

Suffered for 15 years with constipation— Kellogg's ALL-BRAN brings relief in 3 weeks



**Tried every-
thing. Even op-
eration. Only
Kellogg's
helped him.**

Constipation paves the way to many harrowing diseases. But Mr. Williams' letter carries a message of cheer.

I have been using your ALL-BRAN for the past three weeks and it has done more for me than anything I have tried in the past fifteen years. I was troubled with hemorrhoids for years. About six months ago I was operated on with very little relief. I tried everything under the sun. Then my wife suggested Kellogg's ALL-BRAN, and I am truly glad that it is the only thing that ever gave me relief.

Yours truly,
L. T. WILLIAMS.
(Address on request).

**Kellogg's
ALL-BRAN**

The Mind of an Ape

Socially-minded creatures must be studied in groups. A study of human psychology made from a man in solitary confinement would not be worth much. This fact is applied to the chimpanzee in a recent book by Prof. Wolfgang Kohler, a German authority, described by a reviewer in Nature (London) as "a distinct advance in comparative psychology." Professor Kohler was able to study his chimpanzees in very favorable conditions of health and housing in Tenerife. He realized that these apes are characteristically social creatures and must be studied in companionship with their fellows. A chimpanzee is intellectually and emotionally bewildered if it is kept in solitary confinement. "It is hardly an exaggeration," he asserts, "to say that a chimpanzee kept in solitude is not a real chimpanzee at all." We read in the review:

"Professor Kohler's experiments were also marked by their critical carefulness. No emphasis is laid on single incidents; the crucial experiments were repeated many times. Careful descriptions were for the most part rejected."

"The book gives abundant evidence of genuine intelligence or power of perceptual inference. Thus a chimpanzee will pile one box on the top of another to the number of four, in order to reach a banana fastened to the roof of the cage. In the course of a forenoon a clever chimpanzee discovered how to fit a short bamboo rod into the end of a longer and broader one, so that it was able to reach a prize lying beyond the bars. Even more striking was the prolonged biting at an unsuitable piece of wood so that it could be fitted into the bamboo rod, thus making a double stick. The apes often showed very precise observation, for example, of the spot on a raised and featureless ground where

they had seen some treasure buried. They recognized their teacher or a companion after prolonged absence, though on the whole, out of sight is out of mind to a chimpanzee. A conspicuous feature was their restless inquisitiveness; it often seemed as if they liked trying for trying's sake. They would feed the hens with bread which they themselves were not fond of, and would watch the details of the pecking with great interest—obviously the beginning of chimpanzeeish ornithology. This they would prosecute by luring a hen close to the cage and then suddenly giving it a dig in the ribs with a stick. Very quaint was the appreciation of a hand-mirror and the passage to the use of other things as mirrors, such as pieces of metal or even a pool of rain-water, at which they would stare long and intently, just as if self-consciousness was dawning. Yet in spite of long-continued experiments, the apes never got away from the conviction that there was an elusive 'other fellow' through the looking-glass. For him they would lie in wait and at him they would make many a sudden pounce!

"The particular limitations of chimpanzees seem to be their poor vocabulary and their slight capacity for working with 'images' in the mind. They solved many problems, such as those we have mentioned, but one condition of success is that they must be brought into circumstances where the factors that constitute the solution are all visibly given. They must have all the facts of the case within their visual range. The book seems to us a very valuable one: its net result is to show that chimpanzees are very ingenious within a narrow range."

Just before serving toasted ham sandwiches, spread them with hot cranberry sauce and grated Parmesan cheese. Garnish with parsley.

Municipal Council

WEEKLY MEETING.

The Weekly Meeting of the Municipal Council was held yesterday afternoon. Mayor Cook presided and Councillors Martin, Outebridge, Collier, Ryan and Dowden were present.

The Superintendent of the General Hospital called attention to the need of having "blind corner" near the Hospital eliminated, as but a few days ago a very serious motor accident occurred at this particular place. He also stated the owner was quite willing to have the fence removed and replaced with fencing which would be less objectionable. The Engineer is to take up the matter with the owner.

