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INTERESTING

A Feature Page of Interest to Everyone

INSTRUCTIVE

Dorothy Dix

The First Year of Marriage is a Time of Peril, and the Only Way Parents and Friends Can Help a Bride and Groom is to Keep Hands Off and Refrain From Giving Advice and Suggestions.

ACCORDING to the newspaper dispatches, an organization, sponsored by prominent educators and religious leaders, has been formed for the purpose of promoting domestic harmony between newlyweds. It is called the "First Year Club" and is to devote itself especially to pouring oil upon the troubled waters of the first lap of the matrimonial voyage.



DOROTHY DIX.

No one will deny that the first year of married life is a time of great danger for every young couple. No two persons of different sets of different blood, brought up in different environments, with different tastes and habits and points of view, can possibly adjust themselves to each other without endless friction, endless nagging of nerves and temper, endless disillusion and regrets.

DOUBTLESS it is a season when they need help, when they need advice and direction, but the trouble is that nobody can give it, and any rescue party that attempts to surmount them is likely to do more harm than good and precipitate the very fatality it sought to avoid.

It is literally true that every husband and wife must fight out their battles alone. They must make their own compromises and settle their own peace terms, and any outsider who tries to interfere between them is likely to make fresh trouble, instead of signing them up in a peace pact.

Indeed, the only way that any one can help a bride and groom through the perilous first year is by standing aside and keeping hands off, and letting them work out their own salvation, alone and unaided by advice and suggestions from meddling relatives and friends.

This is why it is so vitally important for every bride and groom to get up their own heads, and to go off by themselves, with no third party to interfere between them. That is why the presence of a mother-in-law in the home of the honeymooners is as hazardous to have as a ton of dynamite planted under the hearthstone.

FOR the young Benedicts are sure to have a thousand scraps over a thousand trifles. Left alone, with no one to see or hear the things they do and said in their anger, Mamie would dissolve in tears and admit that she was silly and wrong and sob it out on John's breast; and John would caress her, and she would kiss him, and they would kiss and make up and all would be forgiven and forgotten.

But, with mother on the scene, continually calling Mamie's attention to John's faults and imputing suspicions in her mind and urging her to stand up for her rights, or with John's mother continually poisoning John's mind against Mamie by acid criticisms of Mamie's extravagance and gadding and all warning him not to be bespeckled, and that to love the master of his own house, it is a different story, and one that generally has a tragic ending.

Mamie and John's pride will not let them admit their faults before an outsider. They wouldn't mind eating humble pie if they were alone, but they can't bring themselves to do it before an audience. So neither one will give in to the other, and the petty quarrel begins that by and by kills love and slays their happiness.

THIS is no mere theory. The Judges who preside over the Domestic Relations Court are unanimous in saying that when a young couple start differences and make a go of matrimony, but that the presence of any third party in the house is almost invariably the forerunner of trouble. Later on, after the husband and wife have adjusted themselves to each other, there is less danger in the presence of an outsider in the family circle, but in the first year of marriage it is a peril that only the foolhardy should dare.

So it seems to me that the work of the "First Year Club" should be devoted largely to propagating the idea that it will do great mischief if it can induce parents to give their children a fair start and when they marry make them set up nests of their own instead of inviting them to come and live in the home nest or thrusting themselves in the new nests the youngsters are trying to build.

IT will also perform a great service if it can impress on the minds of parents the fact that, when their children are grown and married and have set up homes of their own, they have a right to run them in their own way without advice or suggestions from their fathers and mothers.

Of course, parents are as in the habit of thinking of their children as just being parts of themselves that it is hard for them to realize that the sons and daughters have a distinct entity of their own and a right to their own way of doing things. Still more, that their sons-in-law and daughters-in-law should not be bound by their preferences.

Half of the family quarrels are based on mother feeling that she has a perfect right to tell her daughter-in-law what color she should have her drawing-room curtains, or getting after her about using her best china every day, or raising a ruction about her son-in-law smoking in his own house or playing golf on Sunday.

So if the "First Year Club" can induce mother-in-law to keep her fingers out of her children's pies it will have done a lot of sabotage to the divorce machine.

AND another valuable piece of propaganda the "First Year Club" can disseminate is the wisdom of trying to make one's children satisfied with his matrimonial bargain they have made, instead of calling their attention to the way they have been gold-bricked.

