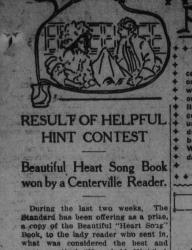
THE STANDARD. ST. JOHN. N. R. SATURDAY, FEBRUARY 5. 1916

How to Run a Troop. By ERNEST YOUNG. EIGHTEENTH WEEK'S WORK.

With the Children

My Dear Jim: -- I an giad that my iast letter was of some use to you, and I will write to you every fortnight about one of the Scout Laws in order that you may have plenty of ideas to put before your patrol. Your Scoutmaster is quite right to cell you that you can do without a Becond for the first month. He is

Letters to a Patrol Leader.



During the last two weeks. The standard has been offering as a prize, a copy of the Beautiful "Heart Song" Book to the lady reader who sent In, what was considered the best and most practical "Household Hint." A great number of entries were receiv-ed, and the work of judging has been most difficult, as the suggestions giv-en were of much value to the busy housewife. However, after colug through each attempt carefully, we have much pleasure in awarding the "Heart Song" Book, containing four hundred of the song treasures of the world, sixteen full page portral's of he world's most famous singers, and complete dictionary of musical terns, to

MRS. ARCHIE R. MCLEAN,

Centreville, Car. Co., N. H ho submitted the following "He'pful

Hint": If you have no cream to whip, use a banana with the white of an egg, beat up till stiff, and you will have a delicious substitute for whipping

The following are considered next in order of merit, and deserve special mention: A Helpful Hint.

To keep lettuce perfectly fresh for a week or more, sprinkle well with cold water, place in a large tightly-covered dish, such as a vegetable dish, and keep in a cool place.—Sent in by Miss J. E. Dunlop, 149 Waterloo St., City.

For Cleaning Bedsprings.

A dishmop dampened with kerosene will clean bedsprings satisfactorily.--Sent in by Miss Erma M. Carson, St. Martins, N. B. shawl

Two Good Hints

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A lemch can be made to yield near-ly double the quantity of juice other-wise obtainable, if it is heated thor-oughly before squeezing. If a box of limic is set in the closet in which preserves, jams and the like are stored, it will prevent mold from gathering on the fruit.—Sent in by Miss Rosa E. Nason, Upham, Kings Co., N. B. girl w

Before Squeezing Lemon.

Heat a lemon thoroughly before squeezing, and you will obtain double the quantity of juice, had it not been heated.—Sent in by Mrs. Ingles H.

Killam, Sussex Kings, Co., N. B. Big

Two Helpful Hints.

To remove grass stains from white fabric, soak in parafiln before putting in wash-tub. To remove the inside skin off or-

anges, pour bolling water on them, let stand for five minutes, peel the placed oranges and it will be smooth and clean.—Sent in by Mrs. Y. Bridges, 679 Main, St., City.

To Remove Apple Stains. of in of gro

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