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## Too Much Bother.

BY RUTH CAMERON.



The other evening I was calling on a friend of mine who boards, and found her sitting in her room reading by an electric light of no great strength and placed several feet above her head.

I asked her if reading with a light like that did not try her eyes, and she said "Yes, it does a little. My landlady told me she had a kerosene reading lamp I might use, but I should have to fill it and take care of it myself. It's too much bother."

It is really startling to me to notice what things we foolish mortals call "too much bother."

Nothing apparently is too important, nothing is too vital, nothing can have too tremendous consequences for us to say serenely in regard to it, "It's too much bother."

I know a woman who is a great sufferer from indigestion. She has consulted a half-dozen doctors, she has taken enough medicine to stock a drug store, and still she is steadily drained of efficiency and vitality by this miserable trouble. The last time I saw her she said, "This new doctor told me that if I would take a long walk before breakfast every morning it would help me."

"And didn't it?" I asked.

"Well I tried it a few times," she said, and I think it was doing me some good, but I have kind of dropped

it lately. It's such a bother."

The mother of a very strong-willed baby is now facing her first problem in discipline. The youngster has reached the age when he wants to throw his play things on the floor to see someone pick them up. His mother made a few feeble attempts to teach him that he must not do this, and that if he did the toys would stay on the floor, but the youngster promptly raised a rumpus and his mother soon gave up the struggle and devoted herself to the picking up of the toys whenever they were thrown overboard. "It's much easier to do that," she explained, when an older woman protested, "I can't fight it out with him every time. It's too much bother."

Another young woman who had been married just long enough to get into the "I've-got-him-so-it-doesn't-matter" attitude, was reproached by one of her unmarried friends for not dressing up in the afternoon before her husband came home. "You have some pretty dresses. Why don't you wear them?" said the critic.

And, of course, you know what the lady answered.

Is it too much bother to have good eye-sight?

Is it too much bother to be well?

Is it too much bother to have obedient children?

Is it too much bother to have a husband who likes to look at you?

The world is full of good things for those who do not find it "too much bother" to take them.

Be one of these.

*Ruth Cameron*

## NATURE'S LAWS.

Nature's laws are perfect if only we obey them; but disease follows disobedience. Go straight to Nature for the cure, to the forest; there are mysteries there, some of which we can fathom for you. Take the bark of the Wild-cherry tree, with mandrake root, Oregon grape root, stone root, queen's root, bloodroot and golden seal root, make a scientific, glyceric extract of them, with just the right proportions, and you have

### DOCTOR PIERCE'S GOLDEN MEDICAL DISCOVERY.

It took Dr. Pierce, with the assistance of two learned chemists and pharmacists, many months of hard work experimenting to perfect this vegetable alterative and tonic extract of the greatest efficiency.

MR. C. W. PAWLEY, of Millville, Calif., writes: "I wish to tell you that I have used your 'Golden Medical Discovery' in my family for twenty years. We have had a doctor called in but once during that time. I have a family of ten children, all well and hearty, for which, to a great extent, we owe thanks to you and your 'Golden Medical Discovery' and 'Pelleas,' which we use when sick."

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules.

SOLD BY ALL DRUGGISTS.  
C. W. PAWLEY, Esq. World's Dispensary Medical Association, Buffalo, N. Y.

## Household Notes.

Water bottles and decanters can be cleaned with salt and vinegar. Put a dessert spoonful of rough salt into a decanter and moisten it with vinegar; then shake the decanter until the stains are removed.

A very attractive way to serve scrambled eggs is to put the eggs into a deep dish and cover with bacon, which has been cut very thin and cooked rather crisp.

We always feel a risk when cleaning ruff, wine or grease stains from very dainty materials. Ether will remove almost any stain without doing the slightest injury.

Never allow the firebox of the range to be more than three-fourths full. When full, the draft is checked, a large amount of fuel is consumed and much heat is lost.

