

**WORRIED WOMEN
NEED RICH BLOOD**
If the Blood is Not Kept Pure
Health Will Break Down

It is useless to tell a hard working woman to take life easily and not to worry. To do so is to ask the almost impossible. But, at the same time, it is the duty of every woman to save her strength to meet any unusual demands. It is a duty she owes herself and family, for her future health may depend upon it.

To guard against a complete breakdown in health the blood must be kept rich, red and pure. No other medicine does this so well as Dr. Williams' Pink Pills. This medicine strengthens the nerves, restores the appetite and keeps every organ healthily toned up. Women cannot always rest when they should, but they can keep their strength by the occasional use of Dr. Williams' Pink Pills. Among those who have found benefit from this medicine is Mrs. Corn Conrad, Broad Cove, N.S., who says: "My system was very much run down, and my blood poor and watery. I suffered a great deal from headaches and dizziness; my appetite was poor, and I tired easily. I decided to try Dr. Williams' Pink Pills and have every reason to be glad that I did so. Soon I felt better, and under the continued use of the pills the headaches and dizziness were gone, and my blood seemed in a better condition than before. For this reason I recommend Dr. Williams' Pink Pills."

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

PETROLEA

Mr. W. G. Fraser, Petrolea's veteran telephone manager, was 82 years old on Saturday. There are few persons now connected with the Bell Telephone Co. who have seen longer service.

Miss Mabel Stark, daughter of Mr. and Mrs. Stark, Dawson Sideroad, had the misfortune to fracture her arm while cranking the family Ford.

New rates now in force will give the domestic and commercial consumer of hydro a reduction of about twenty-five per cent. and will save the town a handsome sum yearly in street lighting. The power rates will remain the same.

At St. Patrick's church, London, on Wednesday, August 2nd, by Rev. Fr. Barry, Herbert M. Eccleton, only son of the late Mr. and Mrs. H. Eccleton, of Inverness, Scotland, to Henrietta M. Stapleton, eldest daughter of Mr. and Mrs. John J. Stapleton of Petrolea.

Rev. Mr. Pitts of Bayfield, has accepted the offer of the parish of Petrolea tendered him by His Lordship the Bishop of Huron, and will take charge about the second week in October. The new rector comes to Petrolea with a reputation for boundless energy, and will have a good field in which to work. It is likely he will be tendered a reception either upon his arrival or at the time of his induction.

Mr. Neil Thompson has resigned his position with H. Corey & Son and has succeeded Mr. Barry as express messenger on the local G. T. R. train the Durham-Kincardine run.

LOOK AT YOUR LABEL

ONTARIO WIND ENGINE & PUMP CO. LTD.

TORONTO

Let Me Show You an Ensilage Cutter that will Save You Time and Money

I want to show you how it will pay you to own a Toronto Ensilage Cutter.

It will save you time in the ploughing season.

It enables you to fill your silo just when the corn is ready.

The extra silage you get from being able to refill after shrinkage will pay for the silo in a single season.

And besides—it will cut your straw in the winter.

Let me show you that the Toronto Ensilage Cutter is the most efficient machine for your farm. Next time you're in town let me demonstrate its special features. They will convince you of its quality and economy.

**JAMES MACLACHLAN
WATFORD**



FOREST

Mr and Mrs. Harold Steele of Detroit, are spending two weeks with relatives in town.

Dr. F. A. Walters and family moved into camp at Hillsboro. Miss Kathleen Walters is home from Toronto for two weeks holidays.

Miss Claribell McPherson, R.N., Detroit, and Mr. Taylor of Detroit, are guests at the Walters' camp at Hillsboro.

Mr and Mrs. V. A. Pettypiece are spending several days with relatives in Walkerville, Amherstburg and Detroit.

Mrs. Chandler of Detroit, and daughter, Kathleen, are visiting her sister, Mrs. M. Kennedy.

Miss Alma Hobbs has been engaged to teach the Birnam school at a salary of \$1,000.

Miss Minnie Cairns has been engaged for S. S. No. 17, Plympton, at a salary of \$1,000, for the year beginning September 5.

The marriage of Miss Florence Beatty, youngest daughter of Mr. and Mrs. Geo. Beatty of this town took place quietly in Toronto on Tuesday, Aug. 15. The happy couple left on a honeymoon trip to Los Angeles and other points in California.

The marriage of Mrs. Adah Knapp Robb, of St. Catharines, formerly of Forest and Warwick, took place Saturday, August 5th, to Mr. Edgar Allen Barber, at St. Catharines. Mr. and Mrs. Barber will reside in Niagara Falls, N. Y.

M. G. Cole received a severe gash in the upper part of his left arm one day last week, while at work in the warehouse of McCahill's flour mill here. Mr. Cole suffered considerable loss of blood but was taken immediately to Dr. Hubbard where he received the necessary medical attention.

