

Princess Mary's Yorkshire Home Ready.

After renovations extending over six months Goldsborough Hall, near Knaresborough, the Yorkshire home of Princess Mary and Viscount Lascelles, is ready for them to move in.

While the outside of this old Elizabethan mansion has been untouched, the inside has been almost entirely reconstructed. Six months ago there were no corridors in the house. One room led into another, and on the upper floors the occupants of the rooms furthest from the staircase had in some cases to reach their bedrooms by going through other bedrooms. All this has now been changed.

In the eighteenth and early nineteenth century the house was restored the restoring mostly consisting of brickwork and making large rooms into smaller ones. In its original state the house had a room at the southwest corner with a lovely recessed window looking westward. The restorer cut this window off from the room and blocked some of the openings intended for glass, making a side room of it. To-day the window and the whole room is restored to its character of three centuries ago. It has a rich Jacobean molder plaster frieze and is beautifully furnished. This is the princess' private sitting room.

Years ago two bathrooms were installed in Goldsborough Hall, and this was thought to be a great luxury. Both these bathrooms were attached to the guest rooms; the servants' went without. To-day there are ten, not counting those in the servants' quarters.

Where the furniture is of recent purchase it has all been chosen by the princess herself. The whole house now is a beautiful place, and the princess and her husband expect to spend a deal of time there, both of them being particularly fond of country life.

Not Responsible.

There is an amusing story how Prince Clemens Metternich, one of the greatest of diplomats, once slipped out of a difficulty that threatened to be quite a formidable one.

His wife, the erratic Princess Melanie, had grievously offended the French Ambassador, the Count de Flanault, by the abruptness and discourtesy with which, in one of her moods of whimsical ill-temper, she had chosen to treat him.

Her tongue was notably sharp, and some of her remarks stung so deeply that the aggrieved official went formally to her husband to complain of her, asserting that he could not, in the quality of ambassador, submit to such insulting treatment.

Prince Metternich was not at all disconcerted. With a generally apologetic shrug, but in a tone of voice expressive of the most gallant devotion to his consort, he exclaimed:

"What would you have, my dear dear? I met the princess; I loved her; I have married her; but it was not I who brought her up!"

There was no further trouble; but if the prince's answer was both quick-witted and diplomatic, it was certainly somewhat hard upon his mother-in-law!

Comfort.

Though disappointments of may come, Let sleep hush grief when nightshades fall—

When in his cot my baby stirs I know I have not lost my all.

Grant me the strength to struggle on, And patience to my poor soul teach— For work and patience are akin To all heights the great may reach.

With each new dawn, new tasks begin; New life to take the burden up, Though bitter be the drink tonight, There's comfort still within my cup.

Lorraine Ballantyne.

The Sun Life.

The financial statement of the Sun Life Assurance Company of Canada for the year 1922, published on another page of this issue, must be regarded as highly satisfactory from every measure of progress and prosperity. Its items, relating both to development and strength, show striking advances over previous records, especially those in connection with total business in force and assets, indicating that a policy of large-scale expansion has been accompanied by prudent and economical management.

In addition to its large underwriting in the Dominion, the Company has for many years conducted profitable business in countries other than Canada, and at the present time maintains active organizations in upwards of fifty countries. The record of the year's operations thus affords testimony that the reliance of the Canadian people in their own financial institutions is universally shared.

The abnormal financial conditions generally obtaining some three or four years ago gave a great impetus to life assurance underwriting the world over. It is gratifying to see that the advances then recorded are being well maintained by the Sun Life of Canada during a year of comparative financial stringency, affording evidence that the public have a growing consciousness of family and community responsibility.

How a Girl Throws.

"I thought you had thrown George over," he said to her while they were sitting out.

"Yes, I did," she answered. "But you know how a girl throws."

The Eskimos of Alaska use small beads of ivory in catching birds.

GENERAL DEBILITY FOLLOWS INFLUENZA

The After Effects Often More Serious Than the Disease Itself.

No reasonable precaution to avert an attack of influenza should be spared. The disease itself often proves fatal and its after effects among those who are spared, make the life of the victim one of almost constant misery. Ask almost any of those who have been attacked by this trouble what their present condition of health is, and most of them will answer: "Since I had the influenza I have never been fully well."

