GENERAL INTEREST TO WOMEN READERS

Sunlight Soap

There is pleasure at every stage in the use of Sunlight. In the washing-for the work is greatly lightened.



A \$5,000 guarantee attests the purity of Sunlight Soap.

All grocers sell it.

BATTALION SONGS

(Readers Are Invited to Contribute

Songs of Their Favorite Bat-

tallons to This Column.

Here's to the boys of our battalion, Strong fellows, brave and true,

They will fight and do what's right,

They're going to fight to show What can be done for our country,

Daily Bible

Question Club

By Rev. T. S. Linscott, D. D.

titute the International S. S. Les-

ory on which this study is based, as you ponder the following questions:

"Journeying to Jerusalem." Acts xx.

God, and to the Word of His Grace.

They'll do their bit and we know

Three cheers for the One-Six-O. Hurry up, hurry up, and join them

And when they meet the foe

V ERSE--New and Old

THOSE SONGS MY MOTHER USED TO SING. Auntie's Friend. Auntie's Friend.

Within the shadow of my room
An old melodeon idly stands,
A relic of my dear old home
Long years ago in distant lands.
Its ivory keys are turning brown,
But 'round it tender mem'ries cling.
And with its sweetest tones have flown
Those songs my mother used to sing.

Here's to the boys of our battalion,
Strong fellows, brave and true,
They are going to fight for our country,
To fight for our red, white and blue.
So let us be up and doing,
Yes, doing our bit alone,
For we can knit socks for our soldier
hovs.

"Believe Me, if All Those Endear- And keep the fires burning at home. ing Young Charms,"

ing Young Charms,"

Is a song that she oft sung to me,—
And the "Last Rose of Summer" still breathes a fragrant melody;
Ah! "Do You Remember Sweet Alice,
Ben Bolt."

Chorus:
Here's to the boys of the One-Six-O, Cheer them on, for they are soon to go to like the kaiser and fight like sin, And they won't let up fill they get to the boys of the One-Six-O, Cheer them on, for they are soon to go to like the kaiser and fight like sin, And they won't let up fill they get to the boys of the One-Six-O, Cheer them on, for they are soon to go to like the kaiser and fight like sin, And they won't let up fill they get to the boys of the One-Six-O, Cheer them on, for they are soon to go to like the kaiser and fight like sin, And they won't let up fill they get to the boys of the One-Six-O, Cheer them on, for they are soon to go to like the kaiser and fight like sin, And they won't let up fill they get to the boys of the One-Six-O, Cheer them on, for they are soon to go to like the kaiser and fight like sin, And they won't let up fill they get to the boys of the One-Six-O, Cheer them on, for they are soon to go to like the kaiser and fight like sin, And they won't let up fill they get to the boys of the One-Six-O, Cheer them on, for they are soon to go to like the kaiser and fight like sin, And they won't let up fill they get to the boys of the One-Six-O, ONE OF OXFORD' otes ring— t I hear those dear old songs For the land they love

Those songs my mother used to sing. Its frame is falling to decay, The music from its soul has fled.

And those dear hands that used to play,

Like autumn leaves, lie still and dead.

They're going to fight to show

I see her dear form sitting there Sometimes, when fancy takes its wing; And then, with tear-dimmed eyes, I hear Those songs my mother used to sing. Come Back to Erin, Mavourneen,

Mavourneen;
Tenderly of Ireland's isle she sang,
And of Bonnie Annie Laurie,
That oft through dear old Scotland's mountains rang. Ah! Way Down Upon the Swanee River, What happiness those misty mem'ries

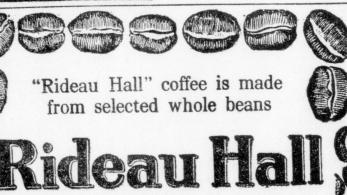
Tonight I hear those dear old songs Those songs my mother used to sing.



ECZEMA

Results from neglected chafing and skin irritation. As a preventive and cure there is no treatment to compare with Dr. Chase's Ointment. Use it after the bath. 60 Cents a Box, all Dealers, or Edmanson, Bates & Co., Limited, Toronto. Sample free.





16-38

Acts xx., 32.

Rideau Hall

Steel-cut Coffee Chaffless

Search the world from end to end, You will find no other blend That equals,—' Rideau Hall.'''

Gorman, Eckert & Co.,

London and Winnipeg



Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

is perfectly correct.

"A Stepmother's" Aim.

"Who is there, tapping at my window,

Disturbing me from my night's rest?"

but I think you have quite a bit of cour-

Can anyone else supply the words of

A Chicago Vacation

f the readers give me o

Sulphur on Coals.

Has Dimples.

