

AUTOINTOXICATION OR SELF-POISONING

The Dangerous Condition
Which Produces Many Well
Known Diseases.

HOW TO GUARD AGAINST THIS TROUBLE

"FRUIT-A-TIVES" — The Wonderful
Fruit Medicine — will Protect You

Auto-intoxication means self-poisoning, caused by continuous or partial constipation, or insufficient action of the bowels.

Instead of the refuse matter passing daily from the body, it is absorbed by the blood. As a result, the kidneys and skin are overworked, in their efforts to rid the blood of this poisoning.

Poisoning of the blood in this way often causes indigestion, loss of appetite and disturbed stomach. It may produce headaches and sleeplessness. It may irritate the kidneys and bring on pain in the back, rheumatism, gout, and rheumatic pains. It is the chief cause of Eczema — and keeps the whole system unhealthily by the constant absorption into the blood of this refuse matter.

"Fruit-a-tives" will always cure auto-intoxication or self-poisoning — as "Fruit-a-tives" acts gently on bowels, kidneys and skin, strengthens the bowels and tones up the nervous system.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

TRAVELLERS' GUIDE

DOMINION ATLANTIC RAILWAY

Change of Time
January 7th, 1918

For information and new
folders apply at nearest ticket
office.

R. U. PARKER,
Gen'l Passenger Agent

H. & S. W. RAILWAY

Accom.	TIME TABLE	Accom.
Wednes-	IN EFFECT	Wednes-
days only	Sept. 17, 1917	days only
Read up	STATIONS	Read up
11:30 a.m. L.V. Middleton	Ar. 4:30 p.m.	
11:40 a.m. L.V. Biddeford	Ar. 3:58 p.m.	
12:00 p.m. L.V. Biddeford	Ar. 3:40 p.m.	
12:20 p.m. L.V. Biddeford	Ar. 3:13 p.m.	
12:40 p.m. L.V. Biddeford	Ar. 2:55 p.m.	
1:00 p.m. L.V. Biddeford	Ar. 2:35 p.m.	
1:20 p.m. L.V. Biddeford	Ar. 2:15 p.m.	

Connection at Middleton with all
points on H. & S. W. Railway and
Dominion Atlantic Railway.

W. A. CUNNINGHAM,
Div. F. & P. Agent.

Yarmouth Line

WINTER SERVICE

Leave Yarmouth Tuesdays for Boston
Return, leave Central Wharf, Boston,
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For tickets, staterooms, and addi-
tional information, apply at Wharf
Office.

J. ERNEST KINNEY,
Superintendent,
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BOSTON & YARMOUTH S. S. Co., Ltd.

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Term Departments or for an elective
course from each for \$35 is what we
offer. You cannot combine your
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city. We have many more calls for
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Enter any day at

MARITIME
BUSINESS COLLEGE
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School Tax Bills

The MONITOR office can furnish
school tax bills at 50 cents per hundred
of district, collector's name, and
50 cents for one hundred, and
deeper in larger quantities. A trial
order solicited.

MUNICIPAL COUNCIL (Continued from page 6)

Barrel Inspector—Ralph R. Bohner.
Cattle Reeves—Joseph Everett, Wis-
well Covert, Geo. Chisholm, Jas. Kelly,
Edw. Shaffner.
Pound Keepers—Charlie Budreau,
Howard Burke, Jos. Morrison, James
H. Thorne, Elias Bent.
Fence Viewers—Charles Budreau,
Frank Mussels, Chas. McWhinnie, Jas.
Nelson, John Littlewood.
Constables—John W. Ellis, William
B. McGrath, Jas. Morrison, E. R. Con-
ners, Horace Johnson.
Log Surveyors—F. R. Parker, J. E.
Thorne.
Lumber Surveyors—Albert Parker,
Geo. Morrison.
Assessors—Albert Parker, W. H.
Anthony.

