneficial essing, as it keeps the hair so soft,

Ross, Limited

ARE NOW REMODELLING FURS AT SUMMER PRICES PHONE 1319.

196 DUNDAS STREET.



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"When morning came I'd cook a

up by a hungry shark! Oh, that can happen easily. Don't laugh! "I'd build a fire to cook the breakfast on. Have you ever tasted fish that has

been packed around with mud, and baked in the heart of glowing embers? Well, that pleasure's coming to you, "And you can have all the 'game'

you wanted, too. Birds of all kinds. I've caught them often in a 'figure-of-four' trap, made of cross sticks and a Mr. and Mrs. A. Wolf and Mrs. Henry right are guests of the Sunset Hotel, basket and some 'bait.' Oh, I'd be a Miss Wilhelmina Paxman of this city returned recently from a holiday at Grand Bend.

basket and some 'bait.' Oh, I'd be a wonderful provider and protector—yes, and lover, Mary!"

"I'm sure of it," the young girl whispered. It was glorious to hear those tales, to dream those dreams. The faint heat from the fire seemed to conjure up a vision of those sunlit islands, where

Grand Bend.

Mr. Allan Aitken of Richmond street north has gone to Point Au Baril for a fortnight's holidays.

Mr and Mrs. H. G. Link are spending their summer vacation at Orchard Beach, Port Stanley.

Miss Hattle Hanford of Fort William is a guest with Miss Norah Walden, Wellington street north.

Miss Helen Mitchell of New York is spending the summer with Mrs. J. H. Ballantyne, Rosemount, Springbank.

Miss Margaret Anderson of the Traveler's Aid Society, has returned from a tour of the different cities of Ontario.

Mrs. J. A. Atcheson and Mrs. Dr. Mc.

Mrs.

Mr. Samuel Nicholls of Detroit is spending a few days with his mother, Mrs. William Nicholls, 796 Dundas Judge and Mrs. Liby Dunklin, Mrs. Woltz and Mr. Robert Woltz, all of Fort Worth, Texas, are spending the sum-mer in Bondon.

XXXVI.—You Care For Him | ache now, her heartache—all her lone-"Well, I'd fixed the darned machine

tender. "Mary, will you marry me? I'm hor-

ribly in earnest!"

"'Horribly? That's a funny word!"

"Don't tease me sweetheart! Your answer means all the world to me—it Compound tireture.

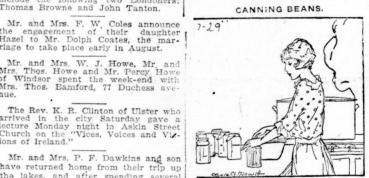
traight on your fate—is that the gretted them the moment they were ut-gretted them to get old and grey.

I am horribly sprinkled with freckles.

Could you tell me what will take them

that is, into boiling water for five min-utes, then dipped quickly into cold water, and packed into the jars with a

HOME ECONOMICS



have returned home from their trip up the lakes, and after spending several weeks in Duluth and points west, report Next to tomatoes, string beans are water on one day, or half an hour on a very pleasant vacation.

Mr. A. W. Lochead of Honan, China, who was to have come to London to list his sister, Mrs. Dr. F. W. Hughes, Suned at home without steam pressure. In the famine area in China, and is well lequalinted with the conditions existing that country.

Rev. J. A. Agnew, Windsor avenue, leaves nevel, well well to tolliatoes, String beans and the vegetables the west to tolliatoes, String beans and the vegetables in the most satisfactory of the vegetables canned at home without steam pressure. In the hold them for allories, of which twenty-four are protation of the winter of the west of the winter of the winte ally high proportion for a green

Recent guests from London registered it the Highland Inn, Algonquin Park

Mr. and Mrs. F. W. Coles announce

f Windsor spent the week-end wit frs. Thos. Bamford, 77 Duchess ave

at the Highland Inn, Algonquin I include the following two London Thomas Browne and John Tanton.

An interesting event took place on Monday evening, when Miss Gladys Udy, Eva street, gave a handkerchiet shower in honor of her friend, Miss Gertrude Wood, a bride-elect of this week.

moon in New St. Paul's Church of Elsie Marjorie, youngest daughter of Mr. and Mrs. John A. McKenzie and William Franklin Toby, son of Mrs. Ruttan of Woodstock. The bride, who was given away by her father, wore her traveling suit of navy blue tricotine and black hat and a corsage bouquet of orchids and sweet peas. The ceremony was and sweet peas. The ceremony was performed by Rev. Capt. Appleyard, suit of navy blue theories.

