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ERNOON.

Children, 5 cts.

## How About Your Danger Zone?

**YOU'VE** got it—every human being is born with it—your large intestine, or colon. It is a large tube—a reservoir or sewer—intended to collect waste matter and remove it from the body.

Plug it up with waste, neglect it, and you're sick on your feet. The waste matter stagnates, undergoes decay, fermentation and germ action. Dangerous poisons are produced, that can easily be absorbed and carried all over the body.

Allow constipation to become established, and you are liable to become definitely and miserably sick—and not on your feet either. You have broken Nature's laws.

Better be kind to her. Keep the danger zone clean, with a regular bowel movement, and Nature will thank you, and pay you back in gold coin—health, good nature, and a feeling of eagerness for your daily task.

A large proportion of almost every form of sickness is caused or made worse by the poisons produced as a result of constipation.

Nujol has the approval of established medical practice, because it does not upset the system as do pills, castor oil and purgative mineral waters, salts, etc. It softens the contents of the colon, making them easy for the intestinal muscles to move at regular hours. Don't fight Nature. Help her. Nujol is health insurance for tens of thousands of American families today. Sold at drug stores everywhere.

### Warning:

NUJOL is sold only in sealed bottles bearing the Nujol Trade Mark. Insist on Nujol. You may suffer from substitutes.

Write for booklet "Thirty Feet of Danger" to  
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## LONDON GOSSIP.

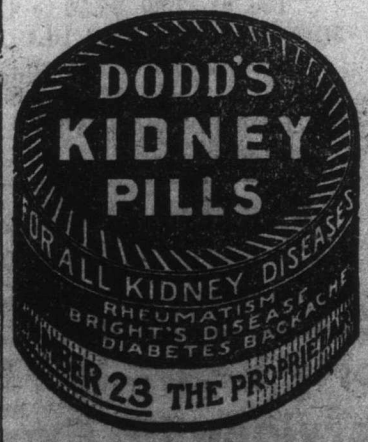
LONDON, March 31st, 1919.

### TALK FOR THE PRINCE.

Foreign and home critics accuse the Prince of Wales's public life of being a private secret, becoming necessary, and he probably appoint one soon, possibly some member of the Royal household with considerable experience. The King does not advise the Prince would naturally an officer who had served with France and Italy. Once the rule at Court was that no one private secretary to the King or to the Heir-Apparent had served in minor positions about the Court, but this rule broken by the King when he took his household almost exclusively from those who had been his subordinates. At present Prince is assisting the Prince of Wales with his correspondence and other work.

### NOT DOWN-HEARTED.

Wonderful march through London last week drew two million people as sight-seeers. The Prince was deeply interested in the view and its associations, has before often been mentioned in connection with things of art, there was not sufficient time. As I have said, it has been before, but this time one of those of the pent-up adulation and gratitude with which some heard of the great over there would break the English decorum and vocalists else would become vocal anything in reason, but not



### THE KING AND THE WAR MEDALS.

The Royal Mint will shortly commence the manufacture of the general war medal that is to be distributed to all who took part in the war. This will be the largest task the Royal Mint has ever undertaken, since at least ten million of these medals will be required. The King, who is taking the greatest interest in this medal, which will be the first to bear his effigy, contemplates the inclusion of the Queen's head in the design if this can be done without infringing any of the old laws and customs respecting war medals. He has further expressed the opinion that in all cases where it is possible these medals should be publicly presented, and not merely sent to the recipients by post, as has been done in a very large number of cases after wars of the past. He will endeavour to present a very large number of these medals in person, especially to those regiments and corps, such as the Guards, with which he is directly identified, while the Prince of Wales and several other members of the royal family will be invited to follow the King's example in this direction.

### NAVY'S SKY CRUISERS.

Why have the Admiralty started building huge rigid airships in view of the comparative failure of the German Zeppelins for war purposes? This question is being asked by a great many people who have read of the trial trips of R-34 and R-35, the Navy's huge sky cruisers, and have just learned that still bigger airships are building or on order for the Navy. I am in a position to explain the Navy's newly-born enthusiasm for these once despised "gasbags." As Lord Jellicoe says in his book, to the Germans, every one of their Zeppelins, under favorable weather conditions, was worth two cruisers for scouting

work. The fatal drawback to the Zeppelin was that it could be set on fire by incendiary bullets or shells. While that danger existed our own Navy looked askance at big airships. But, thanks to British science and British enterprise, the peril of fire is removed. For war our dirigibles will have their balloons filled not with hydrogen, which is most inflammable, but with helium, which is non-inflammable. That, in brief, is why we have a new airship policy in the Navy.