In the matter of the extension at the waterside premises of Messrs. A. E. Hickman, Co., Ltd., as taken up at the last regular meeting, the Company informed the Council they are merely taking temporary precautions to protect a large quantity of merchandise on their premises, and as the iron framing for the new building has now arrived they will submit plans and specifications for Council's approval as soon as same are prepared.

Mr. L. G. Chafe referred to the necessity of placing a light on the east side of Springdale Street corner of Gilbert. This will be given consideration by the Lighting Committee.

The communication of the St. John's Nail Manufacturing Company with regard to the gully near their premises, Hamilton Street, will be given attention by the City Engineer.

Owing to complaints received of late as regards annoyance caused citizens by the noise of the sanitary night cart wheels, the Engineer was asked to, if possible, devise some means for improvement of same.

The City Engineer, in his weekly report, stated the extension of 6 in. main, Penneywell Road, as well as that of City Terrace, Duckworth Street, would be finished in the course of a few days. That the concrete wall, Southside Road West, had been completed; and that the widening at junction of Quidi Vidi and Forest Roads was now being attended to. He also informed the Board that road work for the season was closed down, and rollers and other appliances would be stored for the winter.

PLANS.

The following were passed, subject to the approval of the City Engineer, at whose office necessary permits may be had on application:

Store, P. Murphy, Water Street West; Garage, Malcolm Short, Le Marchant Road, provided he installs ventilator in the building.

The acting Medical Officer of Health reported no new cases of infectious disease in the city during the week.

With the reading of reports of the Sanitary Supervisor, and other departmental officials, and disposal of other routine business, the meeting adjourned.

November 5th, 1925.

Progressive Cities

Progressive American Cities believe in spending millions for improvements. Toledo, Ohio, which has increased 88.4 per cent. in values of manufactures in the last industrial census period of two years, proposes to have a \$32,500,000 bond issue. The Chamber of Commerce has evidenced the proposal for the reasons that they believe that the improvements are necessary for the progress and welfare of Toledo; that Toledo must invest in itself if it hopes to attract business and industry; that the improvements will more justify the comparatively small increase in taxes that will result, and that all the projects are of such general character that they will benefit all of the City.

The amounts for public improvements to be voted upon are as follows:

Street Paving	\$3,000,000
Elimination of Railroad Grade Crossings	3,000,000
Procuring Real Estate for City Hall and other Public Buildings	2,500,000
City Hall and Public Building	2,000,000
Central Heating Plant and Equipment for Public Buildings	500,000
Intercepting Sewers	1,000,000
Sewage Disposal Plant	2,000,000
Haunee River Bridge	3,000,000
Water Works Extension	2,500,000
Procuring necessary lands for Parks and Playgrounds, and Improving Drives in Parks	2,000,000
Acquiring Boulevards and improving same	3,000,000
Construction and Equipment of Fire Houses and Apparatus	1,000,000
Police and Fire Alarm System and Traffic Control Equipment	500,000
Buildings for Zoo	250,000
Street Opening and Widening	2,000,000
Bridges	1,000,000
Canal Boulevard and its improvement	1,750,000
Port Development	1,500,000

The Los Angeles City Council has announced a budget of expenditure for the next ten years. The city will spend \$469,350,000 as follows: Colorado River project, \$100,000,000; steam electric plants, \$5,000,000; power lines distributing systems, \$22,



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000,000; viaducts, bridges, etc. \$11,500,000; New City Hall, \$7,500,000; major highway traffic plan, \$35,000,000; new Public Library, \$500,000; water projects, \$8,000,000; Los Angeles Harbor, \$15,000,000; storm drains, \$10,000,000; sanitary sewers, \$10,000,000; street improvements, \$250,000,000; school tunnels, \$250,000.

CONFEDERATION LIFE.—
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SHIPPING LOCAL and FOREIGN

S.S. Newfoundland is now en route to Liverpool from this port.

