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Attention should be given by all who suffer from constipation to its causes as well as to its far-reaching effects when neglected. Take Dr. Pierce's Pleasant Pellets.

Weight of Live Cattle

For cattle of a girth of from five to seven feet allow 23 pounds to the superficial foot. For a girth of from seven to nine feet allow 31 pounds to the superficial foot. For small cattle and calves of a girth from three to six feet allow 16 pounds to the cubic foot. For pigs, sheep, and animals measuring less than three feet girth allow 11 pounds to the superficial foot. The following is the established system respecting measurement and weight of cattle:

Rule.—Measure the girth in inches back of the shoulder, and the length in inches from the square of the buttock to a point even with the point of the shoulder blade. Multiply the girth by the length and divide the product by 144 for the superficial feet, and then multiply the superficial feet by the number of pounds allowed as for cattle of various girth, and the product will be the number of pounds of beef, veal or pork in the four quarters of the animal.

Girth	Length	Renton's Table Lbs.	Cary's Table Lbs.
5 ft. 0 in.	3 ft. 6 in.	294	294
5 ft. 0 in.	4 ft. 0 in.	324	324
5 ft. 6 in.	3 ft. 9 in.	378	378
5 ft. 6 in.	4 ft. 0 in.	380	383
6 ft. 0 in.	4 ft. 6 in.	430	433
6 ft. 0 in.	5 ft. 0 in.	603	602
6 ft. 6 in.	4 ft. 6 in.	639	637
6 ft. 6 in.	4 ft. 9 in.	672	672
7 ft. 0 in.	5 ft. 6 in.	902	903
7 ft. 0 in.	6 ft. 0 in.	985	983
8 ft. 0 in.	6 ft. 6 in.	1,394	1,398
8 ft. 0 in.	7 ft. 0 in.	1,503	1,504

Strength of Ice

A thickness of two inches will allow the passage of men in single file on a line of planks placed on the ice. No other row of planks should be placed nearer than six feet.

A thickness of five inches will allow the passage of cavalry carts, or light guns with a moderate interval between each.

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