

been of any service to him. It is enough for God and the angels to know, so be content and forget. Serve God by serving men, and hide your own goodness and good works. Show Christ to men, and hide yourself behind the Cross. Bestow your gifts of love upon those who are in need, and hide yourself in the shade. Cultivate the grace of forgetfulness.

When the grace of forgetfulness has become a part of your life you will find intense delight in it. It is an easy thing to imagine that people do not care for you, or to work yourself into a morbid state, so that you bring sorrow to your own heart and to all around you. The simple cure for this sad condition is to get your soul filled with the Holy Spirit and to busy yourself in making other people happy. You may not be able to enter into the general conversation of a company of which you are a member, but if your heart is right you can listen well, and add to the comfort and joy of all. A strained sense of touchiness is injurious to growth in grace. Looking for slights is not conducive to holiness and happiness. Waiting for position and recognition will destroy any man's influence, and lessen his opportunities of doing good. The grace of forgetfulness will destroy sensitiveness, which is always a drag on the spiritual life. Having nothing to do in the