Road Surveyors
1—Frank L. Hayden.
2—Spencer Merry.
3—Fred H. Parker.
4—Chas. Parker.
5—Albert Parker.
6—James Nelson.
7—Horace Johnson.
8—Chas. Talbot.
9—Lawrence Simms.
10—John Everett.
11—Geo. Curry.

Officers for Polling Districts No. 8
and No. 27.

Presiding Officers—C. H. Tupper.
(District No. 27) Edward Barreau.
Town Clerk—W. C. Jones.
Sanitary Inspector—R. W. Caffrey.
Pound Keepers—Isaac Dukeshire,
Chas. Merritt, E. M. Berry, Harry
Long, Harry Hardwick, T. N. Burrell,
Melbourne Crosscup, Ernest Trimmer,
Frank Beeler, Edgar Robbins, Am-
brose Walker, J. R. Berry.
Cattle Reeves—C. S. Elsenhauer,
Frank Sproule, Jeffrey Vlenot, Main-
ing Nichols, W. H. McFadden, Jacob
Cress, George Berry, George Walker,
Samuel Apt. J. E. Bent.
Hay Weigher—Elias Rawding.
Wood Surveyors—Herbert Hicks, C.
F. Tupper, G. W. Potter, J. T. Ray,
Leland Schurman.
Lumber Surveyors—C. F. Tupper,
Ozias Potter, Geo. W. Potter, M. C.
McCormick.
Barrel Inspectors—W. V. Vroom,
Edwin Parkyn.
Board of Health—Herbert Hicks, M.
C. McCormick, F. S. Jones, H. W. Lowe,
G. W. Potter, (District No. 27) R. E.
Henshaw, John D. Spurr, Frank Rus-
supervisor Public Landings—Chas.
D. Ray.
Constables—Daniel Sproule, Ernest
Purdy, J. E. Bent.
Fence Viewers—J. F. Williams, R.
W. Hersey, James Dittmars.
Overseers of the Poor—C. F. Tupper,
Robert Spurr.
Assessors—H. W. Lowe, Robert
Spurr.
Inspectors of Licenses—J. L. Pot-
ter, Corey G. Harris.
District Clerk—Judson Ruggles.

Road Surveyors No. 8

1—Judson Ruggles.
2—James E. Bent.
3—Major Dukeshire.
4—H. W. Lowe.
5—Avon Sanford.
6—Ambrose Walker.
7—E. M. Berry.
8—Ralph W. Long.
9—Charles M. Ruggles.
10—Melbourne Purdy.
11—R. W. Hersey.
12—R. W. Caffrey.
13—Charles Maughan.
14—Amos Frair.
Road Surveyors No. 27
5—R. C. Long.
6—Wallace Harris.
7—C. V. Henshaw.
8—Samuel Apt.
9—Myron Chute.
10—Geo. E. Long.
11—Geo. E. Dittmars.
12—Chas. Henshaw.
13—Robert Spurr.

Officers for Polling District No. 9 and
No. 21.

Presiding Officer—(Bear River Divi-
sion)—J. Arthur Rice.
Deputy Presiding Officer—(Clemen-
tine Division)—J. H. Robinson.
District Clerk—Polling Division No.
9, J. Arthur Rice.
District Clerk—Polling Division No.
21, J. H. Robinson.

Pound Keepers—F. A. Read, Augus-
tus Copeland, Wm. Alcorn, Priestly
Long, John Burrell, Reginald Baird,
Ernest Trimmer, Peter E. Wright, Al-
bert Dunn, Zenas Sanford, Samuel
Wright, John Buckler, Gordon Camp-
bell, Frank Scragg, Geo. D. Berry, Geo.
E. Dares, Wm. Oickle, Oasias Dares,
Fred Woodworth.

Fence Viewers—Melbourne Ruggles,
Edward M. Potter, Geo. H. Wright,
Geo. E. Langley, John Peck, John L.
Chute, George Douglas.

