

## Particular Practice for the Month of February.

**Eighth Duty towards the Blessed Eucharist :  
To make It Loved.**



OUR heart in Jesus' presence seems irresistibly drawn to offer Him love for love, to tell Him how truly we love Him, to say with St. Peter : " Lord, Thou knowest all things : Thou knowest that I love thee."

According to St. Theresa, love must prove itself by deeds ; in all simplicity, we bring ours, poor and unworthy though they be, and lay them in affectionate homage at His sacred feet.

The highest expression of love is to give oneself, to attain its sublimity we give unreservedly, entirely, ourselves and all we have or can hope for in time or eternity.

But even this will not satisfy true love with its ceaseless yearnings, prompting us to add to the sentiments of our heart, to the personal acts of our will, to the oblation of ourselves a yet more perfect gift, that of bringing to Jesus the hearts of our fellowmen, the love of humanity, cause of His sacred thirst, aim of His Eucharistic presence in our midst.

If we sincerely and effectively love the divine King of the Sacred Host, we shall be His apostles, the promoters of his love and of His Eucharistic reign in all hearts. This is the universal law of every life consecrated to the Blessed Eucharist, of every communicant with whom the Master tenderly pleads : " He that eats Me, the same shall live by Me " (John VI, 58.)

Père Eymard tells us a purely contemplative life cannot be a fully Eucharistic one. The Eucharistic flame must have room to expand. How can we be apostles of Jesus in the Sacred Host : how can we gain loving hearts for his militia ? By not losing any favorable occasion of speaking of the Blessed Eucharist, of its charms and gra-