

A Capital Pudding For Dinner To-Day

Bavarian Cream.

1 envelope Knox Gelatin
1/4 cup cold water
1/4 cup strawberry juice and pulp

1 tablespoon lemon juice
1/4 cup sugar
1/4 cup heavy cream, beaten until stiff

Soak Gelatine in cold water five minutes and dissolve by standing cup containing mixture in hot water. Then strain into strawberry or any fruit juice mixed with lemon juice. Add sugar and when sugar is dissolved set bowl containing mixture in pan of ice water and stir until mixture begins to thicken; then fold in cream. Turn into wet mold lined with strawberries or any fruit or canned fruit available, cut in halves, and chill. Garnish with fruit, selected strawberries and leaves. A delicious cream may also be made with canned strawberries.

Get a box of Knox Gelatine at your grocer's to-day, and try the above recipe.

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Side Talks by Ruth Cameron

A CONSOLATION PRIZE—AND THE BEST OF ALL.

A friend of mine has lately passed through a very unhappy experience. It was of such a nature that while it lasted she could not very well confide in anyone about it. She was speaking of this phase to me afterwards.

"It made it doubly hard," she said, "to have to fight the thing all alone. If I could only have gone to someone for sympathy it wouldn't have been quite so much of a struggle."

My friend has come out of her trial triumphant and with a new strength of character, a new hold on herself, a new mental control.

Just Had to Make Character.

If she had been able to turn to all her friends for sympathy and bolstering up, instead of having to turn to herself, I wonder if she would have gained as much strength, formed as much character?

The more I see of life the more I become convinced that there is nothing in the world that is as much worth winning as character. Not even friendship is quite so sure a treasure in Heaven, because that is something outside of yourself, and you cannot be sure of anything outside yourself in time of trouble.

Character You Have With You Always

The friend you need may be at the other side of the water when your need of him is worst. Or misunderstandings, divergences of interests, change of environment may separate you from the best of friends. But character you have always with you.

What do I mean by character?

It is very hard to express it exactly. I mean poise, mental control, courage, self-honesty and self-control.

I mean that hardihood of soul which is the spiritual counterpart of a strong

and muscular body able to endure hardships and trials.

I mean that quality which we sometimes see reflected in the faces of men and women who have passed through the hard places of life and have come out of them strengthened and unembittered.

Few Would Choose the Hard Places,

But—

I think I mean about the same thing the Bible means when it talks about wisdom. We think of wisdom as a synonym for knowledge, but the wisdom of which the psalmist sings that "is more to be desired than gold, yea than much fine gold" is something far more than knowledge. It is knowledge used to live by, and that is pretty near a definition of character.

No one, as I think I have said before, wants to pass through adversities and sorrows and all the other hard places of life. But it is something to know that each time we face a trial with all the courage and fortitude we can summon, we build within ourselves the character that shall make the next difficulty easier to face.

Household Notes.

Cress-and-lettuce salad is nice served with French dressing and saltines. If you use milk instead of stock in pea soup, thicken the soup before milk is added.

Never cook acid vegetables (especially canned acid vegetables) in aluminum vessels.

Fudge is lighter and more creamy if a pinch of salt is added at the last of the stirring.

Beans baked and served in individual pots seem much more novel and appetizing.

Victoria Lodge, L. O. B. A.

Enjoyable Concert and Soiree

A very enjoyable event took place in Victoria Hall on Friday night, January 20th, when Victoria Lodge, L. O. B. A., No. 2, Degree was opened. The hall was packed to its utmost capacity with Brothers and Sisters from the above named Lodge and others. After the regular proceedings and other routine matters had been completed the treat began. With W.M. Sister Kennedy in the chair a most pleasing programme of songs, recitations and speeches was given. The following is the partial list:—