S.S. Sachem is now en route to this port from Liverpool.

S.S. Canadian Sapper is now due at Montreal from here.

S.S. Rosalind, which arrived from New York and Halifax yesterday, sails again to-morrow.

S.S. Silvia arrived at New York at 8 a.m. yesterday, and leaves there again to-morrow.

S.S. Hethpool leaves Halifax to-morrow, for here.

S.S. Frednes leaves New York to-morrow for Boston, Halifax and this port.

S.S. Emperor of Halifax leaves Montreal on the 10th inst. for here.

Schr. C. Bryant has sailed from Carbonear for Barbados with 1,590 quintals of shore codfish, 150 barrels split herring, 24 tierces and 12 barrels of salmon, shipped by F.P.U. Trading Company, J. T. Sawyers, and W. & J. Moores.

Schr. Milburn, Captain Henry Miller, has arrived here from Bonaventure, E.B., after a splendid run of 8 hours. The vessel has on board 1,000 quintals of fish.

Schr. Elsie Butt, Champion master, is loading general cargo at Hervey's wharf for Wade & Co., Conception Hr.

Schr. Max Horton, Capt. Stoddley, has arrived at Aquaforte, with her main sail gone. The vessel, which is owned by Forsey, of Grand Bank, left Greenspond about a week ago for Quirpon, to load fish for a Halifax firm, but was caught in the storms and driven to sea making land again only yesterday.



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LIFE SAVERS

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**"always
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OVERCOAT at a
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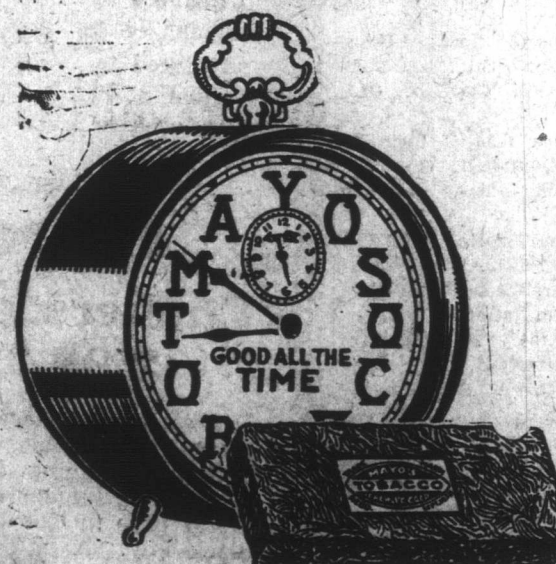
We are closing out our entire stock of
"American" made Suits & Overcoats

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The high quality of our MEN'S CLOTHING is well known in Newfoundland, so this announcement will be of great importance, particularly at this time of year. Come in early, Men, and "get in" on this sale

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Closing date November 30th

A New Source of Helium

A new way of getting helium has been suggested in Germany by Dr. Kurt Peters of the Physical Technical Institute of Berlin. It is to be distilled from radioactive minerals used in various industries, and mainly from monazite sand, which is made into Welsbach mantles, says Science Ser-

vice's Daily Science News Bulletin (Washington).

"Although it has been known for a long time that these minerals give off helium when heated, the gas has never been recovered commercially. Dr. Peters estimates that a production of from fifteen to twenty thousand cubic feet is available annually, which is a thousandth as much as was lost in the Shenandoah disaster

in one day. While this amount will not be sufficient for use in dirigibles it is expected to suffice for technical purposes. Dr. Meissner, also of the Physical Technical Institute in Berlin, obtained about two or three cubic feet of the gas from a non-helium mixture. This was obtained as a by-product in the manufacture of liquid air used in Berlin refrigeration plants, after months of distillation in

the laboratory. It is estimated that this amount of helium came from about five million cubic feet of air."

Season mashed sweet potatoes, add well-beaten eggs, drop by spoonfuls in a gratin, bread crumbs, and fry in deep fat.

PREVENT GRIPPE WITH MINARD'S LINIMENT.