

HOUSE AND HOME

CONDUCTED BY HELENE.

The young woman who earns her own money should endeavor to save a portion of it from each payment. No matter how small the payment may be it will be forming a wise habit to lay part of it aside. At the end of the year quite a little sum is realized that can be turned to good advantage. A more intelligent sense of what constitutes thrift and economy is needed, especially among women of the working classes. It is the easiest thing in the world to spend money, but we all find it difficult to save it. To study one's needs and supply them in accordance with one's circumstances is making the best results out of our limitations. The girl who works all day will be greatly benefited by belonging to some good literary club or society, where she will derive a helpful intercourse with people who will broaden and beautify her mind. Education is not wholly confined to schools, but to the things that lie within our reach if we make the effort to grasp them.

WOMAN FIRST IN EGYPT.

For several years an Egyptian papyrus over 2000 years old has been resting in one of the cases of the Egyptian gallery at the Toledo, Ohio Museum of Art with other antiquities presented by President E. L. Libbey. It now develops that the document is of great importance, establishing the date of the reign of a Pharaoh hitherto unknown. The papyrus is a marriage contract and throws some light on the condition of women in Egypt in the fourth century B.C. The Pharaoh Khafkha had been known by name but nothing had ever been found which gave any information as to when he reigned. The name of the scribe who signed this papyrus appears on another document in the library of the University of Strasbourg, Germany, which document bears a definite date. It is consequently figured that Khafkha ruled in Egypt in the year 331 B. C.

The other important matter in the papyrus is the confirmation of a statement made by the Greek historian Diodorus in the first century B. C. in which he said that women were more important in their social affairs in Egypt than the men, and when marrying dictated terms. Since Diodorus no evidence has been turned up substantiating his statement until the discovery of this papyrus.

ANCIENT QUESTION OF COPYRIGHT.

St. Columba or Columkille, about A.D. 560, in the thirty-ninth year of his age, while visiting at Clonard, borrowed a beautiful book of the Psalms, kept by the Abbot Finian in the church. Wishing to have a copy of his own, and fearing refusal if he asked permission to make one, he secretly transcribed the book night by night in church. St. Finian soon discovered this, but took no notice of it until the copy was finished, when he sent to Columkille for it, claiming that it belonged to him as it was made from his book without permission. The book had cost Columkille many a sleepless night, and he refused to surrender it. Unable to agree, the disputants appealed to Diarmid, the High King of Erin. They both proceeded to Tara, obtained an audience, and laid the case before the king, who pronounced a judgment that long continued to be remembered as a proverb in Ireland. "To every cow belongs her little offspring, so to every book belongs its little offspring book, the book thou hast copied without permission, O Columkille, I award to Finian." This decision resulted in a pitched battle between Diarmid and the princes of Tirconnell and Tirerone, who took up Columkille's cause, and in which Diarmid was defeated. From this the book became known as the Cathach or Battle Book, and it was afterwards given to Columkille. It has remained ever since, a precious heirloom, in possession of his kindred the O'Donnells. This venerable relic covered with a beautiful wrought case of gilt silver and precious stones, may be seen in the National Museum, Dublin, where it has been deposited by the head of the O'Donnell family. Only fifty-eight of the vellum leaves of the original book remain, and the writing is in a small uniform hand.

THE EYES OF CHILDHOOD.

To-day a child in its mother's arms came into my garden. I looked at it, and saw at the same time the necessity of the incarnation. God could not resist taking that loveliest form—the highest to which material things have reached. The yellow curls, thick and close and fine as silk floss, falling down upon his neck; the clear, limpid eyes, beaming with pure delight; the white teeth, and its ineffable joy, as it played at hide-and seek behind its mother's neck;

and then becoming suddenly serious, stroked the mother's cheek, and stared at her with eyes of wonder—no! If God has chosen to unite Himself to His creation, He could not have chosen a lowlier, nor a lovelier form. How beautifully the medieval painters interpreted this mystery of the Human and Divine! And with what theological exactitude, yet with artistic and with sympathetic instincts they drew from the deep well of imagination and devotion their Madonna and Child. Was it Tennyson that found fault with the serious eighth wonder of the world—the Sister Madonna? Look more closely, O poet, and you will find that Raffaele was right—Father Sheehan.

SOME LATEST FRENCH STYLES.

Grace Margaret Gould, the fashion expert, who has recently returned from Paris, writes in February Woman's Home Companion:

"Striped materials continue right on being fashionable, and the woman who needs a gown, and one which she can wear for a long time, to come, need have no hesitation in selecting a striped silk or striped voile for her gown."

"In planning an evening costume there are one or two things which it is wise that she bear in mind. The first is, short-waisted effects are in vogue. Now, if she can have but one evening gown, it is better to select something that is not too extreme. Let us take it for granted that she doesn't care for an Empire gown such as fashionable women are wearing in Paris and New York to-day. On the other hand, she doesn't wish to spend her money for a new evening dress and not have it reflect in a measure the new fashionable tendencies."

"In this case let her try the high Empire girdle, which will give her the fashionable short-waisted look. Skirts are long and extremely close fitting over the hips. The trimming is all towards the foot. Even such filmy materials as tulle and chiffon cloth are often made up with a band of velvet at the bottom. Entre deux of fine net strikingly embroidered in coarse silk flosses are the fashion as skirt-trimmings, and when they are used in this way a touch of the same embroidery is introduced in the blouse."

