

Just a few drops of Shirriff's Non-alcoholic Extract give the richest, most delicious flavor you could imagine to your puddings, pies, cakes and candies. With Shirriff's you need use only half the usual amount because it is doubly high in flavoring properties. Ask your grocer for your favorite flavor.



# Shirriff's FLAVORING EXTRACTS NON-ALCOHOLIC

## "Flowers of the Valley,"

MABEL HOWARD, OF THE LYRIC.

"What could I do?" she said, humbly. "He threatened not only me, but—but others."

"And I was away in Italy!" exclaimed Clarence, with intense self-reproach. "Oh, Iris, what you have suffered, alone and friendless—"

"You forget my true little friend, Paul!" she said.

"A boy!" he said. "But, no; I have not forgotten him, and will not forget him."

"But, this man, this scoundrel Ricardo! I let him go to-night, but he shall not escape me! He should be in prison now; he was sentenced to ten years' penal servitude."

Iris shuddered.

"There is no prison that could hold him, it seems to me," she said; "he is like a snake."

"Which I will scotch!" muttered Clarence. "Thank Heaven you are helpless no longer, Iris. You can hold me at arm's length, but you cannot prevent me watching over you! From this hour you shall run no more such risks as this of to-night."

"And you think I will let you waste your life for me?" she murmured.

"Waste!" he echoed, with a laugh. "It is the only chance of happiness left to me."

The cab drew up at Mrs. Barker's as he spoke, and he looked up at the third-rate row of houses with surprise.

"You told me you were rich?" he said, reproachfully.

"So I am, dear friend," she said; "and I live in this quiet way by choice, not necessity."

this is Paul Foster, the composer, my very dear friend!

Clarence held out his hand and grasped Paul's tiny fist heartily.

"Miss Knight—Miss Howard's friends are mine, I hope," he said, fervently. Then he said in an undertone, "You will let me come to-morrow?"

"Yes," said Iris. "Come and hear Paul play, Lord Clarence."

Clarence took her hand and held it a moment, then raised his hat and leaped into the cab.

"Mrs. Barker, I have been in great trouble, and Heaven knows where it would have ended but for the gentleman you have just seen! He is an old friend of mine—and—" her voice faltered—"my father."

All unconscious of the impression she had created, Iris turned to her as she closed the door, and said:

"Mrs. Barker, I have been in great trouble, and Heaven knows where it would have ended but for the gentleman you have just seen! He is an old friend of mine—and—" her voice faltered—"my father."

"Well, Ralford, I think I have kept my word," said the duke, when Lord Clarence had disappeared with Iris.

"Yes, duke," said Lord Ralford, gravely, and with a look in his honest eyes that was not very flattering to his grace. "You have won, and here is your money, but I think if I were in your place, I would rather have lost!"

The duke grinned.

"Rather late in the day to turn moralist, isn't it, Ralford?" he retorted, with a sneer. "After all, it was a harmless bit of fun."

"Harmless!" said Lord Ralford, raising his eyebrows. "Do you think this will do Miss Howard no harm? There are half-a-dozen newspaper men in the room! Do you think the story will not be in every paper in London to-morrow morning?"

The duke shrugged his shoulders. "A capital advertisement for her," he said laughing. "My dear Ralford, these sort of people delight in notoriety, and you and I have given Miss Howard a new lease of popularity."

"That's your business, my dear sir," he said, with haughty contempt; "meanwhile I should go home and bathe my face"; and as the signor stole stealthily down the stairs the duke returned to the room to gloat over his victory.

He was sitting drinking champagne with half-a-dozen of the least reputable members of the club when Lord Clarence re-entered.

"He was very pale, but there was a look of stern determination on his fair face, which grew hard and set as he made his way up to the table at which the ducal party was sitting.

"May I ask your grace to give me a few minutes?" he said.

The duke, who had taken quite enough wine, paused and looked up at him abruptly.

"For what purpose?" he asked.

"I have to demand an explanation of your grace," said Clarence.

"Oh, I'm not in the humor for explanations, Lord Montacute," he said. "Some other time."

"No other time than this will satisfy me," said Clarence, an ominous light glowing in his eyes.

The duke swore.

