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which we live g the populalarge sums of but it did not by preventing v, except from ible mortality sequently the births over ctors to each nment or the 1 sick people f yore. The easure due to e, since a few · the weather. icity between kept passing well as these. at night and Hurricanes

and desolating storms are also held very much under control.

Our contrasts are now drawing to a close. Enough has been said to make it plain to the slowest intellect among us, what is gained by having been born in the twentieth century, instead of in the nineteenth, and by being born a Canadian, instead of to any other land. There can hardly be to-day such a woful creature as a Canadian who does not realise and is not proud of the grandeur of his heritage. Our race, owing to the splendid hygienic and social conditions that have been dilated upon, is one of the healthiest and strongest on the face of the earth. We are not demoralized or effeminated by the luxury and abundance which are ours, but elevated rather, and strengthened by the very magnificence and opulence of our circumstances, and by the perfect freedom, under healthful restraint, which we enjoy through the community's strong, vigorous, moral and intellectual tone.

As there is nothing more wonderful about the present age, or more characteristic of the times, than our mode of travelling, these few pages shall be concluded with a plan of a very simple journey, a journey which can be strongly recommended to all who are wishing for change of scene and are somewhat bewildered in choosing a route among the innumerable places in the world which have claims on their attention. We will imagine that a party of twenty has been made up, and that the start is from Halifax, the direction eastward, and the destination Constantinople. The car which is timed to start at 7 a.m., is standing at rest on the sloping side, while the passengers, say fifty in number, are taking their seats in the luxurious chamber within. The first stop is at Sydney, Cape Breton, and the car is pointed accurately in that direction. At three minutes to 7 the engineers and conductor come on board; the former to place the powerful oxyhydrogen charge in the great breech-loading tube, the latter to close the doors against ingress or egress. Precisely at 7 the signal is given. A furious and powerful hissing is then heard, as well as a momentary scraping of the car on its runners. In another second she is high in the air, and already Halifax has nearly receded from the engineer's sight. The rate of a mile in three seconds is kept up till Sydney rapidly appears in view. In the next few seconds the engineer exerts his