

Blood. I earnestly entreat Thee further, that whatsoever is in me vicious, or contrary to Thy blessed will, may by virtue of this blessed Sacrament, be rooted out of me, that my soul may become a fit habitation for Thy Holy Spirit. Let it be to me the absolution of my sins, the confirmation of my faith, an increase of all Thy graces in me, the viands of this my pilgrimage, the only delight of my soul, peace and joy in tribulation; health and strength in affliction and temptation. Let it be a light and guide to my actions, and my comfort in the day of my dissolution. Let the palate of my soul be so changed thereby that it may relish nothing besides Thee. Grant also, that I may hunger and thirst after this bread of life and cup of salvation; and that I may with a pure mind, and chaste affection, receive it often, that thereby my soul and body may be preserved to life everlasting. To thee be all praise, power, and dominion, now and for ever. Amen.