"My dear fellow, don't make a scene; one's enough for one night. If it's this business of Miss Howard's, I'm sick of it. Pray let us drop it."

"You consider that you are at liberty to insult a lady and refuse reparation, your grace?" said Clarence. "That is not my opinion."

"Your opinion!" retorted the duke. "Who cares for your opinion? Certainly I do not! What is it you want? Go to her friend, the Italian gentleman, who managed the affair, and don't worry me about it!"

"Yes, I will go to him directly," said Clarence between his teeth; "at present my business is with your grace. Do I understand that you refuse an apology to Miss Howard?"

"Lady Ralford and several others had gathered near, and were looking on and listening in attentive silence.

"You may understand what, your please," said the duke. "Most certainly I decline to apologize to her—or to you who appear to be even a more intimate friend than the Italian fellow!"

The sneer had scarcely curved his lips before Clarence had seized the wingless at his elbow, and dashed the contents into his face.

### WHEN HAIR THINS, FADES OR FALLS, USE "DANDERINE"

35 cents buys a bottle of "Danderine." Within ten minutes after the first application you can not find a single trace of dandruff or falling hair. Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them, helping your hair to grow long, thick and luxuriant.

Girls! Girls! Don't let your hair stay lifeless, colorless, thin, scraggy. A single application of delightful Danderine will double the beauty and radiance of your hair and make it look twice as abundant.

see nothing of the wonders of their structure.

Place a single drop of this water on the slide of your microscope, and a new world is opened up to you.

One of the first creatures you are likely to see is the hydra, a cross in miniature between an octopus and a starfish. As it rests upon the stalk of a water plant its arms wave to and fro in search of prey.

Let the water-flea—the hydra's favorite food—touch one of them, and his doom is sealed. In a flash arm after arm enfolds him. Each is provided with hundreds of fine stinging hairs, and fight as he will the water-flea is soon overpowered and drawn down to the hungry mouth.

The water-flea himself is one of the most beautiful of the inhabitants of this tiny world. He looks like a creature made of glass, for he is so transparent that you can see every organ of his body.

You can watch the action of the hairs which surround his head; these are in constant motion, and their action creates a current which sweeps into his mouth a constant supply of the plant and minute creatures on which he feeds.

Looking through the microscope you can make out the various organs of his body. The heart is visible, and you may even watch the corpuscles of the blood as they travel through the arteries and veins.

What are those queer bell-shaped things adhering to the water-flea's legs? They look almost like bunches of transparent canterbury bells, and at their edges are fringes of constantly moving hairs. They are called gills, and you can find them growing upon all manner of water plants and insects.

Just below one of the bells is a little swelling that looks like a bud. As you watch it grow bigger, and then suddenly breaks away from the parent stalk. You have witnessed the birth of an infusorian. It will pass about for some time like a minutely jelly fish, then it will settle down and create a minute canterbury bell like its parents.

Now our attention is attracted by a tiny being which seems to have a fast-moving wheel in its head. Something is moving with an action exactly like that of the balance wheel of a watch. So close is the resemblance that scientists have named these creatures "wheel-swimmers." The compound, low-powered lens which we are using will not serve to clear up the mystery, but if we use a high-power glass and examine the "wheel" closely, the puzzle is solved.

Round the mouth is a circle of tiny hairs, which are always in motion. It is this motion which gives the impression of the to and fro swinging of the balance wheel. As in the case of the water-flea, these hairs serve to create the current which drives an unending supply of food into the mouth.

Other beings come into view as we move the slide; some are transparent; others are colored with the most amazingly beautiful tints. Some are attracted to the sticky of plants; others swim or walk freely. Some are protected, and apparently unworldly shells, perfect in every detail.

Household Notes.

Rump is the most economical steak. Cheese has a higher food value than meat. Left-over chicken is good reheated with bacon. Delicious fudge can be made with condensed milk. The plain unfrosted cake is the more wholesome. Keep the bread closely covered while it is rising. If you wish a pot roast buy a boneless chuck roast. A vegetable shaver should be used for Saratoga chips. Milk makes tender bread and allows it to be kept longer. Fruit icing is nice on apple sauce or split gingerbread. Before stuffing a chicken rub the inside with peanut butter. Try dipping slices of lamb in egg and crumbs and then frying.

