

By a recent Indult from the Holy See, two High Masses of Requiem a week may be sung, though not on a double of the first or second class. All former privileges on this matter are hereby cancelled.

The Regulations of Lent will be the same as last year. Prayer and self-denial should generously be practiced during the Holy Season,—especially short, frequent prayers invoking the Sacred Heart, the Immaculate Virgin, and our patron Saints, and abstinence from unnecessary amusements and intoxicating liquors.

The grace of Our Lord Jesus Christ be with you all, Brethren.

This Letter shall be read in every church of the diocese on the first Sunday after its reception that the pastor shall officiate therein.



† TIMOTHY CASEY,  
Bishop of Saint John.

ARTHUR W. MEAHAN,  
Secretary.

Given at Saint John, Feast of Our Lady of Lourdes, February 11, 1912.