

THE HOME

FASHIONS IN TRIMMING.

A popular fashion-writer says: "All the old-time trimmings are revived. One of the leading dealers is exploiting an advance model for spring. It is just a little house gown of black and white striped cotton, made with a narrow skirt and three flat plaited frills. The blouse is finished with a slightly high waist line and two little frills and the neck is completed by a fish-like collar that is edged with a frill. It is lapped a little to the left side and disappears among the frills at the waist line. The frock is very pretty, very charming, very attractive, and decidedly reminiscent for its prototype, or the approximate one, is to be found in any volume of fashion illustrations dating back to the seventies. That it is a forerunner of much that we will see with the coming of another season undoubtedly is true, and trimmings of the kind already appear upon evening and afternoon gowns.

"All sorts of pretty materials are being used for the platings. In the case of thin fabrics, they frequently are made to match the gown, while chiffon and the like are used upon thicker stuffs. Scallops are almost a craze. They appear in every possible form. One of the very newest skirts is trimmed with perfectly flat scalloped bouffes, one overlapping the other, that extend almost to knee depth. The embroidery flourishes of the handsomer sorts are many of them finished with applied scallops, and scallops are, indeed, a feature of the latest models. Regular scallops are much seen, but often large are combined with small to form irregular edges and altogether novel effects.

AN ICE BOX SUGGESTION.

"I wonder if my 'bright idea' with regard to my ice-box will not prove a blessing to others as it did to me? During the summer I tackled 'funnel over the water' escape on the bottom of the ice-box, slipping over this tunnel a small hose which I ran through a hole in the floor and out of the cellar window through a hole bored in the frame of the screen. This saved emptying the pan each day or wearing out my patience with an overflow. So much for the summer.

But last fall when the time came to clean my ice-box for the winter storage I asked myself the question, 'Why not leave it just as it is with the tube running out of doors, so that the cold could come into the box from the outer air when winter comes?' So I tried it, and now I have an ice-box as cold as ice itself without paying the ice man. The cold in the box can be regulated by the size of the hose used, or by laying a cloth over the hole in the bottom of the box. Care must be taken not to have the outside end of the hose too near the ground, or a mouse may find its way up into the tube. This happened once when I had been away from home for two or three days. A good way to prevent this accident is to cover the opening with a bit of wire screening." CORRESPONDENT—Canada Farmer.

HOUSEKEEPER AND HOME-MAKER.

The Washington Herald makes a distinction between the significance of the words housekeeper and home-maker that is worthy of note. It says: "We often hear it said of a woman: 'What a lovely housekeeper she is!' and, knowing more of that house of which she is the keeper, we sigh with regret that she is not a home-maker as well.

"The services of a housekeeper may be hired—excellent services—and she will see that all requisite dusting and catering are faithfully done according to contract, but the home-maker's talent is one called forth and exercised solely by love for those for whose happiness the home exists, and the mere making of things spick and span is always secondary and subservient to the higher needs of the household.

"The wife and mother who is the real home-maker differs from the wife and mother who is, above all things, the good housekeeper, just as comfort differs from discomfort."

THE GIRL AND HER HENS.

The New York Tribune Farmer tells about a Maine girl who made one hundred and thirty dollars a year from thirty pullets. They produced twenty-five hundred eggs, quite a percentage of which were sold for hatching purposes at fifty cents a dozen and the rest were put into incubators from which she got an average hatch of eighty-five per cent. When the chicks came out of the shells she sold some of them for ten cents each. She raised some of the pullets and the cocks she sold in the fall. At Christmas time she sold the year-old pullets and commenced with the new pullets.

BEE-KEEPING FOR WOMEN.

"I wish I had the power to persuade all farmers' wives to keep a few colonies of bees," writes Mrs. Clara I. Rimsen in the American Cultivator. "They require very little care and give large returns for the money and time invested. The outfit one needs is a veil, a bee knife, a turkey wing smoker, steady nerves, some courage and patience. In all your operations with bees you must use gentleness. All quick, sudden jars and motions irritate them. Work slowly and carefully and you have nothing to fear. If they sting you and it swells your flesh, your system will become accustomed to the poison and soon it will not annoy you any more than the prick of a pin, and it is an excellent preventive of rheumatism. Honey is excellent for sore throat, coughs and colds, and white clover honey is the best blood purifier known. Many of our most expensive bakery goods are sweetened with honey."