Tin funnels should not be used carelessly. The action of acids on tin is very dangerous. For this reason it is much better for every housewife to have a porcelain funnel.

To reheat a pie, stand it in a deep baking dish filled with boiling water for half an hour. Twenty minutes before it is to be served put it in the oven to heat the crust.

Your cabbage boiled until tender and served with a cream dressing, into which you have put a good quantity of butter, is as palatable and easily digested as cauliflower.

Cream soups and purees, if allowed to stand, separate. To prevent this, melt butter, and, when bubbling, add

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an equal quantity of flour. When well mixed, add to the boiling soup, stirring constantly.

Before putting milk on to boil put a little water in the pan and allow it to come to a boil; empty it out and put the milk in immediately. If this method is followed the milk will not scorch or stick to the pan.

When hanging one-piece dresses, sweaters or children's coats out to dry, hang them to the line with a string. They will be more shapely than when pinned to the line.

One way to mend children's hose is to trim the hole smoothly and even with a crochet hook and darning cotton. Go backward and forward, or around and around with the single-crochet stitch until the hole is closed.

When mending broken china, also place it to set in a large box of sawdust. By this means it is easy to stand the article in any desired position, so that its own weight holds the piece in place when the cement is hardening.

A very good substitute for egg and bread crumbs is a fairly thick paste of flour and water. Dip the fish or cutlet to be fried in this paste and sprinkle thickly with finely crumbled bread. When fried, it will be a beautiful brown color.

Eggplant is very delicious served in the following way: First boil it until tender, then mash it very fine and mix it with butter and seasoning. Put it in a baking dish and bake until a nice brown. Serve in the dish in which it is baked.

It is often difficult when arranging flowers to make them stand up nicely. If a piece of wire netting is crushed up into a ball and placed in the bowl, the flower stems can be stuck into the wire, and they will stand up satisfactorily.

The most economical steaks you can buy are the round and the rump, because they have no bone in them. To make them tender, mangle them. After steaks are mangled they should be cooked on a very hot broiler, or they will lose their juice.

When the perforations in the percolator become clogged it is apt to make the coffee muddy. Take one teaspoonful of oxalic acid crystals to a pint of water and let it percolate about twenty minutes. Then take a stiff brush and clean it out thoroughly.

Mina's Liniment Cures Burns, Etc.

## Underwear!

Colder weather means warmer Underwear For men, women and children.

### SPECIAL FOR 10 DAYS.

Ladies' Heavy Fleece Lined Underwear, high neck, long sleeve, lace trimmed Reg. 35c. Sale . . . . .29c.  
Ladies' Cream and White Fleece Lined Singlets, full size, special quality, 65c. Sale . . . . .42c.  
15 only Ladies' Wool Singlets, asstd. sizes. Reg. \$1.40. Sale . . . . .97c.  
Children's and Misses F. L. Underwear, Pants and Vests, 22c., 24c., 26c., 28c., 30c., 32c. garment.

Men's Fleece Lined and Stanfield's Wool Underwear, 45c., 50c., \$1.00, \$1.20, \$1.40.

**SOOPER & MOORE.**

## Stable Flies Cause Infantile Paralysis.

Washington, Oct. 25. — Ordinary stable flies have been conclusively identified as carriers of the dreaded infantile paralysis or poliomyelitis, according to a report made to the public health service to-day by Dr. John F. Anderson, director of the hygienic laboratory and past assistant surgeon Wade H. Frost. The report gives the result of experiments with three monkeys which, after being exposed to the bites of flies which at the same time were allowed daily to bite two monkeys inoculated with virus of the disease, developed typical symptoms of poliomyelitis seven, eight and nine days respectively from the date of their first exposure. In each case the diagnosis was confirmed by autopsy, the only or usual method of transmission of the malady.

Results of studies by Dr. Mark W. Richardson, Secretary of the Massachusetts board of health, first led to the suspicion that stable flies were carriers of this disease, and recent experiments by Dr. Milton J. Rosenau of the Harvard medical school tended to confirm the theory.

