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THE EXCHANGE MANAGER AT WOLFVILLE

Popular With His Subscribers and Well Liked by His Subordinates

(From the Telephone Bulletin)

Nature is not above playing the art of camouflage. In handing out to our Wolfville friend the countenance which was to be his identification disk in his pilgrimage through this world she played a trick on him and those with whom he was to meet. Look at the picture and try to size up the man from it! Don't you read exaggerated firmness, yea even truculence in the close pressed, pouting lips, and isn't that impression strengthened by the bold sweep of the jaw and the straight look from his well opened eyes? Well, that's just where Nature laughs at you. She lists you as another she has put one over on! Exaggerated firmness! truculence! Bah! These are, not a whit of,



C. A. BROWN

firm characteristic of C. A. Brown. Firmness he possesses and can display if occasion require, but the situation which arises must be a very out of the way one that he cannot handle with the courtesy and amiability which constitute in reality a very large and very prominent part in his make up.

These qualities operate to make him an exchange manager popular with subscribers and a "boss" well liked by his subordinates. We've all heard until we're tired of hearing it that a country is happy that has no history. If similarly the lack of history, in the sense of chronicles of strife and defeat, ensure happiness to a man, then C. A. Brown may justly be termed happy.

His life has been placid—nothing much to worry him, barring the pin pricks they are the expected lot of the telephone man.

He came into the Company's

service in May of 1907 as lineman in the Valley District. After about 30 months of that work he was transferred to Middleton.

There, under the eye of George Freeman, whom no telephone mix-up can long baffle, he took to the job so congenial to his disposition of abolishing telephone trouble.

After a little over 6 years of nursing the telephone line and learning how to coax and soothe it in all its moods of contrariness and fractiousness, C. A. was promoted in 1916 to the position of Exchange Manager at Wolfville, the job he at present holds.

One would not have expected our friend after such a long spell of out doors work to develop rapidly into anything much of an office man. But it is stated on the best authority that his accounts and reports are prompt and accurate and that his stores account is one worthy of special mention.

C. A. Brown is credited with being "an all round good man" on his job. What better testimonial does any of us want?

INFLUENZA HAS LATER DANGERS

Particular Care Needed When Patient is Convalescent, Says Expert.

The influenza convalescent who has apparently recovered from the disease and is yet in a strangely weak and depressed condition should be the object of particular care, according to Dr. Louis I. Harris, director of the Bureau of Preventable Diseases of the New York Health Department. In the opinion of Dr. Harris the after care of the influenza patient is most important. The co-operation of the patient, coupled with the willingness to see that the weakness and depression are a part of the illness, though coming after the disease itself has spent its force, is a big factor in effecting a complete return to full health. On the other hand, the determination to ignore this debilitated condition and to fight against it, will, Dr. Harris says, frequently bring serious consequences upon the patient.

AFTER EFFECTS BAD

"The subject of the after effects of influenza," said Dr. Harris, "is one of particular interest to the scientist at the present time.

"First and perhaps the most momentous condition to be considered is the striking depression, mental, nervous, and physical, complained of by most patients. Those attacked by the disease with moderate severity are always afflicted with this depression, which should be recognized and dealt with. Those who have had mild cases of the epidemic are little affected by depression, and their quick return to health and strength gives rise to the belief that influenza is trivial. On the contrary, influenza in its after effects is anything but trivial, and calls for the application of rules of common sense and sanitation which are the fruit of experience.

"Tonic treatment, well chosen diet, and great care in not becoming over-tired or allowing the body to be chilled are necessary. Eggs may be eaten, but not more than two a day, for the average adult. Of course it must be remembered that in many cases this disease tends to direct its force against the kidneys, and therefore we instruct patients to avoid eating a great amount of meat, eggs, or beef extracts. Eggs, soft boiled, poached or beaten, raw, are advisable in limited number. The raw eggs should always be well agitated before taking.

