### Population

The estimated population of this cosmopolitan nation is 1.2 million, almost all of whom live on Trinidad. Trinidad and Tobago is a multi-racial society comprised of the following ethnic representations: Afro-Trinidadians, 40.8 per cent; Indo-Trinidadians, 40.7 per cent; and other groups, 18.5 per cent.

### **Principal Cities**

Port of Spain, situated in northwest Trinidad, is the commercial centre and main seaport. Forty-eight kilometres to the south is San Fernando, the centre of the oil and gas industry. Scarborough (population 5 000) is Tobago's chief town and port.

### Language

English is the official and commercial language of Trinidad and Tobago.

## Religion

There is freedom of religious practice on the islands, with the Christian, Hindu and Islamic faiths predominating.

# Weights and Measures

Metric weights and measures are used locally.

### Electricity

The standard electricity supply is 110-115V, 220-240V, 60 cycles, single-phase for domestic use, and 400-440V, 60 cycles, three-phase for commercial and industrial use.