

ing when He gave us the Supper. He well knew the frailty of our frame, how prone we should be to forget Him, how necessary it would be to stir up our hearts by way of remembrance. He knew the circumstances in which our life should be lived, how busy we should be with the things of this life. And how, in the rush of business, we should sometimes grow cold in our love for Him. He saw our need for *special days* and so gave us the Sabbath. He saw our need of *special means of grace* and so He gave us the Lord's Supper. He saw, too, our need for special preparation for the enjoyment of special favors.

How shall we employ ourselves during the days immediately preceding the Lord's Supper?

We should read much in His own Holy Word. We should read the chapters that tell about His sufferings and death. We should read slowly, thoughtfully, prayerfully. We should dwell much on the last hours of the Saviour, His last words, especially His prayer in the seventeenth Chapter of John and the seven last words from the cross. And we should make use of such devotional literature as deals with the communion.

We should *pray* much. It is while we commune with Christ that the fire of our love begins to burn.

We should pray for the *indwelling of the Holy Spirit*. He is the great Remembrancer. He alone can bring Jesus vividly before our mind.

We should pray for *humility*. It is a very humbling thing that our love to Him should ever grow cold and that we should need anything to help us remember Him.

We should pray for *more thankfulness*; and ask Him to make us joyful in God, that we might not go to His table with sad faces and unhappy hearts. We are not going to a funeral but to a feast,—a King's feast. We shall go with penitent hearts because of our sins and unworthiness;