WHEN GOOD FOOD IS BAD

"With milk and eggs as a foundation the patient should get good nourishing food, including meat, fish and vegetables simply prepared. Frying, for instance, is out of the question. Good food prepared in an unassimilable manner becomes bad food; especially is this to be noted in cases of convalescence from influenza for the disease often manifests itself in vomiting and in intestinal and gastric disturbances, and it is important not to weaken the digestive function by the eating of poorly prepared food, or even the best of food in ill-advised quantities. The quantitative distribution of food-stuffs should be so adjusted as not to overtax the stomach, but the patient should eat generously and frequently.

As a tonic to build up the blood and stimulate the shattered nerves, Dr. Williams' Pink Pills are unsurpassed. These pills actually make new, rich, red blood which reaches every organ and every nerve in the body. Improves the appetite, strengthens digestion and drives away the feeling of weariness and depression always following an attack of la grippe or influenza. Those who give Dr. Williams' Pink Pills a fair trial will be amply repaid by the new health and strength this tonic medicine always gives.

CO-OPERATIVE MARKETING OF WOOL

Nova Scotia farmers last year marketed co-operatively, through the Canadian Co-operative Wool Growers' Association, 110,000 lbs. of wool, as against 70,000 the year before. The whole shipment netted the average about 65 per lb. unwashed. Some individual lots reached a

considerably higher figure. This is from 20% to over 30% higher than was realized by most farmers who disposed of theirs in the ordinary way. At the same time, and this fact is well worth noting, although so much more money was received by the farmer who marketed his wool co-operatively, it will cost the consumer no more than that which went through the ordinary channels of trade.

A Cumberland County farmer, in order to try out this co-operative scheme, sold half his product in the ordinary way and the other half through the co-operative organization. He netted just \$1.23 per fleece more for his co-operatively marketed wool than for the other.

A great deal has been written about the theoretic advantages of co-operation, but such tangible evidence as the above should clinch the matter for anyone who is open for conviction. It is becoming a matter of surprise to those who know the facts why any Nova Scotia wool grower should not join in and reap the benefits of co-operative marketing.

The Canadian Co-operative plans on carrying on business on a bigger scale this year than last, and in all probability a still larger proportion of the Nova Scotia product will go through their hands.

ROUND HILL

Mrs. Andrew LeCain, who has been ill is slowly improving.

Miss G. Louise Williams spent Friday, Feb. 20th, in Bridgetown.

Mr. W. H. Williams and son George spent Sunday, Feb. 22nd, in Moschelle.

Miss Mildred Fair, of Moschelle, spent a few days in this place last week.

Mr. Beverley Robinson, of Bear River, spent Sunday, Feb. 22nd, at his home here.

A most severe wind storm visited this place last Thursday, Feb. 19th, doing much damage.

Mr. M. Rice and sister Hettie, of Bridgetown, spent Sunday Feb. 8th with their sister, Mrs. James Mc D. Spurr.

Mr. Ernest Cross, of Moschelle, and Mrs. D. Spurr's mill a load of logs, with a span of horses. The load scaled 1025 ft.

A number of young people from this place enjoyed a sleighing party to Bridgetown on Feb. 16th and attended the movies.

HOW YOU CAN TELL GENUINE ASPIRIN

Only Tablets with "Bayer Cross" are Aspirin—No others!



There is only one Aspirin, that marked with the "Bayer Cross"—all other tablets are only acid imitations.

Genuine "Bayer Tablets of Aspirin" have been prescribed by physicians for 40 years and proved safe by millions for Pain, Headache, Neuralgia, Colds, Rheumatism, Lumbago, Neuritis. Handy tin boxes of 12 tablets—also larger "Bayer" packages, can be had at any drug store. Made in Canada. Aspirin is the trade mark registered in (Canada), of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company, Ltd., will be stamped with their general trade mark, the "Bayer Cross."

OVER HAUL FARM MACHINERY

Although there is no idle time of year for the industrious farmer, yet the hours at this season are not so crowded as in the Spring and Summer. Now is the time to put in the "Stitch in time". Farm machinery is in its season driven to capacity, and few things are more annoying than to lose a day in seedling time because a bolt or some other simple part has been neglected. He is a wise man who will not delay many days longer the overhauling of all implements to be used in the Spring seeding. If he can go further and get in shape the mower and reaper, so much the better.