Quartette—Misses Fry and Driscoll; Messrs. Moore and Fry.
Recitation—Geo. McDonald.
Solo—Bro. H. Rollings.
Reading—Sister W. Cook.
Solo—Sister H. Rollings.
Solo—Sister Cullinane.
Recitation—Sister Simmonds.
Brother W. M. T. Noseworthy of "Royal Oak" Lodge was called and gave a very pleasing speech. He was followed by P.M. Bro. Symonds, P.M. Bro. Butt, P.M. Bro. Atwood, also P. M. W. H. Pike of "Leeming Lodge," with W.M. Cook and W. C. Bro. Davis of Royal Oak, No. 1. Each of the past masters paid a great tribute to the different lodges and anticipated their future great success, which the whole audience applauded freely. The programme was an impromptu one and was enjoyed to the fullest extent by all present. At the conclusion the Committee came forward and called all those present to another room where the ladies had prepared a wonderful quantity of good things to eat. At the conclusion of the feast Bro. H. Fry, an officer of Leeming Lodge, in his most genial way moved a vote of thanks to the Committee and others who in any way helped the success of the affair. The vote was seconded by Sister Rollings and passed by acclamation, after which a most enjoyable evening was brought to a close with the National Anthem.

Loyal Orange Association.

RISEING SUN LODGE NO. 1.

The regular monthly meeting of Rising Sun Lodge, No. 1, L. O. A., was held in the Lodge Room, Noad Street, Harbor Grace, on Thursday night, Jan. 12th. The meeting was called to order at 7.30, by the W.M., Brother Robert Sheppard. Representatives from a number of the sister Lodges from Carbonear to Bay Roberts inclusive, were present.

The chief business for which the brothers were assembled was the installation of officers. The retiring W. M., Bro. R. Sheppard, called upon P.M., Bro. C. E. Russell, Bay Roberts to take the chair and conduct the installation of officers for the ensuing year. He was assisted by Bro. W. H. Butt, W.M., Bro. E. Goese as Chaplain, Bro. John Butt as Secretary, and Bro. L. Mercer as Installing Marshal. The following officers took the oath of office and were duly installed:—

Bro. W. H. Harris, W.M.
Bro. Albert Rogers, D.M.
Bro. Duncan Herald, Chap.
Bro. L. Sheppard, R. and F. Sec.
Bro. Jordan Sheppard, Treas.
Bro. Albert Wells, D. of C.
Bro. George Harris, 1st Lect.
Bro. Robt. Noseworthy, 2nd Lect.
Bro. Thomas Davis, Com.
Bro. Thomas Higgins, Com.
Three of the officers being unavoidably absent will be installed at the next meeting. After the ceremony the Installing Officer congratulated the master and other officers and wished them a very successful year, to which the newly installed master, Bro. W. H. Harris, suitably replied.

NIGHTS AT HOME.

I always spend my nights at home, remote from strife and care; a pillow soft supports my dome, my feet rest on a chair; and so I read some gripping poems of volume ripe and rare. My aunts and grandmas play some tunes, or blithely sew and knit, while merry children, full of prunes, throw many a glad some fit, till lullabies their mother croons—and so the calm hours fit. And when the morning comes I read how men who roamed by night fell victims to the auto's speed, were shot up in a fight, or touched for all their chicken feed by some unholly wight. I read of kidnapped maidens fair, and parents in distress, of youths who lose, in White Way glare, the number of their mess, of misdeeds in the gamblers' lair, and crimes no man dare guess. I say, if those who gallivant, would spend their nights at home, with grandma, niece and maiden aunt, and read some helpful tome, the crime of which the peeler rant would disappear like foam. I'd rather be with birds who think than with the men who prance to places where the glasses clink, and there are games of chance; a book is better than a drink, or than a tango dance. And when at dawn I leave my bed I caper and I sing, no hold-up with a bar of lead, has spoiled my larboard wing; I do not have to stich my head, or wear it in a sling.



Publicly Indorsed!

TENS of thousands of men and women throughout the United States and Canada, of all ages and in all walks of life, afflicted with stomach, liver and kidney disorders, some of them of long standing, as well as thousands of weak, thin, nervous men and women apparently on the verge of collapse, have testified publicly that they have been fully restored to their normal health, strength and weight by the use of Tanlac.

