

AUTHOR'S PREFACE TO THE THIRD FRENCH EDITION.

The first and second editions of this work bore the name of our dear and lamented teacher, Professor Proust, as well as our own. In preparing this third edition we have been deprived of his valuable collaboration, which we are desirous of commemorating.

The hygiene of the Neurasthenic is the same to-day as yesterday, and we have had no fundamental modifications to make in our original work. We have thought it necessary however to render it more complete on certain points. In this edition will be found some new sections which were not in those that preceded it. The word Neurasthenia is one of those that are so much abused, by being employed wrongly and without discernment, that we have deemed it useful to render its clinical signification more precise, and to devote several pages to the diagnosis of the affections to which it is unfittingly applied. We have made some necessary additions to the chapters on psychotherapeutics and on the dietetic régime of Neurasthenics. We have thought that

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