

MC 235 POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN N. B., FRIDAY, FEBRUARY 28, 1913

Scrutinize Closely

before you buy. Don't throw money away on things that are not going to give you good service. If you want good goods at low prices, this is the place to come for them. Scrutinize this list and come in and take advantage of it.

Men's Negligeé Shirts regular \$1.00 value for 89c.

Men's Flannel Shirts regular \$1.00 value for 89c.

Men's Derby Hats regular \$2.50 value for \$1.98.

Men's Pants regular \$2.25 value for \$1.98

CORBET'S
196 Union street

Little Beauty Chats
By BLANCHE BEACON

How Sleep May Be Induced

EVERY woman searching for health and beauty should take to heart the old saying that "one hour of sleep before midnight is worth three after." Unfortunately, very few women in these days of hurry and flurry, not only do not get this so-called beauty sleep, but frequently resist the nighting, prying for the sleep that comes not. The inevitable result of this is that the nerves become disordered, the digestive organs, the eyes dull and the complexion cloudy.

Sleep is one of the strongest foundations of health. It is essential to beauty, so a little attention to the pros and cons will prove well worth your while.

If you wish sleep to woo your eyelids, then never go to bed hungry, as an empty stomach means a restless night. Do not infer from this that you are to forego heavy meals and strong black coffee before drawing on your bewitching bed cap, as such a meal would keep your eyes wide open. No, instead of meat and coffee, take a glass of hot milk and consume it leisurely just before you turn out the lights. If you crave something a wee bit more substantial, then nibble a lettuce sandwich or a crisp hamper.

To get the best results from the above treatment, it would be well to sponge the body off with hot water just before drinking the warm milk.

This efficient remedy for sleeplessness is well worth the trying, simple though it be. In this connection it is worth bearing in mind that costly treatments are not always the most effective.



Daily Hints For the Cook

BROWN BREAD WITHOUT MILK.
Two cups meal, 2 cups flour, 1 cup molasses, salt, 2 teaspoons soda, 3 cups cold water. I use this recipe all the time. Steam in five-pound lard pail set in 10-pound lard pail with water in 10-pound pail. Put on both covers, put in the oven.

POTATO SALAD
Cut 12 warm potatoes into dice, season with fat obtained by frying 12 pound bacon, add 1 1/2 onion, 1/2 cup weak vinegar. Can use pork instead of bacon, also 1 tablespoon chives in place of onion.

Two large boiled potatoes put through a sieve, 1 teaspoon mustard, salt, 4 teaspoons olive oil, 2 teaspoons vinegar, yellow of two boiled eggs, season onion, 1 teaspoon anchovy essence. Make in balls roll in chopped parsley if desired. For salad always boil potatoes with their jackets on.

Only One "BROMO QUININE"
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Cures a Cold in One Day. Cures Grip in Two Days. 25c.

Then She Understood
They had inserted a want ad calling the attention of the room hunters to two rooms in an elegantly appointed flat. The usual hen-baiting phrase, "gentlemen preferred," had been added merely to give the "gentlemen" first call for the rooms. Along about 6.18 p. m. the telephone bell began to ring, and kept a-jingle for two hours. Peculiarly enough every voice that answered the advertisement was flattered with the tongue of Kaiser Wilhelm. "You have got a room for rent, yes?" the first voice said.

"Der rooms vot you haf are near der German house, sut?" the second voice piped.

"How close is it far from der Monument?" the third voice inquired.

All evening long there was a German accent to the telephone, and the woman with rooms to rent became bewildered.

"Have all of the Germans in Indianapolis been fired from their homes?" she asked herself. "I've done nothing but answer German calls tonight."

"Better look at the advertisement and see what it says," one of the other roomers suggested. She did. The ad said: "Germans preferred."—Indianapolis News.

Royal Baking Powder
ABSOLUTELY PURE

The only Baking Powder made from Royal Grape Cream of Tartar

Makes delicious home-baked foods of maximum quality at minimum cost. Makes home baking pleasant and profitable

HEADACHE
INSTANTLY RELIEVED BY THE OLD DR. MARSHALL'S CATARRH SNUFF
25c AT ALL DRUG STORES. GET THE GENUINE IN THE ORIGINAL TITANIC PACKAGE.

B26 Cortez

About 1526, Cortez, the conqueror of Mexico, first tasted chocolate.

In 1528 he returned to Spain bringing this new food-drink with him.