Surveyors of Lumber—Henry
Wright, W. P. Brinton, Louis Benson,
George A. Kennedy, Chauncey Parker,
Log Scalers—W. E. Miller, Henry
Wright, E. B. Parker, Chauncey Park-
er, George E. Beeler, J. D. McCorm-
mack, Winnie Gebue.

Surveyors of Wood—A. B. Clarke,
W. P. Brinton, Louis Benson.
Sanitary Inspector—L. J. Lovett, M.
D.

Barrel Inspectors—Wm. Ramsay,
O. A. Isenor.
Inspector of Barrel Heads and
Hoops—O. A. Isenor.

Constables—Wm. Ramsay, Albert
Brown, Peter E. Wright, Edw. Mc-
Cormack, George Crosscup, Joseph
Langley, C. F. Dunn, Frank Scragg.

Police Constables—Harland Trim-
per, Albert Dunn, C. O. Long, Ralph
Douglas, Edw. McCormack, George
Crosscup, Joseph Langley, O. A. Isenor,
Frank Scragg.

Hay Weighers—Ralph Purdy, Geo.
Kennedy.

Tender Bear River Bridge—George
W. Crosscup.

Board of Health—W. W. Clarke, A.
B. Marshall, J. Arthur Rice, Geo. T.
Tupper, C. O. Long, Lindley Sprowl,
Benjamin Dukeshire.

Fire Wardens—B. C. Clarke, W. M.
Romans, Fred Schmidt, George Trim-
per, Lindley Sprowl.

Assessors—George E. Langley, Les-
lie Baird.

Overseers of Poor—W. W. Clarke,
C. O. Long.
Inspectors of Licenses—J. Arthur
Rice, Benjamin Dukeshire.

Road Surveyors No. 9

1—Wm. J. McCormack.
2—W. E. Read.
3—Ralph Douglas.
4—Joel Long.
5—Ernest Davis.
6—Edward McCormack.
7—O. A. Isenor.
8—Frank Scragg.
9—George E. Langley.
10—Welcome Thomas.
11—Dr. W. M. Parker.
Road Surveyors No. 21

3—Eber Potter.
4—Zenas Sanford.
5—Asa O. Potter.
6—Edward M. Potter.
7—Ralph Potter.
14—Silas Wile.
15—George E. Dares.
16—George D. Berry.
17—Joseph E. Dares.
18—Samuel Wright.
19—Fred Huey.
20—Lindley Sprowl.
21—Samuel E. Pyne.
22—Peter E. Wright.
23—Ivan Trimmer.
24—Arnold Robert.
25—Albert E. Dunn.

Officers for Polling Districts No. 22
and No. 28, Ward 10.

Presiding Officer—Round Hill, Geo.
LeCain.
Deputy Presiding Officer—LeCain, Geo.
Hoyt.

Overseers of Poor—John Easson,
Andrew LeCain.

Pound Keepers—Charles Barreau,
Osmond Dunn, Albert Copeland, Aug-
ustus Rice, Jerry Feener, F. A. Chip-
man, C. L. G. Hervey, Leander Potter,
Charles Saunders, Eustace Orde (Grey-
wood).

Cattle Reeves—Charles Barreau,
Charles Hardwick, William McLeod,
man, C. L. G. Hervey, Leander Pot-
ter, Harry FitzRandolph, Reginald
Ritchie, Geo. Spurr, (Perotte), William
Sibbins, (Greywood).

Wood Surveyors—H. B. Whitman,
Elisha Balcom, Howard Bent, Fred
Beeler, A. J. Willis (Allan River).

Barrel Inspectors—E. E. Mac-
Dormand, Arthur Harris, Charles Bent.
Inspector of Fruit Trees—E. E.
Clarke.

Board of Health, East End—C. C.
Rice, Wm. Baxter, B. G. Fairn, How-
ard Bent.

Board of Health, West End—John
Easson, Sydney Saunders, Fritz Bal-
com, F. A. Chipman, Wm. DeVane.

