Catholic Columbian

They should take up a course of reading, learn to play on a musical instrument, begin some useful study like electricity, engineering, drawing, or chemistry, or practice an art like cabinet making—anything useful to get way from idleness, gossip, card playing, billiards and similar worthless ways of wasting takener time.

leisure time.

Exercise the mind actively. Produce something worth while. Don't drift along or vegetate. Mark out your course and keep to it until you have reached the harbor of your ambition.

Elisha Kent Kane.

One of the predecessors of Cook and peary in Arctic exploration was Dr.

death.

But he was not to die yet. "Elisha, if you must die, die in the harness," was the call of his father that nerved him to go out into the city and take his place with others who were facing obstacles bravely. When in the university he had declared he would make his mark in

make the world; now he was resolved to make the world forget that he was a sick man. His friends thought

he could not do it, but he knew he

tion, of which he was commander, he

wrote: " A trust, based on experience

as well as on promises, buoyed me up at

the worst of times. . . I never doubted for an instant that the same

still watching over us for good, and that

it was yet in reserve for us. . . . to bear back the tidings of our rescue to a Christian land." That rescue was

accomplished by a relief expedition.

Not long after his return from the
Arctic, Dr. Kane died in 1857 at the

early age of thirty-seven at Havana, Cuba, where he had gone for his health. He had crowded into his few years a long life and made his name forever memorable as an intrepid pioneer in the

frozen regions around the North Pole.

Optimism has its market value. Nothing hard, nothing that costs struggle, sacrifice and effort would ever be accom-

conquerors; the half-hearted never succeed.

Why Worry.

duck are short; you cannot make the legs of the stork short, neither can you make the legs of the duck flong. Why

Believe in Victory.

TORONTO

PITS TERNS

Dundas, Ont

shboard.

Washing and Few

hboards d means the Mini-

mond St., London

RTED ARTISTIC

LEOGRAPHS Size, 16 x 20 inches

25c. Post-Paid Family.

e Homo. er Dolorosa. Joseph. Lady of the Scapular. aculate Conception Lady of Good Counsel

Lady of Good Cour Rose of Lima red Heart of Jesus red Heart of Mary e Homo er Dolorosa y Family Joseph cifixion Anthony red Heart of Jesus

red Heart of Jesus red Heart of Mary ter Dolorosa ssed Virgin and Infant Anthony Anthony s X Size 21 x 29 inches

Each 75c.

red Heart of Jesus red Heart of Mary ter Dolorosa

Size 26 x 351 inches Each \$1.25 ful large Pictures, suitable

Churches, Chapels and School-Anthony ered Heart of Jesus ered Heart of Mary

PLEX COLORED HOTOGRAPHS

Size 16 x 20 inches Each 15c. cred Heart of Jesus cred Heart of Mary st Supper ater Dolorosa ly Family Anthony

tholic Record d St. London, Canada

EFE'S LIQUID RACT OF T WITH IRON,

ideal preparation for ing up the

OD AND BODY more readily assimilated,

absorbed into the circuy fluid than any other ration of iron. of great value in all forms

emia and Ceneral Debilor Sale at Drug Stores

LLOYD WOOD, nto, - Canada

### CHATS WITH YOUNG MEN. Covan's Now that the long winter evenings have returned, our young men should put them to some good use. They should take up a course of read-

Cake Icings

If you had trouble with prepared Cake Icing, 't was not Cowan's.

Even a child can ice a cake perfectly, in three minutes, with Cowan's Icing. Eight delicious flavors. Sold everywhere.

The Cowan Co. Limited, Toronto.

He was reared in Philadelphia and later went to the University of Virginia. Here he broke down in health. For a long time it was thought he would not live, but he made a gallant struggle.

long time it was thought he would not live, but he made a gallant struggle, and at last left his bed, though without much encouragement from the doctors, who said that he might last a month or a year, or he might die within half an hour. He was suffering from the acute heart disease which finally caused his last "There is no little enemy," is one of Benjamin Franklin's nuggets of wisdom. Any enemy, any evil, may at some crisis overturn all our defenses, unless we look well to it. A single drink is a tiny matter; yet it is often the beginning of absolute destruction to a young life.