Spain kept the preparation a secret until 1606.

Then an Italian learned how to prepare chocolate. Its use finally spread over Europe.

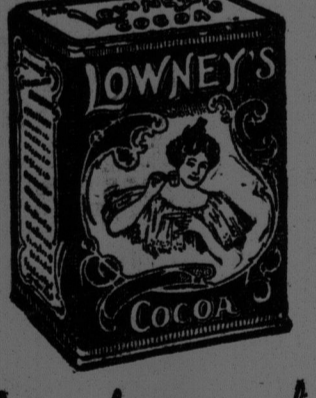
It has remained for Lowney to bring cocoa to its highest point of perfection—to show how cocoa ought to taste.

The selection of the choicest cocoa beans, the skill in roasting and blending, and the care in making, all combine to give Lowney's a rich, full flavor duplicated in no other cocoa.

Lowney's Cocoa is produced in the beautifully clean Lowney plant in Montreal.

If you want a delicious cocoa treat get a tin of Lowney's from your grocer—10c to 50c sizes.

LOWNEY'S COCOA



Lowney's shows you how cocoa ought to taste

The Walter M. Lowney Co., of Canada, Limited, Montreal

TRAINING A MAID FOR HOUSEWORK

(Copyright, 1913, McClure Newspaper Syndicate.)

The housemaid of the land is up in arms for their rights and the housemistress of the land have difficulty in maintaining them. In several cities—Cleveland for one—housemaids' unions are forming with the object of educating maids to do their work scientifically. In many cities there are women's clubs and organizations the purpose of which is to initiate housewives into the scientific side of housekeeping and to look into the relation of mistress and maid.

Ignorance—sometimes of the part of the maid, sometimes on the part of both—is doubtless at the bottom of the trouble. Education is the one means to solve the problem, and every effort made to further this sort of education is a move in the right direction.

Many maids who enter service as general houseworkers are spoiled in the first month in their position through ignorance or laziness on the part of their employers. Habits are easily formed and broken with difficulty, and if a mistress lets certain duties go undone just because her new maid is "green" she will have difficulty later on.

When a woman hires an inexperienced maid she should begin with the maid and feel that she is willing to spend time, patience and consideration in the new maid's training.

UNDERSTAND EACH OTHER.
Next she should come to an understanding with the girl about wages—make a definite proposition for a certain wage, with regular increases at stated times until a maximum wage is reached.

The mistress should then map out plan of the duties the maid is expected to perform. Honesty concerning hours of work, number in family and frequency of guests is a good policy. If a maid is told that unexpected company to dinner is unusual, that luncheon must sometimes be served at twelve, sometimes at half-past one and that in a few weeks some cousin or aunt or grandmother is coming to spend the rest of the winter she generally accepts the facts as stated with much better grace than she would accept the visiting relative, the shifting luncheon hour and the unexpected company without previous warning.

A new maid should never be taken on schedule. For instance, when there is illness and the house is turned topsy-turvy for the accommodation of patient and nurses; if it is housecleaning time, or if there is a holiday crowd of children home from school and visitors on hand. Proper training of a maid at such times is impossible.

MAKING A LIST OF DUTIES.
It is a good plan for the housewife to give the new maid a list of the duties she is to perform. If the maid objects to their number and character perhaps a little consultation about them will bring about an understanding satisfactory to both.

A general housework maid is supposed to care for fires, piazzas and sidewalk; sweep, scrub, clean windows and best rug; keep kitchen and dining room and parlors in order, clean the silver, do plain cooking, and if the laundry work is not heavy do that. Nowadays, however, it is always necessary to come to an understanding about the branch of the work. If the laundry work is heavy and a laundress is employed the general maid is generally required to launder certain articles, such as table linen, dish towels and her own clothes.

Aside from these duties the general housemaid's duties differ. She is generally willing to wait on the table, and some general housemaids take pride in their ability to do really good waiting. She is generally asked to make the beds and keep all the rooms dust free. But in many cases where only one maid is kept the women of the family willingly do the bedroom work and parlor dusting to relieve the maid.

A maid should never be asked to beat heavy rugs or carpets. They do not need beating every week, but when they do a strong man should be hired to take care of them. Once in a while, too, if it can be afforded, a man should be hired for half a day to clean the cellar or attic, scour outside window sills, give the piazzas an extra scrubbing and do other things to rest and relieve the maid.