This trouble leaves behind it a persistent weakness of the limbs, shortness of breath, bad digestion, palpitation of the heart and a tired feeling after even slight exertion. This is due to the thin-blooded condition in which the patient is left after the fever and influenza have subsided. This condition will continue until the blood is built up again, and for building up the blood and strengthening the nerves nothing can equal a fair treatment with Dr. Williams' Pink Pills. The value of this medicine in cases of this kind is shown by the statement of Mr. Edward J. McGuire, Pembroke, Ont., who says:—"In the fall of 1918 I was attacked with the influenza—and not in a mild form either. I was confined to my room for three weeks, and although the influenza subsided I did not regain my health. As a matter of fact I seemed to be growing weaker. I had no appetite, was subject to fainting spells and my feet and ankles were badly swollen. The doctor told me that my condition had developed into a serious case of anaemia, and although I was under his care for over two months I was not improving in any way. At this stage one of my friends advised me to try Dr. Williams' Pink Pills. I was loath to do so, as I began to think my case hopeless. However, I was finally persuaded to try them, and by the time I had used two boxes there was no doubt they were helping me. I continued taking the pills until I had used a dozen boxes, when I found that every symptom of the trouble had left me and I was again enjoying the best of health. I returned to my work and have ever since been in good health and feel that I owe it entirely to Dr. Williams' Pink Pills. I think that anyone who is suffering from the after effects of influenza, or any form of anaemia, should give this medicine a fair trial."

You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Morning Star.

This morn I watched a lonely shining star, And I remembered once, long, long ago,

How you and I, one dawning, early rose And o'er half waking meadows wandered far,

Until we reached that fir tipped hill— you know We watched our star's white, radiating glows—

At length its fading beauty paled and died When dawn came rioting from out the sea.

Until this morn, I fear I did forget That wonder hour with you at my side. Shall I imagine too, you have forgotten me?

So be it — but our morning star shines yet!

—Agnes Chaote Woson.

A sprinkling machine is now used in many mines to lay down dangerous coal dust.

The Part of Luck in Musicians' Career.

Musicians who wait like Mr. Misawber for something to turn up may have a long time to wait. Luck both good and bad unquestionably plays a part in every man's career. Many of the world's greatest musicians were born unlucky and suffered in consequence. Though he never knew it Schubert was, as they say in the West, "plainly unlucky." He thought he was in luck whenever he got a square deal, and was always rejoicing whenever he got enough paper on which to transcribe the musical ideas teeming in his brain. He was distinctly out of luck, the world owed him something more than music paper on which to write immortal songs.

Wagner had to wait about forty years before his luck broke. He never really emerged from obscurity until a lunatic saw what others failed to see, and Ludwig of Bavaria, a crazy king, gave him a chance. This was indeed luck, but Wagner prepared for it by writing masterpieces.

Mendelssohn was lucky before he was born. He selected the right parents and was born rich. He was unlucky, however, in being born at the wrong time. He died too soon, broken hearted over the death of his sister Fanny, from a nervous disorder. Had he lived in modern times the chances are that his life would have been saved.

But the luckiest of all composers was Liszt, who never suffered want and lived to a ripe old age, a fine, noble, generous man and a sterling musician. Verdi was lucky also. He lived over four score years in a grand crescendo of achievement.

However, lucky or not, these masters all worked with remarkable energy regardless of the element of chance.

Minard's Liniment for Rheumatism.



Comes Naturally. Mother—"Jack, why are you such a bad boy?" Jack—"Cause I inherited nothing good, I suppose."

Sugar Made by Light.

It is announced by Professor Hugh R. Rathbone, of Liverpool University, that he has made from carbonic acid by the agency of light.

This wonderful feat has been made possible by the results of remarkable experiments carried out by Professor E. C. C. Baly, a prominent investigator of the mysterious light.

Professor Baly, with his colleagues, Professors Helbron and Barker, discovered that ultra violet light would convert water containing carbonic acid gas into formaldehyde, a substance now used on a large scale in many branches of industry; that the light rays continued in their wonderful process, eventually turning the formaldehyde into sugar.

Water is available in immeasurable quantities and carbonic acid is merely a waste product equally abundant, and the magic of light rays of a certain wave length will cause them to combine and give sugar.

WINTER WEATHER HARD ON LITTLE ONES

Our Canadian winters are exceedingly hard on the health of little ones. The weather is often so severe that the mother cannot take the little one out for an airing. The consequence is that baby is confined to overheated, badly ventilated rooms; takes cold and becomes cross and peevish. Baby's Own Tablets should be given to keep the little one healthy. They are a mild laxative which regulate the stomach and bowels and thus prevent colic. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Why They Smiled.

Stumps was shaving himself, when he made a slight cut on the end of his nose. He called to his wife for sticking plaster and was told to look in a box for writing masterpieces.

At the office, everyone who entered his sanctum smiled. Considerably annoyed, he asked his partner if there was anything wrong with his appearance.

"I should say there is!" was the reply. "What's on your nose?"

"No," said the other; "it is the label from a spool of cotton, and it says, 'Warranted 300 yards!'"

MONEY ORDERS.

A Dominion Express Money Order for five dollars costs three cents.

Curious Fact.

