

rung for the examination of conscience, and proceeded as customary to the refectory ; when behold ! a person enters with all that is required for dinner. It is thus our Father who is in Heaven realizes the word of His Divine Son : " Seek ye, therefore, first the Kingdom of God and His justice, and all things shall be added unto you. Be not solicitous for to-morrow, to-morrow will be solicitous for itself."

SELF-DENIAL AND AUSTERITY.

Far from presuming on the extraordinary assistance of Providence, she rarely requested to be miraculously favored. Such was the austerity of her life, that little, very little, was required for her subsistence ; indeed, that little was even seasoned with mixtures ingeniously introduced to render it unpalatable. One meal, with a little soup in the evening, was her daily diet, and on Fridays the soup was deemed superfluous. Her positions, either sitting or standing, she rendered painful, through a spirit of mortification.