## Cascarets' for a Sick, Sour Stomach.

thoroughly cleanse and regulate your Stomach, Liver and Bowels while you sleep.

That awful sourness, belching of acid and foul gases; that pain in the pit of the stomach, the heartburn, eructations, nausea, bloating after eating, feeling of fullness, dizziness, sick headache, means a disordered stomach, which cannot be regulated until you remove the cause. It isn't your stomach's fault. Your stomach is as good as any.

Try Cascarets; they immediately cleanse and regulate the stomach, remove the sour, undigested and fermenting food and foul gasses; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels. Then your stomach trouble is ended. A Cascaret to-night will straighten you out by morning—a 10-cent box from any drug store will keep your stomach sweet; liver and bowels regular for months. Don't forget the children—their little insides need a good, gentle cleansing, too.

## Nine Stitches In His Heart.

Negro walks out of hospital well and strong.

Philadelphia, Oct. 22.—John Thompson, a negro, has just left the Pennsylvania hospital well and strong, after surviving the operation of having nine stitches taken in his heart. Thompson was stabbed in the heart, the knife penetrated deep into his heart, and the hospital doctors had little hope of saving his life. He was operated on within two hours, and the wound was sewed up without delay. Not only did he live through the operation, but he began immediately to improve, and to-day he was declared as well and as strong as before he was wounded.

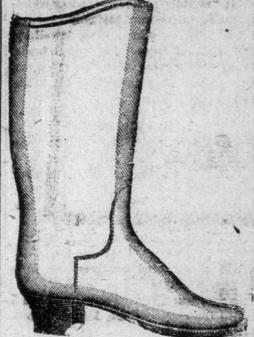
A very good boiled pudding is made of the left-overs of fruit and fruit juice mixed with bread-crumbs, a little salt and a little butter. Boil the pudding in a mold; serve either with cream or sauce. Before putting the fruit in it should be dusted with flour.

## LIFE SAVING STATION

Fishermen! Don't get your feet wet. Get Smallwood's Hand-made Waterproof Boots, they will keep your feet dry and warm. Beware of imitations. Look for this plate on the heel of your boot. All our Hand-made Waterproof Boots bear this heel-plate.



None genuine without this stamp.



Hand-made Waterproof Tongue Boot. Also Tongue Wellingtons, Tongue High and Low 3/4 Boots. Measure taken and perfect fit guaranteed.



Men's Field Boots, hand-pegged, 17 inches high. Price \$5.50. Men's 12 inches high, full Bellows Tongue to top. Price \$4.50. Men's 10 inches high. Price \$4.00. Men's 8 inches high. Price \$3.50.



### Boys Storm Shoes

Boys' Storm Boots, 8 and 10 inches high, with full Bellows Tongue to top. Just the thing for the boys in wet weather.



Men's Hand-pegged Grain Leather Boots. Price \$2.25. Men's Hand-pegged Bellows Tongue Boots. Price \$2.50. These Boots are guaranteed all solid sole leather, and solid in every particular.



The Wellington Boot. Hand-made and Waterproof. Our stock of Rubber footwear is one of the largest in the city.

Men's Women's, Children's, Boys' & Girls' Long Rubbers, Gaiters, Storm and Plain Rubbers. All orders receive prompt attention.

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THE HOME OF GOOD SHOES.

## Here are the Latest in Books, Magazines & Fashion Journals!

Conan Doyle's New Book, "The Lost World"; something entirely new in fiction, 50c. and 70c. "He Who Passed." Another shipment of that famous anonymous novel, 50c. and 70c.

"The Rock of the Ravens." John A. Stewart's new book. Stewart wrote "The Minister of State," of which there was a bigger sale locally than any other book we know. Cloth, 70c.

Charles Garvice's new book, "Two Maids and a Man." Only a few copies, ladies! 50c. and 70c.

