

Women Once Invalids

Now in Good Health Through Use of Lydia E. Pinkham's Vegetable Compound. Say it is Household Necessity. Doctor Called it a Miracle.

All women ought to know the wonderful effects of taking Lydia E. Pinkham's Vegetable Compound even on those who seem hopelessly ill. Here are three actual cases:



Harrisburg, Penn.—"When I was single I suffered a great deal from female weakness because my work compelled me to stand all day. I took Lydia E. Pinkham's Vegetable Compound for that and was made stronger by its use. After I was married I took the Compound again for a female trouble and after three months I passed what the doctor called a growth. He said it was a miracle that it came away as one generally goes under the knife to have them removed. I never want to be without your Compound in the house."—Mrs. FRANK KNOBL, 1642 Fulton St., Harrisburg, Penn.

Hardly Able to Move.

Albert Lea, Minn.—"For about a year I had sharp pains across my back and hips and was hardly able to move around the house. My head would ache and I was dizzy and had no appetite. After taking Lydia E. Pinkham's Vegetable Compound and Liver Pills, I am feeling stronger than for years. I have a little boy eight months old and am doing my work all alone. I would not be without your remedies in the house as there are none like them."—Mrs. F. E. YOST, 611 Water St., Albert Lea, Minn.

Three Doctors Gave Her Up.

Pittsburg, Penn.—"Your medicine has helped me wonderfully. When I was a girl 18 years old I was always sickly and delicate and suffered from irregularities. Three doctors gave me up and said I would go into consumption. I took Lydia E. Pinkham's Vegetable Compound and with the third bottle began to feel better. I soon became regular and I got strong and shortly after I was married. Now I have two nice stout healthy children and am able to work hard every day."—Mrs. CLEMENTINA DUKERING, 34 Gardner St., Troy Hill, Pittsburg, Penn.



All women are invited to write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for special advice,—it will be confidential.

The Guide-Advocate JOB PRINTING DEPARTMENT

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PRICE REASONABLE

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HOUSEHOLD LINENS.

Some Interesting Suggestions About the Proper Place to Mark Napkins.

No housekeeper can ever have enough attractive linen for her table and her bedrooms. She may have enough for actual service, but it is wise to keep just a little ahead of the actual need in extra towels for guest room and bathroom. It is also advisable to keep just a little ahead in the supply of linen for the table.

Every set of napkins and each tablecloth should have the housewife's surname initial or her monogram embroidered upon it. There is a question as to the proper place to put the initial or monogram, but the majority prefer the letter on tablecloths to be in the corner, where they will come just off the rounded edge of the table.

Napkins should have the initials in the corner or in the middle on one side, where they will be on top when the napkins are folded. Tea napkins are the only ones on which a wreath can appropriately be placed. It is quite permissible to place an initial within the wreath or other decorative motif. Tea napkins can also be finished with hemstitched or scalloped edges.

Some women may argue that they haven't time to put fancy work on household linen. This is a poor argument, for almost every woman has a few moments during the day when she sits down to chat with a neighbor or when she is waiting for the home-coming of her husband to his evening meal. It is during these odd moments that a great deal can be accomplished, especially in the way of fancy work. Pick up work is good for the nerves.

A YOUTHFUL BELLE.

The Schoolgirl Needs a Dance Gown Pretty as Sister's.

The base of this attractive dress is pale pink taffeta, over which falls a net drape, like a tunic. This is outlined across the bust with a little



HER PARTY FROCK.

wreath of French roses, while the four ruffles on the skirt, slightly wider, reach the bottom of the overdrape. This design is so simple that most mothers can reproduce it.

SHUTTING OUT SUNSHINE.

Various Ways to Brighten Up a Home in Winter.

If the housewife wishes to keep cheerful and happy she must provide for herself surroundings calculated to cheer and uplift. This can never be done by shutting out the sunshine and darkening the rooms with heavy hangings and somber papers. Rather it is her part to furnish her home with sunny papers and bright draperies.

This need not mean that the home must look out of date or cheap. The interior decorators have used chintzes so lavishly in their work of late years that it is considered very smart. They have produced some startling effects with the furthest cretonnes and the elaborate black and white chintzes. Nor can this material by any means be considered cheap when the good cretonnes sell up to \$4 and \$5 a yard. It is fortunate, however, for women of moderate means that chintz also sells as low as 12 and 15 cents a yard.

With the aid of plain, light colored wall paper and expensive or inexpensive chintz a home can be made to look 10 degrees lighter than it did when filled with dark velvets and subdued wall papers. The effect this change will have on the dispositions of the inmates of the home will quite offset any extra expense incurred in

bringing it about. Bright surroundings are essential to bright natures.

Deviled Scallops.

