e more you know about fee—and the more partlar you are about aroma flavour-the more you will preciate "SEAL BRAND" FFEE. Once you have tried it, ur choice will always be Chase & born's "SEAL BRAND" COFFEE.

1 and 2 pound tins. Whole-ground-pulverized-also ine ground for Percolators. Never sold in bulk. CHASE & SANBORN, MONTREAL.

deposit, the balance to be paid \$1.00 Weekly or \$5.00 Monthly.

To Make Hand-Knitted Socks According to Latest R. C. Directions

WILTON RUGS-In all the beautiful Persian and

oriental effects. From\$20.00 to \$150.00

AXMINSTER RUGS-English and Canadian manu-

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ART RAG RUGS-In all the newest designs and

SMALL MATS AND HALL RUNNERS-In every

size and quality. From\$1.00 to \$35.00

colorings, square, round or oval.

Miss Grey regrets very much that through an error the instructions for soldiers' socks, appearing last week, called for double heel, which are not the kind now required by the Red Cross Society Insignature 1, 2000 of the society of

Following are the socksregulations as they should be for the large size:

For Socks With Foot Over 10½ (Ten and One-half) Inches.

Cast on 68 stitches; 4½ inches, 2 plain, 2 purl; knit plain 7½ inches (12 linches in all).

Heel—Knit plain 34 stitches on to one needle; turn, purl back these 34 stitches; slip 1, knit 16 stitches, slip 1, knit 1, pull slipped stitch over, knit 1 turn, purl back these 34 stitches; slip 1, knit to end of row. Repeat (always slipping the first stitch) till you have 34 rows in all.

Turn, slip 1, purl to end of the heel towards side of the heel piece.

Turn, knit 12 stitches, slip 1, knit 1; turn, purl 13 stitches, purl 2 together, purl 1. Turn, knit 14 stitches, slip 1, knit 1; turn, purl 15 stitches, purl 2 together, purl 1. Turn, knit 16 stitches, slip 1, knit 1 turn, purl 17 stitches, purl 2 together, purl 1. Turn, knit 18 stitches, slip 1, knit 1 turn, purl 17 stitches, purl 2 together, purl 1. Turn, knit 18 stitches, slip 1, knit 1 turn, purl 17 stitches, purl 2 together, purl 1. Turn, knit 18 stitches of the end of the end of the needle, knit 1. Second needle: knit 1, slip 1, knit 1 pull slipped stitch over, knit 1.

Pick up and knit 18 stitches down the side of the heel piece.

Join the "Home-Lovers" Rug Club

During January we are forming a new club. This time it will be Rugs. It costs nothing to join the club.

Any honest person may become a member and select their Rug, which will be delivered on payment of a small

THERE IS NO EXTRA CHARGE FOR CLUB TERMS. OUR PRICES ON ALL QUALITY RUGS

ARE ABSOLUTELY RIGHT.

The Club Will Close January 31, Make Your Selection Now!

the kind now required by the Red Cross
Society. Inadvertently, a copy of the
old regulations was used in place of
the new. Readers are asked to make
particular note of this.
Following are the socksregulations as
they should be for the large size:
For Socks With Foot Over 10½ (Tan)

Turn, knit 19 stitches, purl 2 together, purl 1.
Turn, knit 10 stitches, slip 1, knit 1,
purl 11 stitches, purl 2 together, purl 1.
Turn, knit 12 stitches, slip 1, knit 1,
purl 12 stitches, purl 2 together, purl 1.
Turn, knit 12 stitches, slip 1, knit 1,
purl 13 stitches, purl 2 together, purl 1.
Turn, knit 12 stitches, purl 2 together, purl 1.

the heel piece. Divide the hee

Front needle: plain.
Third needle: knit 1, slip 1,

nit another 3 plain rounds, ore; knit another 2 plain rounds Knit 1 plain row, then decrease again nit another plain row, then decrease rain: knit another plain row, then

take of toe: Having 24 stitches or needles, put 12 on needle across from 12 on back needle. Break off woo aving half a yard with which to fli s if to knit, pull wool through and ke off stitch. Put darning needle next stitch of front needle as if to l, pull wool through but leave sti to the knitting needle each time and tover. Put darning needle in first the first to first the back needle as if to pur ll wool through and take off stitch the darning needle. darning needle in next stitch of back needle as if to knit, pull woo bugh but leave stitch on. Return front needle, put wool in first stitch he one previously purled) and re-

Cynthia Grey's Mail-Box

A Woman's Ambition. raining. I am thirty-six and am ver for nursing candidates, but it spensation." It would be worth while

Re Woman Suffrage.