TIPPING NUISANCE GETS A HARD BLOW.

Fines for Tipper, Tipped and Employer Who Lets it Happen.

There will be no more "tips" given in Mississippi if Governor Brewer signs the anti-tipping bill passed by the state senate today. The measure provides a fine of one hundred dollars for any employer who permits an employee to accept a tip, fifty dollars for any employee who accepts a tip, and fifty dollars for any person who gives a tip.

Hotels, restaurants, cafes, diners and sleeping cars are particularly specified as subject to the act.

For a strain you will find Chamberlain's Liniment excellent. It always relieves the pain, removes the soreness, and soon restores the parts to a healthy condition. 25 and 50 cent bottles for sale by druggists and dealers.

ANOTHER COINCIDENCE.

Editor of the Sydney Post—Sir—Reading a "Strange Story from Niagara" in the issue of yesterday's Post reminds me of what I witnessed in Pictou town some twenty-five years ago. A Mrs. Hogg, who had a son at sea, woke at midnight and startled all the family by her cries, telling them that her son was drowned. She would not be consoled. Her son, who was away sailing from Liverpool, G.B., to some other port, had at that very hour fallen from the yard arm and was drowned, as was proved when the news of his death reached Pictou.

R. F. B.

STORMS OF LIFE.

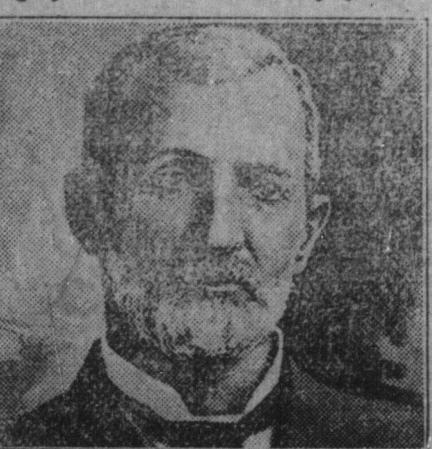
The noblest characters are those who have steered the life saving vessel through storm-tossed seas. A bed of down never nurtured a great soldier yet.

Some folks are so busy putting something by for a rainy day they get little or no good out of pleasant weather.

TRIED EVERYTHING WITHOUT RELIEF

Until I took "Fruit-a-lives"

SARMA, ONT., Feb. 15th, 1910.
"I have been a sufferer for the past 25 years with Constipation, Indigestion and Catarrh of the Stomach. I tried many remedies and many doctors but derived no benefit whatever. Finally, I read an advertisement of 'Fruit-a-lives'. I decided to give 'Fruit-a-lives' a trial and found they did exactly what was claimed for them. I have now taken 'Fruit-a-lives' for some months and find that they are the only remedy that does me good. I have recommended 'Fruit-a-lives' to a great many of my friends and I cannot praise these fruit tablets too highly."
PAUL J. JONES



"Fruit-a-lives" is the only natural cure for Constipation and Stomach Trouble, because it is the only medicine in the world that is made of fruit juices and valuable tonics. Hundreds of people have been cured, as if by a miracle, by taking "Fruit-a-lives", the famous fruit medicine.
50c. a box, 6 for \$2.50, trial size, 25c. At dealers, or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

Distribution of Seed Grain and Potatoes

From the Experimental Farms, 1912.

By instructions of the Hon. Minister of Agriculture a distribution will be made during the coming winter and spring of superior sorts of grain and potatoes to Canadian farmers. The samples for general distribution will consist of spring wheat (5 lbs.) white oats (4 lbs.) barley (5 lbs.) and field peas (3 lbs.). These will be sent out from Ottawa. A distribution of potatoes (in 3-lb. samples) will be carried on from several of the experimental farms, the Central Farm at Ottawa supplying only the provinces of Ontario and Quebec. All samples will be sent free, by mail.