### PERILOUS STRAND.

The statement made by a high authority that there are now twenty-two reformatory and protective agencies at work in the Strand guarding the youths and girls who persist in making that three-quarters-of-a-mile their favorite promenade, is rather startling. One is inclined at first to think that there can hardly be room for anyone but the patrols, though the most experienced workers say they could do with even more helpers. It is difficult to get the full list, but the protective agencies include the patrols of the International Hospitality League of the Young Men's Christian Association, who pay special attention to colonial soldiers; Church Army, Salvation Army, and various missions' workers; women police patrols from Scotland Yard, and several women police from Miss Damer Dawson's organization, who are engaged by different but the same societies to guard the interests of people on their premises. The Young Women's Christian Association has a hostel in the Strand and a building in Trafalgar Square, at the western extremity of that thoroughfare, ready to afford advice and shelter to girls in difficulties, and the church of St. Martin-in-the-Fields is open all night long for the benefit of men and women who, through some emergency, are unable to get lodgings at that hour or who have missed their trains. Here, too, the women police are on duty through the night.

### A TWO-SEATER TAXI.

A new taxi-cab capable of carrying only two passengers and light luggage is shortly to be seen on the streets of London. The vehicles are now being constructed at a rapid rate, and Scotland Yard, having tested one of them, is prepared to license as many as the promoting company cares to put on the street. It is claimed for this two-seater taxi that its running costs are only about one-half of those of the larger vehicle.

### LUNCHES AND DINNERS.

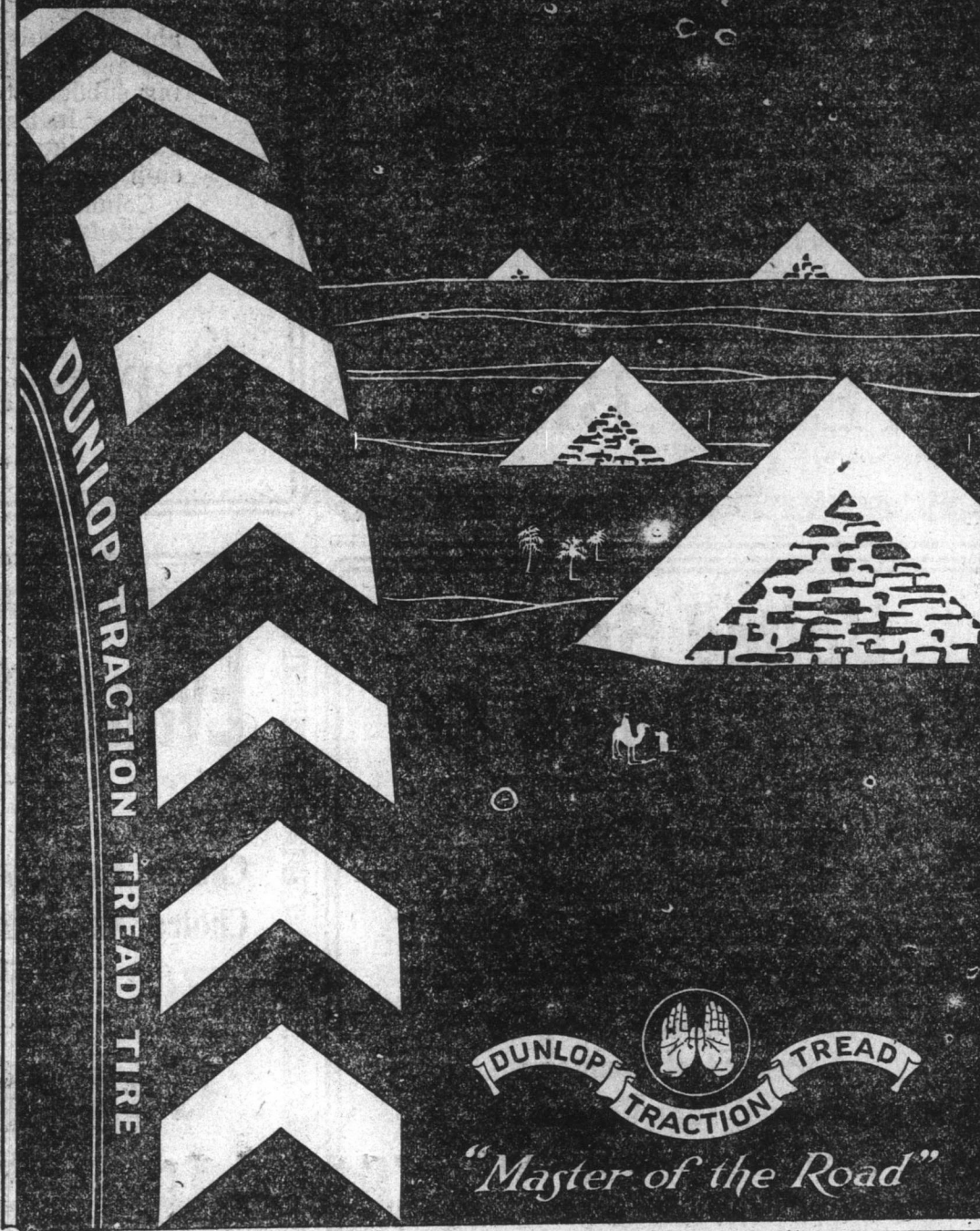
Light lunches and early dinners are the order of the day in the new Parliament. Several labor members have publicly confessed their financial inability to afford both lunch and dinner, and with a late breakfast and an early dinner they find that the deprivation of the intermediate meal is not such a hardship as it looks. But the labor men are not alone in the elimination of lunch. Other members, from the practice of frugality forced upon them by war experience, find that a glass of wine and a biscuit make a satisfactory lunch when they dine early, and it saves time. The general effect, however, of midday abstinence is to bring forward dinner by at least an hour. Time was when no one thought of visiting the dining rooms in the House until a quarter past eight, when the Speaker left the chair for his traditional chop. Now the popular dining hour at Westminster is seven o'clock, and so long as the light lunch is the rule that hour will remain "the dinner bell."