"Veiled effects are very fashionable, and the skirts of many of the latest evening gowns show very lovely changing effects. For example, a skirt of pale blue chiffon will be made up over a pale blue silk or satin foundation, but just to give it an unusual little touch there will be another chiffon skirt between the outer one and the silk foundation, and this will not be of blue."

A KITCHEN CALENDAR.

One teaspoonful of soda to one cup of molasses.

One teaspoonful of soda to one cup of molasses.

Three heaping teaspoonfuls of baking powder to one quart of flour.

Half a cupful of yeast, or one quarter of a cake of compressed yeast to one pint of liquid.

One teaspoonful of salt to two quarts of flour.

One teaspoonful of salt to one quart of soap.

One scant cupful of liquid to two full cupfuls of flour for muffins.

One quart of water to each pound of meat-bone for soup-stock.

Four peppercorns, four cloves, one teaspoonful minced herbs, and one teaspoonful each of chopped vegetables to each quart of water for soup-stock.

One saltspoonful of white pepper to each quart of soup-stock.

One teaspoonful of extract to one quart of custard.

One teaspoonful of extract to one quart of custard or cream for freezing.

One teaspoonful of extract to one plain loaf cake.

A pinch of salt or spice is a saltspoonful.

A few grains is less than a saltspoonful.

THE SON OF A PEASANT.

Kubelik, the famous violinist, who is a Catholic, is a living proof that men in Europe merit may carry a robe of a peasant's hut into exclusive society, says the Delineator for January.

Twenty-seven years ago the poor Bohemian Market-gardener Kubelik, to whom a son had just been born, would have called insane anybody who predicted that the baby would live to marry into the most exclusive aristocracy in Europe. In his part of the world music is the supreme art, and it seemed natural that the King of modern violinists should wed Countess Mariame Czaky, daughter of one of those ancient Bohemian houses that trace their origin farther back than any other aristocracy in Europe. Kubelik was but twenty-three years old at the time of his

marriage, and the little countess was even younger. They live at Kolin, Bohemia, where they divide their time between music and the care of their twin daughters. If there is anything in the adage that a good son makes a good husband, Mrs. Kubelik should be very happy, for her husband is devoted to his old peasant mother and deeply reveres the memory of his father, who made every sacrifice for his son's musical education. The first money Jan earned by playing he spent in buying a wreath for his father's grave.

WHITE FRUIT CAKE.

Beat one-half of a cup of butter to a cream, add one cup of powdered sugar. Beat until smooth and creamy; add the whites of four eggs, unbeaten, one at a time, stirring until each is well mixed before adding the other. When the whites are all beaten in, add one-half of a cup of milk and one and one-fourth cups of flour, beat until the batter is very smooth; stir in one teaspoonful of baking powder and the fruit, mixing it well with the batter. Turn into a well greased tin and bake in a moderate oven for two hours. The amounts of fruit are as follows: One-half pound of raisins, one-half pound of dates, one-half pound of figs, one-fourth pound of citron and one pound of English walnuts.

FUNNY SAYINGS.

THE DOCTOR'S CALL.

Young Doctor Lamson rented his house from Mrs. Wilson, across the street. One day in April, after he had been practising about a month, the doctor received a telephone message to call in and see his landlady.

That morning his first call was at the Wilson house. Mrs. Wilson met him at the door and ushered him into the parlor. That she was not feeling very well the physician could see by her face.

"Hum," said he, as he took a comfortable chair, "you're not feeling just right to-day, eh?"

"No," she replied, seating herself opposite her visitor, "I've got one of my usual bad headaches."

"I see. Feel all right other ways?"

"Oh, yes!"

Thereupon the genial doctor expatiated on headaches of all varieties, finishing up by telling the landlady what to take for her ailment.

"That's all," said he, as he took a comfortable chair, "you're not feeling just right to-day, eh?"

"No," she replied, seating herself opposite her visitor, "I've got one of my usual bad headaches."

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THREE Trying Times in A WOMAN'S LIFE

WHEN MILBURN'S HEART AND NERVE PILLS

are almost an absolute necessity towards her future health.

The first when she is just budding from girlhood into the full bloom of womanhood.

The second period that constitutes a special drain on the system is during pregnancy.

The third and the one most liable to leave heart and nerves troubled is during "childhood."

In all three periods Milburn's Heart and Nerve Pills will prove of wonderful value to the woman.

Write: "I was troubled very much with heart trouble—the cause being to a great extent due to 'change of life.' I have been taking your Heart and Nerve Pills for some time, and am now continuing doing so, as I can truthfully say they are the best remedy I have ever used for building up the system. You are at liberty to use this statement for the benefit of other sufferers."

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WITH THE POETS

BENEDICITE.

God's love and peace be with thee where
So'er this soft autumnal air
Lifts the dark tresses of thy hair!

Whether through city casements comes
Its kiss to thee, in crowded rooms,
Or out among the woodland blooms

It freshens o'er thy thoughtful face,
Imparting, in its glad embrace,
Beauty to beauty, grace to grace!

Fair Nature's book together read,
The old wood-paths that knew our tread,
The maple shadows overhead—

The hills we climbed, the river seen
By gleams along the deep ravine—
All keep the memory fresh and green.