

## LENTEN PASTORAL MESSAGE.

**EDWARD PATRICK, By the Grace of God, and Favour of the Apostolic See, Archbishop of St. John's, Newfoundland.**

TO THE CLERGY, RELIGIOUS COMMUNITIES AND LAITY OF THE ARCHDIOCESE OF ST. JOHN'S, HEALTH AND BENEVOLENCE.

My Dearly Beloved Brethren:

The Lenten Season is again with us, and with it comes the annual Pastoral Message to the Clergy and laity of the Archdiocese.

### SIGNIFICANCE OF LENT.

It is a wise disposition of the Church which provides this Season of piety and devotion every year. The Lenten Season year by year breaks sharply into the ordinary routine of our daily lives. It is not a mere survival of a more religious age, the meaning and significance of which have passed away; its former rigour has been mitigated, but its spirit remains the same. Various are the means and methods by which the Church strives to hold aloft the torch of the supernatural amidst the darkness of the world. Her mystic sacramental system, her imposing and impressive liturgy, her pious sodalities and confraternities, her missions and retreats, are all directed to the same end—to remind her children of their eternal destiny and to assist them in ordering their lives with a view to the attainment of that end. Amongst these means one of the foremost and most important is the Lenten Season. Lent is the time which the Church especially chooses for recalling to our minds salutary thoughts, thoughts bearing upon the great eternal truths which we are too often disposed to forget.

### UNSETTLED AND IRRIGULOUS CONDITIONS.

It is well, particularly in these unsettled days when the minds of men are so engrossed with material matters and are so far from God and the supernatural, that this Holy Season should intervene and recall us to a consideration of higher things than those that concern the present life. In the moral, as well as in all the more material relations of life the Great War of a few years ago has been followed by disastrous consequences. It was thought by many when the war began, and as it progressed that it would have the effect of deepening and strengthening the sense of religion in the world, and of drawing mankind closer to the Creator. It is true, indeed, that during the war many of the afflicted and stricken who had long forgotten God and religion turned to their Creator in the depths of their distress and desolation, but it must be sadly admitted that the war has left the world much worse than it found it, has blunted in a great measure the moral sense of the world, has tended to foster the spirit of indifference, and irreligion which was already too marked in the modern world, and has given birth to a number of theories and views utterly subversive of Christian teaching, and of everything for which Christianity stands. It is well known that all wars in history have been followed by a loosening of the bonds of morality and a weakening of the spirit of faith just as they have been always followed by economic and social disturbances. In the face of the present war the moral standard following has been all the greater in proportion to the magnitude of this mammoth struggle, the most gigantic and disastrous in the world's history.

### POST WAR PROBLEMS.

The secular leaders of the world to-day, the statesmen, diplomats and leaders in finance, industry and commerce are grappling with after war problems the world over, struggling with problems of reconstruction and readjustment, endeavouring to evolve order out of chaos, to bring back a disturbed and unsettled world

to the normal conditions of peace. The Church also has to deal with the moral problems to which the war has given rise, has to endeavour to stem the tide of immorality which the war let loose on the world, to purify and uplift the moral life of mankind, in one word, to undertake the great work of moral and religious reconstruction. The Church, furthermore, believes that this lies at the root of all other reform and reconstruction. It was the departure from and forgetfulness of the principles of Christianity and of Christ's teaching that plunged the world in war; the only remedy, therefore, for the evils of the day lies in the return to the principles of the Gospel of Christ.

### MODERN UNBELIEF.

Even before the war the trend of modern irreligious thought was to separate morality and religion, to seek elsewhere than in the Gospel and Christ's teaching for standards of morality, to set up a purely natural standard of virtue, independent of the Divine and the supernatural. In the code of morals of the modern unbelieving world God had no part; the Ten Commandments and the Sermon on the Mount which are the basis of all morality and Christian perfection were disregarded and set aside, and were no longer to furnish the rules for man's conduct and manner of living. These modern errors were accentuated and intensified by the War. The horrors, cruelties, injustices and inhumanity which the War called forth, emphasizing all that was worst as it brought out all that was best in man, tended to confirm the views of the skeptic and unbeliever and even to change the viewpoint and weaken the faith of many who had been believers in Christianity and all that it represented. The contention of many was that the fact that the world had been plunged in such a war was in itself an indictment of its mission which Christianity could not answer. But the whole history of Christianity has been a struggle against the forces of evil. There have been many periods in the history of the Christian Church when the struggle against immorality and injustice has been as great as that which confronts the Church to-day, yet the triumphant power of religion has been vindicated time and again, and so it will be to-day. The world will eventually come to see that the moral and material well-being of man can never rest on any other foundation than religion and the Gospel of Christ. "Other foundations no man can lay but that which is laid, which is Christ Jesus"—(I Cor. III, II).

