

# The Home Study Quarterly

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## "Jesus and I"

"I cannot do it alone.

The waves run fast and high  
And the fogs close chill around :  
The light goes out in the sky.  
But I know that we two  
Shall win in the end—Jesus and I.

"Coward and wayward and weak

I change with the changing sky,  
To-day so safe and brave,  
To-morrow too weak to fly,  
But He never gives in,  
So we two shall win—Jesus and I."  
—Exchange

## A Happy New Year

A Happy New Year ! This greeting is on everybody's lips as they greet their friends on these opening days of 1916. And it is a right pleasant custom this of wishing for one another that the coming year may be a happy one.

But we shall be wise if we remember, from the first day of the year to the last, that happiness does not come merely by wishing. We cannot expect to be happy unless we are diligent in doing the things that bring happiness.

These things are quite simple and not far to seek. It is worth while to set some of them down.

If we are to be as happy as we ought to be, we must try to keep well. A healthy body goes far toward making a merry heart. Honest work and hearty play, cleanliness and temperance and a sufficiency of rest are great helps to a happy life.

Doing one's duty, whether it is hard or easy, is sure to bring happiness as its reward. The brave lads who are "doing their bit" for king and country in camp or trenches, go about with a song and a smile. They are happy because they are doing the thing which it is up to them to do.

No one can be happy unless he is unselfish. We are certain to be miserable if we are always in a scramble to get good things for ourselves. We cannot fail of being happy if we do our best for the happiness of others.

Most important of all is it, if we wish to be happy, that we give our lives with simple trust into the keeping of the loving Father whom Jesus Christ came into the world to make known to us.

## A Bible Study and Athletic Club

By W. H. Hayes

At a class supper held in the church parlors of the Fort Massey Presbyterian Church, Halifax, N.S., September, 1914, the senior boys' class of the Sunday School, under the leadership of Mr. Hedley C. Wright, decided to organize into a Bible Study and Athletic Club.

The club is composed of boys from 14 to 17 years of age and the membership is limited to twelve. They have adopted as a motto *Pro Bono Publico* ("For the Common Good"). Their colors are royal blue and battleship gray. These colors are enamelled on a class pin of silver, in the form of a shield with the letters F.M.B.A. in gold.

The organization follows the line laid down by the Boys' Work Movement, with the following officers : President, Vice-President,