Entirely Well After Six Weeke'



MR. AMEDEE GARCEAU

82 Hickory St., Ottawa, Ont.

"I was for many years a victim of that terrible disease, Rheumatism. In 1918, I was laid up for four months with Rheumatism in the joints of the knees, hips and shoulders and was prevented from following my work, that of Electrician.

I tried many remedies and was under the care of a physician; but nothing did me any good. Then I began to take 'Fruit-a-tives' and in a reek I was easier, and in six weeks I

west I was easier, and in six weeks?

was so well I wont to work again.

I look upon this fruit medicine,

Fruit-a-tives', as simply marvellous in the
cure of Rheumatism, and strongly
advise everyone suffering with Rheumatism to give Fruit-a-tives' a triai." AMEDEE GARCEAU.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

They were siting out in the conservatory, Sam sat on the sofa, all right, for he had just asked her the strategic importance to Gerwere engaged.

the only girl-?"

know as well as I do-

"Oh, that wasn't the question at all, Sam," she answered. I was going to ask if I was the only girl who would have you."



# Cannot

BILLIOUS headaci many on expected enjoy-

When the condition of the liver is neglected, biliousness seems to become chronic and ecurs every two or three rocks, with severe sick head-

Why not get right after this rouble and end it by using Dr. Chase's Eidney-Liver Pills to restore he health and activity of the liver,

Constipation, indigestion, back-che, hendache, billousness and kid-sy derangements soon disappear till the use of this well-known addiging.

ne pill a doss, 25 cts. a box, all dealers, 1 Edmanson, Bates & Co., Ltd., Toronto,

Children Cry CASTORIA

Farmers Can Handle the Job.

As predicted the now government of Ontario is formed from Farmers' Liberal and Labor parties. The Farmers, as the strongest party, take the largest number of portfolios, but they allow the Liberals and Labor some representation in the Cabinet so as to get their support in the Legislature. Up to the time of the announcement that the Farmers would form a government in cooperation with the Liberals and Labor, it was amusing to read in the press expressions of doubt as to whether the Farmers would be able to form a government, or whether they could carry on if they did. B little thought would have shown how rediculous it was too think for a minute than an organization that proved stronger in the elections than any other would not contain among its leaders men capable of forming a government and carrying on the affairs of the province. Farmers are not "mutts" as some city dwellers think. Running a farm successfully is something like running a newspaper successfully: A man who can do either is usually capable of running almost anythingor 'making a stab' at it anyway.

#### Concerning Heligoland.

A German newspaper reports that the people of Heligoland want to return to British rule. Concerning this question, the "Manchester Guardian" has this and Sally sat on Sam; but it was to say:-"It is not surprising, for to marry him. She had said, "I many of this strip of rock must don't care if I do," and thus they have made the lives of its inhabitants quite unusually uncomfor-"Sam, dear," she began, "am I table. Heligoland, when we owned it, was a harmless curiosity in "Now, look here, Sally," he in- islands; a unique place from which terrupted, "don't ask me if you're to study the habits of rare sea the only girl I ever loved. You birds, inhabited by a tiny community who were little troubled by the cost of living. They sutfered considerably by fog, and each yeay the sea removed a appreciable part of their habitation; but they escaped in-come tax and but thin that's only natural, for were unusually well supplied with her grand father had his skull German wine and cigars, imported broke wid a cornet at a timperfor the Summer visitors who came ance picnic. for bathing. The change which dug a huge fortress a hundred feet deep in the cliffs, covered them with gun emplacements, and girdled them with a labyrinth of walls fifty feet thick was a more than doubtful blessing, and Heligoland must have found her transformation into the most notorious and sinister speck of land in the world a severe strain on her zeal for the Fatherland. When the war actually came her fishermen exiles, for they were on and all shipped off to the mainland, and the island was given ov er to the gulls and the gunner. It is now thrown open again, and a beginning has been made with the dismantling of its mighty forts The inhabitants will cheerfully see the last of the guns, and apparently they would like, too, to be quit of German taxation; but they ope, quite reasonably, that the sland's final disappearance may be at least delayed by leaving the great sea-walls the Germans built. This might well be done, for Heligoland so long as it lasts will be a lode-star for the curious, and here would be a certain rough ple profiting in the future by the world's interest in its sinister past

> The individual who thinks he cnows it all has the most to learn. A distant manner doesn't lend enchantment to one's view of friendship.

that has cost them so dear.

Your Kidneys Sound as a Bell



There had been a quarrel, Everybody could see that the minute they came into the street car. The woman sat with tightly pressed lips, her hands gripping her umbrelly firmly. The man sank down on his spine and glowered at the advertisements. The oth ] er passengers got interested.

Then there came a dead silence as the car halted to let off a passenger. Into the silence came the woman's thin, angry voice:

"If it wasn't for me yon'd be the biggest fool in town.'

Then for the first time the man grinned, and the others grinned

### Children Cry CASTORIA.

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"Yis, so they be tellin' me; an' sure 'tis no wonder, for she loves the pianny and niver tires of it; she has a great tashte for moosic,



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Wolfville, Nov. 14, 1919.

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