A NEW CIGAR FIRM

The Havana Cigar Co. Ltd is the name of a new industry which began operation at Church Point on Monday. The concern is only just organized and is under the management of B. L. Comeau, one of Meteghan River's hustling young business men who for the past few years has traveled Western Nova Scotia in the interests of George S. DeForest & Sons, wholesale grocers, of St. John. It is the present intention of the management to remove the industry to larger and more commodious quarters at Meteghan River, that will be obtainable on or about April 1st.

WHAT 18,000 MILES OF HIGHWAY MEANS

Nova Scotia's Oldest Road is From Goat Island to Digby Gut

"When and where was the first road built in Nova Scotia?" That question was asked at a gathering of business men in Halifax the other day. It stumped them all. One murmured something about Louisburg and another thought the first road led out of Halifax. They were told that the first road in the Province was constructed from a point opposite Goat Island on Annapolis Basin to Digby Gut. The year was 1666.

It was not until 1701, however, that any attempt was made in Acadia to construct a road of any length. By that time Annapolis had a population of 446 and Minas (Horton) a population of 498. These two centres were in that year linked up by a road built by the men of both settlements. Afterward this road was extended by a cattle road or a trail to Chebucto (Halifax), and this cattle road was in 1760 put in condition for vehicles by Governor Belcher who utilized soldier labor. Even at the beginning of the nineteenth century there were only about 500 miles of road in this Province.

It is a far cry from the 500 miles of road in Nova Scotia at the beginning of the nineteenth century and the 18,000 miles of highway in use at the present time. The proper construction and maintenance of this mileage constitutes a tremendous task. Think for one moment what 18,000 miles of roads represent. It means that the roads of Nova Scotia if placed end to end, would reach six times from Halifax to Vancouver with enough roadway left over to reach very nearly from Halifax to Winnipeg. When one lets the imagination dwell on that for a moment one has a new respect for the task undertaken by the Provincial Highway Board.

This task falls naturally into two divisions:

- 1. ROAD MAINTENANCE, i. e., the making of such necessary repairs as will keep the roads in their present condition. The annual cost is estimated at about \$900,000.00. 2. ROAD CONSTRUCTION, or the building of high class roads suitable to the varying needs of the traffic they bear. As a matter of fact few if any absolutely new roads are needed, and therefore this part of the task of the Provincial Highway Board consists in the reconstruction of existing roads.

It is understood that the Provincial Highway Board has selected some 4,000 miles of the most important highways of the Province which they have designated "Primary Roads, and which they propose to rebuild of the very best road materials, which are available and for which the Province has the ability to pay.

In addition to the rebuilding of primary roads, it is understood that a large mileage of secondary roads is to be improved by the removal of rocks, boulders and ledges, and by adequate drainage systems so that they can be maintained more cheaply and efficiently by patrol gangs supplied with drags and the other necessary equipment.

The rebuilding of all primary roads and the improvements of all secondary roads is one which will take years of time and many millions of dollars to perform. The Highway Board, however, believes the task can be accomplished and the Minister of Highways has recently announced that \$15,000,000.00 will be spent upon the undertaking during the next five years.

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"Diamond Dyes" Make Old, Shabby, Faded Apparel Just Like New.

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether wool, silk, linen, cotton or mixed goods.—dresses, blouses, stockings, skirts, children's coats, draperies,—everything! A Direction Book is in package. To match any material, have dealer show you "Diamond Dyes" Color Card.

THE WIRES DOWN IN JERUSALEM

CAIRO, Feb. 22.—Railway and telegraphic communications with Jerusalem have been restored after a week's interruption due to storms. The weather in Cairo during the last ten days has been unprecedentedly cold and stormy.

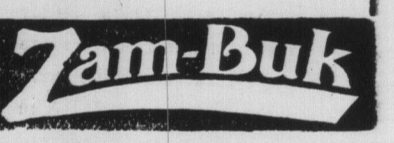
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