

POOR PROSPECT MARCH 23 1920

THE EVENING TIMES AND STAR, ST. JOHN, N. B., SATURDAY, MARCH 13, 1920

I. K. L. ROSS HORSES WINTERED WELL

Montreal Owner Has Six Entered in the Kentucky Derby This Year.

(Toronto Mail and Empire.)
Commander J. K. L. Ross and his trainer, H. Guy Bedwell, are filled with ambition to make the winning of the Kentucky Derby a successive event. Just now both owner and trainer are growing more hopeful each day of repeating last year's victory, and they have a perfect right to hold strong hopes. As a matter of fact, if their present plans are carried out, they will have two or three starters, and it would not be within the bounds of possibility for the white to run first and second, as they did last year with Sir Barton and Billy Kelly, for they are shooting with the same gun. The horses are in the best of health, and six of these have been named for the Derby, the black filly, Sir Choice, being the only one left out. Ross Working Regularly.

While the trainers of the various stables, large and small, at Belmont Park and the other tracks about New York, are chafing under their inability to get their horses in the best of health, the Ross horses have been exercising regularly since the latter part of December and are looking in great shape. On the crest of a hill on the Ross farm is one of the finest barns for the housing of thoroughbreds that ever has been built in America. Around this barn is an enclosed track of a quarter of a mile, where horses can work in all kinds of weather. This track is covered andanked with sawdust and shavings, making a deep, but non-slippery going, over which the horses add to wind and muscle to their workouts. Having worked round this track so steadily, the horses are running in fine condition and the finishing touches will be put on when they are removed to the Laurel race track, less than two miles away. The Ross stable made ready for early efforts will be taken to the Laurel course in another week.

When it is recalled that the trainers at Belmont Park and Gravesend were working their horses over the track in January of last year, but as yet have been unable to get out on the track this year, it really may be realized that the Ross horses are in the best of health. It will be far behind when the first bugle all sounds, while Bedwell will be in much better shape with the Ross horses than when he was with the Belmont and the Schorr and St. Veitch have been

IF YOUR EARS RING WITH HEAD NOISES

If you have ringing, buzzing, noises in your ears, are getting hard of hearing and fear Catarrh of the Ears, go to your druggist and get 1 ounce of Farnit (double strength), and add to it 1/4 pint of hot water and a little crystallized sugar. Take 1 tablespoonful four times a day.

This will often bring quick relief from the distressing head noises. Closed nostrils should be kept breathing, become easy and the mucus stop dropping into the throat. It is easy to prepare, and little and is pleasant to take. Anyone who has Catarrh trouble of the ears, is hard of hearing or has head noises should give this prescription a trial.

FRECKLES

March Brings Out Unsightly Spots. How to Remove Easily.

The woman with tender skin needs March because it is likely to cover her face with ugly freckles. No matter how thick her veil, the sun and winds have a strong tendency to make her freckle. Fortunately for her peace of mind, Othine—double strength, makes it possible for even those most susceptible to freckles to keep their skin clear and white. No matter how stubborn the freckles, they will disappear under the use of Othine. Get an ounce from your druggist and banish the freckles. Money back if it fails.

Constipation, Piles and Stomach Ills Can Be Cured By Internal Bathing

Constipation is the cause of most of the ills common to people now-a-days. It comes mostly from neglect in not seeing the signs which nature has been giving to give us that everything is not right within. Stomach ills, headache, loss of appetite, impure blood, rheumatism, piles, pain in the back, lack of energy and sleeplessness are in most cases due to imperfect elimination or constipation. To be healthy all the time you must be clean inside, and the J.B.L. Cascade is the only perfect appliance ever devised for this purpose. It is easy and pleasant to use, and any member of the family is benefitted by its use. When the system is kept clean, there is no chance for germs to lodge, and the many ills easily contracted under other circumstances will be avoided. Thousands of Canadians have been restored to perfect health by the J.B.L. Cascade. If you don't feel well all the time, just try internal bathing. Then you will appreciate the advantages it has over any other means of restoring your health. Pills are dangerous. Don't be continually taking medicine for constipation. Bathe internally.

