NOW TO REST AWHILE

MESSAGE TO THE PHYSICALLY AND MENTALLY WORN OUT.

The Saviour Knew the Needs of Tired and Weary Mankind and Invited Them to the Country to Rest and Recuperate-Why a Rest Is Needed-fatan Kills by

Entered According to Act of Parliament of Can-ada. in the year 1902, by William Baily, of To-ronto, at the Dep't of Agriculture. Ottawa.

Chicago, July 20 .- There are scent of the pines and an atmosphere of the country in this sermon by Rev. Frank De Witt Talmage from the text Mark vi, 31, "Come ye yourselves apart into a desert place and rest awhile."

A desert place! What does that mean? Is Christ bidding his disciples follow him over a great sea of sand? Does he want his companions to lose themselves among the endless dunas and live where neither beast nor bird nor fish nor insect can live? Does he desire them to be terror stricken at the moanings of the simooms or to be smothered in one of those awful desert windstorms and be there as completely lost as the erciless ocean can swallow down a shipwrecked crew and leave no trace where the watery jaws have opened and shut? No. Christ is not here alluding to a Mesopotamian or a Persian or a Sahara desert of sand. Christ is practically saying to his disciples, who are physically and mentally worn out from too much "Come, let us go out into the country where we can be alone. Let us go among the hills where we shall be separated from these throngs of people who are continually following us to be physically healed and spirit-ually fed. Let us go off alone, where we shall hear only the rustling of the leaves and the singing of the birds and the rippling of the brooks. Let us hie away into nature's haunts, where we can see the deer playing in the valleys and where we can stumble through the wild vines growing at our feet. Let us go away to the place where the shepherd leads his flocks among the fresh green pasture lands.

Every human body needs the recuperation of physical rest. When Daniel Webster made his last visit John Adams, the aged ex-president said: "I am as well as any man of nearly ninety years could expect to be. I find I am afflicted with an incurable disease called old age. My spirit is occupying a very shaky tenement, and as far as I can make out, sir, the Landlord does not intend to make any more repairs." That statement of John Adams was figuratively right and yet literally wrong. The human body, which was once created out of dust, is being re-created up to the very brink of the grave. We eat and drink and the grave. rest in order to give nourishment and strength to the bones, the muscles and the flesh. And rest is just as essential for the physical recreation as are food and water and

The purpose of this sermon is to show that every hardworking Christian, at least once a year, should go out into the country and take a vacation, a prayerful rest, the same as Jesus' disciples, who left their work to take a rest. It is every Christian's duty at least once a year to leave the home, the store, the factory and have a complete change of scene and food. When Phoebe Cary came to die, locking up at her physician, she said: "Boctor, you can do nothing for me. The reason I am dying is because for years I would never take a rest. Even when I went off into the country I always took my book and the country I always took my books and pen and work-ed." Thousands and tens of thousands of the best brains and hearts of the pulpit, the bar, the medical office and of ali the Christian departments of life have simply killed themselves in their young manhood and womanhood because they would not obey Christ's command and take

I beg of you, hardworking Christian men and women, to leave be-hind the office, the factory, the home and the pulpit and go off this summer into the country and rest awhile, because those men and wo men whom Satan cannot destroy by sin he will try to kill by overwork.

Satan is a great strategist. attacks his enemies in places where he thinks they are invulnerable. He is always trying new schemes and plans. When Satan finds a true Christian who is consecrated to God's service, he immediately calls together his demoniac lieuten-ants and says: "That man must be stopped in his career of good works. lips of his must be closed. That hand must be made helpless. That pure heart must be struck by some poisonous arrow. That foot of his must be led along the stony path of sin." No vision of earth can arouse Satan into such a frenzied passion as the sight of a good man consecrating his years to good works. So Satan, when he sees a good man consecrating his life to good deeds, immediately despatches his angels of temptation. First, Satan offers to that good man all the allurements of popular applause and worldly plea-

had a vacation—that is, the kind of vacation Christ wants you to take—for a long while. How much did you spend in doctors bills last year? "Well," you answer, "last winter was a hard winter for me. I seemed to be taking cold all the time. My throat was very weak, and each draft would affect it. One week I was in bed threatened with pneumonia; another time I had bronchitis. I was away from the store ten days. My doctor's bills were Then if Satan finds that worldly applause and the wine cup and the midnight carousal do not stop the career of the good man who has consecrated his life to good deeds he tries another mode. He says: "I will unkennel and unleash all the bloodhounds of persecution and misrepresentation and slander and turn representation and stander and turn them upon the good man's track. I will let this pack of demoniac blood-hounds bury their white teeth into his limbs; I will let these blood-hounds leap upon him and try to tear out his heart. Ah, I have made