On Friday when driving along Queen street, near the Basket Factory, Mr. John Walker met with an unfortunate accident. He was driving a team of horses attached to a buggy when the buggy pole broke, causing the horses to run away. Mr. Walker was thrown out and was rendered unconscious from the fall. He was picked up and taken to the home of his mother, Queen street, and medical attention secured. He was badly cut about the face and head, thirteen stitches being required to close the wounds.

After a long illness Hector Patterson, a well known resident of Forest and a former councillor and reeve died at his home on Union street, Tuesday evening. Mr. Paterson was 74 years of age and is survived by his widow, one daughter, Nettie, at home, and two sons, Fred, manager of the Standard Bank in Calgary, and Will, a druggist in one of the Western states. A funeral service was held at the house Wednesday afternoon and the remains taken to Nairn cemetery in East Williams for burial.

CATARRH

Catarrh is a local disease, greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier. By cleansing the blood and building up the system, HALL'S CATARRH MEDICINE restores normal condition and allows Nature to do its work.

All Druggists. Circulars free.

F. J. Cheney & Co., Toledo, Ohio.

WYOMING

The flowers planted last spring by the horticultural society add much to the appearance of the village. Several nice flower beds adorn Broadway. This is the first attempt at beautifying the village in a large way and much credit is due the promoters.

The council recently completed travelling of Broadway from the G. T. R. crossing south as far as the municipal boundary. This principal thoroughfare has never been in such satisfactory condition since the incorporation of the village. It was a source of trouble for many years, during spring and fall, to the travelling public, until the difficulty was overcome by Reeve A. E. Wark. Merchants met the cost of a coat of oil last spring and eliminated the dust nuisance.

The congregation of the Church of the Holy Rosary, under supervision of Rev. Father Campeau, has this summer greatly improved the church property, including Mount Calvary cemetery. A neat, ornamental wire fence, uniform with that of the Protestant cemetery, gives a good appearance. Workmen are also engaged in shingling the church. The adjoining parochial residence has remained unoccupied since the departure of Father Gnam last year.

**SUMMER COMPLAINTS
KILL LITTLE ONES**

At the first sign of illness during the hot weather give the little ones Baby's Own Tablets or in a few hours he may be beyond aid. These Tablets will prevent summer complaints if given occasionally to the well child and will promptly relieve these troubles if they come on suddenly. Baby's Own Tablets should always be kept in every home where there are young children. There is no other medicine as good and the mother has the guarantee of a government analyst that they are absolutely safe. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

ADELAIDE

The Garden party held under the auspices of St. Ann's church on the grounds of Mr. and Mrs. George Brooks on Wednesday evening of last week, while not so well attended as those interested desired owing to a number of others held the same night was from the standpoint of the program one of the best ever held in the vicinity. The Sunset Concert Co., of London was much appreciated in the splendid variety of numbers which they rendered in solos, duets and quartets, humorous and otherwise, sustaining well their reputation of being London's Premier Entertainers. The elocutionary selections of Miss Dobbey were heartily applauded as were also the violin numbers of Miss Ruby Stoner. The solos sung by Miss Beatrice Foster showed her to have a voice of rare quality of sweetness. Dr. Jones gave a good deal of pleasure to the audience in his humorous and instructive cartoon sketches. The popular Dempsey orchestra provided sweet music at intervals throughout the program. Rev. Mr. Moorhouse gave a short and interesting address.

WANSTEAD

Mrs. Geo. Leach returned from the West Saturday after spending a couple of months with her son, Chester.

Miss Myrtle Howden, Toronto, is spending a week with her aunt, Mrs. John Wyant.

L. J. Stone, pastor of Calvary church is holidaying in London this week.

The townline Orioles motored over to Bethesda on Thursday, Aug. 17th, and took the Sixth line girls basketball team into camp for a severe white washing, the score being 12-5. The first period the teams appeared to be pretty well on even terms, half time score being 4 all, but after the Orioles were true to their name and appeared to score at will. The game was clean throughout as the sixth line girls wish to keep up the fair name of the road, but like the boys, they lost. The lineup: Orioles—forwards, Mrs. Miller and Mrs. Smith; centre, Dorothy Dennis, Venis Cooper, Ella Alexander; defence, Barbara Smith, Blanche Cooper. Bethesda—forwards, Estelle Acton, Nettie Shea; centre, Audrey King, Mable Bryce, Lena Bryce; defence, Rheta Higgins, Goldie Lucas.

Quite a number from Wanstead attended the field day given by the Mandaamin Athletic Club on Wednesday, Aug. 16th. A splendid program was given of all kinds of sports. The Wanstead basketball team tied with the tenth line in a very exciting game, the score being 17-17.