The J.B.L. Cascade is now being used by thousands of Canadian homes, all of whom appreciate its wonderful value. It is shown and explained by E. Clinton Brown, Druggist, Union and Waterloo streets, St. John; F. W. Munro, Dispensing Chemist, 357 Main street, St. John, who will be pleased to give you a wonderful and instructive book by Dr. J. A. Tyrell, called "The Way of the Way of the Way of Internal Bathing." Ask for it today.

Monocrotic acid of salicylic acid is the chemical name for "ASPIRIN". Canadians Call It ACETOPHEN.

Constipation, health's worst enemy, can be easily conquered with

"RIGAL"

Purgative Water, which acts mildly, yet surely, without causing colic, cramps or weakness.

ON SALE EVERYWHERE TRY IT TODAY
NATIONAL DRUG & CHEMICAL CO. OF CANADA LIMITED, St. John and Bathurst.

INFLUENZA

is dying out—but those who have had it should take no chances—take

"LIV-RITE TONIC"

to build up the body and clear the blood.

If you can't get it from your druggist send \$1 to the Maritime Drug Co., 108 Prince William Street.



THE GREAT HEALTH RESTORER

South Brookfield, Queens Co., N.S., Oct. 1919.
"Our little girl was very sick with Stomach Trouble and different foods were recommended, but everything failed until a nurse told me to give her OLIVEINE EMULSION. She is now a big, healthy baby and I would not be without it in the house, for coughs and colds and as a health builder, it is the best to be had. We recommended OLIVEINE EMULSION to quite a few who were suffering from the effects of influenza and they used it with good results." (Name on request)

OLIVEINE EMULSION is more than an ideal cough remedy, to pave the way for a quick recovery from heavy colds and deep-seated coughs. It is a body builder—gives strength to the weak—tones up and invigorates the whole system. It is pleasant to take and is agreeable to the most sensitive stomach.

Sold everywhere. Prepared by Fraser, Thornton & Co. Limited, Cookshire, Que.

working outside on the Laurel track, while the several stables at Benning are out on the track every day and have been for some time. Next year Bedwell will have his own outdoor track on the Ross farm, for a mile track is being built at the foot of the hill and the race track leads from Baltimore to Washington.

Has Six Likely Candidates.
Of course it is early for Bedwell to say just which horse he will favor for the Derby, but he is going along with an even half-dozen. He was the race with a maiden last year, in Sir Barton,

and he has some promising maidens this year. As Sir Barton for good looks as he has in this string is Royal Jester, the handsome black son of Black Jester and Primula 2nd. This one did not get to the races last year because of some foot trouble, but he has grown into a strong, strapping, race-looking colt, and may be much the better for not having been raced as a two-year-old.

Another one that was not raced last year, and who looks as a likely winner, is Irish Dancer, a chestnut son of Celt and Ballet Girl. Like Royal Jester, he was a three-year-old when he was imported on the Ross farm, and he is a big, strong, and rugged without a blemish. This half-brother of The Porter, showed that he had speed and a dash, and was a race horse last year, but was retired early, and looks as good as any man's horse today.

Billy Kelly Has Grown.
Of course everyone will be glad to know that Billy Kelly has come through

the winter in grand shape and has grown and filled out until today he bears a strong resemblance to that great old gelding, Roamer. One peculiarity about him is a strong dislike for the saddle, and he will do anything for Jockey Saddle, who exercises him, but one day while Saddle was ill, Billy showed some of his old-time spirit, and he was a race horse last year, but was retired early, and looks as good as any man's horse today.

Has 27 Good Two-year-olds.
There are twenty-seven of the Ross two-year-olds, and some Canadian-bred ones among the lot. These were bred on the Ross farm in Quebec, and three of them, in particular, outlook many of the best bred in Kentucky. The stars of the lot seem to be the three-year-old, Hood colt, the one by Short Grass—Ellenowen and another chestnut by Ballymore. Both of these seem to be full of vim and vigor, and they are being trained by the Ross farm in Maryland after the training track is completed along with other improvements and buildings now under way. The dormitories for the men and boys are complete in every detail. They make for comfort, and the farm is equipped with its own water, electric lighting and power, and heating plants.