### Notice of Poll and Candidates.

THE CITY OF ST. JOHN'S.

To Wit: Public Notice is hereby given to the Electors residing within the Municipal Limits of the City of St. John's aforesaid, that a Poll has been demanded for the same, and that I have granted such Poll; and that the persons duly nominated as Candidates at the said Election and for whom only Votes will be received are:

- Candidates for Mayor: 1. COOK—Hon. Tasker Cook, Commission Merchant. 2. MORRIS—Isaac C. Morris, Sailmaker.

- Candidates for Councillors: 1. BROPHY—William E. Brophy, Grocer. 2. CHAPE—Herbert R. Chape, Commission Merchant. 3. COLLIER—Samuel G. Collier, Undertaker.

- 4. COOK—George Cook, Planter. 5. DOWDEN—Reginald Dowden, Auctioneer. 6. GALWAY—Denis J. Galway, Merchant Tailor.

- 7. GARLAND—Charles F. Garland, Printer. 8. HOPKINS—Robert Hopkins, Contractor.

- 9. MARTIN—James T. Martin, Undertaker. 10. MILLEY—William S. Milley, Hardware Manager.

- 11. NANGLE—John Nangle, Master Builder. 12. O'BRIEN—Michael O'Brien, Mechanic.

- 13. OUTERBRIDGE—P. E. Outerbridge, Commission Merchant. 14. PEEL—Thomas Peel, Merchant.

- 15. PEET—Samuel H. Peet, Blacksmith. 16. PENNEY—William T. Penney, Master Builder.

- 17. ROBINSON—John Robinson, Caterer. 18. ROIL—Fred J. Roil, Real Estate Agent.

- 19. RUBY—Kenneth Ruby, Tinsmith. 20. RYAN—Charles W. Ryan, Grocer.

- 21. SPURRELL—Edward D. Spurrell, Merchant Tailor. 22. TAIT—Archibald G. Tait, Medical Doctor.

- 23. VINCOMBE—Nicholas J. Vincombe, Grocer. 24. WHITTY—Edward J. Whitty, Workman.

- 25. WISEMAN—James F. Wiseman, Grocer.

Of which all persons are hereby required to take notice and govern themselves accordingly. Given under my hand, at St. John's, the 7th day of December, 1921. F. J. DOYLE, Returning Officer.

his ballot papers, take an oath of qualification. The voter is to vote only for one candidate for Mayor and for six candidates as Councillors. After receiving the ballot papers, the voter shall go into one of the compartments and with a pencil, there provided, place a cross in the division containing the name of the candidate for Mayor, and the six candidates for Councillors, for whom he intends to vote, thus X.

The voter will then fold each ballot paper, so as to show a portion of the back only, with the initials of the Deputy Returning Officer, and shall hand them so folded up to the Deputy Returning Officer, and the Deputy Returning Officer shall without unfolding them ascertain that they are the ballot papers which he furnished to the elector, and then immediately place them in the Ballot Box. The voter shall forthwith leave the Polling Station.

If a voter inadvertently spoils a ballot paper, he may return it to the Deputy Returning Officer, who will give him another.

If a voter votes for more candidates than he is entitled to vote for, or places any mark on the ballot papers by which he can afterwards be identified his vote will be void and will not be counted.

If a voter takes a ballot or ballot paper out of the Polling Station, or fraudulently puts any other paper into the Ballot Box than the papers given him by the Deputy Returning Officer, he will be subject to punishment by a fine of Five Hundred Dollars or by imprisonment for a time not exceeding six months, with or without hard labour. F. J. DOYLE, Returning Officer.

The following is published for the information of the public: ST. JOHN'S MUNICIPAL ELECTION.

QUALIFICATIONS FOR ELECTORS: 8. The right to vote for the Mayor and Councillors of the City shall be enjoyed: A. By all British subjects of the age of twenty-one years and upwards, who—

(a) have resided in the City for one year immediately preceding the election; and (b) are owners, lessees, tenants, or occupiers of property rated on the assessment books of the City; or who are not indebted to the St. John's Municipal Council for any arrears of taxes; and (d) are duly enrolled on the Voters' List; and (e) are not disqualified by mental incapacity.