Lumber and Log Surveyors—Fred
Harnish, Harry Harnish, Reginald
Harnish, Chalmers Woodbury, Avar-
d Milner, James Ransay, Wallace Gold-
smith, Charles Harnish, Alfred Fancey,
Archibald Buckler, Frank Buckler, A.
J. Willis (Allan River).

Licenses Inspectors—Geo. McLeod, B.
W. Hardwick.

Fence Viewers—Alex. Harris, Her-
bert Crosby, William LeCain, Alfred
Spurr (Perotte), Howard Bent, Avar-
d Orde, Alfred Woodbury, Elisha
Balcom.

Constables—John MacKay, W. C. L.
Dargie, Augustus LeCain, Miles Mac-
Millan, Frank Miller, Reginald Ritchie,
Special Police Officer—Appleton
Cleaves (Mochelle).

Road Surveyors No. 22

1—F. A. Chipman.
2—Alfred Woodbury.
3—Thomas Buckler.
4—Archibald Buckler.
5—George Buckler.
6—Fred Todd.
7—James Oickle.
8—Eben Rice.
9—Jerry Feener.
10—Thomas Gallagher.
11—Arthur Orde.
12—Zachariah Hubley.
13—Herman Brown.
14—Angus Wright.
15—Samuel Feener.
16—Arthur Cushman.
17—George Ramsay.
18—Charles Savers.
19—Arthur King.
20—Edward Moses.
21—William Johnson.
22—William Dunn.
23—William Morse.
24—Alfred Fancey.

Road Surveyors No. 28

5—William C. LeCain.
6—A. J. Echlin.
7—J. F. Tupper.
8—Reginald Bishop.
9—Fred Cress.
10—John Wagstaff.
11—Alexander Harris.
12—Halter MacLaughlin.
13—Ralph Berry.

Officers for Polling District No. 11

Presiding Officer—Chas. Daniels.
Assessors—L. S. Morton, Harry
Bent.

District Clerk—Fred Foster.
Pound Keepers—Mark Chipman,
Milledge Messinger, Thos. Borden,
Joseph Durling, Lewis Piggott, Jessie
Saunders.

Cattle Reeves—Edward Swift.
Fence Viewers—Gulford Foster, J.
F. Stephens.

Log and Lumber Surveyors—G. W.
Lantz, L. L. Brooks, E. S. Piggott, Ar-
thur Foster, George Wilson.

Inspectors of Nursery Stock—A.
FitzRandolph, Fred McCormack.
Assessor of Poor—Andrew Shaw.

Barrel Inspector—G. W. Lantz, A. P.
Boehner.

Brick Inspectors—James Jefferson,
Joseph Taylor.

Sanitary Inspector—R. W. Purdy.
License Inspector—S. B. Chipman.
Constables—John Cameron, Ewart
Morse, Reginald Currel, Chas. Tupper.

Board of Health—F. H. Fowler, B.
N. Messenger, G. W. Lantz, B. W. Spurr,
Frank Messenger.

Road Surveyors.
1—A. B. Messenger.
2—George Piggott.
3—Marsden Messenger.
4—Owen Currel.
5—James Spurr.
6—Arthur Foster.
7—Frank Poole.
8—A. P. Boehner.
9—Fred Foster.
10—Frank McGowan.
11—Joseph Durling.
12—David Taylor.

Officers for Polling Districts No. 12
and No. 21.

Presiding Officer—William Ward
(Nictaux Falls).
Deputy Presiding Officer—Norman J.
Franks, (Lawrencetown Lane).
District Clerks—No. 12, Chipman
Morse; No. 21, Elvin Daniels.

Assessors—No. 12, James E. Oakes,
Wm. F. Randolph.
Constables—A. W. Gillis, C. A.
Merry, Wm. Bent, Elmer Rice, Lewis
Acker.

Board of Health—L. R. Gates, T. R.
Charlton, Robert Moore, Harris Dan-
iels.

Overseers of Poor—Archie Harris,
Leander Beals, T. G. Bisheter, C. S.
Rogers, Spurgeon Vidito, John Nes-
ler, L. D. Handley.