But after Satan has tried to destroy this good man by both popular applause and by the hounds of persecution and slander and has failed Satan has one way left. Satan says to himself: 'I cannot make that man SEPARATE FROM THE THRONGS give up his God, but I can kill him with overwork. I can pile the Christian opportunities of usefulness upo that brilliant, consecrated, youn gospel minister; I will keep him wor ing during the day and during the night; I will give him a bigger church than he can attend to; I will have the editors write him to so articles for their papers; I will have the summer camp meetings stop away his vacation; I will start a vival in his church; I will rap : bit of physical strength he bas; kill him by overwork, as I kill Kirke White, by offering him a Car bridge prize; I will kill him as I ki ed William Paley, at thirty-nine yes of age the most brilliant Christian intellect of his day; I will kill him. as I have burned out the brain many a genius, by overwork before that brain lived long enough light an intellectual torch would have cast its rays all roun the world.

Now, my friends, you know the ome of the best people, most Christian people, and the people whom we could least afford to lose, have shortened their lives, at gone forth and laid down in graves merely because they would no obey Christ's command and go into desert place and rest awhile. have had many premonitions of sickness. You know that you are carrying too heavy a load. The doctors tell you that you are overworked You had better hold up. For your children's sake and your husband's sake or your wife's sake you had better go out into the country and rest. You say you cannot stop and rest. You could stop for a case of typhoid attend your own funeral. God does not want you to lay do n your bur-den of life until your your is ended. Better rest up while there is yet

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tian men and women, to take a sum-

vacation because a rested brain can do twice as much work in the same time as a tired one. Some two or three years after I entered the or three years after I entered the ministry my father wrote me a letter something like this: "Dear Frank, I hear you intend to stay in the city this summer and take no vacation. You say that you cannot afford the time. Great mistake. If you attempt to work all summer, you will have to pay a big price for disobey-ing nature's laws. Next winter the ons which you write will be harder to produce and poorer because you have a tired brain. Cet out of the city by all means. You owe this rest to your family, your church and your God. A sick or tired minister is of but little use in his study, in the prayer meeting or in his pulpit. I always find that when my brain is rested it does its quickest and best work." That is the kind of a letter which every sensible father will write to his som when he finds that the boy does not know the well known axiom that a rested brain and a rested body can do twice as much work

as a tired physical organization. Every physician will tell you that it is an economy in time for men and women to go off and take a vacation and rest. Yet it is a surprising fact how many truly good Christian people feet they cannot leave their home and church work even for a few weeks in a year. they were rested, they could do much more work for Christ and do it more work for Christ and do it much more easily. Indeed, the older I grow the more I believe that most good people need to take this advice. Most good people look tired. Go where you will in the store or in the home, and the one great com-plaint that you hear every spring and summer is: "I am so tired, awfully tired. I am as tired when I get up in the morning as when I lie down to sleep at night." Why, most peo-ple in the springtime look as tired as that poor woman who came to me one day and said: "Mr. Talmage, don't talk to me about heaven. I do not want to go to heaven for a long time yet. I am so tired that when I come to die I want God to let me sleep in my grave for a thou-sand years. Then, after I have be-come thoroughly rested, I want to open my eyes and see heaven." My overworked Christian friend, if you want to do your hest work for Christ next winter you must treat your body just as you would treat a tired, run down, exhausted horse which has been worked all winter. You would take off his shoes and turn him out to grass. You must treat which has been overworked in pro-duction. He lets it lie fallow for duction. awhile. You should treat your body as nature treats the vegetation. It send the colds of winter so that all the forces of the trees can lie dormant. As a Christian work-er for next winter, when you will have so much to do, what you need now to enable you to do your next winter's duty is not medicine, but rest — complete physical and mental rest; the same kind of rest which Christ gave to his disciples when he led them off into a desert place.

To prove that it will not cost very much to go out for a few days into the quietude of the country and rest awhite, I would like to ask you a pertinent question. You have not had a vacation—that is, the kind of vacation Christ marks you have

ten days. My doctor's bills were very high. I have not paid them all up yet." I would like to ask you another pertinent question. What did your druggist bills amount to last winter? "Oh," you answer, "I

TIRED OUT.

find her. That's the tiredness of a healthy woman. But it's another thing for the sick woman to feel tired out. Rest only seems to increase her suffering. Just as in profound jars the ear more forcibly, so now that she has stopped moving about,

moving about, this tired woman feels more acutely the aching back and throbbing nerves.

Sick women, hundreds of thousands of them, have been made well by the use of Dr. Pierce's Favorite Prescription. It establishes regularity, dries weakening drains, heals inflammation and ulceration and cures female weakness.

tion and cures female weakness.