Cream one-third cupful of butter, gradually beat in two teaspoonfuls of mustard, three-quarter teaspoonful of salt and one-quarter teaspoonful of cayenne; then add one quart of par-boiled scallops finely chopped and one cupful of hot milk. Mix thoroughly, turn into a buttered baking dish, cover with one cupful of hot milk. Mix thoroughly, turn into a buttered baking dish, cover with one cupful of fine crumbs, dot with bits of butter and bake about twenty minutes.

ODD MEMORY TEST.

A Bit of Nonsense Literature Whose Author is Unknown.

There is an odd bit of composition that has figured in nonsense literature as follows:

"So she went into a garden to pick a cabbage leaf, to make an apple pie of, and a she bear, coming up the street, put her head into the shop and said, 'Do you sell any soap?' So she died, and he very imprudently married the barber, and the powder fell out of the counselor's wig, and poor Mrs. MacKay's puddings were quite entirely spoiled, and there were present the Garmelles and the Gobillies and the Pickaninnies and the great Panjandrum himself, with the little round button at top, and they played at the ancient game of 'catch who catch can till the gunpowder ran out of the heels of their boots.'"

The origin of the passage is obscure. Maria Edgeworth (1767-1849), quotes it in one of her stories, attributing it to Samuel Foote (1720-77). The British Quarterly Review said that Foote wrote it in order to test a certain lecturer who claimed that he could learn anything by rote on once hearing it. Another account says that it was written by an actor named James Quinn (1693-1766) to puzzle Foote, with whom he had a wager that Foote could not memorize something that Quinn would write. Foote and Quinn both were noted actors in their day and the nonsensical passage probably was the outgrowth of some convivial contest of wits between them.

It used to figure in school rhetorics to illustrate the difficulty of memorizing something that had no sense to it.

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COLORING METALS.

Almost Any Hue, Bright and Lasting, Quickly Imparted to Brass.

It has been found that metals may be colored quickly and cheaply by forming on their surface a coating of a thin film of a sulphide. In five minutes brass articles may be coated any color, varying from gold to copper red, then to carmine, dark red and from light aniline blue to a blue-white like sulphide of lead and at last a reddish white, according to the thickness of the coat, which depends on the length of time the metal remains in the solution used. The colors possess a very good luster, and if the articles to be colored have been previously thoroughly cleaned by means of acids and alkalies they adhere so firmly that they may be operated upon by the polishing steel.

To prepare the solution dissolve half an ounce of hyposulphide of soda in one pound of water and add half an ounce of acetate of lead dissolved in half a pound of water. When this clear solution is heated to from 190 to 200 degrees F. it decomposes slowly and precipitates sulphide of lead in brown flakes. If metal be now present a part of the sulphide of lead is deposited thereon, and according to the thickness of the deposited sulphide of lead the above colors are produced. To produce an even coloring the articles must be evenly heated. Iron heated with this solution takes a steel blue color and will retain the coloring unless some abrasive is used to remove it.—London Chronicle.

WEAK, NERVOUS OHIO WOMAN

Made Well By Delicious Vinol

Bellefontaine, Ohio.—"My blood was very poor—I was in a weak, nervous, run-down condition. I tried different remedies without benefit and one day my druggist told me about Vinol. I tried it and it built me up in every way—blood, strength and nerves, and I tell my friends it is the best medicine on earth."—Mrs. EARL BRUNSON.

Vinol, our delicious cod liver and iron tonic without oil, sharpens the appetite, aids digestion, enriches the blood and in this natural manner creates strength.

Taylor & Son druggists, Watford

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Now is the time to bring to your aid Dr. Pierce's Golden Medical Discovery (in tablet or liquid form). This wonderful remedy helps to restore stomach to its natural health and strength and to secure proper flow of the digestive juices, a good appetite and full digestion of the food you eat. It invigorates the liver, regulates the bowels and purifies and enriches the blood.

Dr. Pierce's Golden Medical Discovery is absolutely free from alcohol and injurious drugs. Its ingredients printed on wrapper. You can be certain it is a true blood-maker, tissue-builder, and a restorative nerve tonic and that it will produce no evil after-effect. Thousands—probably many of your neighbors—are willing to recommend the "Discovery" because it has made them stronger in body, brain, nerve. Buy it in liquid or tablets; or send Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., ten cents for trial package.

A MOTHER'S ADVICE.

Prince Rupert, B. C.—"I take great pleasure in announcing to you my heart-felt thanks for the benefit our boy Arthur, aged seven, has derived from your medicine 'Golden Medical Discovery.' He is a different boy altogether after taking five bottles. His tongue used to be coated and his stomach and bowels always out of order, but Dr. Pierce's Golden Medical Discovery has cured him. We will recommend your medicine to whomever we can as we think there is none better."—Mrs. OTTO NELSON, 836-2d Ave.



Golden Medical Discovery has cured him. We will recommend your medicine to whomever we can as we think there is none better."—Mrs. OTTO NELSON, 836-2d Ave.

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H. Schlemmer
Feb 15.

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