Wood Surveyors—David Ritecy, Ir-
ving Morse, D. M. Charlton, Miner Dan-
iels.

License Inspector—Harry Morse,
Charles Roach.

Pound Keepers—Avarid Prentess,
Elias Barreau, Emdon Banks, Fred
Keith, Alfred Morse, Arthur Beals, D.
Jarvis, Isaac Durling, J. S. Ritecy,
A. Stevenson, Fred Charlton.

Fence Viewers—H. H. Foster, C. F.
Armstrong, Henry Beals, John L.
Shaffner, Joseph Longley.

Barrel Stock Inspectors—Amos
Hiltz, Benj. Whitman, Isaac Hiltz, H.
R. Benson.

Nursery Stock Inspectors—Pier-
ce Morse, Fred A. Shaffner, R. J. Messen-
ger.

Barrel Inspectors—Fred Morse, A.
F. Morse, John Daniels.

Road Surveyors No. 12

5—Arthur Ernest.
6—Emdon Banks.
7—Fred Morse.
8—Lawrence Fancey.
9—Herbert Whitman.
10—Alister Mosher.
11—Isaac Hiltz.
12—Milledge Burns.
13—A. L. Smith.
14—H. B. Willett.
15—Alton Vidito.
16—Colin Smith.
17—Joseph Annis.
18—Kenneth Dunn.
19—Wm. Ward.
20—Geo. Whitman.
21—Harry Barreau.

Road Surveyors No. 24

1—Clarence Longley.
2—Wakeman Daniels.
3—Rice Whittman.
4—Arthur Bishop.
5—R. J. Messenger.
6—Frank Hinds.
7—Lew Banks.
8—Ambrose Whitman.
9—Robert Rowter.
10—Vernon Beals.
11—C. C. Stoddart.
12—Gilbert Whitman.
13—Joseph Gates.
14—Carman Stoddart.
15—John L. Shaffner.

Officers for Polling Districts No. 13
and No. 25

Presiding Officer—Lynhan Whitman.
Deputy—John G. Morrison.
Assessors—John B. Merry, 13; John
G. Morrison, 25.

Wiley Grimm, 25.
Constables—25, John Mullick, Jacob
Stoddart, Hardy Bargein, Irvin May-
on, Murray Morrison, George Jody, 13
(Crossburn) Samuel Meisner, Jas. De-
veau, Burtess Rafuse, Aubrey Cook.

Apple Inspectors—25 Donald Mor-
rison, Hartley Marshall, Milledge
Charlton, Charles Whitman, 13.

Pound Keepers—Ira Stoddart, Wil-
liam Durling, 13; Oscar McNayr, Ren-
aldo Merry, 13.

Fence Viewers—George Roop, 25, O.
A. Grimm, Jonathan Morrison, Church
Roop, Clayton Barker, Surveyors—Edward
Marshall, Joseph Mailman, Maynard
Grimm.

Timber Surveyor—Avarid Roop, Al-
bister Crouse, 25; Robert Swallow,
Edwin A. Merry, 13.

Overseers of Poor—S. T. Lohues, 25,
William Wood, 13.

Sanitary Officers—Albert Morton,
Deb. Stoddart, 25, William Conrad, Har-
old Oakes, 13.

Board of Health—I. B. Saunders, 25,
Elwood Mailman, Harry Whynot, Ken-
nie Zwicker, 13; Dr. Cole.

Road Surveyors

1—J. Wambolt.
2—Aubrey Sawler.
3—Elbert J. Whitman.
4—William Wood.
5—William Connell.
6—Charles Stoddart.
7—Gilbert Bargein.
8—Wallace Penn.
9—George Durling.
10—Wiley Grimm.
11—Daniel Allen.
12—Harry Whynot.
13—Maynard Grimm.
14—Ira Stoddart.
15—Levi Acker, Jr.
16—Charles Goucher.
17—Stanley Kaibach.
18—Milledge Charlton.
19—George Jody.
20—Obadiah Acker.
21—Percy Sawler.
22—Amos W. Veno.
23—Harding Bargein.
24—Melbourne Goucher.
25—Harold Allen.
26—Wallace Whynot.
27—John Wesal.