### THE BOOK MARKET.

Perhaps the only people who are not really disturbed by the threat of labor troubles are the publishers, who hope now to bring out some of the books delayed by the war, and to stock up the popular cheap reprints which are now largely out of print. The seven-penny novel and the shilling classic have gone for good; but with the diminution of the paper shortage next season promises to be a record one in new publications. Lighting restrictions and other causes made for the booksellers' prosperity during the war; the public began to read books—and even good books, as a publisher cynically remarked the other day—and the taste for reading has not gone out with the armistice. Probably there will not be many war books, the ordinary type of "sketches in France" book having fallen out of favor; but books on economics from the new point of view find a ready sale in these days. The serious bent of the public mind is shown by the fact that books on education, once reckoned more hopeless from the selling point of view than even poetry—because occasionally poetry was bought for gift books and wedding presents, whereas nobody ever bought books about education, least of all educationists—are now in some demand. The best books of all, however, from the publishers' point of view are serious works of immortality, for reasons as sad as they are obvious.

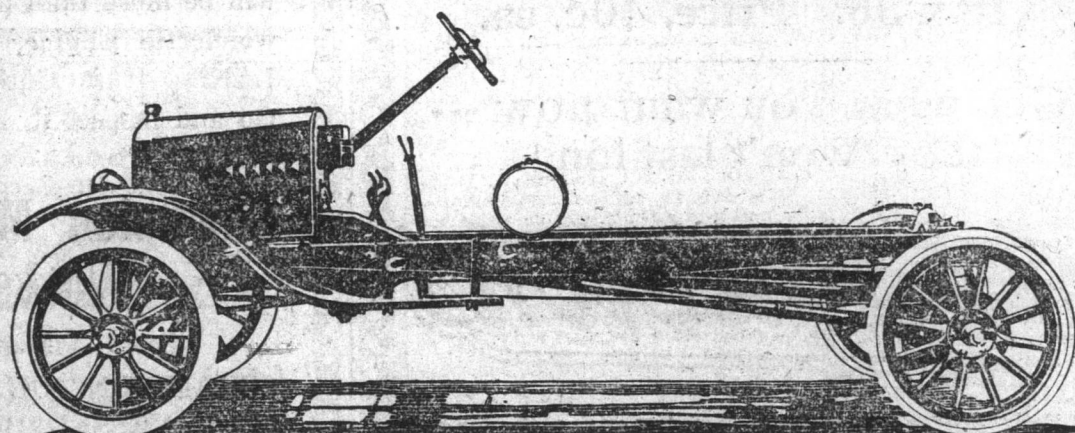
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### Could Grow Them.

A train, running on a line which had achieved an unenviable notoriety for slowness and unpunctuality, after losing considerable time in a short journey, suddenly stopped in the midst of fields. "Guard," shouted a jovial passenger, "may I get out and

pick some flowers?" "Afraid you won't find many about here," said the guard good-humoredly. "Oh, there'll be heaps of time," replied the jovial passenger. "I've brought a packet of seeds!"

MINARD'S LINIMENT CURES DIS-  
TEMPER.

NOTE OF THANKS.—Mrs. Thomas Day, Scott's Street, wishes to thank Drs. Keegan and Fraser, Miss Taylor, Sisters Shynard, Lerner, Nurses Greenhalgh, Fitzgerald, Millen, Adams, Miller, Murray, Lewis, Caldwell and Hyde for their kind attendance to her during her stay at the General Hospital.—adv.