

DOMINION ATLANTIC RAILWAY
 -AND-
Steamship Lines
 -TO-
 St. John via Digby
 -AND-
 Boston via Yarmouth
 "Land of Evangeline" Route.

On and after Oct. 31, 1910, the Steamship and Train Service on this Railway will be as follows (Sunday excepted):
 Accom. from Annapolis 7.50 a. m.
 Express from Halifax 12.21 p. m.
 Express from Yarmouth 1.46 p. m.
 Accom. from Richmond ... 5.40 p. m.

Midland Division

Trains of the Midland Division leave Windsor daily, (except Sunday) for Truro at 6.45 a. m., 7.30 a. m., and 5.35 p. m. and from Truro at 6.50 a. m., 12.00 a. m. and 3.20 p. m., connecting at Truro with trains of the International Railway, and at Windsor with express trains to and from Halifax and Yarmouth.

Boston Service

SERVICE IN EFFECT OCT. 17th 1910.

The Royal and United States Mail Steamship PRINCE ARTHUR will leave Yarmouth Wednesday and Saturday on arrival of Express from Halifax, arriving in Boston next morning. Returning leave LONG WHARF, BOSTON, at 1.00 p. m., Tuesday and Friday.

S. S. PRINCE ALBERT makes daily trips (Sunday excepted) between Parrsboro and Wolfville, calling at Kingsport in both directions.

St. JOHN and DIGBY

ROYAL MAIL S. S. YARMOUTH. Daily Service (Sunday excepted). Arrives in Digby 10.45 a. m. Leaves St. John 7.45 a. m. Leaves Digby same day after arrival express train from Halifax.

F. GIFFKINS, Kentville, General Manager.

FURNESS, WITHY & CO., LTD.

STEAMSHIP LINERS.

London, Halifax and St. John, N. B. From London. From Halifax.
 Nov. 9th - Kanawha Nov 30
 Nov. 19 (via St. John's, Nfld. Shenandoah Dec. 14
 Dec. 6th - Hapahannock Dec. 28

LIVERPOOL, ST. JOHN'S NEWFOUNDLAND SERVICE

From Liverpool. From Halifax.
 Steamers. Dec. 14
 Nov. 26th - Durango Dec. 14
 Nov. 12th - Almeriana Nov. 30
 Dec. 10th - Tabasco Dec. 28

FURNESS WITHY & CO., LTD.

Agents, Halifax, N. S.

H. & S. W. RAILWAY

Accom.	Tim. Table in effect	Accom.
Mon. & Fri.	Oct. 1910.	Mon. & Fri.
Read down.	Stations	Read up.
11.55	Lv. Middleton Ar.	16.25
12.06	* Clarence	15.54
12.23	Bridgetown	15.36
12.50	* Grandville Centre	15.07
13.06	Grandville Ferry	14.50
13.24	* Kingsdale	14.34
13.45	Ar. Port Wade Lv.	14.10

* Flag Stations. Trains stop on signal.
 CONNECTIONS AT MIDDLETON WITH ALL POINTS ON H. & S. W. RY. AND D. A. RY.

P. MOONEY General Freight and Passenger Agent HALIFAX, N. S.

The VICTORIA SHOE

A High Class Shoe for Women

New Goods now open including some "Classy" lines in Patent Colt (Lace and Button, Velour Calf, Vici Kid, Tan Calf. THEY FIT THE FEET

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To buy Clothes and Toggery there is no place like

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To buy a Fall Top Coat, Rain Coat or Overcoat there is no place like

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To buy a Good Pair of Trousers for any purpose there is no place like

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To buy Clothing for the Boys there is no place like

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When looking for the Correct Hat, the Latest Tie or anything to make a man look well dressed there is no place like

J. HARRY HICKS'

The people's verdict pleases us. We appreciate the good things said about us and will try and uphold our reputation.

Always in Stock

A complete line of WALL PAPERS in all the latest and leading designs, samples sent to any part of the country. CREAM SEPARATORS, SEPARATOR PARTS and high grade SEPARATOR OIL always in stock.

A few high grade CARRIAGES to clear sold on reasonable terms Phone 19.

F. B. Bishop - Lawrencetown

Fall and Winter Footwear

All the latest Styles and Varieties in Men's, Women's, Misses' and Children's.

Rubber Goods

of all kinds, the best and the lowest prices, from the best factories in Canada.

E. S. PIGGOTT Primrose Block

The Queen

Still the Leader A full assortment from \$3.50 up. Heating Stoves of all kinds.

Ranges and Cook Stoves at the lowest prices.

Hot Air and Hot Water Heating and Job work promptly attended to.

R. Allen Crowe

PHONE 1-2

Kindly Mention Monitor-Sentinel When Purchasing

from our Advertisers.

Silly, Inexcusable, Indicates Low Breeding.

(From New York American.)
 SWEARING IS USELESS. This is a utilitarian age, in which only pecuniary results are supposed to be worthy of consideration, and, in the query of the merits of trade, we ask "Will it pay?"