And sweet peas. The ceremony was performed by Rev. Capt. Appleyard, and immediately afterwards the bride and groom left for Sarnia for a trip up the lakes to Port Arthur and Duluth. Mr. Toby is a member of the business staff of the Sentinel-Review.

All to be digested for three hours over a water bath, filtered and labeled "skin oil."

Women find this same formula excel-







Cynthia Grey's Mail-Box

To say well is good, but to do well is better.—Browne.

"Well, I'd fixed the darned machine up quite O. K.—when you came on 'be scribing their honeymoon. 'Oh, yes, indeed! I would! I'd find a sharpedged stone and grind it to a greater keenness. And then I'd fix it to a bamboo stick.

"With this peculiarly useful weapon I'd go off spearing fish. Those coral reefs and blue lagoons are full of fish. It's quite amusing catching them." The thing to avoid is tumbling unitentionally into the water, and getting snapped up by a hungry shark! Oh, that can happen easily. Don't laugh!

"Td build a fire to cook the breakfast on. Harve you ever tasted fish that has breakfast for you," Dick went on, department of the inn. And then I felt that I must follow you at all costs—must I costs—must I can get rid of horrid blackheads. My sister has fall half to speak to you, pretending all the time that my old machine was out of action, and that I had—perforce—to walk."

"You did all this because you wanted to—to get to know me?" Miss Mary tried to look severe. "You told me after about your broken cycle?"

"Hello, Miss Grey! fiere I am to bother you again. Please tell me how I can pet rid of horrid blackheads. My sister has fall half and the you again. Please tell me how I was get rid of horrid blackheads. My sister has fall half and the you want in what I had perforce—to walk."

"You did all this because you wanted to—to get to know me?" Miss Mary tried to look severe. "You told me after about your broken cycle?"

"Ans.—Here is a remedy for blackheads.

"Ans.—Here is a remedy for blackheads recommended by Dr. Brady: Each evening bathe the face for five minutes with very hot water and soap, rinse several times with tepid water,

"Aren't you complimented, Mary? To minutes with very hot water and soap, think that I'd choose walking miles across a slushy meadow instead of riding home in comfort!" and then gently express the blackheads by pressure with the fingers covered with a soft towel. Follow this with an area to the black that a soft towel. application of this lotion, which should dry on and remain on the skin over

Compound tireture of lavender. Glycerine. Camphor water.

mixture is intended, which must be shaken before it is used.

Your sister could wear any shade of

s cycle outside that country rallway station? Well, I've a confession I must make."

"Yes? Tell me?" Mary looked into his eyes.

"Here goes, then. But promise first that you'll forgive me"

"Why, that depends upon the enormity of the crime." She gave a lettle tinkling laugh. Gone was her head-

Devil Food Cake.

Melt one cup grated chocolate in half-cup of milk; let cool. Cream half-cup butter and two cups brown sugar, and can string beans either whole in quart jars, or cut into half-inch pieces in pint jars. For a small family enough can be packed whole into a pint jar to serve for a meal. The beans must be well picked over, one bad may spoil a jar; they must be strung, unless, as is better, they are so young and fresh that it is unnecessary to strip off the tough thread of fibre from the edge of the pods. Then, if they are to be canned whole, they should be blanched, plunged, that is, into boiling water for five min-

water, and packet teaspoonful of sait added to each quart jar, and the jars filled to overflowing with cold water. The jars are then ster-

each of three successive days by the

like to have some? I inclose self-addressed and stamped envelope for re-ply. And oblige, ANNIE. Ans.—Am mailing you addresses re-quested Annia

Lover of Good,—I am sorry, but lean't print your letter as it goes under the head of advertising.

Veranda Chats.

Dear Miss Grey.—Here I am again.
I see where Plain Harry would like to write to someone from Old London. I am from London, Eng., and I would like to write if you would give me

like to write if you would give me Plain Harry's address. Have I written this letter better, Miss Grey? I am sending you hospital mite I promised. Isn't this just perfect weather? I hope to see my letter in print.

HAZEL EYES. Ans.—Thank you, Hazel Eyes, for the plaster for our fund. You did not sign your name, so it is impossible for me to send address.

As we have been readers of your paper for years I am coming to ask a few favors, if they are at hand. Will you please send me the words of the song, "Red Wing," also the stocking-foot pattern. Inclosed find a stamped, self-addressed envelope. What do you think of my writing? Thankstamped, self-addressed enveloped to you think of my writing? Thanking you in advance. I remain.

