

For PICKLING



Lantic Sugar

Old Fashioned Brown

is excellent for many kinds of pickles and relishes. It adds a distinctive flavor to apples, quinces, melons, pears, and other late fruits. For baking many old-time dishes, the natural, delicious molasses taste of Lantic Old Fashioned Brown Sugar holds an agreeable surprise to those housewives who have never tried it.

Grandmother's Recipes Free

We have just published a new edition of this old-time cook book, which contains over 80 recipes such as grandmother used. This book will be sent free upon receipt of 2-cent stamp to cover cost of mailing. Be sure when

ordering Brown Sugar that you get the genuine Lantic Old Fashioned Brown. It comes in 100-lb. bags, marked with our Red Ball Trade-Mark, from which your grocer will sell you as many pounds as you wish.

Atlantic Sugar Refineries, Limited, Montreal, Que.