

Gems of Thought.

Cheerful temper, joined with innocence, will make beauty attractive, knowledge delightful, and wit good natured. It will lighten sickness, poverty and affliction, convert ignorance into an amiable simplicity, and render deformity itself agreeable.—Joseph Addison.

He who sits down in a dungeon which another has made, has not such cause to bewail himself as he who sits down in the dungeon which he has thus made for himself. Poverty and destitution are sad things; but there is no such poverty, there is no such destitution, as that of a covetous and worldly heart. Poverty is a sad thing; but there is no man so poor as he who is poor in his affections and virtues.—Orville Dewey.

None of us can tell for what God is educating us. We fret and murmur at the narrow round and daily task of ordinary life, not realizing that it is only thus that we can be prepared for the high and holy office which awaits us. We must descend before we can ascend. We must suffer if we would reign. We must take the via crucis (way of the cross) submissively and patiently if we would tread the via lucis (way of light). We must endure the polishing if we would be shafts in the quiver of Emmanuel. God's will comes to thee and me in daily circumstances, in little things equally as in great; meet them bravely; be at your best always, though the occasion be one of the very least; dignify the smallest summons by the greatness of your response.—F. B. Meyer.

WORK.

Work in every hour, paid or unpaid; see only that thou work, and thou canst not escape the reward; whether thy work be fine or coarse, planting corn or writing epics, so only it be honest work, done in thy own approbation, it shall earn a reward to the senses as well as to the thought; no matter how often defeated, you are born to victory. The reward of a thing well done is to have done it.—Emerson.

No task is ill where hand, and brain, And skill, and strength have equal gain, And each shall each in honor hold, And simple manhood outweigh gold.

—From "At Sundown": J. G. Whittier.

Unconcerned.

Our picture gives us a homely and familiar illustration of the old adage, "Where ignorance is bliss, 'tis folly to be wise." The little invaders of Carlo's stronghold take possession of the remnants of his meal, and disport themselves in his pan of water, wholly unaware that by one stroke of his paw, or by one scrunch of his sharp teeth, he could deal death and destruction amongst them. But as Carlo is strong, so is he merciful. There's a kindly look in his eye, and a comical little twist in his inquisitive nose, which tell of good comradeship rather than revenge. "Wellcome, little strangers," he seems to be saying, "and you may come again to-morrow, if you don't take any more liberties than you are doing to-day; but if you do, then look out!" H. A. B.

A Hard-working Woman.

All day she hurried to get through,
The same as lots of winnins do;
Sometimes at night her husband said,
"Ma, ain't you goin' to come to bed?"
And then she'd kinder give a hitch,
And pause half way between a stitch,
And sorter sigh, and say that she
Was ready as she'd ever be,
She reckoned.

And so the years went one by one,
An' somehow she was never done;
An' when the angel said as how
"Mis' Smith, it's time you rested now,"
She sorter raised her eyes to look
A second, as a stitch she took;
"All right, I'm comin' now," says she,
"I'm ready as I'll ever be,
I reckon."

HEALTH IN THE HOME.

By a Trained Nurse

Emergencies.

FAINTING.

In case of fainting, the individual should be laid flat on the floor or a lounge, without any pillow under the head, which must be placed on the same level as the feet, or even a little lower. Fainting is caused by too much blood leaving the brain, and the object of the above treatment is to bring it back again. It is also the easiest thing to do, and the only sensible one. Anyone who begins to feel faint would do well to lie down at once upon the floor, and so avoid actually fainting. In a sitting position, which for any reason it is desirable not to change, fainting may be prevented by leaning over and pushing the head down between the knees, the effect still being to cause more blood to flow towards the brain. Clothes should be loosened, and cold water may be applied to the face, but the essential thing is the flat position. When an accident of any kind occurs, a ring should be made around the person injured to give him air and prevent the crowd from getting in the way of those who can assist him.

VOMITING.