"Words cannot tell what I suffered for thirteen years with uterine trouble and dragging-down pains through my hips and back," writes Mrs. John Dickson, of Genfell, Assinibota Dist., N. W. Ter, "I can't describe the misery it was to be on my feet long at a time. I could not eat nor sleep. Often I wished to die. Then I saw. Dr. Pierce's medicines advertised and thought I would try them. Had not taken one bottle hill I was feeling well. After I had taken five bottles of 'Favorite Prescription' and one of 'Golden Medical Discovery' I was like a new woman. Could eat and sleep and do all my own work."

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was buying medicines all the time medicines for my digestion, medicines for my cough, medicines for headches, tablets for this and that and the other thing."

But the greatest of all advantages in going off into a desert place to rest awhile is that we can there come nearer to Christ than wer had work but few men have time stop and think. Daily tasks come so absorbing that the second duty crowds itself upon you as soon as the first duty is done. The rush ing electric cars whirl the husband and fathers and brothers to the store. From morning until night the customers have to be seen, Then come the eveninb tasks. And, though 'a man works from sun to sun,

woman's work is never done." But when the Christian goes into the country to rest he can go off to pray in the same spirit with which Christ wene. When he gets away from the store, the factory, the home, his rested mind will begin to clear. As he saunters out to lie down under the shadows of the trees with his Bible, he will begin to re-alize how the goodness of God has followed him all the days of his life. He will begin to see in the quietude of the woods that even in his troubhand of God has been lead ing him, that all things work together for good for those who love Tgen as he sits there in the Lord. the Lord. Then as he sits there in the woods upon the hillside with the brook gurgling by his side, he will think that he is sitting at Christ's feet, just the same as the disciple of old used to do in the open air. Then he will hear a chirp. When he looks up, he will see a little bird swinging upon the tree branches over his head. He will turn and read from Matthew: "Are not two spar rows sold for a farthing, and of them shall not fall on the ground without your Father. Fear ye not therefore; ye are of more value than many sparrows." As the Christian wife walks through the fields and picks the daisies and clover tops and the golden-rod and the bright yel-low buttercups, she will remember the words Jesus spoke when he said that as he cared for the lilies the fields so he would care for he

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Oh, my brother and sister, I want you to go out into the country, not only to get a physical rest, but, like the disciples of old, I want you to take Christ along. In the quietude of the woods, with your open tude of the woods, with your open Bible. I want you to keep open a receptive ear so that your Heavenly Father may talk to you, and by prayer I want you to talk to your Heavenly Father. If you will do this, you will not only in the country, draw nearer to your Heavenly Father, but you will find that Christ during all the long oncoming winter months will stay very close to you. I want you to get thoroughly acquainted wish Christ. I want you to realize that he is the dearest, the tenderest, the kindest, the most fortenderest, the kindest, the most for giving and the most loving companion a pardoned sinner could ever But there is one other advantage of summer vacation about which I

vantage is the desire which com all true Christian hearts to get back into the harness to do the work which God has given them to do after the summer vacation is ended. In the spring the tired school teacher is apt to complain. She says to herself: "Why did I ever become a public school teacher? Many of the mothers only send their children me because they are too lazy to take care of the children them-But after the Christian selves. school teacher has had a rest in the alize her opportunities, and she says: "Oh, how good God is to me! Think of the opportunity of usefulness have! Perhaps by the grace of God. I shall not only influence these children, but also the sinful homes from which they come." After the minister has been off along with Christ to rest awhile he longs to be back in his pulpit to preach again about the Christ whom he has so learned love. The mother, the tired mother, after she has had her rest, comes back with a happier heart, a sweeter smile and a gentler prayer. May God pity to-day the men and the women who are so physically exhausted that they think their religious opportunities for doing good are a perpetual burden. By the power of recreating rest may all Christian workers during the coming sum mer months have their spiritual eyes May they rapturously see that the happiest duty on earth the opportunity to serve the

Jesus Christ. One morning the daughter of an English king was found dead, with her head pillowed near an open Bi ble and with her finger pointing to the word "rest." The word "rest" was found in Matthew xi, 28, "Come unto me all ye that labor and are heavy laden, and I will give you rest." Whether she found the rest she longed for this side of the grave we cannot know, but with Christ in our hearts, if we accept his sweet invitation, we can find his rest May this summer vacation give to all Christian workers rest of and soul! May only have physical also spiritual rest! not Christ will fit you for the best work of our earthly life during the coming winter months! Then in the fall may it be God's will to bring the pastor and people of this churgether again for his blessed service!

Japanese millet stands up very well for a tall crop. Don't sow it too thick, for it stools more than any other crop. One small seed will send up seven or eight plants to the same height. If sown too thickly, it will not have room to stool and it will lodge much easier. Ten to twelve quarts of seed per acre on fairly good soil will stand up all right.

