



FIELD HOCKEY: Don't these women ever stop? York hosted the national indoor field hockey championship at Tait over the weekend. The low key tournament went almost unheralded, the real importance of the weekend's action being the chance to see the best players, both open and university, work on their indoor game before they many of them go outdoors for the Olympics in Barcelona.

photo by Michele Boesman

Nationals at York end indoor season

by Riccardo Sala

The best women's field hockey players in the country converged on Tait McKenzie gym over the weekend for the Field Hockey Canada / Canadian Interuniversity Athletic Union indoor hockey championships.

The joint national championships, which unite open class and varsity

program and this gives us an opportunity to observe athletes from across the country," van der Merwe said.

This is the eighth year of existence for the FHC/CIU indoor championship, which takes advantage of a CIAU program to give university field hockey players a chance to measure themselves with older, more experienced open class athletes.

The main provision is that there be a certain percentage of university athletes involved, van der Merwe explained. Any university sport can apply, granted that it meet the requirements.

For varsity field hockey players, this means tacking on an indoor season to the traditional outdoor campaign. The indoor game, with its emphasis on speed and bursts of energy, is different from outdoor competition. Adding it to the regimen is generally seen as a way to improve athletic training for the players when they go outdoors.

The Ontario senior side was led by regular UofT coach Liz Hoffman, while Regina Spencer, who moonlighted as York coach early in the

season while van der Merwe was in New Zealand, worked with the junior side.

Senior teams came from BC, Alberta, Manitoba, Ontario and the Atlantic region. Besides Ontario, Alberta and BC also fielded junior squads.

Alberta and Ontario found themselves in the final of both the junior and senior events. Alberta won the senior competition in penalty strokes after a 5-5 tie went unresolved in overtime.

Ontario won the junior final with a win over Alberta.

Three Yeowomen, Sherri Field, Gillian Sewell and Leigh Girling, played on Ontario's junior side. Sewell was named to the junior All-Star lineup.

The senior side featured an eclectic group, including veteran university athletes, as well as graduated and open class players.

York veterans Veronica Planella, Tammy Holt and Michelle Capperault were on the senior team, as were former Yeowomen Sandra Levy and Sharon Creelman.

sports

review • profiles • rankings • schedules

athletes in indoor competition, were a good chance for York coach Marina van der Merwe, also head of Canada's Olympic squad, to see these players compete one extra time before going outdoors in Barcelona.

"That's why I don't coach here. They (the athletes competing over the weekend) all belong to the National

Tait hosting high school indoor soccer tourney

The ninth annual York University/ MetroSport Indoor Soccer Classic will be taking place at Tait McKenzie from Mar. 30 to Apr. 4th.

Thirty-two senior boy's high school teams from across southern Ontario will be taking part in this year's edition, the largest competition of its kind in Canada.

Previous tournament champions Agincourt, East York and Woburn will be at the tournament contending for another crown. Other teams confirmed include Cedarbrae (Scarborough), Westview (North York), Glenforest (South Peel) and Humberview (North Peel).

Preliminary games start on Monday March 30th and continue from 3:00 pm until 11:00 pm each day until Thursday.

Playoff matches run continuously from 9:30 am on Saturday, culmi-

nating in the tournament final at 5:30 pm. The awards presentation following the final will be made by players from the North York

Rockets of the Canadian Soccer League.

All games take place at Tait McKenzie gymnasium.

OFSAA track champs at York

York will be getting a first hand peek at some of the best Ontario high school runners at the York University High School Track and Field Invitational this Friday and Saturday at the Metro Toronto Track and Field Centre.

This is the biggest indoor meet of its kind in North America. Two hundred schools from across the province will be represented, with over 1500 athletes competing.

The quality of competition at this meet is expected to be very

high. Only the provincial OFSAA championships attract a higher calibre of competition.

More than 50 1991 OFSAA medallists and several 1991 Canadian Junior National finalists will be starting their road to the 1992 All-Ontario finals this weekend at York.

The meet kicks off at 6:00 pm on Friday and continues at 9:30 am on Saturday.

Tickets are four dollars for adults, two dollars for students. Children under twelve get in for free.

Lifeguards confident for next year

by Riccardo Sala

York finally got a chance to show its lifeguarding knowhow at the twelfth annual Ontario University lifeguarding championships, held at Queen's two weekends ago.

A quartet of York students made the trip to Kingston, the first time swimmers from the university have organized a team for this tournament.

Phil Chataigneau, Adam Heaney, Kristin McCollum and Nancy Breitman finished 13th in the 15-team competition, won by a team from Carleton.

"All of us in a sense were rookie competitors," Chataigneau said. A lifeguard at Tait McKenzie pool along with Heaney, Chataigneau was part of a team basically built from scratch in very short order.

For McCollum and Breitman, certified only with their bronze cross, that included learning cardio-pulmonary resuscitation (CPR) and aquatic emergency care (AEC), in two weeks under the supervision of Chataigneau and Heaney. Their certification in CPR and AEC was then tested and approved by the head lifeguard at Tait, Rene Wassenaar.

At Queen's the York team had to face a variety of enacted scenarios that tested their response times. For example, in the second event of the meet, the reaction assessment, 6 to 13 "victims" were placed around the pool

area. The lifeguards, not knowing beforehand the exact location of these victims, had 90 seconds to locate and work on them with only the equipment that they were allowed into the pool area with. Some of the more threatening scenarios included amputations and heart attacks.

It was in the first section, the physical relay, that York had its best showing.

"We knew that we were a physically fit team. We came second in the heat and sixth overall, beaten only by a couple of seconds," Chataigneau said. There were five events in total.

York's fine first-time showing has Chataigneau buoyed for the future.

"We're already setting up a team for next year. Hopefully we'll have enough swimmers, eight to ten people, to create A and B teams," he said.

The York lifeguard thinks there are many advantages to be had in preparing for next season's championships besides just climbing several spots in the standings.

"It translates into swimmer safety, in the sense that if you're constantly working on difficult things like CPR and so forth, you're that much more trained to deal with those situations. Otherwise you become rusty," Chataigneau said.

Excepting Breitman, who will not be in Toronto, McCollum, Heaney and Chataigneau plan to train and compete over the summer as well.

athletes of the month



George Zivic-Gymnastics

George is a 23-year-old Downsview native. The third-year Political Science major earned Yeoman of the month awards for his performance at the Ontario University Athletic Association championships hosted by York in February. Zivic's gold medals in the parallel bars, rings and the vault were the cornerstone of the Yeomen's 23rd consecutive provincial title.

Janine Rankin-Yeowoman gymnastics

Originally from Palgrave, Ontario, the 20-year-old Olympic veteran is a first-year Physical Education major here at York. At the Ontario Women's Interuniversity Athletic Association championships, hosted by York in February, Rankin won all four individual events. Along with the two golds she earned as the meet's top individual athlete and as

member of the championship-winning Yeowomen, Rankin came away with a perfect haul of six gold medals. She is ranked second in the country.



Cheryl Guay-Yeowoman volleyball

The third-year science major originally hails from North Bay, Ontario. At the Ontario Women's Interuniversity Athletic Association championship at University of Toronto in February, Guay, a setter and power hitter, was voted to the first team All-Star squad and named Most Valuable Player in a tournament which saw York come away with its third straight OWIAA title.