Just Grown-Up Children.

mediately only I am so very busy with

having extra men to cook for. It is har-

vest time, and with building operations

It seems to me from some of the let-

trivial matters. One will say that the

BRIGGS' NO STICKINESS

ARE CLEAN

ALL DEALERS

HAMILTON

Hospitals in Guelph.

Dear Miss Grey,—Could you, or any of your readers, tell me if there are more than one hospital in Guelph, and to whom one should address a letter or beaches with cream, small cakes, tea.

(c). Salmon loaf with border of stuffed eggs, potato salad, scones, sliced peaches with cream, small cakes, tea. the names of the hospitals? When introducing a lady and gentleman, would it be proper to say: "Miss Brown, meet Mr. Jones," and when a gentleman takes a lady in the say in the takes a lady into a restaurant should she thank him for the treat? My writsne thank him for the treat? My willing, is it very bad? Would like your fruit jelly containing orange and ban-opinion of it. Best wishes to all. opinion of it. Best wishes to all.

BILLIE. Ans.-1. Hope some Guelph reader not served at a supper but at a noonwill respond with this information. 2.

Better to say "Miss Brown, may I (or let me) introduce Mr. Jones." The word actly the same ingredients, place them 'meet' in an introduction is considered in a fruit bowl, add whipped cream in oad form. No, it's not very bad.

A Vinegar Ple. Dear Miss Grey,—I see where "Girl of All Trades" has sent in some cro-chet patterns. Can I have them? I do not care for the knitted ones. If any of the readers will send me quilt blocks designs I will return the favor in any way I can. Dear Miss Grey, mother would like you to print a recipe for vinegar pie. I also wish to thank "Spruce Shelter" for information of the St. Potty No. 2 (2012) to 1. 2 (2012) to 2. the 65th Battalion, Saskatoon. I am sending stamp for patterns. Hope I am not too late. I am sending some coupons and a few flags. Perhaps someone will want them. I will sign as before, MABEL II.

Ans.—I have inserted two of "G. of song which starts like this: A. T.'s" designs into your envelope, and shall retain it for a few days in case any quilt designs come for you.

2. Wonder if you will like this ple recipe: Vinegar Pie.—One cup of of Also "Where the River Shannon Flows"? water, 1 cup of sugar, piece of butter size of egg, ½ cup flour, 3 tablespoonnutmeg. Stir all together, and when few coupons which have been received

Dear Miss Grey,—Seeing I am a soldier's wife with six small children to raise the oldest just eight, I think I will have my little say regarding patriotic money. I am very grateful to receive it, for without it I could not possibly make ends meet on the Government's allowance at the price everything is. Oh, you farmer's wife, I feel thing is only the work of the wicked, windy city of Chicago, the wicked, windy city of Chicago, the wicked, windy city of Chicago, the wife I spent my vacation. Some city, but I'd hate to live there. thing is. Oh, you larmer's wile, I reel very sorry for you. Why don't you take note of that big man (Sam Hughes) and the money he is spending—not his own money; he is too wise for that, but the Government's money, he ap more, too, that have reached me from various sources.

When you larmer's wile, I reel where I spent my vacation. Some City, the foot. To make as illustrated will require 43% yards of 44-inch material for full portions of skirt, vest, collar, sleeve extension and skirt yoke, and 33% yards for panels, sleeves, waist portions and drapery for an 18-year. It's you poor down-trodden farmers that's helping to furnish it for him. Leave the soldier's wife alone to spend her few dollars that's given to her to spend on behalf of her family. I have not been able yet to save enough out of it to buy a cow, which would be a great money-saver in our family, as the farmers want such a price for them; it's beyond my reach. If "O. F." C. E." cares I will send her an account and she can have all that's over HERE'S TO THE BOYS OF THE 1-6-0, count and she can have all that's over to buy gasoline for the car, for fair times will soon be here. I should worry, but I don't. ONE OF OXFORD'S OWN 168TH

Dear Miss Grey,—Just a few lines in '2. Could anyone give me a pin of the reply to "Soldier's Wife," Oxford 135th Battalion? I could give in ex-

James, but very few or \$20 for a hat, especially in these times, when farmers are doing their bit for king and country, both by men and money. We are proud of our men who have donned the khaki and can sympathize with the women who have seen their loved ones go.

But why does "Soldier's Wife" pick on the farmers, because she in the solution of the solution the s

on the farmers, because she has probably had her lot cast in with a family by "L. of K. L."? meal. I know for a fact she can find families in the city who live as "close" as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live, but I also know as it is possible to live as it is possible to The six daily studies for this week on for next Sunday. Read the Bible Golden Text-"I Commend You to these parts, or it must have been before ve can remember. In these times the Dear Miss Grey,-For cholera in hird help eat with the family, and chicks, when the chicks are out of a much.

nishing concrete examples of the power from \$1.50 to \$2 for such, and they

only wear about two weeks. licly? (This is one of the questions tion is "Y-eep" (or E-pray is the French which may be answered in writing by way), and "Ver-dun," emphasis fairly self. I am inclosing 25 cents. I am only Someon

oles.