GRAY'S, LIMITED

Some Saturday Bargains in Ready-to-Wear Department

Women's White Flannelette Gowns, Regularly \$1.25, Saturday Sale Price, 98c

Three dozen White Flannelette Gowns of good quality, open-front style, with yoke, long sleeves, narrow embroidery around close-fitting neckband; sizes 56, 58 and 60; regular \$1.25 value. On sale Saturday at 98c

\$1.00 and \$1.25 House Dresses for 75c

One table of Gingham, Print and Wrapperette House Dresses, with short sleeves, mostly in light colors; broken lines and odd sizes are these dresses from this season's stock; sizes range from 34 to 44; regularly sold at \$1.00 and \$1.25. To clear Saturday at.... 75c each

Bungalow and Bib Aprons, Specially Priced at 39c

A complete Overall Apron, made with kimon o sleeves, pocket and belt across back, in good

Black Sateen Underskirts at 50c

Very special value are these Sateen Undersk irts in black only, full widths. Price.... 50c

Skating Sets Reduced-Regular \$2.95 for \$2.25

Smart Brushed Wool Skating Sets, consisting of toque and scarf, in cardinal, brown and navy with white stripes across the ends of sc arfs, white wool pom-poms on either side of toque and white stripes around the turn-back band; regular \$2.95. Saturday sale price

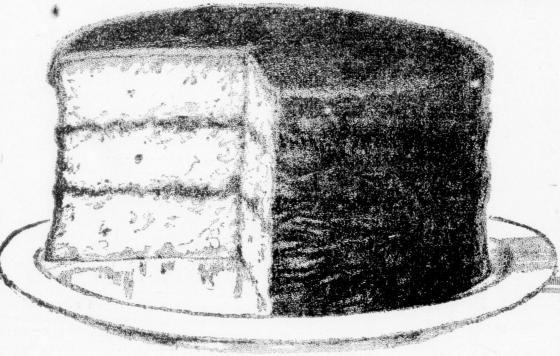
Special Clearance of Remnants in Staple and Linen Depts.

After taking stock, we find we have accumul ated a great variety of short ends of Table Linens, Towelings, Wrapperettes, Prints, Tickings, Flannels and Flannelettes. These we have marked at greatly reduced prices for a quick clean-up. On sale Friday and Saturday. In Table Linens we have about 150 ends, ranging in lengths from 11/2 to 23/4 yards, in bleached and unbleached qualities, at very special prices.

One table of Wrapperette and Heavy Kimon o Cloths, lengths from 11/2 to 6 yards; qualities worth up to 25c yard. On sale for 15c yard

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS 140 DUNDAS STREET.

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Some housewives demand Lightness in cakes-Some demand Fine Flavor, or mere Appearance.

Users of FIVE ROSES Flour demand more—and they get it consistently, because its wholesomeness and baking qualities seldom vary.

Long after ordinary cake is dry and tasteless, you can readily indentify a FIVE ROSES cake by its rare freshness of flavor and a texture still soft and moist. Here again is the Economy of

Five Roses* FLOUR for Breads-Cakes Puddings-Pastries

OVER 200 CAKE RECIPES

Pages on bread, pastries, puddings. A different recipe for every occasion—each tested, reliable. Indispensable to the ambitious housewife, the famous 144-page FIVE ROSES Cook Book cost a small fortune. Sent Postpaid for 20 cents (in stamps). Address: Dept. C, LAKE OF THE WOODS MILLING CO., LIMITED, MONTREAL.

ACUSTALES NOT BLEACHED-NOT BLENDED

It prevents waste by keeping fresh For it is the cake you make and don't eat that

Bake your next cake from FIVE ROSES, and let your folks decide without prejudice. They will praise the new deliciousness which

common flour cannot impart. The bright porous texture will win themthe well-aerated crumb; the thin, tender crust without cracks.

How well it cuts without crumbling, leaving no roughness on the face of your com-

Have no fear of a cake, whether layer or loaf, that FIVE ROSES makes. Its amazing lightness brings no regrets.

Even fruit cakes are lighter because of FIVE

ROSES. At your dealer's, see that you get FIVE ROSES.