"Pan's Garden," by Algernon Blackwood, 50c.

Did you see what the Reviews said of these strange stories? "Eye-Spinner." Dedicated to My Husband that is to be. Delightfully bright and witty.

"The Street Called Straight," by the author of "The Inner Shrine," 50c. and 70c.

"Mightier than the Sword," by Alphonse Courlander, 70c. Everybody is reading this remarkable story of a journalist's life on a great London newspaper.

"The Case of Oscar Slater," by Conan Doyle, 15c.

"Hypnotism and Suggestion," by Edwin Ash, 30c.

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### ST. JOHN'S MUNICIPAL COUNCIL

#### Public Notice!

##### REVISION OF THE APPRAISEMENT OF WATER RATES, 1912.

Notice is hereby given that in accordance with Section 107 of the "Municipal Act, 1902," the Books of Appraisal of Water Rates, to be revised during the present year, have been deposited with me, the Secretary of the Municipal Council, and are open to the inspection of the Public at the Council's Office, City Hall, Duckworth Street, each day during the month of November, from 10.30 a.m. to 3 p.m.

Any person may, within one month after such deposit, by notice in writing to be filed with the Secretary of the Council and served on the Appraisers, object to the said Appraisal; but the neglect to serve such notice shall not deprive anyone from the right from objecting at the Court of Revision. The Court of Revision will be held during ALL the month of December, of which due notice will be given.

Municipal Office, Duckworth Street, October 28th, 1912.

JOHN L. SLATTERY, Secretary.

### ST. JOHN'S Municipal Council.

#### Public Notice!

##### REVISION OF THE APPRAISEMENT OF VACANT LANDS, 1912.

Notice is hereby given that in accordance with Section 122 of "The Municipal Act, 1902," the Books of the Appraisal of Vacant Lands to be revised during the present year, have been deposited with me, the Secretary of the Municipal Council, and are open to the inspection of the Public at the Council's Office, City Hall, Duckworth Street, each day during the month of November, from 10.30 a.m. to 3 p.m.

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Municipal Office, Duckworth Street, October 28th, 1912.

JOHN L. SLATTERY, Secretary.

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## FLOUR!

### "GOLD COIN,"

### "COOKS DELIGHT,"

Send for SAMPLES.

**JAS. R. KNIGHT,**

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## INGERSOLL WATCHES

ARE THE BEST IN THE WORLD FOR THE PRICE.

Remember that an Ingersoll Watch at \$1.25 is the best that \$1.25 can buy; and specially remember that it will cost you \$1.54 to import the watch we will sell you for \$1.25. We have just received a large supply in regular, medium and small sizes.

Ingersoll Reg. Nickel . . . . . \$1.25	Ingersoll Eclipse Nickel . . . . . \$1.50
Ingersoll Reg. Gold Plate . . . . . \$1.50	Ingersoll Eclipse Gold Plate . . . . . \$2.00
Ingersoll Junior Nickel . . . . . \$2.25	Ingersoll Midget Nickel . . . . . \$2.25
Ingersoll Junior Gold Plate . . . . . \$2.50	Ingersoll Midget Gold Plate . . . . . \$2.50
Ingersoll Junior Gun Metal . . . . . \$2.50	Ingersoll Midget Gun Metal . . . . . \$2.50

When ordering a Watch get one of our extra special Pure White Metal Chains, at 20, 30, 40 and 50c.

Gold Plate Chains to match G. P. Watches, at 25, 35, 50 and 75c.

EXTRA SPECIAL—When remittance accompanies order, Watches and Chains will be mailed free of postage and registered.

GARLAND'S BOOKSTORES, St. John's, Nfld.

# Ladies' Coats, Misses' Coats, Children's Coats!

Winter Fashions in Ladies' Coats, at HENRY BLAIR'S.

This seasons show of Ladies' Coats eclipses all others, public opinion says cut perfect, style correct, prices right, come and see them

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