2. I haven't looked up an encyclopedia definition, but believe "high treason" means treasonable acts or conspiracy means treasonable acts or conspiracy against the highest in our Empire. This go as

my writing? Hoping this is not taking up too much space. I may call again will be excused this time. Thanks all home in time to make a block for her duilt.

My, how I do pity the soldiers at on?

Grandma Kraw I with others for the same purpose, or en- others. Yes, do call. You write fairly deavoring to injure them in any way.

Also to render any aid whatever, in noney, information, influence, etc., to a ountry at war with Britain is an Dear Miss Grey,—One of your Scotch readers wished to get the "Highland-

offence of high treason.

3. I do not know, and could not give man's Toast." I have it, and will gladly copy the words in about a week's time. I make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy of the piece important of the make a copy

Company Suppers.

Dear Miss Grey,-Would you be kind going on at the same time, it does make nough to suggest some menus for extra work.
ompany suppers, when one does not It seems to wish the trouble of preparing a din-ner. Also, is it proper to serve fruit women are only grown-up children after ocktails such as grapefruit, etc., when all, and can "spat" over some very

cold meat is served? Thanking you in advance, I remain, Ans.—These menus may answer, or not sufficiently elaborate, you can

f course add to them any dishes that suggest themselves. (a) Sliced tomatoes with dressing. old sliced tongue, homemade relish, cananas and ice cream, crumb cake

PRICE (b) Cabbage, walnut and celery salad,

ADVERTISER **PATTERNS**



A SMART SUMMER FROCK. 1706—Dress for Misses and Small Women (with Sleeve in Either of Two

Wishing you every success, I remain, as ever, YOUNG STEPMOTHER.

Ans.—I am sending to the second success of th s ever, YOUNG STEPMOTHER.
Ans.—I am sending to you quite a by gathered sections. It is cut with ample fulness and is finished with thick pour into a previously baked pie since your first letter. Every little helps, crust.

few coupons which have been received gracefully draped over-portion or tunic. The waist has double vest portions, joined to side front sections, under a deep tuck fold. The neck is cut in "V" outline, and is finished with a smart collar. The sleeve may be in short length, finished with or without the extension, or made in fashionable wrist length, with a deep cuff.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

ADVERTISER PATTERN DEPT.

Dear Miss Grey,-Having seen where Province Old Country Woman' sent in some Gypsy gum wrappers, could I have the Age (if child's or misses' pattern) ... letter "W," if that is included in the ones she sent in? If not, could some Measurement: Bust.... Waist...

could give in ex-some of the soldiers

there is the good and bad with soldiers as with everything else, and we will Dear Miss Grey,-I noticed where have to take them as they are. I know of men who have gone to the comic recitations. I am forwarding front from a sense of duty, and who

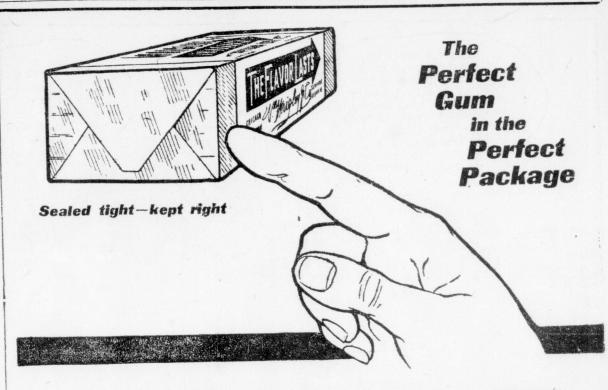
Ans .- No. "Betty," no trouble, I as-

sure you. Yours is a very sensible view FIRST TIMER.

Ans.—As near as I can give it with
Nannie's" collection I thought I would ferent." Crocheting readers, please send ouse in addition to preaching it pub- out indication marks, the pronouncia- try and help, too, as some day I may yoke and insertions designs for "Betty

mother knew it when she was young, and would like to get it. Some of the

I had to get the advice of a real law G.C.Briggs & Sons follows: 1. You require a junior my triculation certificate. 2. Either



WRIGIE'S

is sealed - that's the thing I like about it. No matter when or where I buy it, the flavor is there - full strength, and it's fresh and clean.



nuch.

1. Has anyone a pretty nightdress Kate" wanted to exchange recitations.

Someone else has sent "Scotch Readway), and versum, emphasis tell, and the syllaequally divided between the two syllalayers old. What do you think of
my writing? Hoping this is not taking
will be excused this time. Thanks all home

words are:

"On the field of battle, mother, All alone I lay; Angels watch o'er me, mother, Till the break of day.' BRITISH GIRL.