General housework maids usually are willing to wear a costume. Light, cotton frocks for morning should always be worn. For afternoon and evening, if the maid does not care to wear the conventional afternoon maid's frock of black, with white cap, collar, cuffs and apron, she can wear a blue or pink chambray dress with a white apron. Fresh white aprons should be a part of every houseworker's equipment, whether the worker is employer or employe.

There is no possible justification for the hope that a maid will be contented even if her work is not too hard, if she is kept as an attractively furnished as possible. A kitchen with buff or green patterned curtains, a comfortable chair or two, white

curtains at the windows and a few rag rugs to match the wall is no more expensive and no harder to take care of than one of surpassing ugliness. If the maid likes flowers, a potful geranium or primrose on the window sill will give much pleasure, and certainly will not inconvenience any member of the household.

The maid's bedroom should have light, washable walls, a clean and comfortable white iron bed, some sort of a chest of drawers and a good mirror, rug on the floor, wash curtains at the windows, a good picture or so on the walls, some place for her to hang her clothes, a well equipped washstand, and a comfortable chair.

Absolute order and cleanliness should be maintained by the maid both in her own room and in the kitchen. Her room should be under regular inspection by the mistress of the house, and she should not resent any reminder that her room is untidy or unclean. It is the housekeeper's duty and privilege to insist that all bedrooms are kept in order.

HOURS OF WORK.
One of the housemaid's unions limits the working hours of housemaids to seven hours a week, and no work after eight o'clock in the evening. These hours are reasonable. Every normal woman ought to be able to get through the work of the day with sufficient expedition to allow her to rest for an hour or so every afternoon. The eight o'clock evening limit to work might be difficult to arrange for in some cases, but if both mistress and maid are careful housewives, the limit can be finished with her evening's work within half an hour after the family finishes dinner.

If the dinner hour is late the maid should eat her own dinner before she serves the family; she can generally manage to eat in the kitchen in order by the time dinner is cooked, and she can get many of the dishes out of the way in the moments when her services are not required in the dining room. Out of consideration to the maid the mistress should not call her to the dining room after the dessert is passed; and the family should adjourn to the living or drawing room for all after dinner conversation.

LEFT OVER SANDWICHES
Sandwiches left over from an afternoon tea or reception need not be looked upon as just so much waste material. The careful housewife utilizes them in many ways.

Ham sandwiches can be transformed into a breakfast dish simply by toasting them to a golden brown and pouring over them a cream sauce into which have been stirred minced ham and parsley. Where a more hearty breakfast dish is desired allow one poached egg to two small sandwiches, arranging the eggs on the toast before covering with the cream sauce.

For luncheon cheese sandwiches may be utilized in a similar fashion, mixing chopped hard cooked egg and grated cheese with the white sauce. Or place the toasted cheese sandwiches around the edge of a baking dish, fill with cooked macaroni and sprinkle with cheese.

Try toasting chicken sandwiches and covering with a white sauce mixed with a few chopped mushrooms and shreds of green pepper. If there is any cold chicken at hand, either fried or canned, some small pieces will prove a desirable addition to the sauce. A little chicken soup used in making the white sauce will result in a richer dish with added flavor of the chicken.

Where asparagus, spinach or stewed celery is to be served toasted sandwiches are excellent used as a garnish. Chicken combined particularly well with these vegetables and ham and tongue are almost as good.

Plain bread and butter sandwiches are easily utilized. They are good dipped in this batter and fried like French toast or they may be used for the lining of a pudding dish, with a filling of canned or fresh fruit. When baked, the bread and butter sandwiches will be crisp and deliciously flavored with the fruit.

Sweet sandwiches of marmalade, preserved fruit or jelly are best used as a simple, sweet course at luncheon or dinner. Saute them in a little butter, dry on blotting paper and serve crisp and hot with coffee, tea or chocolate.

PRECEPTS OF A PRESIDENT.
The words which John Adams wrote to his wife years before he knew he would some day be the second president of the United States and that the son to which he referred would also some day be president, are good watchwords for any parent.

"The education of our children," he wrote, "is never out of my mind. Train them to virtue. Habituate them to industry, activity and spirit. Make them consider every vice as shameful and unmanly."

A novel scheme of preventing drunkenness has been devised by the police of Copenhagen. When a weary one is found he is taken home in a cab, the fare being charged to the publican who supplied the liquor.

Are You Interested In Spring Furniture?
Drop In And See Our New Arrivals!