Did curses ever facilitate intricate book-keeping? Did they ever strengthen a man's credit at the bank or deepen the confidence of the community in a man's business integrity? Does a merchant's profanity commend either himself or his goods? Did oaths ever take the manness out of a customer or collect a bad debt? Has ever a boss mechanic or foreman of a factory made his men more efficient in their work by cursing them? Has a physician ever added efficacy to his prescriptions by leading his patients with a profane tongue? Has a lawyer ever attracted paying clients to his office by his profanity? Has it ever helped him to analyze his cases? Is swearing a real value in character? Why should an honorable man have to add oaths to confirm his words?

SWEARING IS INEXCUSABLE. Sin with many a man, for instance the passion for strong drink, is hereditary. Intemperance is a disease of the physical rather than a vice chargeable to the moral man. But what swearer can claim a constitutional tendency to this sin? Do you say "I never swear unless I am angry?" So when one angers you, you insult God! There is as much reason in that excuse as though you stabbed your father or kicked your mother, because somebody has offered you a drink.

"I know it is a foolish habit, but I do not mean anything by it." You are not without a motive are you? Do you know when people are awake and do things without meaning anything that they are committing themselves of insanity?

THE MAN WHO LACKS SELF-CONTROL LACKS THE VERY NERVE OF CHARACTER. General von Moltke had the power to hold his tongue in seven languages. No man is expected to live without ever showing resentment, but why put it into the shape of speech which rankles in the hearer like a poisoned arrow? "Seest thou a man hasty in his words? There is more hope of a fool than of him." A greater thing than brains is the ability to command them.

GENTLEMEN WILL NOT SWEAR. Who would think of calling a swearing woman a lady? The man who can be a gentleman when he wants to be never wants to be anything else. George Washington said: "The foolish and wicked practice of profane swearing is a vice so mean and low that every person of sense and character detests and despises it." Abraham Lincoln said to a person sent to him by one of the senators, and who in conversation with him uttered an oath: "I thought the senator had sent me a gentleman. I see I was mistaken. Take up the door and I bid you good day."

PROFANITY INDICATES LOW BREEDING. It detracts from the grace of conversation. It is an evidence of a weak brain and limited ideas. A New York bird fancier offered to the public the opportunity of buying some "swearing parrots." We are inclined to think that most of the profanity in the world comes from swearing parrots—rom boys and men who swear not because they think swearing a commendable form of speech or pleasure to the listener; who use profane language merely because they have heard other use it, and parrot-like have just brains enough to imitate other people's vices.

SWEARING IS COWARDLY. The power of strong words, fitly spoken on appropriate occasions, will be the mighty levers with which the world's great orators have aroused the sluggish masses to duty, to acts of heroism, and enterprises, whose results have promoted the well-being of the human race. But profanity never strengthened resolutions, never inspired the faint heart with hope. Indeed, the profane, as a rule, lack in moral and physical courage.

Swearing is wicked. It springs from a malignant malignity of spirit in man against God, because He has forbidden it. The shrewd Quaker's advice to the profane youth, "Swear away my young friend, till thee gets all that had stuff out of thee," points to the real source of the vice.

THE DEADLY NATURE OF PROFANITY lies in this: Men always lose faith in that which they take lightly on their tongues. To take God's name in vain is to raise up an army of doubts. Oaths are like draggins teeth, sown by Cadmus of old—from them spring a harvest of armed giants of doubt and unbelief. There is no way in which you can make God seem a myth, an unreality, and destroy His power over men more easily than by taking His name lightly on the lips.

A coachman, pointing to one of his horses, said: "That horse, sir, knows when I swear at him." "Yes," replied the traveller, "so does your Maker." The oaths that you utter utter may die on the air but God hears them and they have an eternal echo. Charles Babcock, in the "Ninth Bridgewater Treatise," says, in effect, that the slightest word, though it be but a whispered interjection, vibrating on the air, sets in operation a series of changes which undulate to the very outskirts of creation, rising and falling like an everlasting tide. William Hazlitt's poetic sentiment, "Words are the only things that last forever," harmonizes with the positive declaration of Jesus: "But I say unto you that every idle word that men shall speak, they shall give account thereof, in the day of judgment."

Will Make Hair Grow

Every up-to-date woman should have radiant hair.

There are thousands of women with harsh, faded, characterless hair, who do not try to improve it. In England and Paris women take pride in having beautiful hair. Every Canadian woman can have lustrous and luxuriant hair by using SALVIA. W. A. Warren sells a large bottle for cents, and guarantees it to banish dandruff, itching scalp in ten days, or money back.

Among the time and labor savers which recent inventions have placed within reach is the electric magnet. One of these magnets will lift twelve tons of steel rails from a car at one time and deposit them in a pile by the track side more neatly than they could be placed by hand. It will unload iron and steel scrap at one-tenth the cost of hand labor and in the handling of iron ore similar economies are effected.

Not long since the same mechanism was used for recovering a cargo of hardware from a sunken barge in the Mississippi.