OUR BOYS AND GIRLS.

On Vocations.-A Word to Catholic Youth and Their Parents.

Doubtless the word vocation sounds new to a young man's ears. Not so the expression teacher, priest. Even to the great mass of youthful manhood the word job is an ever familiar term.

be could not do it, but he knew he could.

Compelled to give up his dream of becoming a civil engineer, he entered the medical college and studied to such purpose that before his graduation, and while he was only twenty years old, he was appointed a resident physician in the Pennsylvania hospital. The physician in the Pennsylvania hospital. The physician in the physician in the Pennsylvania hospital. The physician in the Pennsylvania hospital in t was appointed a resident physician in the Pennsylvania hospital. The physi-cian who shared his room later said that ligious can your son or daughter aspire?
Surrounded as we all are with trials, his appearance was insignificant, and his heart disease was evident to all because of the "bellows sound" which accoming the bellows sound which accoming the property of every kind, the first concern should be exertion. At night he slept with his head almost at right angles to his body; only so was he able to breathe.

He was still an undergraduate when he became one of the senior resident physicians. His care to take advantage of every opportunity to fit himself for his duties made him an acceptable practitioner. Not once did the fact that he was apt to die at any moment of the day or night cause him to abate his zeal; it possible, the thought made him more to carry out the one great purpose of

was apt to die at any moment of the day or night cause him to abate his zeal; if possible, the thought made him more earnest and devoted.

At the hospital, in the rare intervals when he was not on duty, he devoted himself to investigation in an obscure technical subject and accomplished what might well have been a year's work for a strong man able to give full time to it. The results of his investigations were stated in his graduation thesis. This thesis was considered such a remarkable document that its publication was requested. At once the learned physicians and surgeons of two continents hailed Elisha Kent Kane, the puny youth who was trembling on the brink of the grave, as the peer of them all in that special subject.

When that confessing that God's holy will want to followed because of ambitious and worldly parents. Again has he seen sadness overspread a bright and blameless life, simply because a fond mother wanted her son to be a lawyer when that son wished to be a priest. Many a girl does he know who lives a life of continual "blues" because she could not find the means nor the good will of her parents to enter the religious life. \*

After long years of religious life and priesthood the writer knows whereof he speaks. What hope has the blighted life of a man who should be at the altar; not in a banking house, not clerking or

not in a banking house, not clerking or After his graduation, he became a surgeon in the U. S. Navy and circumnavigated the globe. He had jungle lever in Africa, typhoid fever in Mexico, and an attack of lockjaw, locking the surgeon of the s from all which he recovered only so far as to be a chronic invalid, never free simple serge and modest veil, was her But he refused to be cast aside. Still helooked about for anlopening for telling services. He saw his chance when, in 1850, in response to the appeals of Lady young man's brow. He hopes, he plans young man's brow. He hopes, he plans

surgeon of the expedition, and his request was granted.

Then, at thirty years of age, he began the service for which he had been unconsciously preparing, but he did not begin it in his own strength. The years of suffering had shown him his need of God, and he had long been an earnest Christian. Well for him that he was constructed by the control of Young man, young woman, do not despair. You feel that our dear Lord wants you to be one of His chosen ones, and Christian. Well for him that he was, for many times before he returned from the frozen north he was in the midst of your future happiness depends on your following this innermost longing, this continual desire, this your vocation, in a perils which he could not have borne alone. Referring to the second expedicontinual desire, this your vocation, in a word, call to the life of a religious or the priesthood. Should you neglect this call you must answer for not responding to grace. Learn to realize that amid all the sacrifice of the religious there is Providence which had guarded us through the long darkness of winter was

a feeling of sweet calm and quiet rest

Therein you know duty and obedience

direct your work, your very actions are

unselfish, given as they are to God and for souls. There is nothing higher or

MADE IN CANADA C-REAM TARTAR sacrifice and effort would ever be accomplished if some one did not believe in its possibility and hold it to be worth all it might cost. A doubter is a traitor to his own cause; he has no power to put down difficulties or push forward enterprises. "This is the victory that hath overcome the model even our Grade High GILLETTS GREAM TARTAR hath overcome the world, even our faith," says the apostle John, and it is Guaranteed Chemically Pure true of the material world as well as of the spiritual. The doubtful are not the SOLD IN PACKAGES AND CANS Same Price as the poor Adulterated Kinds There is a Chinese saying: "The legs of the stork are long, the legs of the E. W. GILLETT CO., LTD.