Popularity Ever Increasing

**The Pure Deliciousness of
"SALADA"**

Natural Leaf Green Tea is recognized, as the tremendous increase in the demand for it shows.

Try it to-day — You will like it

Women should Insist

No matter what you buy in kitchen utensils, demand that each article carry the SMP trade-mark shown below. SMP Enameled Ware is safe to use; acids or alkalis will not affect it; it cannot absorb odors; cleans like china; wears for years. Tell the storekeeper you want either

SMP Diamond or Pearl WARE

Diamond Ware is a three-coated enameled steel, sky blue and white outside with a snowy white lining. Pearl Ware is enameled steel with two coats of pearl grey enamel inside and out.

THE SHEET METAL PRODUCTS CO. OF CANADA LIMITED
MONTREAL TORONTO EDMONTON VANCOUVER WINNIPEG CALGARY



We Carry a Complete Stock of S. M. P. Kitchenware

Examine Our Stock and Learn Our Prices

N. B. HOWDEN ESTATE

INWOOD

Mrs. Hicks of Flint, Mich., visited at the home of her cousin, Mr. Joseph Armstrong last week.

Mr. Ray Brown, Inspector of the Royal Bank, Toronto, is holidaying at the home of his father, Mr. L. D. Brown.

Miss Sargent of Toronto is visiting at Mr. O. J. Sherwood's and Mr. Joseph McClurg's.

Miss Lottie Chapman was in Sarina for a few days last week.

Dr. Neil and Mrs. MacVicar and children of Inlay City, Mich., spent the weekend with his brother, Mr. J. P. MacVicar.

Mrs. J. A. Bishop and daughter and Mr. and Mrs. L. A. Riley are camping this week at Bright's Grove.

Mr. Aldon Munro of the Royal Bank staff Burlington is spending two weeks vacation with his parents, Mr. and Mrs. Andrew Munro.

Mr. and Mrs. Johnston Vance and Miss Vera Vance were Forest visitors last Sunday.

Mrs. Miriam Kimball has returned home after a visit with her sisters in Strathroy.

Mr. Jack MacVicar of Stratford is spending a few weeks at his parents' home here.

"IT PAYS TO ADVERTISE"

SMOKE OLD CHUM

The Tobacco of Quality
1/2 LB. TINS
and in packages

Use
ELARTON SALT
— for —
HOME—CATTLE—
Unsurpassed for Strength
To be obtained in
nearly every Store in the
OF
ELARTON SALT WORKS
WARWICK, ON

M. CUNNINGHAM
PAINTER AND
PAPERHANGER
Estimates given
Prices Reasonable

WATFORD, ON

**ARE YOUR
EYES GETTING
BETTER ?**

Your eyes are getting better or are getting worse. Your eyes need correction, any delay getting glasses is surely damaging them.

Do not hesitate wear glasses if you need them. You select a style which becoming, and comfort to your eyes will be well while.

Mave you had eyes examined lately

"Take care of your

Carl A. Cl

Jeweller and Optician

MEDICAL

JAMES NEWELL, P.I.
L.R.C.P. & S., M.B.M.A.,
Coroner County of Lambton,
Watford, Ont. Office—Corner
Front St. Residence—Front
Block east of Main st.

C. W. SAWERS, M.D.
Watford, Ontario. Office—
Residence—Ontario st., ea
hours—5.30 to 9.30 a.m.,
7 to 8 p.m. Sundays by ap

W. G. SIDDALL, M.D.
Ontario. Office—Next to J.
Barr. Day and Night calls
Office hours—8.30 to 9.30
4 and 7 to 8 p. m. Su
appointment.

DENTAL

GEORGE HICKS, D.D.S.
University, L.D.S., Royal
Dental Surgeons, Post
Bridge and Crown work
and Porcelain work. The
ods employed to preserve
teeth. Office—Opposite Sidd
Store, Main st., Watford,
Hotel, Arkona, 1st and 3
day, of each month.

G. N. HOWDEN, D.D.
Graduate of the Royal
Dental Surgeons of Ontario
University of Toronto.
Latest and Most Approv
ances and Methods used
attention to Crown and Bri
Office—Over Dr. Sawers',
Watford, Ont.

VETERINARY SURG

J. McGILLICUDDY,
Surgeon, Honor Graduat
Veterinary College. De
specialty. All diseases of
animals treated on scien
ciples. Office—Two floors
the Guide-Advocate office.
—Main street, one door no
Siddall's office.

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J. F. ELLIOT, Licensed
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Prompt attention to all or
sonable terms. Orders may
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FARMERS' MUTUAL
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JOHN W. KINGSTON,
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JOHN COWAN K.C.
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ALEX. JAMESON
P. J. McEWEN
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PETER McPHERAN,
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