TWO NEW STEAMERS.
Montreal Company Will Engage in Fruit Trade.
Two steel steamships, to carry fruit cargoes and passengers, have, according to a dispatch from New York, been contracted for by the Donald Steamship Company, Limited, of Montreal. The lead of the first ship to be built was laid at the Brooklyn yard of the Todd Shipyard, and the second ship will be built by the Canadian of fourteen ton speed.

The Canadian directors of the Donald Steamship Company are Clarence I. de Silva and R. E. Egan. It is understood that at first the vessels in question will operate between New York and the West Indies, but it is going ahead with a service will be established with Montreal later on.

Jim Williams of Wichita, Kan., professional smokesmith builder, fell eighty feet from a smokestack and would have hit the ground head first if he had not struck a guy wire, which broke from the force of the fall and caused him to swing back in the air, unhurt.

GUARD AGAINST THE 'FLU

Serious Outbreaks of Influenza Are Over Canada.

GOOD HEALTH IS THE SUREST SAFEGUARD

"FRUIT-A-TIVES" Brings Vigor and Vitality and Thus Protects Against Disease.

There can be no doubt that the situation regarding the spread of influenza throughout Canada is one of grave concern. It is quite true that the number of cases does not constitute an epidemic such as caused the suffering and sorrow during the terrible days of 1918. Yet there is no disguising the fact that everyone should be on their guard against the disease.

In Montreal alone, from January 20 to February 21, three thousand, one hundred and twenty-two cases of influenza and 189 deaths from the disease were reported to the Health Department.

If the outbreak had come at the beginning of the winter instead of the end, we might reasonably feel that the very cold weather would check the spread of the disease. But coming as it has, at the end of the winter, there is grave fear that an epidemic may occur.

For spring, with its slush and rain under foot, its dampness and chill, its chilling change from cold to warm, and back again, is a prolific source of coughs and colds, pleurisy and pneumonia.

The best protection, in fact, is the safeguard against the 'flu, is, GOOD HEALTH.

Those who are not as well and strong as they should be, those who are underweight, those who are "run-down" from overwork or sickness, should take Fruit-a-tives. It is a blood-purifier, a body-builder, a strength-giver, like "Fruit-a-tives," the "Fruit-a-tives" contains everything that is ideal tonic should have; to purify the blood, to build up strength and vigor, and to regulate the eliminating organs, so that the whole system would be in the best possible condition to resist the disease.

Now is the time to build up your health and strength, not only as a precaution against the ravages of influenza, but also to protect you against "spring fever" and the inevitable build-up at once. What they need is a Blood-purifier, a body-builder, a strength-giver, like "Fruit-a-tives," the "Fruit-a-tives" contains everything that is ideal tonic should have; to purify the blood, to build up strength and vigor, and to regulate the eliminating organs, so that the whole system would be in the best possible condition to resist the disease.

"Fruit-a-tives" regulates the kidneys and bowels, causing these organs to eliminate the wastes of the body as nature intended. "Fruit-a-tives" keeps the skin active, and insures an abundant supply of pure rich blood. "Fruit-a-tives" tones up and strengthens the organs of digestion, sharpens the appetite, brings restful sleep and renews the vitality of the nervous system.

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"Fruit-a-tives" is sold by all dealers in fruit, and is a blood-purifier, a body-builder, a strength-giver, like "Fruit-a-tives," the "Fruit-a-tives" contains everything that is ideal tonic should have; to purify the blood, to build up strength and vigor, and to regulate the eliminating organs, so that the whole system would be in the best possible condition to resist the disease.

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INDUSTRIAL FACTS

Australian Employer Deals With Labor Conditions

Strikes Cost Australia \$75,000,000 in Wages and Production During the Past Six Years.

