"Walk before Me and be Perfect"

It seems as if the seeds of the supernatural life, sown from Heaven into our souls, could only spring forth, germinate and blossom under the illumination of grace that shines forth from God's Face, in the sunshine of His Divine Presence. All good for us, as for Tobias, is summed up in the act of walking with our guide, who for us is Jesus, in holding His sacred Hand, in walking closely at His side, and being ever, at least spiritually, in His Presence. And here we would remark how greatly men disregard and overlook a fact that results from the the real Presence of Jesus in the Blessed Sacrament. If it is true that the Blessed Sacrament is a continuation of the Presence of God upon earth, begun by the Incarnation, and that the Lord who will help and protect us, and be our light and consolation upon earth, is the Lord Personally Present in the Blessed Sacrament to walk, in the Presence of God is to walk in the Presence of the Blessed Sacrament. To overlook this phase of the Presence of God, so evident and so striking, is to depreciate the value of the sacrifice made by Jesus in the Incarnation and the Eucharist. It is above all, to deprive ourselves of the great light and help furnished continually by a Presence so constant, so real, so helpful, so powerful, the fruit of a paternal love which seeks our only good.

To walk with Jesus in the Eucharist, is to receive It frequently, even daily, to visit It constantly, to consult Jesus in the Blessed Sacrament habitually, and to submit to Him all our undertakings and desires. It is to have recourse to the Eucharist in our trials, in our temptations. It is to seek It out in the Tabernacles of our churches in city and country, and to be attracted habitually to this Pole of the Christian life, to be ever animated and inflamed by the glowing Sun of divine Love.

David expresses this truth and prophesied it when he cried out in the 22nd Psalm: "The Lord leadeth me and I shall want for nothing." It is the God of the Eucharist of whom he speaks and in the never-failing assist-