Applicants should give particulars in regard to the soil on their farms and should also state what varieties they have already tested and in what way these have been found unsatisfactory, so that a promising sort of their conditions may be sent.

Each application must be separate and must be signed by the applicant. Only one sample can be sent to each farm. Applications on any kind of printed or written form cannot be postage.

As the supply of seed is limited, farmers are advised to apply early to avoid possible disappointment. No application can be accepted after Feb. 15th.

All applications for grain (and applications from the provinces of Ontario and Quebec for potatoes) should be addressed to the Dominion Cerealist, Central Experimental Farm, Ottawa. Such applications require no postage.

Applications for potatoes, from farmers in any other province should be addressed (postage prepaid) to the Superintendent of the nearest Branch Experimental Farm in that province.

J. H. GRISDALE,
Director, Dominion Experimental Farms.

THE LONESOME MAN.

He's fond of saying caustic things. Some little wily jest that stings is always springing from his lips, and cynicism from them trips; he has a crooked little sneer for everything that you hold dear. He's so astonishingly smart! Religion, marriage, home life, art—what's'er you mention brings a quip that chills the words upon your lip. So we avoid this cleverest which polished sayings leave a dent, and crowd around the pious youth who, though uncultured and uncouth, believes in man, and loves the good old mundane plan. The cynic goes his way alone, like some cross dog that picks a tone. When he's alive none likes his jokes, nobody mourns him when he croaks. I'd rather have my neighbors say that I'm a stupid jay than win for cleverness renown by jerking at the folks in town.—Walt Whitman.

WHEN MEAT IS DEAR.

Fitting Sun—In the preparation of cheap cuts of meat, brown the meat first in a hot spider or kettle for flavor, and seal the surface so that the juices may be retained in the meat. Some scraps of fat may be browned, an onion sliced and fried in the fat, an equal mixture of flour added, and when it is mixed smoothly with the fat, water is put in to make a thin gravy. The meat is then put in and left covered on the back of the stove, and later vegetables and seasoning are added, or they may be put in with the meat, seasoned, covered and boiled five minutes and put at once into the fireless cooker and let several hours or all day. Long, slow cooking is the only rule for good results.

SYMPTOMS OF APPENDICITIS.

The first symptom of appendicitis is severe cramping in the right side, to relieve which the leg is drawn up close to the body.

The severe pains may come and pass away shortly. Two or three such attacks are not unusual before the disease really becomes dangerous.

It is the wisest course in the case of appendicitis to consult a physician at the first intimation of the disease. He may advise that the organ be removed.

If this is the case his advice had better be followed, because at the beginning of the disease the operation is rarely fatal.

Mr. H. M. Clarke, of the proposed national highway from British Columbia to Nova Scotia, was in Truro for a few hours yesterday, says the News. He interviewed many of our citizens interested in the "good roads movement" and then went on to Halifax to have an interview with Premier Murray and other prominent persons.

- BUY "BLACK PRINCE"
- HOSE FOR YOUR BOYS.
- BEST VALUE AND WEAR
- BEST.

Fine Art of Forgetting

One of the most valuable assets you can possess is a well-trained memory, says Greiville Atkins, in the "Nauticus." This does not mean one that retains everything, good and bad. It often happens that the memory retains too much, and one is hampered by the continual flashing on the mental screen of undesirable pictures.

If the day brings you a disagreeable incident, ponder it long enough to extract therefrom its lessons; all experiences have lessons attached to them. See if you have been at fault in any way for what happened, through passion, weakness, indiscretion, carelessness, or any other wrong attributes. Lay to heart the lesson, whatever it may be, as a safeguard against future mistakes; then resolutely shut the incident itself out of your mind, that its shadows may not obscure the path before you. Constant dwelling on past blunders will sap your strength and confuse your judgment that you will constantly find yourself falling into error.

It is only when you are calm that you can exercise your judgment as you should, and if the mind is constantly disturbed by discordant voices from the Hall of Memory any unexpected situation will have power to trip you up.