### THE NORTHERN LIFE ASSURANCE CO. OF CANADA 1897 1909

We have made steady progress year by year. Our policy of steady, normal growth is justifying the expectations of its directorate. This is shown by increased confidence of both shareholders and policy-

Our special policies are LIBERAL and ATTRACTIVE. This is all-important from the standpoint of the agent.

We have on our Field Staff places for honest men, enthusiastic in the profession of Life Underwriting. For Information with regard to Agency openings write to Head

JOHN MILNE Managing Director

Office, London.

W. M. GOVENLOCK

# DO YOU WANT HIGHEST PRICES FOR YOUR POULTRY?

We are the largest Poultry buyers in Ontario, we pay the highest prices for good Poultry. And we make prompt remittance. We make a specialty of milk-fed chickens. If your Poultry is good and fat for market, we'll make a contract to buy all you have. Write us today at London for prices

FLAVELLE . SILVERWOOD Limited London, Ont. Montreal, Quebec
If East of Toronto, write Montreal Branch

more beautiful in life than to follow in the footsteps of the Master, Who gave His life for those He loved; even unto

We follow, knowing well He bore on We follow, knowing well He bore on His sacred brow a crown of thorns, while His bleeding shoulders carried the wood of sacrifice. His glorious resurrection beckons us on, and though often faint and weak His strength becomes ours when we faithfully correspond to vocation.—M. Charles in B. C. Orphans' Eriend. Friend.

The Polite Boy.

In this world of rush, push, hurry and worry, what a pleasure it is now and again to come across a polite person, and the pleasure is all the more if the person happens to be young, for experience tells us that many of the young of both sexes nowadays are sadly lacking in one of the principal external graces of character — politeness. Emerson tells us that a beautiful behavior is better than a beautiful form; it gives a higher pleasure than statues and pictures; it is the finest of all the fine arts. Politeness is nothing more or less than a beautiful behavior. Polite persons are courteous, sincere, kind and truthful to everyone, especially to those placed in a lower rank than themselves. There is everyone, especially to those placed in a lower rank than themselves. There is nothing of the swagger or the brag about them and they have the happy faculty of always placing self in the background. Rudeness and vulgarity in any shape or form are things altogether foreign to their nature, and to say or act uncivilly is not in their composition. Alknowledge of the languages, the arts and sciences, makes up the education of a boy. A knowledge of the languages, especially her own, with a knowledge, too, of house duties, make up for the most part the education of a girl; but if the boy's or girl's education includes not that which tends most to make their success in life a certain quantity, of that which leavens social intercourse—politeness—then, though quantity, of that which leavens social intercourse—politeness—then, though they may know all subjects which appertain to their special walk in life, still their name ever will be rudeness. Take the polite boy, no matter what walk of life he belongs to. Just watch him walk down one of our thoroughfares. But he refused to be call, must carry out his or her services. He saw his chance when, in 1850, in response to the appeals of Lady Franklin, Congress voted to send an expedition in search of her husband, Sir John Franklin, who had not been heard from since 1845; it was feared that his entire party had been sacrificed in a search for the North-West Passage. Dr. Kane asked to be sent as surgeon of the expedition, and his request was granted.

Your boy, your girl must answer the quest was granted.

Your boy, your girl must answer the call, must carry out his or her vocation. The word fashion in ties give to so suit of clothes and patent leather boots are fashion in ties give to so and the latest fashion in ties give to so many of our modern dudes. No, he does none of these things; he walks, and about his every footstep there is a sound which speaks the man; about his conversation there is a tone which speaks the gentleman. Aye, his every

act and gesture speak robustness and manliness of character.

"Manners are not idle, but the fruit of noble nature and of loyal mind."-True Voice.

Need of an Intelligent Faith.