Ans.—Am mailing you words and stocking-foot pattern, Dulcie. You

stocking-foot pattern, write a very good hand.

Dear Miss Grey,-Please forward the Glycerine.
Camphor water.
Of equal parts to make four ounces.
Inexperienced druggists often tell patrons this formula is incorrect, because the sulphur does not dissolve. Of cause allowers the sulphur does not dissolve. Of cause the sulphur does not dissolve.



A Stylish One-Piece Dress.
Pattern 3618 was employed for this
esign. It is cut in 3 sizes: 16, 18 and
0 years. An 18-year size will require 20 years. An 18-year size will 334 yards of 54-inch material. milk, one dessertspoon cornstarch, one teaspoon vanilla, one cup brown sugar. Boil and let cool.

To Remove Freckles—Tincture of benzoin, one pint; tincture tolou, one half pint; oil rosemary, one-half ounce. Put one teaspoonful of above mixture in one-quarter pint of water, and with a towel wash the face night and morn-

termittent method is used, after each day's sterilizing, the wire being raised again each day while the boiling is done to allow for the expansion.

Alth Service

Noted Physician and Author.)

Otions.

Otions.

My address with Miss Grey. Hoping to see my letter in print, and thanking you in advance. Yours most sincerely. PANSY.

Ans.—In London on February 25 there was a snowfall of 5½ inches. Thank you, Pansy, for offer of pattern.

Wants Addresses.

Dear Miss Grey.—Will you please send me K. K. Katy's address, also Musician's, as I see they have old magazines to spare, and as I would from the date of application.

CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 38, 44, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

Things Worth Knowing About House Fly Evil

House files are known to be highly menacing to the human race as carriers of disease germs. Decaying vegetable and animal matter, particularly manures, are the common breeding grounds for these dangerous pests. One fly will lay 120 eggs in each of two to four batches. These eggs batch in 24 hours. In twelve two to four batches. These eggs hatch in 24 hours. In twelve days adult flies are ready to carry reproduction, as many as ten to twelve generations coming into being before the summer ends. The millions possible, therefore, are all equipped to carry on the nefarious business of germ distribution.

Preventive measures are high-

forward them to you. My address is with Miss Grey.

I am also mailing you five romper patterns, two Dutch style and three patterns, two Dutch style and three others. I had one pattern of each style given to me some time ago. Thanking you, Miss Grey, for past favors, I remain as B. F.

P. S.—I still have lily roots, also peppermint roots. Any one wanting them can have my address from Miss Grey.

Ans.—Am forwarding pattern as requested. I think the envelopes would be quite suitable for sending seeds. The patterns have not reached me yet.

A Few Requests. Dear Miss Grey,-How do you like

this awful hot weather we are having? was out in the hay field these last couple days, setting up hay, and I nearly roasted. We had a heavy thunderstorm on Monday. The letters in the Mail-Bax have been very interesting here lately. What happened to the parcel of seeds I sent to the Mail-Box about a month ago? I sent English larkspur seeds, everlastings and sweet

CASTORIA For Infants and Children In Use For Over 30 Years

peas: also several songs for Clothes Are there any sachets in the Mail-Box at present? If so, please send me one. I asked you for one a long time ago, but never received any. I would like to correspond with someone that takes music lessons. I like Spauldings and Engelman; also Bach's pieces. My music teacher has had two recitals so far this year. Where is Fuzz Wuzz gone to? I am looking for a letter from you, so please write soon. Could you or any of the Boxites supply me with the words of the following songs? "I Know Where Flies Go in Winter Time,' "Bill and the Widow" and "Margie," also some comic recitations. Are there any scarlet runner beans in the Mail-Box? If so, please send me some. I

to carry on the nefarious business of germ distribution.

Preventive measures are highly important in combating the fly Cleanliness is the greatest. Spraying manure heaps and refuse piles with formalin solution, two teaspoonfuls of commercial formalin to a pint of water, will keep down some of the multiplications of generations, and flyaper, the same solution as above, sweetened with sugar and placed in saucers, will kill off those that get into the house.

box, I should think over 600 envelopes like these. Any one wanting them for seeds could have them. State how many you wish for, readers, and I will forward them to you. My address is with Miss Grey.

