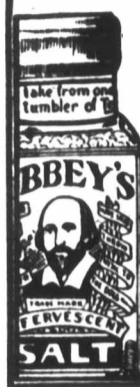


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Abbey's Effervescent Salt
A clean stomach and a clear head are the guarantees of **Abbey's Salt**
25c and 60c bottle.
Sold everywhere.

and Lecturer at St. Lawrence Jewry. Later he was appointed chaplain to Charles II. and preferred, first to the Deanery of Canterbury and afterwards to a Canonry of St. Paul's, subsequently becoming Dean. In 1691 he was appointed Archbishop of Canterbury. He was buried in the city church of St. Lawrence Jewry.

A very beautiful addition has been made this past Christmas to the Church of St. George the Martyr in New York. Three sanctuary lamps now burn continually before the high altar. They are of pure silver of an exquisite antique design, and hang suspended on long and beautiful chains from the chancel-arch. One is "In Memoriam," given by the parents of a son taken from them in opening manhood.

The Rev. W. A. Ball, who is to work under the Rev. W. G. Boyd at Edmonton, and the Rev. Maurice Beardshaw, under the Rev. Douglas Ellison at Regina, recently received their official dismissal in the private chapel at Lambeth Palace from the Archbishop of Canterbury, and will sail by the next boat.

Sir Charles Wakefield has presented a portrait, by Sir Godfrey Kneller, of Archbishop Tillotson to St. Paul's Cathedral. In his early days Tillotson was a preacher at Lincoln's Inn

Children's Department

JUST ONE HOUR.

"Coax your auntie to let you stay at home this time," urged Frank, as he sat in the sand pile with Lester.



ROYAL YEAST
MAKES THE WHITEST, LIGHTEST BREAD.
MOST PERFECT MADE
MAKES LIGHT WHOLESOME BREAD.
REFUSE SUBSTITUTES.

"Sunday School is only one hour, anyway, so it don't matter for once, I have this sore foot and can't go, so you might stay with me. It's awful lonesome alone."

"I haven't missed a Sunday yet," said Lester, thinking of Miss Ethel and all the boys and girls. "I know my Golden Text and everything."

"Well, then, it don't make any difference whether you go or not," said the little boy with his foot tied up in a bandage. "Your auntie will let you stay if you just ask her."

"Want to stay at home from Sunday School?" said Auntie Belle, when Lester asked her. "Why isn't this a sudden notion? You told me you hadn't missed a day. I am afraid your mamma won't like it."

But both boys coaxed until she said Lester might stay with his lame friend. Mamma had been called away suddenly on Saturday evening, so Aunt Belle came over to stay with Lester and little Nell until she and papa came home.

"I guess you didn't go to Sunday School yesterday, did you, Lester?" asked old Mrs. Brown. "I missed my paper, and have been lonesome for it ever since."

"No—I—that is, I stayed at home with Frank. He has a sore foot, you know," said Lester, remembering that he always brought a Sunday School paper to the dear old lady, who could not go herself. "I'm sorry about the paper."

"So am I, but it isn't often you miss, said Mrs. Brown. "Next Sunday you'll bring me one, I'm sure."

"I missed you last Sunday, Lester," said Miss Ethel, meeting him on the street as he was going to the store for mamma. "I was just on my way to see if you were sick, for you are one of my most faithful scholars."

"I wish I hadn't stayed at home, thought Lester, as he hurried on after seeing Miss Ethel's grieved look. "I guess it don't pay to lose even one Sunday."

And when the end of the year came, what do you suppose happened? Why, the minister read a list of names of boys and girls who had not been absent a single Sunday from Sunday School, and gave them nice books for prizes. There were little boys and

big boys, little girls and big girls, and some grown people, but Lester's name was not among them.

"For just one hour that day, mamma, I missed a prize," said Lester,

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when he told his mamma all about it. "And that isn't all, either. All the time I wanted to be in Sunday School. I'm going to do better next year."

KIDNEY PAINS IN THE BACK

Could Not Stand or Even Turn in Bed — Legs Greatly Swollen.

All Doctor's Medicine Failed — Cure Effected by Use of

DR. CHASE'S KIDNEY LIVER PILLS

Again this great medicine has triumphed over kidney disease of a severe type. From a bed of suffering and helplessness Mrs. Walsh was restored to health and strength by using Dr. Chase's Kidney-Liver Pills.

Kidney pains in the back tortured her. Dropsical swellings had set in and she had no reason to hope for cure, since the doctor's medicine failed to even relieve her. Read what the husband says about this remarkable cure.

Mr. Thos. D. Walsh, Pictou, N.S., writes:—"Two years ago my wife took to her bed after suffering for a long time from kidney pains in her back. She was not able to stand on her feet or even turn herself in bed. The doctor's medicine was no benefit whatever, that we could see. Sometimes her legs would swell considerably. Reading about a woman in similar condition being cured by Dr. Chase's Kidney-Liver Pills, we purchased two boxes and when these were used she was able to sit up. With three more boxes she was restored to health and doing her own housework.

"As for myself I also found these pills all that is claimed for them. I give this statement in order that others may obtain the same ease from suffering as that experienced by my wife and myself."

One pill a dose, 25c. a box, at all dealers or Edmanson, Bates & Co., Limited, Toronto.

To Protect the Beauty That is Yours



and to enhance it, if that be possible, is a duty none the less binding because it has been made so agreeable. That duty centres in Beauty's chief expression, the skin.

With intelligent care and the regular use of such perfect preparations as Na-Dru-Co Ruby Rose Cold Cream and Witch Hazel Cream, you can preserve its bloom in spite of exposure to raw, cold winds, over-heated, steamy kitchens, or ill-ventilated rooms.

NA-DRU-CO Ruby Rose Cold Cream

does much more than keep the outer skin soft and supple—it feeds the underlying tissues, fills out the tiny hollows, prevents wrinkles, and gives a fresh and wholesome charm. With its subtle odor of fresh roses, and the soothing sensation which it imparts, Ruby Rose Cold Cream is a toilet gem.

In opal glass jars, 25c. at your druggist's.

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is a refined and altogether delightful preparation of Nature's own cooling, healing specific, Witch Hazel. Under its soothing influence roughness, chaps, sore lips, sunburn, windburn or irritation after shaving vanish like magic. Used freely after washing it keeps the hands and face soft and comfortable.

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