Still others, who seemed fairly well, yet who suffered with indigestion, headaches, shortness of breath, dizzy spells, sour, gassy stomach, coated tongue, foulness of breath, constipation, bad complexion, loss of appetite, sleeplessness at night and terribly dejected, depressed feelings, state that they have been entirely relieved of these distressing symptoms and restored to health and happiness by Tanlac.

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Tanlac is sold by leading druggist everywhere.

A Naughty Cat.

Theodora, the wildcat presented to Marshall Foch by a western post of the American Legion, temporarily ruined 50,000 francs' worth of pet dogs during her voyage to France. Theodora was placed in the cage of the kennel room on the top deck, where the ship's butcher acted as valet for the valuable canines. During the week's trip the peculiar and powerful odor of the sleek thoroughly impregnated the wild fur of the pet-dogs and the tender epidermis of the Mexican hairless dogs. As a result, when the butcher delivered the fash-

ionable animals to the bejeweled and befurred French and American passengers disembarking, they uttered shrieks of surprise and dismay at the awful smell of their usually perfumed pets. Pearl White, the film star, kissed her terrier and then delayed the boat train a half-hour until she scrubbed the animal in a stateroom bathtub, afterward muffling it in a silk sweater to prevent it catching cold.

Mr. A. Lawrence will sing Scotch Songs at Burns' Night Celebration in the C. C. C. Hall. Tickets from Committee. Jan. 24, 25.

EX S. S. DIGBY:
HARTLEY'S JAMS — Raspberry and Strawberry.
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20 cases FRESH NEW LAID EGGS.

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Duckworth Street & Queen's Road

Our Local Pepys.

HIS DIARY.

January 24th.—To the office and there find much work requiring my attention. In the afternoon to the Annual Meeting of the Board of Trade, and greatly wearied by what I did hear. In the Advocate news sheet, I see much reference to myself and my flight in Major Cotton's air coach, and I greatly wroth thereat, for many things said that did at no time pass my lips. Meeting the Advocate scribe, I tell him my mind of his piece, nor could he in any way lessen my anger. Home and to do some work.

Alleged Signs From the Dead.

Mademoiselle Clairon, an eminent French actress, who was born on Jan. 25, 1723, inspired, like so many other famous actresses, love in some of her audience. One gentleman of Breton found her attractions irresistible, but Mlle. Clairon could not reciprocate his affection, for his was a gloomy and despotical disposition. He died of chagrin because of this lady, whom he tried to persuade to see him when he lay dying. Mlle. Clairon relates in her Memoirs—and there appears to be evidence in its favour—how a piercing cry was heard on the street near her house at eleven o'clock at night. Incredulous friends were invited to be present at that hour and they heard the same shrieks. Later musket shots were fired near her window, and were heard by all in her apartment. The police failed to trace them to any human instrument. After an interval invisible clapping was heard, to be followed later by the strains of fine music. After two and a half years this persecution ceased. Then there came a visitor to Mlle. Clairon—an old lady who had tended the Breton gentleman on his death-bed. She told the actress how, on his death-bed her lodger had inveighed on the object of his unfortunate passion and had threatened to pursue Mlle. Clairon after death for the same length of time she had troubled his mind in life. That was for two and a half years.

Miss Marguerite Mitchell will sing Scotch Songs at Burns' Night Celebration in the C. C. C. Hall. Tickets from Committee. Jan. 24, 25.

Colored emblems on ready-made middie may be ripped off and snaps placed on, so that they may be removed when washed. If this is done, the color will not run into the white cloth.



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THE FIT-RITE CLOTHIER,

Corner Water and Job's Cove.

Household Notes.

When creaming canned corn turn corn into hot milk or cream instead of pouring liquid on corn.
The pint boxes in which ice cream is sold are splendid containers for packed lunches and salads.
Serve a fruit appetizer before lamb.

beef, veal or pork and a vegetable appetizer before fish.
Marshmallow filling is used when nut meats are added and juice is used as a flavoring.
Chopped cucumbers mixed with chopped parsley makes an excellent garnish for jellied chicken.

Minard's Liniment for Burns.