AdvertiserPatterns



NEW AND ATTRACTIVE MODEL. Mixed novelty suiting in gray tones overlaid with material and covered with over portions that are lapped in front in surplice style. A smart cape the neck edge. The sleeve is new and attractive. The skirt has shaped pockets and is cut with ample fulness. This style is nice for satin, taffeta, serge, duvetyn, broadcloth, velour, effective and pretty in combinations of cloth and silk or satin. The pattern is cut in six sizes, 34, 36, 38, 40, 42 and 44 inches bust measure. Size 36 requires 6% yards of 44-inch material. A pattern of this illustration mailed o any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT. as per directions given below, to:

Age (if child's or misses' pattern) Measurement: Bust Waist

measure you need only mark 32, 24 or jority are still rejecting him? be. If a skirt, give waist and length accepts of Jesus? measure. When misses' or child's pat- 16. Verse 14-God was pleased to dwell the age. It is not necessar, to write body of Jesus, why should that be "inches" or "years." Patterns cannot thought to be any more a mystery, reach you in less than one week from than the sublime mystery of life itself?

oman suffrage.

Also could anyone send me instruction indeed, the ones who wait and watch has catarrh to snuff up nose 2 few request before, with some for But I sincerely wish risoners' fund, but they must have lovely wish you extend to me in you one astray. Will send 25 cents for private note. und again. Would send more, but have some of my own at the front. Will pay for pattern or do anything I can in return for instructions. Thanking you, I am, MOTHER OF TWO.

Ans.—I chance to have a quantity of milk. Will you kindly repeat and iterature at hand, and will send some oblige,

this one with the kiddies' kilts? "Women Must Weep."

Dear Cynthia, January the first, the years fly, and how many broken powder (two teaspoons) can be nearts there are in the land today, as this years dawns on us. A war, cruel n the extreme, has paid a long visit and left sorrow in once happy homes. Let me but do my work from day to May God see fit in his wisdom to so influence the warring nations that peace may soon come, and another such condict never be dreamed of again. And oh! dear Cynthians, never menion soldiers' wives again only in the nighest recommendation you can give

hem. We can never realize the hours of anguish they are living through. It is a crying shame to breathe a word against them. They are the heroines of this cruel war. Whatever you opinions of some, do not voice them Keep them, and do not hurt their hearts any more. God knows, they have

Inclosed please find a song for the olumn, popular at the time of the Boer war, and I think quite suitable And cheerful turn, when the long Well Cynthia, since I last wrote you

have come through a severe illness, which has left me a poor trapeze perormer, indeed, but they tell me I'm worth a half dozen dead women yet, that's kind of encouraging. Well, must ring off, with best wishes o all the Mail-Boxers (as I call them), and a heap for yourself, the peace maker of the page, PEGGY MARTIN. Ans.—Dear "Peggy," your letter brings to my mind the sad old lines with a slight alteration—"For men must fight, and women must weep." Yes,

DAILY BIBLE QUESTION CLUB

By Rev. T. S. Linscott, D.D. The six daily studies for this week nstitute the International S. S. Leson for next Sunday. Read the Bible tory on which this study is based, as you ponder the following questions 'Jesus, the Life and Light of Men.'

Tohn. i., 1-18. Golden Text-"In Him was life; and the life was the light of men." John,

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust he came to the earth, and that the mawhatever it may be. When in waist 15. Verses 12-12-What wonderful measure, 22, 24, 25 or whatever it may thing comes into a man's life when he 15. Verses 12-13-What wonderful

tern, write only the figure representing in, and to become part and parcel of the

Dear Miss Grey,-In & paper of last MARJORY BROWN.

to you that may help. You might please return it when finished, so it sugar, shortening size of an egg, cupful may benefit someone else in debating of dates (remove stones and cut in he subject. And can any mother help half) one-half cup walnut meats cut in sone with the kiddies' kilts? sour milk (or a little more if flour quires it), level teaspoon soda. Bake in moderate oven for an hour, in wel ineteen hundred and seventeen-how greased pan. Sweet milk and baking with equally good results. If preferred, too, omit the nut meats.

day, In field or forest, at desk or loom, In roaring marketplace or tranquil

Let me but find it in my heart to say, When vagrant wishes beckon me astray "This is my work, my blessing, not

Of all who live, I am the one by This work can best be done in the right

Then shall I see it not too great, no To suit my spirit and to prove m Then shall I cheerful greet the labor

At eventide, to play and love and rest, Because I know for me my work is -Henry Van Dyke.



CORN SYRUP

The "Kiddies" want "Crown Brand" for breakfast on Griddle Cakes, Waffles, Hot Rolls and Toast.

Spread their bread with it—and pour a lot of it over the Blanc Mange, custard or Rice Pudding that you have for dinner.

Everybody likes this delicious table syrup. Get it at your grocer's—in 3 poune glans lare, or 2, 5, 10 or 20 pound tine.

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