A modern writer on Christian ethics has the following: "The moral system in the modern world is the creation of Christian religion. The will of God, the example of Our Lord Jesus Christ, the 'hope of future happiness, have furnished the ultimate reasons for 'leading a good life. The characters 'that have most won men's respect, 'that have influenced the world most 'deeply have been those formed under the influence of religion. Respect for authority and the permanence of political institutions depended less on their material force 'than on the fact that they were representative of Divine Authority. 'Civil laws had a binding force 'stronger than the penalties surrounding them because they were 'accepted as the promulgation of the 'laws of God. The religious spirit 'gave birth also to chivalry, courtesy, 'honesty, honesty, patience, loyalty, courtesy, disinterestedness, the 'sense of human brotherhood and 'love of liberty. In fact, what we mean by morality, that is, the principles of a noble and beautiful life, 'were the outcome of Christian doctrine.

"True about God, the human soul, the Fall and redemption, the person of Jesus Christ, the dignity of His 'blessed Mother, free will and responsibility, sin and Heaven and Hell."

These great truths have ever been the essence of the Lenten observance. They are the fundamental and essential principles of the teaching of the Church. The great historic fact of the Incarnation of the Second Person of the Holy Trinity, the Divinity of Jesus Christ, the establishment by Him of a sublime code of morals by the observance of which alone will man be saved, the foundation of a Church to continue His mission by means of preaching, sacrament and sacrifice, the existence of a future life, of Heaven for the reward of the just, of Hell for the punishment of the wicked—all these are elementary principles of the Theology and Catechism of the Catholic Church. They are the theme of her instructions, the subject of her sermons at all times, but they are brought home to her children with special force during the Season of Lent, for Lent is the time when throughout the Church there are not only special liturgical devotions, but also special conferences on, and expositions of, all that is contained in that familiar formula, Christian Doctrine, or the teaching of Christ. In harmony with the universal practice throughout the Church during the coming Season there will be the usual sermons and devotions throughout the Archdiocese in accordance with Diocesan regulations, to local conditions, of the Pastors of the various Parishes.

**MISSION IN ST. JOHN'S.**  
In the city of St. John's arrangements have been made for the holding of Missions at the Cathedral and in St. Patrick's during Lent. It is now five years since there has been a regular Mission, and in the ordinary course the time has come for another. The Mission will continue for four weeks, two weeks at the Cathedral and two weeks at St. Patrick's with an intermission of one week in mid-Lent. There are special reasons why a Mission is particularly opportune at this present time. We have been unaffected by the laxity that is prevailing everywhere to-day; we need that spiritual tonic which only a Mission can supply. Missions constitute one of the greatest forces for good which the Church possesses, and everywhere they are productive of great spiritual results amongst the faithful. It is to be hoped, then, that our people will faithfully attend the exercises of the Mission, and thus avail to the full of the great means of grace placed at their disposal during the coming weeks.

**LENTEN FAST AND ABSTINENCE.**  
It may be that many, for various reasons, will not be bound by the law of Fast and Abstinence. Pastors and Confessors have the most ample powers with regard to dispensations and are expected to exercise the greatest leniency in this respect. Last year, owing to prevalence of sickness, the Lenten Regulations were removed altogether. This year it has not been judged expedient to do this, but all who think that for any reason they are exempt from the Lenten observance should obtain a dispensation from their Pastor or Confessor. Pastors are requested to instruct their flocks that if their he doubt as to whether they are bound or not they should not assume the obligation without consultation with their Spiritual Director.

**CONCLUSION.**  
Meanwhile all the faithful are earnestly exhorted to enter into the spirit of the observance of this sacred and ancient Christian Season, to give heed to the tenet call for a higher and better standard of living, and to order their daily lives in such a manner in this world as that they may be worthy of obtaining hereafter the eternal happiness of Heaven.