It is a curious fact that the higher the civilization of a race the lower the action of its senses. Actual experiments have shown that, whereas the ear of the white man responds to a sound in 147-thousandths of a second that of a negro responds in 130-thousandths, and that of a Red Indian in 116-thousandths.

Minard's Liniment for Neuralgia.

Expresses of the Sky.

The purpose for which the racing aeroplane is intended is not generally understood; in fact, there are a great number of people who regard the piloting of it as a rather unpleasant means of committing suicide.

In the first place, it gives the designer some idea of the amount of strain which may comfortably be imposed upon the machine during its flight through the air at speeds often exceeding 200 miles an hour.

While on a practice flight on the Lumiere de Monde monoplane, with which he intended to compete in the Coupe Deutsche race of 1921, Captain Bernard de Romanet, one of France's most brilliant pilots, was killed by the fabric covering the wing of his machine pulling off while flying at about 180 miles an hour.

The modern single-seater fighter is another type of aerial express. The Gloucestershire Aircraft Company's Bamel, which is probably the fastest aeroplane in the world, has been tried at Matesham Heath, the British Air Ministry's experimental aerodrome, with a view to modifying it for this purpose.

In designing a racing aeroplane it is necessary to do away with any projections likely to resist the machine's progress through the air; in fact, the Bamel is covered with a special dope which gives a very smooth anti-friction surface to the machine.

The wing surface of a racing aeroplane is cut down much lower than that of a machine designed for ordinary purposes.

The man who does what he pleases is seldom pleased with what he does. We attribute all our successes to ourselves and all our failures to our circumstances.

LONDON COUPLE ARE DELIGHTED

His Wife's Two Years of Trouble Is Now Ended, Says Frank Westlake.

"Tanlac has made all the difference in the world in my wife's health and we are both delighted," declared Frank Westlake, valued employee of the Public Works Department of London, Ont., residing at 40 Langarth St.

"About two years ago my wife underwent an operation that left her badly run-down and she simply couldn't get back her strength. Her appetite left her and she could hardly eat enough to keep going. The least exertion would tire her out completely, and her housework was an awful burden. She would lie awake hours at night, and morning found her just as tired as when she went to bed. She suffered terrible splitting headaches, her nerves were on edge and she got very little pleasure out of life.

"But three bottles of Tanlac simply put her on her feet again. She can do her housework easily now, the headaches are gone, she sleeps soundly and her appetite is a joy to behold. I can't find words to express my gratitude."

Tanlac is for sale by all good druggists. Over 35 million bottles sold.

Rheumatic Pains

Are relieved in a few days by taking 30 drops of Nether Seigel's Syrup after meals and on retiring. It dissolves the lime and acid accumulation in the muscles and joints so these deposits can be expelled, thus relieving pain and soreness. Seigel's Syrup, also known as "Extract of Roots," contains no dope nor other strong drugs to kill or mask the pain of rheumatism or lumbago; it removes the cause. 50c and \$1.00 bottles at druggists. 11

PUT STOMACH IN ORDER AT ONCE

"Pape's Digestin" for Gas, Indigestion or Sour Stomach

Instantly! Stomach corrected! You never feel the slightest distress from indigestion or a sour, acid, gassy stomach, after you eat a tablet of "Pape's Digestin." The moment it reaches the stomach all sourness, flatulence, heartburn, gases, palpitation and pain disappear. Druggists guarantee each package to correct digestion at once. End your stomach trouble for a few cents.

America's Pioneer Dog Remedies Book on DOG DISEASES and How to Feed Mailed Free to any Address by the Author, Dr. Clay Glover Co., 226, 132 West 34th Street, New York, U.S.A.

PETRIE'S MACHINERY TORONTO

Why is a Foxglove? We use the names of our common flowers and plants so frequently and so heedlessly that few of us ever stop to think of the derivations of these names. Yet there is no other class of words in the English language which we have collected more haphazardly from every other language in the world.

Take the dandelion, that common but wonderful flower which blooms all the year round; its name is pure French. Malive is Greek, Artichoke is from an Arabic word meaning "earth thorn." Rhubarb is Latin, and bean Anglo-Saxon, while potato is really a Spanish word.

Some flower names have their origin plainly stamped on them. "Coltsfoot," for instance, is also called "Poafoot." Its hoof-shaped leaf quite evidently gave it its common name. Bachelor's Button, again, shows the origin of its name in the shape of its button-like flower. Similarly "knop weed," which is really "knop" weed.

Some flower names, on the other hand, are very mysterious. Why is a foxglove so called? This bloom of the late summer has flowers shaped like the fingers of a glove, but what has it to do with a fox? Probably nobody knows, yet the name is a very ancient one, and appears as early as Norman times.

The cowslip which the children pluck in spring is equally puzzling. Its old name was "cueslip," but that does not help us out.

Harebell may possibly be "hair bell," having reference to the extreme thinness and delicacy of the stalk.

