
" Does clgarcte smoking injure the lungs ?" neked som For his nnswer the doctor llghted cigarette. and in haling a mouthfu ot smoke, blew it through the corner of his handkerchief, which he held tlehtly over his
mouth.
$A$ brown stain was disunctly visible.
'Just such ain." sald the doclor. "is left upon the lungs." If you ever smoke another cifarnite think of the stalns you ero making.
There is a disease called the clgarette cye. Which is reA fllm comes over film comes over he cye, appearing nid disampearing nt nou know that did lave bnow that boys have been made lgaroltes? How would you $14 k 0$ io part with your sleht and never again behold the light of day or the faces of your irlends? Shall I glve you two ol
ariter greatly interested in soung feople (Josiah Leeds) described a plifill spectacle which be aw-a pale woe-becoul boy. standing at the entrance of an alley, without a hat, hls dllapldated trousers very ragged at the knees, his hands in his pockets, shivering pith cold, cet whiming away at a clgarette.
Dr. Hammond says, "I saw in Washington a wretched-looking child. scarcely tlve years old, smoking a clgarette and blowing the smoke from his nostrils. His pale face was twitching conrulsively. his uttio shoulders were bent, and his wholo appearance was that of an old man."

## THE COW THAT SAILED TO THE

 FAIR.When I was down on Cape Cod last ammer. I heard an amusing story about an old sca captain and his cow. Captalu Patterson, after salling the sea for more han forty years, finally retíred to a litte tarm near Barnstable, where he setled down, with a horse, a cow, and two or three dozen hens. His cow, though a lank and rather stubborn creature, was sald to come from vory good stock; and When the Barnstable people took it lato their hears to have a tair. Captain Patterson determined to exhibit his com
But when the day came for driving her on the grounds, the cow showied that she hac a miad of her own, and rould not in ugo a step bevond the farra-yard gatc. ropa, pummeled her aldes, and pushed
her Aanks The cow wanted to go to
pasture, and was bound sho wouldn't masture, and was bound sho wouldn't go
Captain Pattorson's patienco was neary gono, whon auddenly an ldea occurred enuugh himself to force tho cow to go to the ialr, his sea-training suggested something that vas ! Tying tho cor to tho gate post, he went up into the loft of his barn and threw down an old sail, stepped to a dory mast. Then lie put a horse's blanket-wolt through an Iron ring, straped tho belt around the cuw. inserted tho end of the mast in the ring, and bound the mast to tho side of the cow with cme filty leet of rope.
The wind blex " quartering," and when the captain untled the cow and ralsed the sall, the canvas swelled out over the cow's back, and away sho went " sllding" down tho road, moolng and plunging. and rying to stop heracir in vain. Captain patterson selzed her tall, and, using it n. 3 n rudder, gulded her skilfilly in the right direction. With every fresh purf of wind the obstinate cors would be hurrled aiong, fastor and faster, while the dust blew up in clouds, and the sall flapped and tugged, as Captain Patterson held to tho main-sheet with one
and the cows tall with the other.
It wins a hard voyage for both of them but not a long one; and when they came in slght of the fir-pround everybout In sight of the rair-ground, everybory cow being salled throurh the streetg 1140 a ship cheors and linughter flled the alr: one wion tho captaln fanally whirled bls cow around at the gate of the falrground, and brought her neatly "up into the widd: tho shout that arose misht have been heard two milles away.

tif wild sus.

Cnfortunately, Cantain Pattersun's cow did not tako one of the prizee for blooded stock; but the captaln himself was siven a special prize, by the Fair Commission cattle to market !"

## TEE WILD SON.

There are somo remarkable atmospheric effects produced by the mists among the mountains of Europe. One of these is the phenomenon known as the Spectro of the Brocken. At sunrise, or shortly after, there is sometimes seen a strange, gigantic flgure, surrounded by a hugo halo. which gesticulates and jollows every gesture of the beholder as if mocking his movements. It is, in fact, his shadow thrown upon a curtain of cloud, the halo beling a redection of the sun itself.

## LESSON NOTES

second quarter.
ETLDIES LS THR ACTS AMA EAPISTLFS
LESSON L-APRIL 4.
PETER TVORKING MIIRACLES.
Acts 9. 32-43. Memory verses, 32-35. GOLDEN TEXT.
Jesus Christ maketh theo whole.-Acts

What similar miracle was wrought by vrophet? 2 Kings 4. 32-36 What one by the Saviour? Luke 8 49-55.
Where did Peter lodge in Joppa? PRACTICAL TEACHINGS.
Where in this lesson are we shown1. The power of Christ?
2. The power of faith?
3. The power of prayer?

## STAY AT HOMB.

To many young folks home seems a dull place, whlle all outside of it appears like a wonder-morid. The forme is prose, the latter poetry, to their unworld besond it is Home is real : the world beyond it is the fairy-land of their over the imasinations Eence they iret which mall thoir llmbs and hindor thers filght into the unrestrained hinder their untasted delights in the reenom and untasted delights
In this iretful mood of mind, they are apt to look on the shady side of things within their reach, and count their really ight evers-day tasks as burdens too heary to be borne. Nursing their loolish feelings, their unrest sometimes groms into a passion for change, and leads to their departure with -or, alas ! without-the consent of their parents and guardians.

Then, as Longfellow sings :
Weary and homeslck and distressed Thos vander east, they wander west;

They are bafled and beaten and blown By the winds of the wilderness of doubt."
Foolish creatures ! Things are re versed now. Home has become the parceice the helr lmaglaations. they days they listen for tho roices ne the playnintes of thelr eariy years they yearn for the mother-love and fatherl caro which cousht to mate their now lost home "a folity ring of ullas" But the tio once broken is rarely united. Tho past is not recorerable but remalns onl as a lost possession in the realm of memory.

Thereforo, oh, restless youth : unless the stern volce of duty demands the sacrifice. content thyself wilth things as they are. Say to thyself:
"Then stay at home, my heart, and rest; The bird is safest in its nest
O'er all that putter their wiags and ily A. hawk is hovering in the sky Our Youth.

## BETTEE THAN GCLD.

"I will glve that to the mleslonarles, sald Billy, and he put his fat hand on a little gold dollar as he counted the con tents of his money-box.
." 'Cause it's gold. Don't you know the wise men brought Jesus glfts of gold And the missionaries work for Jesus.

Stillness for a ilttle, then Susie said
"The gold all belongs to film anyhow. Don't you thinis it would be better to go right to him and give him what he asks for?"
"What's that " Billy asked.
Susio replied noftly
"My son, give me thine heart."
Patlent.-"Doctor, I'm in a bad way."
 "I'm bllious." "Diet" "My hair is turning gray." "Dye it."

What is the only pain of Which evers ons makes light? A window pane.

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