"For the rest, brethren, rejoice, be perfect, take exhortation, be of one mind, have peace; and the God of peace and of love shall be with you. The grace of our Lord Jesus Christ, and the charity of God; and the communication of the Holy Ghost be with you all. Amen"—II Cor. XIII, 11-13.

At St. John's, this Quinquagesima Sunday, February 6th, 1921.

**REGULATIONS FOR LENT.**  
1. Every day in Lent, except Sunday, is a Fast day on which one meal only and a collation are allowed. A slight relaxation, however, over and above is allowed by immemorial custom in the Diocese.  
2. By an Indult from the Holy See renewed April, 1914, ad decennium, that is until 1924, permission is given to eat in cooking the lard or fat of animals on all Fast days throughout the year.  
3. By the same Indult the use of flesh meat is allowed on all Mondays, Tuesdays, Thursdays and Saturdays of Lent, except Saturday in Ember Week, February 19th.  
4. It is permitted to use fish and flesh meat at the same meal on all days on which the use of meat is allowed.  
5. Milk, butter, cheese, and eggs are allowed even at the collation every day during Lent, including Ash Wednesday and Good Friday.  
6. The faithful are exhorted to



BABY COLEMAN.

**"Altogether brighter and happier"**

161, Cambridge Road, Seven Kings, Essex.

Dear Sirs,  
My baby seemed to be quite healthy at birth, but being unable to feed him I tried different foods at various times. At first he appeared to be making progress, but after a few months it became evident he was wasting, and I was advised to try Virol. He soon began to pull round, and in a short time made considerable weight. This satisfactory progress has continued, thanks to Virol, which has built up his strength, making him a splendidly sturdy little fellow. In view of the gratifying results obtained, I do not hesitate to recommend Virol whenever the question arises of the best alternative food for baby.—Yours truly,  
G. C. COLEMAN.

For tiredness, nervous exhaustion, and sleeplessness take Virolised milk three times a day. (A teaspoonful in half-a-pint of warm milk.)

**VIROL**  
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make some compensation for these Apostolic indulgences by hearing daily Mass, attending Evening Devotions, making the Way of Cross and by giving alms to the poor.

7. All persons under 21 years of age and over 60 are exempt from the Fast, also all engaged in hard labour or who have to earn their living by daily work of a difficult kind, and all who are in a delicate state of health.  
8. All dances, parties and balls are strictly forbidden during Lent.  
9. The obligation of the Lenten Fast and Abstinence terminates at noon on Holy Saturday.  
10. P. ROCHE,  
Archbishop of St. John's.  
Quinquagesima Sunday,  
February 6th, 1921.

**Not a Popular Wish.**  
(From the Boston Transcript.)  
The new clergyman was trying to raise a charitable fund just before Christmas and a man in the congregation said he would give \$100 to start it off.  
"I don't know your name, sir," said the grateful clergyman, "but I thank you and I pray that your business may be doubled during the coming year."  
There was a solemn hush in the congregation, punctuated here and there with something that sounded like a titter.  
"What's the matter?" the clergyman whispered anxiously to the chairman.  
"Er—nothing—nothing," stammered the chairman, "only that gentleman happens to be an undertaker."

**For Chilblains Chapped Skin**  
burns bruises colds  
Mentholatum  
Opal Tablets  
Wholesale, At all chemists

Given at St. John's, this Quinquagesima Sunday, February 6th, 1921.

**THE HIGH PLACE.**  
I do not envy Warren G. his task I would not share; I have no presidential bee. I want no White House chair, for all it brings, as he will see, is plain and fancy care. He's full of high resolves, you know, our confidence to earn; he'd make the wheels of commerce go, as all good wheels should turn, and put the lid on every wood, and give us joy to boot. And if we all stood at his back, to help as best we might, to share the burden he must pack, and cheer him day and night, he might enjoy that old white shack and think his work delight. But ere he's fairly warmed his seat a million hungry chaps will ask why, in the name of Pete, they don't see public snaps, and they will stop him in the street and bore him with their yaps. And he will sit at night and sigh, and curse the awkward fates that put him in a place so high, where only trouble waits; no nation has enough of Pete to feed the hungry shaves. And those who fall to get a slice will say he is a fake, and they will hand him chunks of ice when he's expecting cake, and once a day or maybe twice, his weary heart will break. And he will walk with dragging step to meet his callers gay, and they will share; he loses pep with every passing day; and soon he'll summon Old Dog Shag to chase the bores away.

