

## CARRATRACA !

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Most blessed water ! neither tongue can tell,  
The blessedness thereof ; no heart can think,  
Save only those to whom it has been given,  
To taste of that divinest gift of heaven.

SOUTHEY.

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**T**HERE are few subjects connected with medicine more interesting to the general reader than that of mineral waters. Their universal use in all parts of the world, the knowledge that many of them produce effects far from what can be accounted for, either by their chemical composition or the power of their known ingredients, their undoubted benefits in myriads of cases, have always cast a mystery about them that may in reality be a principal reason of their success in many cases that have baffled the profoundest medical skill.

Apart from the reality of their known value in disease, they also have their romance, how fascinating may be judged by the following, from the history of Juan Ponce de Leon, Discoverer of Florida.

Juan Ponce de Leon resigned the command of Porto Rico with tolerable grace. The loss of one wild island and wild government was of little moment, when