"One ignorant Catholic can do more harm than a thousand infidels," says the Southern Messenger. "A need of the times is an enlightened Catholic laity. The why is equally important with the what. We must not merely know what we believe, we must also know why we believe. The acquisition of the why will increase our admiration of the what. That acquisition is easily obtained. Ten ninutes a day devo ed to one of the many count of Catholic faith on every possible occasion. Try it, and also support a Catholic paper; it is your duty. Catholic paper; it i lies of this country especially, who meet daity with persons of all classes and creeds, should have an intelligent faith in order that when the occasion occurs they may be able to give a reason for the felt that is in the famous thing in Paris. We wonder how many Catholics will go to see the felt that is in the famous thing in Paris. We wonder how many Catholics will go to see the felt that is in the famous thing in Paris. faith that is in them.

Will I Once More be a Little Irish

Boy?
only eighty-nine, and they tell me I am dying, I hear the loved ones sobbing 'round my bed. I ask them with a sigh, as with bent heads the And I hear the loven one.

And I ask them with a sigh, as with bent neares pass by,

Will the viscons that I now see, be, when I am dead

Will my father in his pride, and my mother by his

side

\*\*Transport of the price of the

And! Oh! tell me, will, I once more be, a little Iris

loved to stand And gaze with awe upon its towering height, Still spread its cool sweet shade o'er the swings ou young hands made Where we romped and played and swung, from mor

till night.

And the old thatched cottage barn, where at eve we'd sit and yarn.

Telling tales of Sarsheld's pluck at Fontenoi,
Will the "boys" who fought and bled, be with me when I'm dead,
And! Oh! tell me will I once more be, a little Irish boy?

Will the old ditch, and the style, where we'd res when after toil, Be still there as it was in ninety-eight, Will my brother proud and strong shout still the old, old song And will my sister meet me smiling at the cabir gate.

gate,
Will the old church steeple still, towering high o'e
Wexford hill, To me again appear as reaching to the sky, Will the blackbird and the linnet sing o'er the grav

Will the school house be the same, on the old plo

in the same place longside the parish well,
And the old moth-eaten seat where the boys an
girls would meet,
And to each other their little nothings tell.
Will I hear the joy bells ringing and Erin's daughter
singing.

singing
Their simple lays to "Him" Who reigns on high,
Will my country's page be whiter, will her sunburs
then be brighter,
And! Oh! tell me will I once more be, a little Irisl

Will the round tower and the mill not far from Vinegar Hill
Across the bridge whereon our names we cut so keen Have still their meadows sweet where high grew Ireland's wheat.
And the little three-leafed shamrock fresh and green. Will the faith our country spread and for which her sons and daughters bled
Sustain me now as judgment's drawing nigh,
Oh! shall I then find rest with those loved most and best

And! Oh! tell me will I once more be, a little Iris Just as the belfry tower chimed forth the midni

The old man's soul sped on to stand its test

And 'round God's throne above where everythin love, Stood with him those he loved the most and best, And pleading strongly there in sweet and ferv

prayer
They ask that he be given peace and joy
Ahd his angel smiling speaks, Father this is he wh
seeks
To become again, a little Irish boy.
I. W. KINSELLA.
G. P. O., St. John's Newfoundland.

EMPTY HOUSES AND BAD TENANTS.

Pleasant reading for Catholics, the historic churches of Paris. At a moderate rent, and in some cases none at all, these sacred edifices may be obtained. For example the Jesuit Church of St. Pierre is now the Salon of an American woman. The neighboring parish church houses a moving picture show. other churches have become the ateliers of artists and their models.

At the Church of the Sacred Heart,

the dancer Loie Fuller and her company of brazen, shameless women have until of brazen, shameless women have until Rheumatism of every kind—chronic lately been rehearsing for their coming or acute—fluscular, Sciatic, Lumbago

American tour.

According to the report we read, the scenes that took place within that erst-while House of God quite equals the re-volting accounts of the doings in the churches at the time of the French

Revolution.