B. By all bodies corporate, being British subjects, which are owners, lessees, tenants, or occupiers of property rated on the assessment books of the City, and which are not indebted to the said Council for any arrears of taxes, and which are duly enrolled on the said Voters' List. Every such person and body corporate shall be deemed to be, and is hereafter described as a ratepayer.

9. Each ratepayer shall only be entitled to one vote for the election of the Mayor, and one for each of the six Councillors.

10. Where property is assessed to a firm or co-partnership, not being incorporated, each member of such firm or co-partnership at the time of such assessment shall be deemed to be assessed as a qualification for voting.

11. Any person who has a shop, store or office in the City and has carried on a business or profession therein on his own account, either alone or as a recognized partner for one year previous to any election, being otherwise qualified, shall be deemed to be a ratepayer, notwithstanding that his residence may be outside the City.

12. No member of a body corporate shall be entitled to vote individually in respect of property belonging to such body, but every body corporate, being a ratepayer, shall be entitled to one vote, to be given by any of its officers appointed in writing by the body for that purpose.

13. When property is held by an executor, administrator, trustee or other person in trust for the use or benefit of others, the person beneficially entitled shall be held to be the ratepayer in respect of such property.

### Boundaries of the City.

MUNICIPAL ACT, 1921. For the purpose of this Act, the City of St. John's shall be bounded as follows: Commencing at Fort Amherst Lighthouse; thence in a straight line to the chimney of the General Hospital; thence in a straight line to the monument in Mount Carmel Cemetery; thence in a straight line to the southern side of Horwood's Bridge on the Newtown Road; thence to the junction of the old railway track and Pennywell Road; thence in a straight

line to the junction of the Blackmarsh Road and the extension of straight line to Smeag's Bridge, and extending 500 ft. beyond the same; thence in a straight line to the point of commencement."

No. 1 Ward—All that part of the City east of the King's Wharf; thence following the centre of the King's Bench, King's Road, Rennie's Mill Road to the northern limit of the city.

No. 2 Ward—From the western boundary of No. 1 Ward to the centre of Baird's Cove, up Market House Hill, Cathedral Street, Garrison Hill, Bonaventure Avenue and Long Pond Road, to the northern limit of the city.

No. 3 Ward—From the western boundary of No. 2 Ward to the centre of Goodridge's western wharf, up Springdale Street to LeMarchant Street to LeMarchant Road; along LeMarchant Road, eastwardly, to Cooktown Road and Freshwater Road to the northern limit of the city.

No. 4 Ward—From the western boundary of No. 3 Ward to the eastern boundary of Newman's water side premises; thence up the centre of Springdale Street to LeMarchant Road, to Mundy Pond Road; thence along the centre of Mundy Pond Road to Golf Avenue, to Pennywell Road, and thence by Pennywell Road to the northern limit of the City.

No. 5 Ward—All that part of the City situate west of the western boundary of No. 4 Ward and the Waterford Bridge Road.

No. 6 Ward—All that part of the City situate on the South Side of St. John's Harbor, extending from Fort Amherst to Smeag's Bridge.

### PUBLIC NOTICE.

CITY OF ST. JOHN'S. To Wit: PUBLIC NOTICE is hereby given to the electors residing within the Municipal Limits of the City of St. John's aforesaid, that the Polling Station, for the said election, will be open from 8 a.m. to 8 p.m. on THURSDAY, the 15th day of December, in the following places, viz:—

NO. 1 WARD. No. 1 Booth—At the house of Mrs. Benson, No. 7 York Street, for Electors only whose surnames begin with the letters A, B, C, D.

No. 2 Booth—At the house of Mrs. Ready, No. 9 York Street, for Electors only whose surnames begin with the letters E, F, G, H, I, J, K, L.

No. 3 Booth—At the house of Mrs. Mahaney, No. 27 York Street, for Electors only whose surnames begin with the letters M, N, O, P, Q.

No. 4 Booth—At the house of Mrs. Hayne, No. 10 Bond Street, for Electors only whose surnames begin with the letters R, S, T, U, V, W, X, Y, Z.

