

sports

Dalhousie tidal wave swamps Acadia

by John Yip

The Dalhousie swimming Tigers continued their winning streak against Acadia in a meet hosted by Dalhousie last weekend.

Both men's and women's teams won their respective categories. The Dal men's 134 points nearly tripled Acadia's 37 points while the women had matching scores as the Tigers scored 123 points to Acadia's 34.

The Tigers flexed their muscles and won an outstanding 19 out of 21 events. Of the nineteen wins, three meet records fell. CIAU academic All-Canadian Jason Shannon clocked a 1:01.48 in the 100 metre backstroke to beat an unknown bearded, short-clad Acadia upstart. Shannon's time shaved nearly three seconds off the previous record. Breaststroker Ian Jackson went under the 100m breast meet record time with a 1:09.62. Second-year swimmer Sarah Woodworth posted a win and a meet record in the 400 individual medley with a time of 5:20.46. Woodworth also won the 400m free.

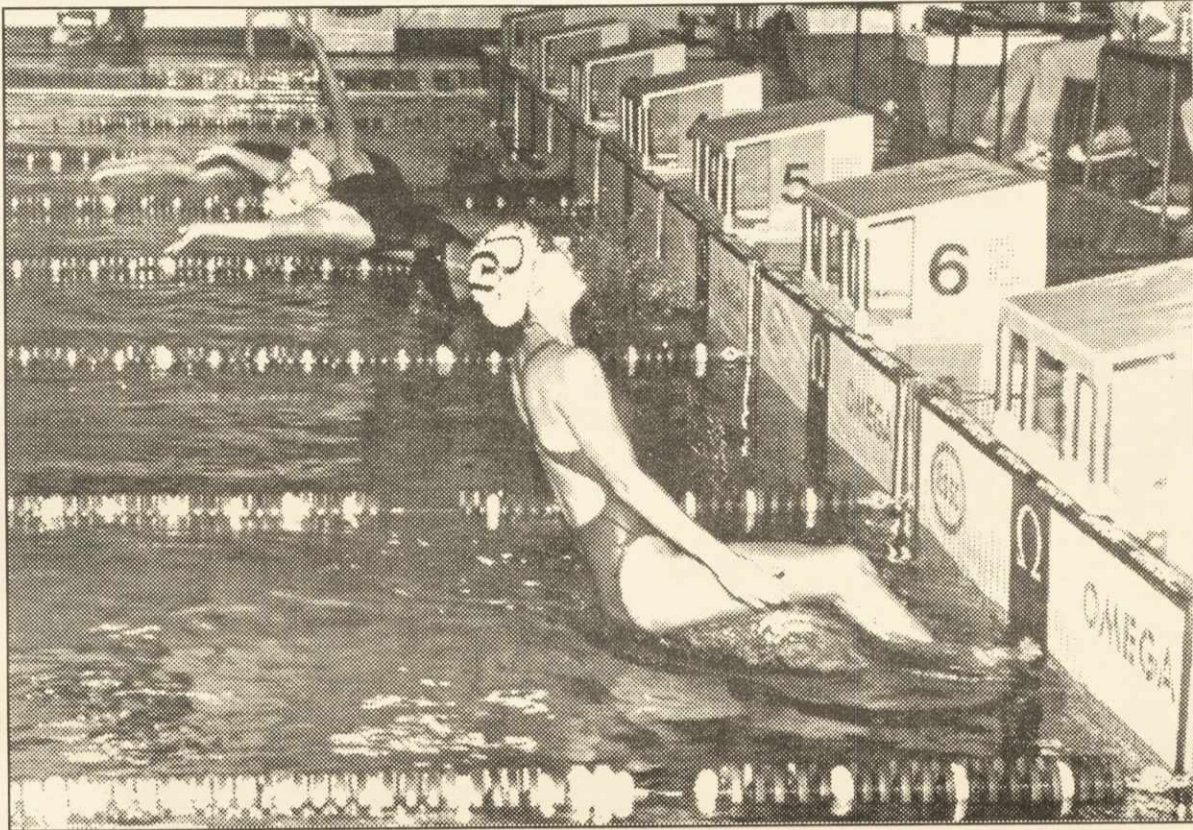
Other event winners include Alicia Daley who powered her way through the final metres of the 50m free to out-touch Acadia by six tenths of a second.

Cheryl Woodman, a double winner in the 100m and 200m free, was satisfied with her swims.

"I'm ahead in my training programme right now due to the heavy training I did in the summer for Canada Games. I felt really good in both races and I'm pleased that my times were faster than I expected."

Antigonish native Maura Strapps took the 100m breast while Bridget Byrne paced herself to victory in the 800m free.

Donna Phelan counted her way successfully through the 100m back and Carla MacDougall flew to the podium with a win in the 100m butterfly. The women Tigers won both the 4X100m medley relay and the 4X200 free relay.



On the men's side, Sean Andrews sprinted to a win in the 50m free. Quebecer Francois Anctil won the 400 individual medley and the 400m free.

Clean-shaven Brent Purdy took the 100m fly while Dr. Ian MacDougall won the 100m free. The Dal men's "A" team narrowly edged out Dal's "D" team to take the 4X200m free relay. The "D" team nearly had victory in sight with a near-comeback swim for Adam Widdis but the "A" team anchor John Yip sandbagged the win.

For some swimmers such as rookie Margaret Banbury and Brent Purdy, the swim meet was an opportunity to test the waters and learn from the weekend.

"This was my first varsity meet. I was a bit nervous but the veterans on the team supported me and the other rookies. As a result of the team's cohesiveness, we all came through in the end," said Banbury.

Purdy had another perspective on the weekend.

"The purpose of this meet was to get out there and try to perform as best you could under the circumstances and come back with a positive outlook."

Headcoach Nigel Kemp was pleased with the weekend's victories.

"All athletes demonstrated the capacity to race this weekend," he said. "Most times were on par or faster than this time last year. The men's team showed a great deal of depth while the women's team came up strong in the absence. This year's conference is very competitive, therefore our goal right now is to strive to improve our technique and fitness, so that we can perform at our maximum potential."

The weekend will also include the Practice Challenge between the men's and women's teams. Each male swimmer was paired with a female swimmer. Between the two, whoever made more

practices over a two-week period had to buy the loser lunch after the Acadia meet. With eleven practices offered a week, each swimmer had to attend at least five practices.

"The Practice Challenge was a good way to motivate both team's to go to practice," said fourth-year swimmer Jason Jardine.

The Tigers are on the road again this weekend against Mount Allison on Saturday and UNB on Sunday.

The Dalhousie swimming team defeated Acadia in a meet at Dalplex last weekend. This weekend they travel to Mount Allison and the University of New Brunswick.

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one in the AUAA regular season and the second in the CIAU championship game.

Katie Gillespie scored the goal for Dal against UBC. Turner and Stephanie Johnson, a Dal defender, were named to the tournament all-star team. Carla Perry was named the Tigers' most valuable player of the championship game.

After a successful and dramatic season Turnbull, who is in the Masters of Science program for Kinesiology, is turning his attention to other matters.

"For me, like the rest of the players, I'll hit the books and catch up."

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ATTENTION ALL

Student Health Plan certificates have been delayed due to computer problems. They will be sent to students' local mailing addresses by early December.



In the meantime, students should retain their prescription receipts. The DSU apologizes for any inconvenience that this delay has caused.



STUDENTS