

fess their sins and be baptized. That was what it meant to become a Christian.

It was decided that Paul and Barnabas should go themselves to Jerusalem and find out what the followers of Jesus there thought about these things. So they started on their journey. When they came to Jerusalem, a great meeting was held. At this meeting it was agreed to send two of their great workers, Judas and Silas, back to Antioch with Paul and Barnabas. They wrote a letter for these men to take to the followers of Jesus in Antioch. This is what they wrote in the letter :

"We have heard that some men have gone from Jerusalem to Antioch and caused trouble amongst you by saying that you must keep to the old customs of the Jews or else you cannot be Christians. This is not true ; we did not send these men to you, but now we are sending two men to you with our beloved Paul and Barnabas, and they will tell you the same things we are writing to you. You do not need to trouble yourselves about these old Jewish laws. Just remember not to eat any of the meats that have been offered to idols, and to keep yourselves pure."

When the Christians in Antioch read this letter, they were very glad. Then Judas and Silas, who had brought the letter, talked to them, and explained what it meant. After a short visit, these men went back to the apostles in Jerusalem.

Questions on the Lesson

1. To what city did Paul and Barnabas decide to return ? 2. What places did they visit on their way ? 3. What did they do in each of these places ? 4. How did the Christians in Antioch welcome them ? 5. What had some teachers from Jerusalem been telling them ? 6. What was it decided that Paul and Barnabas should do ? 7. How did the Christians in Jerusalem welcome them ? 8. Whom did the apostles and elders send back to Antioch with Paul and Barnabas ? 9. What did they send with them ? 10. What did they write in that letter ? 11. Were Christians to follow the old laws of the Jews ? 12. What must Gentile Christians do ? 13. How did the Gentiles feel when the letter was read to them ? 14. What did

Judas and Silas say to them ? 15. What is the Golden Text ?

Lesson Hymn

Faithful and just art Thou,
Forgiving all ;
Loving and kind art Thou
When poor ones call ;
Lord, let the cleansing blood,
Blood of the Lamb of God,
Pass o'er my soul ! Amen.

—Hymn 160, Book of Praise

The Catechism

PRIMARY CATECHISM — 94. What is prayer ? Prayer is telling God our wants, confessing our sins, and thanking Him for His goodness. 95. To whom should we pray ? We should pray to God only.

The Question on Missions

9. Do the children get on well at school ? Yes, quite as well as children in Canada. They are quick to understand what they are taught ; they have very good memories ; and they study hard. They are specially good at "learning by heart."

AFTER SUNDAY SCHOOL

The lesson tells of a letter which was sent from Jerusalem to Antioch. It was likely in the form of a roll such as the one held by



the man in the drawing (color). The letter told the Christians at Antioch that they could be saved by simply trusting in Jesus. And that is true for us to-day.

I Have Learned To-day

THAT JESUS IS MY SAVIOUR