As the light poured in through the beautiful stained-glass windows, squads of barefooted and barelimbed women ar seen pirouetting upon a platform erected in the sanctuary before the altar to the wild accompaniment of sensual music. books explanatory of Catholic belief will a short time store the mind amazingly and enable the reader to give a good ac The titled and idle rich are present to

them! It will all be done in the name

DR. H. SANCHE & CO., 380 St. Catherine St. West, Montreal specific coupon with your full address to Ma Foor Draft Co., PX41. Oliver Bilds, Jackson, Montreal specific coupon. Write to day.

Professional.

DR. P. J. MUGAN, Physician and Surgeon Office, 720 Dundas street. Hours 11 to 12 a, m. 1 to 3; 6 to 8 p. m. Phone 2058.

JOHN F. FAULDS, Barrister, Solicitor, Notary Public, &c. Money to Loan. Robinson Hal Chambers, Opposite Court House, London, Canada Telephone 907.

JOHN FERGUSON & SONS 180 King Street

The Leading Undertakers and Embalmers Open Night and Day. Telephone-House, 373. Factory 543.

W. J. SMITH & SON UNDERTAKERS AND EMBALMERS 113 Dundas Street OPEN DAY AND NIGHT

Where the Fishers Go The Story of Labrador by REV. P. BROWNE

(Member Historical Society of Nova Scotia) 160 Half-tone Illustrations with Map and Index

"The greatest contribution to colonial literature recent years." (Sports, Halifax) asteem years." (Sports, Halifax)

Witten by a man who knows his subject not from learsay but from actual experience." (Chronicle)

"The author is literary to his finger tips and a master of Classical English—The volume reads like a omance." (Toronto Register)

For Sale at RECORD OFFICE

Postpaid \$1.50 1603-



of Art, and surely our Catholics who

of Art, and surely our Catholics who have the price must be artistic.

Let them stay away. Let them follow up the vile thing from its beginning in the Church of the Sacred Heart in Paris and protest, at least by their absence, against the sacrilege and the immorality of it all.

It is a sin and a shame for Catholics to attend many of the shows running at this moment in the New York theatres. What shall we say of Catholics who will attend this one?—The Monitor (N. J.).

What We Stand in Need of.

Mat we stand in Need of.

More books and fewer banquets. More
thinking and less drinking. More work
and less talk. More self-forgetfulness
and less self-glorification. More constructiveness and less criticism. More
real sociability and less whist. More simplicity and fewer "airs." More copying
of kindly and worthy deeds and less imition offads and follies and foibles. More
recreation and less mere dissipation. recreation and less mere dissipation. More reality and less sham. More study clubs and fewer social clubs. More study clubs and lewer social clubs. More real recreation and less mere dissipation. More reality and less sham. More study clubs and fewer social clubs. More helpful, hopeful conversation and less gossip. More emphasis on manners and gossip, more emphasis of manners and morals and less on money. More simplicity and less smartness. Larger outlooks and smaller grudges. A greater desire for social usefulness than social prestige. These are a few of our needs. Others may easily suggest themselves to any thoughtful Catholic.—Sacred Heart Review.

## - If You Have . RHEUMATISM

sign and mail this coupon to
MAGIC FOOT DRAFT CO., Dept. PX42
Jackson, Mich.

Return mail will bring you a \$1 pair of Magic oot Dratts to try Free. Read below.

Upon receipt of above coupon we will send you by return mail, prepaid, a regular \$1 pair of Magic Foot Drafts, Michigan's Great External Cure for or Gout. No matter where the pain or how severe. Then, and only after you have given them a thorough trial and are fully satisfied with the benefit received, you can send us One Dollar. If not, you pay nothing. You decide and we take your word.



# While They Last Canada Series

A NATIONAL SERIES OF BOOKS FOR BOYS and GIRLS

FULLY ILLUSTRATED

"The man who loves his home best and loves it most unselfishly, loves his country best."—F. G. HOLLAND.

IN ORDERING choose several books and state which one preferred. In case your first choice is sold we shall send you the next to appear on the list. This is a rare opportunity to get a good lib rary at a low cost.

Regular Price \$1.50, now \$1

Rob the Ranger. A story of the fight for Canada, by Herbert Strang. Sisters of Silver Creek. A story of Western Canada, by Bessie Marchant. The Fur Country, by Jules Verne.
To Win or Die. A tale of the Klondike craze, by G. Manville Fenn.