(Canadian Finance.)
The annual report of the Employers' Federation of Australia makes interesting reading, particularly because of repeated reference to Australia as being the ideal labor country. During the past six years there have been 2138 strikes, involving 602,716 workers and entailing a total loss of \$75,000,000, made up of \$25,000,000 in wages and \$50,000,000 in lost production. The president's address contains a very interesting recital of fifteen points which he considers to be axiomatic and inescapable. These points are as follows:

1. Under any economic or industrial system men and women must inevitably continue to work for wages.

2. Some workers must always be paid more wages than others, either owing to special ability or the class of work performed.

3. No worker can be continuously paid wages that he does not earn.

4. The value of the work must be controlled by the saleable value of the articles produced.

5. In order to promote industrial development and provide work, the nation must continue to depend upon its intellectual citizens.

6. The community or nation that invents new brain power and inventive genius will be the most prosperous, and the cost of production, both in regard to primary products and secondary manufactures.

7. Shorter hours of work must increase the cost of all articles, including food and clothing.

8. The maximum output in the hours worked will result in cheapening the article produced, and the inevitable result inevitably governs the selling price.

9. Capitalism (or the accumulation of wealth) can never be abolished, for men will always earn and save more money than they need.

10. Private enterprise involves not only the control of established business, but also the raising of capital and personal effort in the promotion and establishment of new industrial enterprises.

11. The community cannot expect cheap bread, meat, and other foods at the expense of the farmer and grainer.

12. The only possible way for workers to secure a substantial increase in wages without a corresponding increase in cost of living is by increasing output, and the inevitable result inevitably governs the selling price.

13. Men and women in a country cannot be prevented from saving money, and acquiring property.

14. Without hope of profit there would be less industrial development, less employment, lower wages and higher cost of living.

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It Is Iron In The Blood That Makes Iron Muscles Like These---

Physician Explains a secret of the Great Power and Endurance of Athletes—Tells How Organic Iron-Nutrated Iron Helps to Build Rich, Red Blood

That Gives Physical Strength and Energy

To touch the arm of a strong, sturdy man—to feel the steel-like firmness of those muscular sinews—to think of the tremendous force and power that must lie behind such strength—these are thrills that come to the thin-blooded men and women whose own bodies are weak and physically unfit.

It takes men of red-blooded force and power to hit the sledge-hammer blows that count—and whether you are a pile-driver or a bank president you cannot expect to win out against odds forever unless you are a man of iron—constantly able to strike—and strike hard.

There are countless numbers of men today who at 40 are broken in health and steadily going downward to physical and mental decay," says Dr. John J. Van Hone, formerly Medical Inspector and Clinical Physician on the Board of Health of New York City. "Yet there are thousands of such men who undergo a most remarkable transformation the moment they get plenty of the right kind of iron into their blood to give increased energy and endurance. To help build stronger, healthier men and women, better able to meet the problems of everyday life, I believe that physicians, at every opportunity, prescribe organic iron—Nutrated Iron from three times per day, after meals, for two weeks. Then test your strength again and see for yourself how much you have gained. Many an athlete or prize fighter has won the day simply because he knew the secret of great strength and endurance which comes from having plenty of iron in the blood, while many another has gone down to inglorious defeat simply for lack of iron.

Manufacturers' Note: Nutrated Iron, which is prescribed and recommended above by physicians is not a secret remedy, but one which is well known to druggists everywhere. Unlike the older inorganic iron products, it is easily assimilated and does not injure the teeth, make them black, nor upset the stomach. The manufacturers guarantee successful and entirely satisfactory results to every purchaser or they will refund your money.

If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of Nutrated Iron three times per day, after meals, for two weeks. Then test your strength again and see for yourself how much you have gained. Many an athlete or prize fighter has won the day simply because he knew the secret of great strength and endurance which comes from having plenty of iron in the blood, while many another has gone down to inglorious defeat simply for lack of iron.

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It Feels Like Iron

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