NO. 2 WARD. No. 1 Booth—At the house of Miss Sullivan, No. 10 Prospect Street, for Electors only whose surnames begin with the letters A, B, C, D.

No. 2 Booth—At the house of John Burko, No. 62 Prescott Street, for Electors only whose surnames begin with the letters E, F, G, H, I, J, K, L.

No. 3 Booth—At the house of Mrs. Hickey, No. 52 Victoria Street, for Electors only whose surnames begin with the letters M, N, O, P, Q.

No. 4 Booth—At the house of James Wilson, No. 136 Bond Street, for Electors only whose surnames begin with the letters R, S, T, U, V, W, X, Y, Z.

Evans, 214 Water Street, for Electors only whose surnames begin with the letters E, F, G, H, I, J, K.

No. 3 Booth—At the house of Mr. Stafford, 237 Water Street, for Electors only whose surnames begin with the letters L, M, N, O, P, Q.

No. 4 Booth—At the house of Mr. Peter Wall, 291 Water Street, for Electors only whose surnames begin with the letters R, S, T, U, V, W, X, Y, Z.

NO. 3 WARD. No. 1 Booth—At the house of Mrs. O'Toole, No. 11 South Side Road, for all Electors below the Bridge.

No. 2 Booth—At the house of Mr. Michael Stafford, South Side Road, for all Electors above the Bridge.

F. J. DOYLE, Returning Officer.

### St. John's Grocery.

We aim to give our customers the benefit of lower prices and first class service.

SEE OUR FAMILY BEEF, best possible value, 12c lb. FLOUR, best grade, \$9.40 per brl.

All orders carefully but up and promptly delivered.

### J. J. St. John

Duckworth Street and LeMarchant Road.

### East End Feed & Produce Store.

Cattle Owners! Buy your Winter Feed now. We have 100 Tons PRIME No. 1 TIMOTHY HAY, 1,000 Bags HEAVY WHITE OATS.

We can give you a good price on this lot. RING 812.

### DR. LEHR, Dentist, 329 Water St.

RECOGNITION. The care of the teeth is now recognized as a necessity. In fact the large hospitals all over the world examine the patients' teeth and where it is possible put them in good condition before attempting a surgical operation. Experience has shown that the patient has a better chance for recovery with a clean healthy mouth than the most skillful that care of the teeth is requisite to health.

Just a few drops of Shirriff's Non-alcoholic Extract give the richest, most delicious flavor you could imagine to your puddings, pies, cakes and candies. With Shirriff's you need use only half the usual amount because it is doubly high in flavoring properties. Ask your grocer for your favorite flavor.

What could I do? she said, humbly. He threatened not only me, but—but others.

And I was away in Italy! exclaimed Clarence, with intense self-reproach. Oh, Iris, what you have suffered, alone and friendless—

You forget my true little friend, Paul! she said.

A boy! he said. But, no; I have not forgotten him, and will not forget him.

But, this man, this scoundrel Ricardo! I let him go to-night, but he shall not escape me! He should be in prison now; he was sentenced to ten years' penal servitude.

Iris shuddered.

There is no prison that could hold him, it seems to me, she said; he is like a snake.

Which I will scotch! muttered Clarence. Thank Heaven you are helpless no longer, Iris. You can hold me at arm's length, but you cannot prevent me watching over you! From this hour you shall run no more such risks as this of to-night.

And you think I will let you waste your life for me? she murmured.

Waste! he echoed, with a laugh. It is the only chance of happiness left to me.

The cab drew up at Mrs. Barker's as he spoke, and he looked up at the third-rate row of houses with surprise.

You told me you were rich? he said, reproachfully.

So I am, dear friend, she said; and I live in this quiet way by choice, not necessity.

Not getting out of bed, she said, and she put her arm round his neck. Paul, this is an old friend of mine—Lord Montacute! Lord Clarence.

That's your business, my dear sir, he said, with haughty contempt; meanwhile I should go home and bathe my face; and as the signor stole stealthily down the stairs the duke returned to the room to gloat over his victory.

He was sitting drinking champagne with half-a-dozen of the least reputable members of the club when Lord Clarence re-entered.