**MINARD'S LINIMENT FOR SALE EVERYWHERE.**

## Schoope Says He Sleeps All Night Long Now

**Gets Up Fresh As A Daisy Every Morning Since Taking Tanlac.**

"What I needed was just an all round building up and Tanlac has done that very thing," said Joseph Schoope, Dartmouth, N.S.  
"For at least a year before taking Tanlac I was in a badly run-down condition. I wasn't sick exactly but had no strength or energy and it didn't take anything hardly to tire me out. What little sleep I got seemed to do me no good and I got up in the morning with a dull, bad taste in my mouth and feeling worse than I did all through the day. I had a dull headache all the time and felt weak and languid and it was a drag for me to get through my work."  
"But Tanlac has straightened me out in every way. I have gained ten pounds in weight and am stronger and feel more like working than I have for years. I sleep fine, get up feeling as fresh as a daisy and feel good all through the day. I have recommended Tanlac to a great many of my friends. It is certainly a great medicine."

Tanlac is sold in St. John's by M. Connors, in Paradise by Mrs. Martin P. Byrne, in Upper Gables by Fieher Andrews, in Portland by H. C. Haines, in St. John's, Salmonier, by Mrs. J. Gushue, in McLeontown by Ex-Ex-Ex Valley Royal Stores Ltd., in Flat Islands by Willis Samson, in Jamestown by Christopher Haines, and in Lewisporte by Uriah Preake, agent.

**Just Folks**  
Edgar & Guest

**WHEN DAY IS DONE.**  
When day is done and the night slips down,  
And I've turned my back on the busy town,  
And come once more to the welcome gate  
Where the roses nod and the children wait,  
I tell myself as I see them smile  
That life is good and its tasks worth while.

When day is done and I've come to my quiet street and the friendly door,  
Where the mother reigns and the children play  
And the kettle sings in the old-time way,  
I throw my coat on a near-by chair  
And say farewell to my pack of care.

When day is done, all the hurt and strife  
And the selfishness and the greed of life  
Are left behind in the busy town;  
I've ceased to worry about renown  
Or gold or fame, and I'm just a dad,  
Content to be with his girl and lad.

Whatever the day has brought of care,  
Here love and laughter are mine to share,  
Here I can claim what the rich desire—  
Rest and peace by a ruddy fire.  
The welcome words which the loved ones speak  
And the soft caress of a baby's cheek.

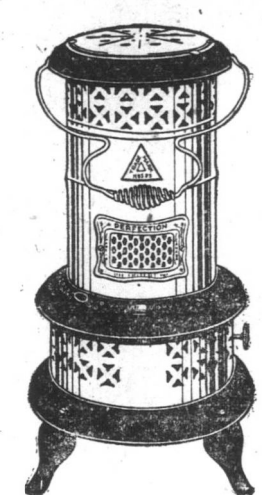
When day is done and I reach my home,  
I come to a realm where there is no hate,  
For here, whatever my worth may be,  
Are those who cling to their faith in me,  
And with love on guard at my humble door,  
I have all that the world has struggled for.

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**MINARD'S LINIMENT FOR SALE EVERYWHERE.**

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All work done thoroughly by a staff of mechanics every one of whom are specialists in repairing and installing engines. No job too big, no job too small.

Our reputation for good work should be an inducement to "call" us when you have engine trouble.

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Marine Department.

**Destitution in the Second City.**

There is considerable destitution in this town and in other places in this district, caused chiefly by the shutting down of work on Bell Island, and poor returns from last summer's fishery. Should the Government decide to help the deserving men over the pinch of the times, it would be a wise step if some work would be provided, so that returns, even if limited, will be had for expenditure. No man wants straight Government help. In this and other localities, clay and gravel are needed for the repair of roads, and the dig-

ging of these road materials from the next season. This idea is, we think, worth considering.—Hr. Grace Smith and would prove of practical use and.

**PERRY DAVIS PAINKILLER**  
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