Sugar can be produced by action of sunlight on aqueous carbon dioxide—commonly called soda water—according to recent researches.

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CORNS

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Froezno" on an itching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly!

Your druggist sells a tiny bottle of "Froezno" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

Ringbone?

"I bought a horse with ringbone for \$20. Used \$1 worth of Minard's Liniment on him and sold him for \$35. Profit on Liniment, \$14. Minard's Liniment, Hotel Keeper, St. Phillips, Que."

Minard's Liniment

The Stable Stand-by.

ACNE ON FACE CUTICURA HEALS

Hard, Large and Red Pimples. Itching Was Terrible.

"Had been troubled all my life with acne on my face. My forehead was a mass of pimples. They were hard, large and red, and the itching was most terrible. My face was disfigured. I sent for a free sample of Cuticura Soap and Ointment and after using them got instant relief. I bought more, and after using two cakes of Cuticura Soap and three boxes of Cuticura Ointment I was healed." (Signed) Mrs. G. S. Miller, Box 14, Marshall, Wash., Jan. 9, 1922.

Use Cuticura for every-day toilet purposes. Bathe with Soap, soothe with Ointment, dust with Talcum. Sample each Free by Mail. Address: "LYONS, Linton, 245 St. Paul St., W. Montreal, Que." Write for Free Booklet. Soap, 5c. Ointment 25c and 50c. Talcum 10c. Cuticura Soap shaves without lather.

Rheumatic twinges-ended!

The basic cause of most rheumatic pain is congestion. Apply Sloan's. It stimulates circulation, breaks up congestion—pain is relieved!

Sloan's Liniment

Made in Canada —kills pain!

For rheumatism, bruises, sprains, chest colds

Classified Advertisements.

FINANCIAL HELP WANTED.
EARN \$20 WEEKLY, SPARE TIME, at home, addressing, mailing, etc. circulars. Send for Music, Information, etc. American Music Co., 1688 Broadway, N.Y.

SUVAW CLOVER.
H USUAL CLOVER, THE GREAT ANNUAL. Write for interesting information. D. Fraser, R.R. 2, Iderton, Ontario.

HELP WANTED.
DETECTIVES EARN BIG MONEY. Great demand. Travel Experience unnecessary. Write, Dept. W, American Detective System, 1966 Broadway, N.Y.

AGENTS WANTED.
LAST WEEK OUR WINDSOR AGENT made \$61 clear profit, selling tube favors house to house. Write quick. Craig Brothers, Niagara Falls, Canada.

"Cascarets" 10c

Best Bowel Laxative When Bilious, Constipated

To clean out your bowels without cramping or overacting, take Cascarets. Sick headache, biliousness, gases, indigestion, sour, upset stomach, and all such distress gone by morning. Nicest physics on earth for grown-ups and children. 10c a box. Taste like candy.

HELP FOR YOUNG WOMEN

Mrs. Holmberg Tells How Lydia E. Pinkham's Vegetable Compound Helped Her

Viking, Alta.—"From the time I was 15 years old I would get such sick feelings in the lower part of my abdomen, followed by cramps and vomiting. This kept me from my work (I help my parents on the farm) as I usually had to go to bed for the rest of the day. Or at times I would have to walk the floor. I suffered in this way until a friend introduced me to try Lydia E. Pinkham's Vegetable Compound. I have had very satisfactory results so far and am recommending the Vegetable Compound to my friends. I surely am glad I tried it for I feel like a different person now that I don't have these troubles."

OBELIA HOLMBERG, Box 99, Viking, Alta.

Letters like this establish the merits of Lydia E. Pinkham's Vegetable Compound. They tell of the relief from such pains and ailments after taking it.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and today holds the record of being the most successful remedy for female ills in this country, and thousands of voluntary testimonials prove this fact.

If you doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for Mrs. Pinkham's private text-book and learn more about it.

No "kick-back" in this mealtime cup

When you find that tea or coffee makes you nervous, keeps you awake at night, or causes frequent headache, it's time to change to Instant Postum.

This wholesome, healthful table beverage gives you all the comfort and satisfaction of your usual morning cup. It has charm without harm to nerves or digestion—cheer without fear of a dangerous "kick-back."

Made instantly in the cup at the table—no boiling, no waiting, no waste.

At your grocer's in sealed, air-tight tins

Instant Postum FOR HEALTH

A generous sample tin of Instant Postum sent, postpaid, for 4c. in stamps. Write:

Canadian Postum Cereal Co., Limited, 45 Front St. E., Toronto. Factory: Windsor, Ontario

"There's a Reason"

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all

Genuine

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Finely "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of German-acetylsalicylic acid (acetylsalicylic acid). While it is well known that Aspirin means Bayer manufacture, it is not the public's healthiest interest that the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

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