J. MARCUS, - 30 Dock Street.



SHIPPING
ALMANAC FOR ST. JOHN, FEB 28.

High Tide..... 7:27 Low Tide..... P.M.
Sun Rises..... 7:07 Sun Sets..... 6:08
Time used is Atlantic standard.

PORT OF ST. JOHN.
Arrived Yesterday.
Schr Hazel Trahey, 145, Morrissey, New York, J. W. Smith, with 244 tons of coal for Geo Dick.

Sailed Yesterday.
Str Manchester Importer, Linton, Manchester, Wm Thomas & Co.
Str Lappashanook, Hanks, London via Halifax, Wm Thomas & Co.
Str Galvin Auman, Mitchell, Boston via Maine ports, W G Lee.

CANADIAN PORTS.
Halifax, N. S. Feb 27-Ard, Ouland (Nor), Pernambuco.

BRITISH PORTS.
London, Feb 27-Sat, str Lake Michigan, St John (N B).
Liverpool, Feb 27-Sat, str Durango, Halifax.
Avonmouth, Feb 26-Ard, str Royal Edward, Halifax.

FOREIGN PORTS.
New York, Feb 27-Ard, str New York, Southampton.
Boston, Feb 26-Ard, schr Ruth Robinson, St John.
Cienfuegos, Feb 27-Ard, schr E M Roberts, Nickerson, Annapolis.

DENT'S

LADIES' GLOVES
KID


Look For The Name Dent's on Your Gloves For Easter

DENT'S GLOVES give the finishing touch to your fashionable Easter costume.

You will find these gloves of a superior quality to the ordinary makes. Dent's are better in style and making—and the fit is perfect. Dent's Gloves wear longer and look better.

The price is the same as ordinary makes. For better satisfaction, look for the name Dent's on the button.

GOOD STORES EVERYWHERE SELL DENT'S.



FAMILY COUGH SYRUP

Cures Any Cough in Five Hours
NEW PRESCRIPTION HERE

Here is given the most effective cough prescription known to the medical world. It is a mild laxative, too, and this is what the body needs when suffering with cough and cold on the lungs. A cough or cold indicates poisons in the system, causing inflammation and congestion. Nearly all cough syrups relieve, but make the troubles worse by their constipating effects. This prescription not only relieves quickly but it cures any cough that is curable. Get one-half ounce fluid wild cherry bark, one ounce compound essence cardui and three ounces syrup white pine compound. Mix in bottle. Take for acute cough or bronchitis twenty drops every half hour for four hours. Then one-half to one teaspoonful three or four times daily. Give children less according to age. A few hours' treatment will cure and heal the throat and lungs of all but consumption. Cut this out and give it to some friends who may need it to be saved from an early death by consumption.

Be wiser than other people if you can, but do not tell them so.

Feed Economy

is a step toward greater profits. It's the amount saved that counts, but what is digested and turned into marketable products.

Preff's Animal Regulator
puts horses, cows and pigs in prime condition and insures perfect digestion. That's just what the owner who uses it, or tests it, or risks. 25c, 50c, \$1, 25-lb. Pail, \$2.50
"Your money back if it fails!"

Preff's Healing Ointment
(or Powder)
cures sores and wounds. 25c, 50c. Sample free.

St. John, N. B., Dealers
ALLAN'S PHARMACY, ROBERT J. COX, JAMES GAULT,
H. G. HARRISON, H. J. MOWATT, JAS. STEPHENSON & SON.

C.H.I.C.

TABLE SHOWING THE WONDERFUL GROWTH OF THE C.H.I.C. IN LESS THAN TWENTY MONTHS

All Loans made bear interest at the rate of 5 per cent. per annum.

First Loan made April 22nd, 1911.	\$ 500.00
Loans made during month of December, 1911.	4,000.00
Loans made during month of June, 1912.	17,000.00
Loans made during month of August, 1912.	22,000.00
Loans made during month of November, 1912.	34,300.00
End of November, 1912. Loans pending (being put through).	65,000.00
Loans made and other Loans in process thereof during the month of November, 1912.	99,300.00
December 15th, 1912. Loans made, and in process to date.	225,000.00

SEE OUR REPRESENTATIVE.

THE CANADIAN HOME INVESTMENT CO., LTD.
Local office: 47-49 Germain street, St. John, N. B.

OFFICE OPEN EVENINGS UNTIL NINE O'CLOCK