MINARD'S LINIMENT CO., LTD. Gentlemen,—In July, 1905 I was thrown from a road machine, injuring my hip and back badly and was obliged to use a crutch for fourteen months. In September, 1906 Mr. Wm. Outridge, of Lachute, urged me to try MINARD'S LINIMENT, which I did with the most satisfactory results and today I am as well as ever in my life.

Yours sincerely,
 MATTHEW BAINES.

TRAGIC DEATH OF BRUCE M'DOUGALL AT SYDNEY. Fell Down Stairs in Windsor Hotel and Was Instantly Killed. Sydney, Nov. 16.—Bruce MacDougall of Moncton, of "Free Speech" and "Vindicator" fame, fell down stairs in the Windsor Hotel here at 3.20 this afternoon. He struck his head on the concrete floor and died instantly. He has been in Sydney several days, and started to take the train on Monday evening, but was attacked on the way to the station and badly beaten having two teeth knocked out. He was about the hotel today for the first time since.

AWARDED NOBEL PRIZE Stockholm, Sweden, Nov. 11.—The Nobel Prize Committee today, awarded the prize for literature for 1910, to Paul John Ludwig Heyse, the German poet, and novelist. Heyse was born in Berlin in 1830, and has produced some tragedies, many narratives, and epic poems and several works on philosophy as well as collections of metrical tales and novels.

If the average man could run his own affairs as well as he knows he could run the other fellow's there would be a big decrease in the failures reported by Dunn and Bradstreet.

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Hymn Must Go

(From Boston American.)
 The famous hymn which begins with the line, "From Greenland's icy mountains," is to be taken from the Episcopal Hymnal. It will be removed, it is expected, at the general convention of the church at Cincinnati this week. Here is the stanza to which objection is generally taken:

Blow soft o'er Ceylon's isle;
 Bow down to wood and stone;
 Though every prospect pleases
 And only man is vile.
 In vain with lavish kindness
 The gifts of God are strown;
 The heathen in his blindness
 Bows down to wood and stone.

Laymen say that the line declaring that "only man is vile" is distasteful. The hymn was composed ninety-two years ago in England by Bishop Reginald Heber before he went to take up his work in India. Ever since then it has been sung at all missionary meetings of the Episcopal church.

Another objection against it is that the hymn does not represent the modern spirit in the mission cause and has outgrown its usefulness. Archbishop Samuel G. Babcock, at the head of the missionary work of the Episcopal church in the State of Massachusetts, believes that the objections against the hymn are not well taken. He said:

"I think that we are making too much of the objection against this famous hymn. It has been sung for years at the missionary councils of the Episcopal church, and I sincerely hope that no influence is strong enough to have it removed. There is much sentiment in this hymn that we must respect, that hard and dry methods would aim to condemn."

"The hymn came to light under one of those inspiring moments when the cause of missions was taking a new turn, and Bishop Heber, its author, was a true poet and simply but effectively expressed in this hymn the missionary impulse."

"The objection that it appeals to nature in an unattractive way is weak, as we have other hymns that may err in this direction more conspicuously."

"I have no sympathy with the movement that would take this hymn, as well as other hymns like 'Our Blessed Redeemer Ever He Breathed,' 'I Love Thy Kingdom, Lord,' out of our hymnal. It is a false sentiment and in fact instead of taking any more hymns away from us I should be glad to see more hymns added. I believe that the convention will vote down the attempt to remove this from the hymnal."

The Underfed Stomach

If the stomach is in a healthy condition and able to digest food that condition will be indicated by a sense of hunger. If the system is in a disordered state, as is that of a person suffering from fever, no food is relished, and the patient does not care whether he eats or not. In such a case it is the duty of the nurse to insist on the patient's taking food the same as he would medicine, once in so many hours. Dyspeptics often literally starve themselves because their stomach refuses when they take food, and they take less and less until by and by the stomach loses all desire for food and almost loses its ability to digest it.

The only way to cure such a person is to train the stomach into a state of activity. The stomach needs to have a healthy stretching with a good big meal and to have some hard work to do.

There are a good many patients whose stomachs are not really feeble, but they need to be stretched by hearty meals. Once in a while a good square meal is prescribed for a patient who complains that he does not want to eat anything.

There is an instance of a woman patient whose stomach had been pampered until it finally became so feeble and inactive that it would not act upon or even hold any food that was put into it. She was finally restricted to nothing but oatmeal gruel, but her stomach would not even digest that. The doctor then said, "The best thing for you to do is to eat what you please." So she ordered a good meal, and she ate everything she wanted. Her stomach disposed of the meal without a particle of trouble, all the vomiting and discomfort ceased, and from that time she began to gain in health.

The time sometimes comes in the treatment of cases which have been dieted so carefully that a change to an ordinary wholesome dietary becomes not only proper but necessary for recovery.

In the industrial world which has been thrown open to women we find that women have gone into nursing, medicine, fine arts, all of which deal with the person. They are most successful in things that bring immediate personal approval. They are least in the activities that take initiative and involve a long period of waiting before there is personal recognition of achievement.

Shiloh's Cure

quickly stops coughs, cures colds, heals the throat and lungs. 25 cents.

PURITY FLOUR
 Order it this time
 More bread and better bread
 39