One of the best methods of training yours if to forget an unpleasant thing quickly is to turn your thoughts immediately to some subject of a totally different nature, so that no chance association of ideas may usher in again the unwelcome guest you are trying to bar out. Think of something so interesting that only an invitation is needed to make it rest content in your mind. This will discourage the intrusive thought, and its next attempt at gaining an entrance will be feeble, and the next feeler still, until at last it sinks away into the shadow to return no more.

The method of postponement is an excellent one also. When you feel that you simply must brood over some unpleasantness that has wrought up your feelings, forbid yourself to entertain the thought for a specified limit of time—say half an hour. The idea that in a little while you will be free to fret yourself as much as you like will quiet your impatient. (This hint is for those who are just beginning to discipline their thoughts, and find the task a difficult one.) When the half hour is up, you will probably be so interested in some thing else that the desire to think of the unpleasant incident will be less keen; then postpone doing so for, say half an hour. Keep this up, lengthening the time of prohibition, and by and by the bugaboo will die a natural death, or else you will see that you were wrong, and that it, and that consequently all the trouble was shadow cast by your own perturbed mind.

Keep a sieve over your memory, that it may allow only the finer things to find a resting place there, while the coarse dross is cast aside.—Brooklyn "Eagle."

There is no better medicine made for colds than Chamberlain's Cough Remedy. It acts on nature's plan, relieves the lungs, opens the secretion of the mucous membrane, and restores the system to a healthy condition. For sale by druggists and dealers.

A Sign of the Times

PEOPLE are becoming very careful about what they eat and drink—

The preference for goods in sealed packages—especially in food stuffs—is now quite definite and becoming more so every day.

We must frankly admit that there are sound reasons for this preference. Food stuffs cannot be exposed to varying atmospheric conditions without losing both strength and flavor.

Tea—of all articles of everyday diet (excepting coffee, perhaps) needs protection most, and best merchants have been quick to appreciate the fact. So much is this the case that the selling of



loose Tea in bulk will soon be a thing of the past. RED ROSE TEA reaches you with all its virginal flavor, strength and purity—

It is sealed in air-tight packages—dust and damp-proof—

RED ROSE is a blend of the best Indian and Ceylon Teas.

The former assures generous strength and richness—the latter that coaxing, delicate flavor. Qualities for which Red Rose Tea is famed.

Ask your Grocer for the 40c. package of Red Rose and you'll get better Tea—Tea that spends farther—for the same money.

You want "Good" Tea—well,

"Red Rose Tea is Good Tea"

THE TOILER.

"I ask not
When shall the day be done and
rest come on;
I pray not
That soon for me the curse of toil
be gone;
I seek not
A sluggard's couch with drowsy
curtains drawn.

But give me
Time to fight the battle out as
best I may;
And give me
Strength and place to labor
still at evening's gray.

Then let me
Rest as one who toiled afield
through all the day."

On Dec. 15th last during a thaw Mrs. T. H. Kennedy of Moose River, Me., dug a root of rutabara from her garden and planted it in a tub of earth in her cellar near the furnace. The root has produced a plant with leaf stalks two feet long, and last week Mrs. Kennedy cut enough to make a large pie.

Here is a message of hope and good cheer from Mrs. C. J. Martin, Poon Mill, Va., who is the mother of eight children. Mrs. Martin was cured of stomach trouble and constipation by Chamberlain's Tablets after five years of suffering, and now recommends these tablets to the public. Sold by druggists and dealers.



Take One Pill, then Take it Easy.

Take What Pill? Why, a Dr. Miles' Anti-Pain Pill,

of course. Good for all kinds of pain. Used to relieve Neuralgia, Headache, Nervousness, Rheumatism, Sciatica, Kidney Pains, Lumbago, Locomotor Ataxia, Backache, Stomachache, Periodical Pains of women, and for pain in any part of the body.

"I have used Dr. Miles' medicines for over 12 years and find them excellent. I keep Dr. Miles' Anti-Pain Pills in the house all the time and would not think of taking a journey without them, no matter how short a distance I am going. I cannot praise them enough."