This, especially if accompanied by disturbance of the bowels, may be a symptom of some serious trouble, requiring the physician's immediate assistance, and should not be allowed to go long before sending for him. If not of a serious nature, or to relieve while waiting for the physician, merely abstaining from food and resting absolutely in bed on the back may be tried, and a mustard paste over the stomach often gives relief. A little cracked ice swallowed occasionally sometimes helps. The sour stomach, known as heartburn or waterbrash, may be relieved by about half a teaspoonful or less of baking soda in a little water. In a case of vomiting caused by a bilious condition, a glass of very hot water taken slowly, combined with rest in bed, is very useful. A little lemon juice may be added to the water, but no sugar. Milk is sometimes vomited in one solid curd, because it has been taken too quickly. Milk is

curdled in the stomach naturally, but if taken too quickly, instead of being curdled in instalments, it forms a solid mass, and is promptly expelled. When vomiting can be directly traced to something in the way of food that has been eaten, the trouble is usually over when the stomach has relieved itself. A good large glass of cold water may be given then. It will be refreshing if it stays down, and if not, will wash out the stomach. The discomfort of vomiting may be greatly relieved if anyone will hold the sick person's head firmly between her hands, pressing on the temples, while it lasts, and the mouth is rinsed out with fresh cold water afterwards.

DOG BITE.

The first thing is a thorough and prolonged washing with water containing some disinfectant. Two corrosive sublimate tablets to two quarts of water is strong enough. Disinfectants must always be used absolutely according to directions and with the utmost care, for most of them are deadly poisons. Keep a stream of this solution flowing over and into the wound slowly until the whole two quarts are gone. If possible, as in the case of a hand or foot, or the leg or arm of a child, the wound can be put right in and allowed to soak for about fifteen minutes, then bind with a clean rag, and go at once to the doctor. Go to him immediately if he is close at hands, but if a journey of an hour or more is involved the washing must come first. Do not kill the dog. He should be kept shut up in some safe, but sufficiently large, clean and comfortable place, with proper food and plenty of air and water, for a few weeks at least. If he is ill, and the bite, therefore, dangerous, the disease will in that time declare itself, and the person bitten can be directed by the physician as to what he must do. If no disease develops in the dog, there will be no danger of hydrophobia, and if the wound has been properly cared for the chances are that nothing serious will result, and the dog need not be killed unless the owner does not wish to keep him. As a means of prevention,

neither children nor grown persons should be allowed to tease and irritate or ill-use a dog until it turns upon them, and water should be placed within the reach of all stray dogs and cats, as well as pet animals. It is a very simple matter to keep a pail of fresh water near the gate or somewhere where stray animals can help themselves, and it is quite easy to understand that a dog parched with thirst, especially on a hot day, may well feel disagreeable and be easily provoked. By extending a little kindness in this way to stray animals, both cats and dogs, people would be in reality protecting themselves and their children, and acting on a sound and humane principle. A. G. OWEN.

June 23, '04.

Humorous.

FUNNY ADVERTISEMENTS.

"Annual sale now going on. Don't go elsewhere to be cheated—come in here."

"A lady wants to sell her piano, as she is going abroad in a strong iron frame."

"Wanted, experienced nurse for bottled baby."

"Furnished apartments suitable for gentlemen with folding doors."

"Wanted a room for two gentlemen about 30 feet long and 20 feet broad."

"Lost a collie dog by a man on Saturday answering to Jim with a brass collar around his neck and a muzzle."

"Wanted, by a respectable girl, her passage to New York, willing to take care of children and a good sailor."

"Respectable widow wants washing for Tuesday."

"For sale—a pianoforte, the property of a musician with carved legs."

"Mr. Brown, furrier, begs to announce that he will make up gowns, capes, etc., for ladies out of their own skins."

"A boy wanted who can open oysters with a reference."

"Bulldog for sale; will eat anything; very fond of children."

"Wanted an organist and a boy to blow the same."

"Wanted, a boy to be partly outside and partly behind the counter."

A charitable young lady visiting a sick woman inquired, with a view to further relief, as to her family. She asked: "Is your husband kind to you?" "Oh, yes, miss," was the instant response, "he's kind—very kind. Indeed, you might say he's more like a friend than a husband."



Weekes.

Unconcerned.