Ans.—1. A Friday.
2. Referred to our readers. Hope we may get it for "grandmother."

A Lawyer's Education pass unchannenged, for it is a fiber on is the only English-speaking man is the only English-speaking man is the squadron. I love to help other us, and I think the cases mentioned are us, and I think the cases mentioned are us, and I have been in this come a lawyer? Where it would be necessary to go—to high school or to necessary to go—to hig college—and for how long? Thanking liquor, or entering a bar, and even if luck and happiness, I still remain you in advance.

A FARMER BOY.

Ans .- You will have thought your an tion, then you must be articled to some are away amid dangers we know not, war.

they are not in the majority and neither are the farmers. I venture to say if "Soldier's Wife" would make an unexpected call at meal time at a farmer's home she would find she could sit right and hired help and have a meal she could enjoy as well as in a city home, and surely if she has spent seven years, as she says, among farmers, she has spent seven years, as she says, age for Curly Locks' pieces. You forwell as in a city nome, and surely it in advance.

UERLY LOCKS.
she has spent seven years, as she says, Ans.—Saucy Kate, please send postamong farmers, she has had many a age for Curly Locks' pieces. You forgood meal, or if not where could she have been? I am quite sure not around these posts or it must be so far ages, so I guess all the scolding secretary. Law Society of Upper Cansada, Osgoode Hall, Toronto, Ont. Now, is some women can keep quite a family on what other women waste. It has been so far ages, so I guess all the scolding so far ages, so I guess all the scolding secretary. Law Society of Upper Cansada, Osgoode Hall, Toronto, Ont. Now, is that not a nice, complete answer for what other women waste. It has been so far ages, so I guess all the scolding some people think that a crime.

Wants to Exchange.

acts xx. 32.

1. Verse 16—As a geographical exercise, look up on the map the places mentioned in verses 13 to 17, and say where they are situated.

2. Verses 17-21—Paul here opens his heart, and gives his personal experience without any of the art of the orator; would it be more Christian, and more practical, or not, and why, 4f modern preachers would constantly give their experiences in their sermons thus furnishing concrete examples of the power from \$1.50 to \$2 for such, and they included a point of the concrete in this high elements as a geographical exercise, look up on the map the places, in the day, cover the chicks, when the chicks are out of the cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with old carpet, put an old dish that cop with

Dear Miss Grey,—Just a line, as I lidn't see my last letter in print. I

means treasonable acts or conspiracy against the highest in our Empire. This would include an aim to take the life of the reigning sovereign, his or her consort, or the heir-apparent; conspiring sort, or the heir-apparent sort, or the much to get a pin of the 135th and 142nd Battalions, if anybody has one to spare. With best wishes, from A FARMER'S DAUGHTER.

Ans.—Where were your bright eyes, child? Your other letter was in print at the time. I'm not printing your closing paragraph, because—well, I do willing to help in my humble way any closing paragraph.

pass unchallenged, for it is a libel on is the only English-speaking man it was the case, does "O.F.C.E." think what may be the cause? Now, Miss | Ans.-You have a most helpful d Grey, I do not condone the fault, and position for a "Pussy Cat," and jus am only sorry if it's true. But do these people that talk this way realize what loneliness is like?—that awful feeling requested. It must be interesting to when everything looks black, those be providing for two Tommies, as you thoughts that rise and stay with us no are. I am in hopes our readers will matter what we do, when our dear ones take up the adopting of a prisoner of

have our dearest and best (D.V.) back the handy remedy that quickly heals

Dear Miss Grey,-In Saturday's Ad been away for five weeks on my vertiser I saw where "Port Elginite ys; had a lovely time, but didn't gives help for goitre, but doesn't sa see The Advertiser. How is "Deserted" what kind of goitre. Is it just the getting along, and dear "Mrs. Gay" simple goitre that just affects the and "Aunt Nannie"? Sorry I wasn't throat or the kind that affects the whole

What day did August 1, 1899, come SUN FLOWER NO. 2. Ans.-1. Will "Port Elginite" please

Dear Miss Grey,-Inclosed please find a few more coupons also some cards

not approve of that sort of thing, and he never sent address in answer to your other note.

Willing to help in the Mail-Box readers do for "Aunt Nannie." I have adopted two soldiers at the front whom I have never seen, and keep same in smokes and handkerchiefs, socks, etc., and Dear Miss Grey,—Here I am again, but I cannot let the letter of "O.F.C.E" are both in the Flying Corps, and one

WHAT SMELLS MORE OF WELCOME WHEN YOU WALK INTO A HOME THAN A VASE OF Fresh Cut Flowers? We are always ready to sup-WEST FLORAL CO. 249 Dundas St. Phone 2187.

all cuts, scrapes bruises, etc. z



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TOMATOES Choice "Trellis," per lb. .. 20c

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