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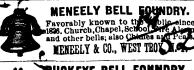
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ing wonders upon the Digestion, and giving activity to the Liver.
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BLACKING STOVES.—If a little vinegar or some cider is mixed with stove polish it will not take much rubbing to make the store bright, and the blacking is not likely to fight off in fine dust.

DESSERT.—An inexpensive and good desert is made of one quart of sweet milk, litt set is made of one quart of sweet milk, thirds of a cup of uncooked rice, and a litte sait. Put this in tea or coffee cups, set these in the steamer over a kettle of boiling water. Let it cook until the rice is almost like between cold turn it out of the cup, with sugar and cream or with pudding sauce.

MASHED POTATOES.—Boil the potatoe MASHED POTATOES.—Boil the pounds pently; after having made them as nearly gently; after having made them as nearly uniform in size as possible, by dividing not larger ones, it is better to slice all, but not very thinly. As soon as the fork gost through readily, turn the water off, say that that for mixing your bread if you bake the same day, then mash through a colander into same day, then mash through a colander into the same kettle or saucepan. Add butter the same kettle or saucepan. Add butter and cream and salt, and with a long handle spoon beat a few minutes briskly. spoon beat a few minutes briskly. Set same saucepan where it will thoroughly heat again, and your potatoes will be a noticeable feature of the best of dinners.

feature of the best of dinners.

FISH FOR SUPPER.—When one has solveft from dinner to can be prepared in an oppetizing way, and it is a matter of economy to do this. Take out all the bones and cut the fish in very small bits; add a third someon much mashed potato as you have fish, or even a little less will do. Moisten it some melted butter. If you choose to some sprigs of parsely, do so. Make in cakes and fry till brown in a little butter, of make some light crust, line small tins with and fill them with the hot mixture of fish and potato. Bake till the crust is done. potato. Bake till the crust is done.

and fill them with the hot mixture of his potato. Bake till the crust is done.

To Sweep and Dust.—Sweeping and dusting is an art, in the opinion of "The Aliance," and has a right method, which is a follows:—Are there closets opening into the room to be swept? Arrange the shelping drawers or clothing preparatory to sweeping day; then let these be the first to be swept day; then let these be the first to be sweeping the sweeping drawers or clothing preparatory to sweeping day; then let these be the first to be sweeping drawers or clothing preparatory to sweeping day; then let these be the first to be sweeping the sweeping day; then let these be the first to be sweeping day; then let these be the first to be sweeping day; then let these be the first to be sweeping day; then also first, however, having carefully dusted and brushers also first, however, having carefully dusted and brushers and picture. All the shades to the top of the window, or in the shades to the shades to the first the shades to the shad Go over the room once more; this time with a dampeded broom; that removes the less bit of dust, and gives the carpet a bright appearance. Replace the articles of furniture as soon as the air is entirely free furniture as soon as the air is entirely free furniture as soon as the sir is entirely free furniture as soon as the sir is entirely free furniture as soon as the sir is entirely free furniture as soon as the sir is entirely free furniture as soon as the air is entirely free furniture as soon as the air is entirely free furniture as soon as the air is entirely free furniture. All this seems an hundred that will follow out the detail. Will sweep the dust into the hall, or from one will sweep the dust into the hall, or from one house is so soon dusty again. Others for get soonices house is so soon dusty again. Others for house is so soon dusty again. Others for seed for future annoyance; while a class will do all but using the damp which is as the finishing touches to a picture.

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