Mrs. Lou M. Churchill,
63 High St., Fenwick, N. H.

At all druggists. 25 doses 25c.
MILES MEDICAL CO., Toronto, Can.



Which is his

THERE'S no mistaking the expression of a man whose farm is well "improved." He looks as prosperous as he feels.

It isn't the size of a place that counts most, nor its actual dollars-and-cents value. It's rather that "well-kept" thrifty appearance; the appearance that makes you think of fat stock, and well-filled barns, and comfortable, contented living.

Neat, permanent improvements go further in giving a farm this appearance than any other feature.

Concrete Is The Ideal Material

for such improvements. It is neat, harmonizing with its surroundings in the country. Everlasting, it cannot be injured by fire, frost, wind or lightning. Age—instead of causing it to decay—actually makes it stronger.

Concrete never needs repair—first cost is last cost. New improvements can be added year after year with less expense than would be required to keep wooden structures in repair.

Concrete walks, feeding floors, dairy-barns, ice-houses, root-cellars, well-curbings, fence posts, silos—which of these does your farm need most? Whatever you want to build, it's best to build it of concrete.

Do you want to know more about this subject of permanent farm improvements? Then write for your copy of

"What The Farmer Can Do With Concrete."

It's a book of 160 pages, telling how other farmers have used the "handy material" to good advantage. Published to sell at 50c. a copy, it is now being offered free to all farmers who write for it. Address

Canada Cement Co., Ltd., National Bank Building, Montreal.



SEND ME YOUR BOOK.

Real Estate

RESIDENCE FOR SALE.

Situated on Granville St., Bridge-and pantry on first flat. Six bedrooms and bath room on second flat. Basement contains summer kitchen, laundry and cold storage room. Heated by furnace. Hot and cold water. Apply to

JOHN IRVIN, Agent

FARM FOR SALE.

Medium size Farm, fine large buildings, large young bearing orchard, marsh, pasture, wood. Situated at Granville Centre. Apply to

SOMERS McCALL.

FARM FOR SALE

The subscriber offers his valuable farm for sale, situated in Clarence, four miles from Bridgetown, consisting of a splendid orchard, good hay farm. Plenty of wood and water, good buildings.

Part of purchase money can remain on mortgage if desired.

ADONIRAM RUMSEY.

Clarence, Jan. 29th, 3 moe.

FARM FOR SALE

At a sacrifice, in North Williamston, formerly owned by the late Simpson Charlton. Is in prime condition. A young orchard yielding 700 to 1000 barrels of apples. A good hard-wood lot attached. Two good pastures. Has a good house and barn.

Apply to the owner,

T. A. NEELY,
Bridgetown, Jan. 29th, t.f.

To Let

The Hall over Monitor Office, formerly occupied by the late Simpson Charlton. Audience room with two side rooms. Wired for electric lighting. Heated if desired.

Suitable for business offices.

IMPORTANT NOTICE

According to the postal law now in force newspaper publishers can hold for fraud anyone who takes a paper from the post office and refuses payment, and the man who allows subscriptions to remain unpaid and then orders a postmaster to send notification of discontinuance to the publishers lays himself liable to arrest and fine. Postmasters are also liable under the law for the cost of papers delivered to other persons after the death or removal from their office district of the persons to whom the paper was first addressed.

WANTED

A LARGE QUANTITY OF HIDES, BELTS, CALF SKINS & TALLOW

CASH PAID AT THE

HIGHEST MARKET PRICES

MCKENZIE CROWE & Co., Ltd.

500 Barrels Kerosene Oil

TO COME FORWARD

We have one carload a week arriving. There is a slight change in price. Write for quotations.

QUALITY

Our customers say it is the best that has been sold in the Annapolis Valley.

Ilsley & Harvey Co. Limited, PORT WILLIAMS



COSTS LITTLE

Accomplishes Much

A two cent stamp does a lot for very little money, but it would require thousands of two cent stamps and personal letters to make your wants known to as many people as a 2c. investment in our Classified Want Ads.