MILITARY SCANDAL

London, July 24 .- A military scan dal at the Windsor Barracks is ex-citing the public, in view of the re-velations of the professional unfit-ness of the officers of fashionable regiments. Lieut. Gregson, of the Sec-ond Life Guards, recently joined the regiment. He spent much time in studying military literature, and, being interested in the welfare of the men under him, he went among them, studying their needs. A number of his fellow-officers were angry because he did not join in their amuse-ments, and to show their displeasure, they wrecked his rooms, threw his furniture out of the windows, tore his carpet into shreds, and dragged him at night round the gravel courtyard of the barracks, and ducked him yard of the barracks, and ducked him in a trough. The young officer's father, Major Gregson, who is a friend of Lord Kitchener, has demanded a full enquiry into the outrage. The King is honorary colonel of the regiment. Its officers include the Earl of Longford, the Earl of Wicklow, and Lord Montgomery.

PECULIAR ACCIDENT. E. Paton, near Dundalk, met with a very peculiar and painful accident re-cently, He undertook to spray his apple trees with a patent zinc sprayapple trees with a patent zine sprayer, which he carried strapped to his person. He had sprayed three trees when, without warning the apparatus blew up with a terrific explosion. Mr. Paton was knocked senseless and remained in that condition for three hours. He was badly cut on chin and forchead, and his clothing was torn. The grass was torn up by the expolsion for several feet around, the remains of the tank were found between 20 and 30 feet from where Mr. Paton stood. Five stitches were required to be put in Mr. Paton's chin. The solution in use was the ordianry bluestone emulsion.—Florence Quill.

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ALL CANADA AT TORONTO

There will not be a province or a piece of territory in the Dominion that will not be represented at the exhibition to be held in Toronto this year from Monday, Sept. 1st, to Sat-urday, Sept. 13th. To mark their ap-preciation of this evidence of the country's confidence, the Executive preciation of this evidence of the country's confidence, the Executive have increased the prize list until now it is proudly boasted that, with specials, upwards of \$37,000 will be distributed in prizes among the exhibitors, six-sevenths of which will find its way to the agricultural community. While this large sum proves the magnitude of the exposition, the enterprise of its managers, and the comprehensiveness of the exhibits, the fact that \$30,000 is to be spent in attractions and special features, the latest inventions as well as the latest novelties in the amusement world, and including \$7,000 for music, shows that while the agricultural and industrial interests of the country are to be well looked after, the people's enjoyment will not be neglected. America and Europe have been scoured for all that is best in every line of attraction. Bolossi Kiralfy, the greatest master of spectacle on earth, has been secured to produce in all its brilliancy and gorgeousness his streenders are every construction. that while the agricultural and industrial interests of the country are to be well looked after, the people's enjoyment will not be neglected. America and Europe have been scoured for all that is best in every line of attraction. Bolossi Kiralfy, the greatest master of spectacle on earth, has been secured to produce in all its brilliancy and gorgeousness his stupendous production "The Orient," which was the wonder of London, Eng., at Olympia for a year, and that is only one of the really costly features that have either been engaged or are being negotiated for. Then there are the new Dairy Building and the new Art Gallery, which will greatly increase the value of the exminion.

hibition as a factor in the education and elevation of the people. In the Dairy Building not only will there be exhibits of dairy products, utensils, and so on, but lectures and demon-strations will be given twice daily in a hall provided with seating ac-commodation for 600 people. Reduc-ed rates will, of course, be available on all lines of travel.

EX-COUNTY COUNCILLOR MAR RIED.

The Tilbury Times of last week tells of the marriage of Mr. J. A. McGregor the well-known Tilbury ex-county councillor, who, in company with Ridgetown's present bachelor mayor, so eloquently responded to the toast of "The Ladies" at a dozen or more

warden's suppers:—

His numerous friends here were surpriced to learn of the marriage of J. A.

McGregor on Saturday, The happy
event took place in the English church

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At less than one way first class fare; tickets on sale July 28th, and August ist to 9th inclusive, good to return until September 30th, 1902; good going and returning via all direct routes.

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and Pueblo, Colo, \$41.90 and \$37.25 Glénwood Springs, Colo. \$53.90 \$49.25 Gueden, Salt Lake, Utah. \$54.90 \$30.25 Hot Springs, South Dakota. \$39.90 \$34.75 Deadwood, South Dakota. \$42.60 \$37.95 Custer, South Dakota. \$42.60 \$37.95 Guster, South Dakota. \$42.60 \$37.95 Guster, South Dakota. \$41.45 \$36.80 Fares in first column, good going July 17th to 31st and Aug. 15th to

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