Officers for Polling Districts No. 14
and No. 28

Presiding Officer—(Maitland) Rob-
ert Fader.
Deputy Presiding Officer—(Milford) Ri-
tison Longmire.

Assessors—Samuel Dukeshire, Wm.
Rowter.

Pound Keepers—Homer Vidito, Wal-
ter Hubley, Ernest Lightfoot, Judson
Lewis, Allison Wentzell, George
Oickle, David Delong.

Cattle Reeves—Charles Charlton,
Edward Silver, William Fader, John
Rowter, Edgar Gates, Delbert Wagner,
Allen Delong, Arthur Fancey.

Fence Viewers—Charles Merry,
Charles Charlton, Wallace Early, Geo.
Oickle.
Constables—Delbert Minard, Wil-

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been
in use for over thirty years, has borne the signature of
and has been made under his per-
sonal supervision since its infancy.
Allow no one to deceive you in this.
All Counterfeits, Imitations and "Just-as-good" are but
Experiments that trifle with and endanger the health of
Infants and Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Paregoric,
Drops and Soothing Syrup. It is pleasant. It contains
neither Opium, Morphine nor other narcotic substance. Its
age is its guarantee. For more than thirty years it has
been in constant use for the relief of Constipation, Flatulency,
Wind Colic and Diarrhoea; allaying Feverishness arising
therefrom, and by regulating the Stomach and Bowels, aids
the assimilation of Food; giving healthy and natural sleep.
The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Charles H. Fletcher

In Use For Over 30 Years

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THE CENTAUR COMPANY, NEW YORK CITY.

Ham Fader, Edgar Gates, David De-
long, Edwin Silver.

Lumber and Log Surveyors—Charles
Merry, Delbert Minard, O. H. Ford,
Edwin Silver, Allison Wentzell, Allen
DeLong.

Board of Health—R. S. Baxter, John
Rowter, H. L. Mailman, James Mail-
man.

Overseers of Poor—Enos Germain,
Edgar Gates.

District Clerks—E. N. Rowter (Mait-
land-14), Rufus Wentzell (Lake Mun-
ro-28-10).

Road Surveyors No. 14

1—Porter Merry.
2—Judson Lewis.
3—Archie Lewis.
4—Ralph Lewis.
5—David DeLong.
6—Wallace Early.
7—David Zwicker.
8—Wesley White.
9—Leland White.
10—William Fader.
11—Stewart DeLong.
12—William Rogers.

Road Surveyors No. 28.

1—Austin Nass.
2—Reginald Nelly.
3—Ernest Nelly.
4—James Uhlman.
5—Alonso Corkum.
6—Arthur Hatt.
7—Judson Armstrong.
8—A. Stanley Brown.
9—Arthur Jefferson.
10—Aubrey Whitman.
11—James Hiltz.
12—Charles McLean.
13—Elisha Gordon.
14—Weddall Marshall.
15—S. B. Payson.

Inspectors of Licenses—J. L. Brown,
W. G. Holland.

Inspectors of Hides and Leather—
W. A. Shaw, Arthur Banks.

Sanitary Inspector—C. R. Banks.
Constables—Weddall Marshall, T. E.
Banks, I. H. Brown, Maynard Whee-
lock, Willie Crocker, Fred Brown.
Assessors—Aubrey A. Whitman,
Manning Potter.

Road Surveyors.

1—Joseph Hatt.
2—Z. S. Gates.
3—A. O. Parker.
4—Percy McMaster.
5—Reginald Nelly.
6—Ernest Nelly.
7—James Uhlman.
8—Alonso Corkum.
9—Arthur Hatt.
10—Judson Armstrong.
11—A. Stanley Brown.<