Scientific and Aseful.

Boil the potatoes (with their jackets on) in an old tea-kettle.

Hot soda water is good to scrub sinks with-Pour some boiling hot into the pipe, to cut the grease.

HAM should boil slowly, and be left soaking in the broth till cool. It will then be juicy and delicious.

PIN-CUSHION covers made of cheese-cloth embroidered and trimmed with lace, wash well and keep their looks.

To remove remnants of old oil-cloth from floor apply a very hot flat iron, which will soften it, so it can be scraped off.

To take out scorch stains from white goods simply wet the parts and lay on the grass in the sun.

Ir you have tin baking powder boxes, use them for spices. Marked, and ranged along the shelf they are very convenient.

There are many Cough Mix hos but only one Allen's Lung Balsam; try its

CUSTOM sanctions the use of fruit at breakfast and physicians are recommending green-apple sauce as being cooling and laxative.

To remove ink spots from a printed page, apply a piece of fine sponge, dipped in clean rain water at once. If suffered to get dry, it will be indelible at any ordinary cost.

SODA BISCUIT.—One quart of flour, one pint milk, piece of butter size of an egg, one teaspoonful soda dissolved in milk, two teaspoonfuls cream tartar sifted in flour with

TO RENOVATE BLACK LACE.—Take one tablespoonful of French shoe dressing and two tablespoonfuls of warm water; dip the lace, in squeez, out; when nearly dry press on wrong side with warm iron.

If you wish to frost a bath-room window instead of using a curtain, put a small, plece-of soft putty into a piece of doubled muslin, and tie it in shape of a pad. Clean the glass, then pat the window evenly over with the pad. When quite dry, varnish it.

the pad. When quite dry, varnish it.

If you do not want shirt bosoms and cuffs to blister and wrinkle when buttoned, do not make the first, or boiled starch too stiff, and rub it in well. Of course you know that they should always be dipped in cold starch i. c., clear starch mixed thin with cold water, before ironing.

It is not a good plan to have a wet umbrella opened out to dry, as the ribs are apt to warp in the bent form, giving an unsightly appearance when the umbrella is closed. Silk umbrellas should be left to drain, and then gently wiped with an old silk handkerchief.

CHILI SAUCE.—Peel twenty-four large ripe tomatoes. Add two onions chopped fine, six peppers, one tablespoonful of salt, one of ginger, one teacup of sugar, one dessert-spoonful each of cinnamon, mustard, allspice and cloves, with one quart of vinegar. Cork it for two hours, and bottle, scaling it.

NEVER cut lamp wicks, but wipe them off, as this gives a more even flame than cutting. as this gives a more even fiame than cutting. It is poor economy to use a wick after in becomes stiff and discoloured; remember it strains all the oil, and it is still poorer economy to burn cheap oil. The odour is almost unbearable, and very unhe athful, causing sore throat and eyes, while dim flame is all that can be obtained from it.

REMARKABLE RESTORATION. - Mrs. Adeheide O'Brien, of Buffalo, N. Y., was given up to die by her physicians, as incurable with Consumption. It proved Liver Complaint and was cured with Burdock Blood Bitters.

ALMOND STRUP -Blanch and pound one ALMOND SYRUP:—Blanch and pound one pound of sweet almonds and one ounce of bitter ones. Clarify one pound of sugar in a quart of water; boil it five minutes, stir in the pounded almonds; let them simmer a few minutes, and while hot st ain through a napkin. Bottle and cork well. Keep it in a cool place. A little of this in a glass of fresh water makes excellent orgeat.

fresh water makes excellent orgeat.

GRAPE JELLY.—Take ripe grapes, pluck from the stems into a pan of cold water: take from the water into preserving kettle, let them simmer slowly until the ekins are soft. Then drain through a sieve thlo an earthen vessel. Squeeze the pulp through a bag. Measure all into the preserving kettle, let it come to a book same, and when no more scum arises, add one pound of sugar to each pint of juice. Boil until jellied. If you prefer making it into syrup for mince pies, etc., add a pound of sugar to each quart instead of each pint of juice.

A FIRM ONNION.—The firm of Ormand & Walsh, druedists, of Peterborough, say Dr. Fowler's Wild Strawberry is one of their best Standard Medicines for Summer Complaints.

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