Regular Price 1.25, now 80c.

A Daughter of the Ranges. A story of Western Canada, by Bessie Marchant. A Heroine of the Sea. A story of Van-couver Island, by Bessie Marchant.

Regular Price \$1, now 65c.

Duck Lake, by E. Ryerson Young. Cedar Creek. A tale of Canadian life. Athabasca Bill, by Bessie Marchant. North Overland with Franklin, by J. Macdonald Oxley.
Two Boy Tramps, by J. Macdonald

Oxley Oxley.

The Giant of the North, or Pokings Round the Pole, by R. M. Ballantyne.

Norsemen in the West, or America Bafore Columbus, by R. M. Ballantyne. Big Otter, a tale of the Great Nor'-West

by R. M. Ballantyne. The Young Fur Traders. A tale Adventure in North America, by R.

M. Ballantyne,
Off to Klondike, by Gordon Stables.
On the World's Roof, by J. Macdonald

In the Swing of the Sea, by J. Macdonald Oxley. The Specimen Hunters, by J. Macdonald Oxley.

Regular Price 75c., now 50c. Adventures in Canada, by John C.

Geikie. Snowshoes and Canoes, by W. H. G. Kingston.
The Romance of Commerce, by J. Macdonald Oxley.
The Young Ranchman, by C. R. Kenyon.
The Empire's Children.

The Young Moose Hunters, by C. A.
Stephens.
The Fairhope Venture. An Emigration
story, by E. N. Hoare, M.A.
A Family Without a Name. A story of
Adventure with North American Indians by Jules Verme

dians, by Jules Verne. Rambles in the New World, by Lucien Biart. Under the Sea to the North Pole, by

Pierre Mael. Peter the Whaler, by W. H. G. Kingston. Norman's Nugget, by J. Macdonald

Oxley.
Roger the Ranger, a story of Border Life
Among the Indians, by Eliza F. Pollard. The Red Mountain of Alaska, by W.

Boyd Allen.
Ice Bound, or the Anticosti Crusoes, by
Edward Roper.
My Dogs in the North Land, by Egerton

R. Young.
The Forest Drama, a story of Muskoka. by Louis Pendleton.

Regular Price 50c., now 35c.

Roger Davis, Loyalist; by Frank Baird. Clive Forrester's Gold, by Charles R. Kenyon. The Story of a Log House, by Mary F. Outram.
The Search for Molly Marling, by Emily

P. Weaver. Phil's Hero, or a Street Arab's Resolve; by Charlotte E. Baron. The Prairie Chief, by R. M. Ballantyne, The Red Man's Revenge, by R. M. Eal-

The Wild Man of the West, by R. M. Ballantyne. Dr. Grentell: The Man on the Labrador, by Rev. J. Johnston.

Regular Price 35c., now 25c. Indian Life in the Great North-West,

by Egerton R. Young.
Billy's Hero, by M. L. C. Pickthall. Lost in the Backwoods, by E. C. Kenyon. In Paths of Peril, by J. Macdonald Oxley. Sunshine and Snow, by Harold Bindless. The Old Red School-House, by Frances

H. Wood. The Red House by the Rockies. A tale of Reil's Rebellion; by A. Mercer and V. Watt.

The Frontier Fort, or Stirring Times in the North-West Territory of British America; by W. H. G. Kingston.
The Valley of Gold, by Marjorie L. C. Pickthall.

The Straight Road, by Marjorie L. C. Pickthall. John Horden, Missionary Bishop. A Life on the Shores of Hudson's Bay; by Rev. A. R. Buckland, M.A.

aldblane of Darien, by J. Macdonald Oxley.

Away in the Wilderness, or Life Amorg. the Red Indians and Fur Traders of North America; by R. M. Ballantynes.

Fast in the Ice, or Adventures in the Polar Regions; by R. M. Ballantyne.
Over the Rocky Mountains, in the Land of the Red Skins; by R. M. Ballantyne. The Pioneers, a Tale of the Western Wilderness; by R. M. Ballantyne. Dick's Desertion, by Marjorie L. C.

Pickthall. Catholic Record

Richmond St. London, Canadas