I am also mailing you five romper



RELIEVES DEAFNESS and STOPS HEAD NOISES. Simply Rub it Back of the Ears and Insert in Nostrils. Proof of sucwill be given by the dru MADE IN CANADA

BIG OPTICAL SALE AT BROWN'S

Genuine Kryptok Bifocal Lenses



DOUBLE-VISION LENSES, MADE OUT OF ONE PIECE OF SOLID GLASS-NO LINES IN THE LENSES.

All other style glasses, Toric, Flat, Compound and Prescription Lenses as low as \$3.00.

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223 DUNDAS STREET, LONDON. Largest Exclusive Optical House In Canada, with Branches at Montreal and Windsor.

SALE! TOMORROW AT \$2.98

Including 7 Specials at Factory Cost

Quite the most important sale of the seas on. We simply could not sell them at this low price if we did not make them ourselves. Only finest voiles, laces and pearl buttons used. Quite a large selection of oversizes 46 and 48. You will want two or three blouses at this price. so come early.

TWENTY-ONE STORES IN CANADA.



DUNDAS STREET.

2121/2

The formula you sent me last year for ivy poisoning surely saved my husband from a miserable experience on his vacation. We are about to leave on vacation again, but have misplaced the formula, and both of us would like to use it again to prevent ivy poisoning.

E. M. P.

For a large family it is economy to to allow for the expansion. Personal Health Service

(By WILLIAM BRADY, M.D., Noted Physician and Author.)

Skin rash, inflammation or ulceration forearms before beginning work, this week. The evening was spent in games, one of the most amusing being a clothespin dressing contest, in which the fair guests had a chance to display their taste and ability as costume designers. A dainty little luncheon was afterwards served. The guests present were Miss Ruth Tufts, Miss Helen Thompson, Miss Hilda Rowell, Miss Cora Wier, Miss Wakeling, Miss Midred Jackson, Miss Gladys Stanfield, Miss Leota Dale.

WOODSTOCK Live 26. The rows. TOBY—McKENZIE.

WOODSTOCK, July 26.—The marriage was selemnized today at high
noon in New St. Paul's Church of Elsie
vent the irritation, chapping or rough
vent the irritation, chapping or rough

New Eyes
But you can Promote a Clean, Healthy Condition
Withe for Free Bye Care Book.
Writes Eye Remedy Con, 9 East Chie Street, Calcase
Warine Eye Remedy Con, 9 East Chie Street, Calcase
Warine Eye Remedy Con, 9 East Chie Street, Calcase soft, smooth and white condition, if applied two or three times daily after washing and before the skin is quite

dry, is made with tragacanth: Rain or distilled water 12 ounces To be boiled and constantly stirred until the tragacanth is entirely dissolved. Add water occasionally to

keep up to 12 ounces.
This lotion is grateful for redness and chapping of the skin, and is often used by men after shaving. It may be scented with a few drops of any desired per-fume. I commend both or either of with a few drops of any desired perfume. I commend both or either of these formulas to printers and their helpers for the care of their hands. Bacteriological tests of the mineral oils used for cleaning ink from the hands indicate that this oil should not be used in common for it may convey skin infections from one person to the other. The same investigators found that a mixture of sawdust and liquid green soap was more effective and less irritating than sand, pumbe soap and hand brushes in removing the ink. They also found that if printers would apply some landlin (wool fat) to the hands and

Skin rash, inflammation or ulceration forearms before beginning work, this

Water 6½ parts
This is melted by heating in a double saucepan with water in the outer pan. If too stiff when melted, add a little hot water. When of the consistency of paint, apply with a stiff-bristled paint have a thin coat and hefore it is quite. brush a thin coat, and before it is quite dry pat lightly all over with absorbent cotton to form a feltwork with the

ply a fresh coat. QUESTIONS AND ANSWERS.

Ivy Polsoning.

paint. Allow to set completely before putting on clothing. Leave it until it begins to peel off, then remove and ap-

Blackheads and Pimples. Blackheads and Pimples.

Please publish again the sulphur recipe for blackheads and pimples. H. B. Answer.—Each night bathe the face for ten or fifteen minutes with a basin of water as hot as bearable, with a tablespoonful of boric acid dissolved in it. Then gently express the blackheads between the fingers, covered with clean, soft towel or handkerchief, but do not pinch the skin enough to cause soreness. Finally daub some of the following mixture on the face and allow llowing mixture on the face an

t to dry and remain on over night: Sublimed sulphur. Alcohol. Compound Tincture of Lavender. Glycerine. Camphor water. Five drams of each.