

INTRODUCTION TO CANADIAN EDITION.

This book is not meant to be "memorized"—the author insists that it is simply intended to suggest and guide the search for self-knowledge, which the educational explorer must conduct for himself.

Many young people have read books such as Smiles' "Self-Help," and Blackie's "Self-Culture." They will find that the best book to direct them in self-help and self-culture is a good work on Psychology properly utilized. Many have consulted phrenologists to discover their capabilities and aptitudes, not knowing that a study of Psychology would enable them to know more about their own powers and disposition than any phrenologist could tell them. Perhaps others have sent for some well-advertised device for memory-strengthening, while the only means of training memory is a judicious conformity to the laws of mental acquisition and reproduction as they are unfolded in Psychology. To attain to this insight no expensive laboratory, no costly apparatus is required.

Psychology while valuable in the education of every one, is of paramount importance to the teacher.

An able thinker writes: "There is no question of importance, which is not comprised in the Science of Man; and there is none, which can be decided with any certainty, before we become acquainted with that science."*

*Hume, "Treatise on Human Nature."