Nine times out of ten it is mother who first calls Mamie's attention to John's little faults and weaknesses, and puts John wise to Mamie's shortcomings. Mother doesn't intend this when she is always picking on her in-laws, but it works out in making Mamie and John critical and dissatisfied.

BUT here's wishing the "First Year Club" great success. For the first year of marriage is a time of peril, and if a young couple get through that safely their chances of escaping the divorce mill are good.

DOROTHY DIX.
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Easy To Gain Weight With Yeast and Iron

New Combination of Yeast With Vegetable Iron Quick Way to Build Up Weight

Thin, run-down and underweight men, women and children can now improve their health, increase their energy and regain normal weight in a surprisingly short time.

A new combination of yeast vitamins with vegetable iron, drives out dangerous body poisons, increases energy and endurance and supplies the system with the vitamins that build up weight.

For years yeast has been known as a rich vitamin food, but not until we perfected "Ironized Yeast"—which comes in concentrated tablet form, was it possible to take yeast and iron in the right proportions to build up weight.

Vegetable "Iron" when combined with yeast is quite easy to digest, therefore better for the system. And "Yeast" when ironized, becomes just twice as beneficial as fresh or cake yeast.

"Ironized Yeast" tablets are composed of concentrated food elements, therefore they are pleasant to take and free from drug-like effects. If you are underweight, do not enjoy good health, lacking in energy and force, "Ironized Yeast" tablets will pick you right up, and if they fail, you get your money back.

Sold by druggists, at \$1.00 for a large 60-tablet package. Harold E. Ritchie & Co., Ltd., Toronto, Canada.

Modern Girl's Clothes Are No Bar To Activity



BY MME. LISBETH.
Central Press Fashion Authority

WHATEVER may be said for and against the modern woman's clothes—and much has been said both pro and con—they cannot be described as cumbersome. In fact, that has been constituted part of the fault found with them—they are too scant and unbecoming, the said.

Women thought they were going pretty far when they adopted knickerbockers, but knickerbockers only failed to shock society—they did not register at all—only for the most practical of sports and business purposes—because they were not becoming.

Now we have the trousered ensemble (trousers), the skirt cut like wide, short athletic trousers and worn with a smart jacket collared with a high for choker. The material is broadcloth. It allows perfect freedom of motion and is much more feminine in appearance and becoming than the tight knickerbockers. It comes from Paris.

Another practical little costume of a very different type is the walking dress (center). It is developed in a jaunty flower in the button-hole, checked crepe in two tones, cream and orange. The frock may be made in two-piece style or in the simulated two-piece that is in reality a one-piece. The skirt is sufficiently full for comfort and ties finish both the collar and the low set belt.

If you prefer the very new spring suit with the mannish air, you may choose the up-to-date suit of tan broadcloth (right). It has a straight-cut skirt with a stitched pleat, a coat that is slightly cut away in front, like a man's sack coat, a white, double-breasted vest, turn-down collar and string tie. It is developed in a jaunty flower in the button-hole, checked crepe in two tones, cream and orange. The frock may be made in two-piece style or in the simulated two-piece that is in reality a one-piece. The skirt is sufficiently full for comfort and ties finish both the collar and the low set belt.

By Marie Belmont

A stunning spring sport outfit is this green jersey case ensemble. The jumper follows the rounded waistcoat line and is embellished with a row of tucks down each side from the neck to the pockets. The cape ties on under the bare collar. Jade buttons fasten the jumper. The skirt is pleated on a bodice and may be worn with an overblouse.

"Princess of Wales" hat is of soft felt, matching the jersey, and is trimmed with a narrow band of matching grosgrain ribbon.

FLAPPER FANNY says

"AREN'T YOU GOING TO TAKE ME?"

SOME folks are so stingy the only things they give away are themselves.

A Thought

Poverty and shame shall be to him that refuseth instruction; but he that regardeth reproof shall be honored.—Prov. 13:18.

HE HAD such a gentle method of removing their faults that they were not so much afraid as ashamed to repeat them.—Atterbury.

He found his brilliant diamond ring was paste, and did he bother? Why, sure—it dawned on him that he was out a half a dollar.

RESTORED TO GOOD HEALTH

Mother of Eleven Children Praises Lydia E. Pinkham's Vegetable Compound

Her Interesting Experience

Buckingham, Quebec.—"I am the mother of eleven living children, and my baby is five months old. I am only 38 years old and I have taken Lydia E. Pinkham's Vegetable Compound for weakness and my nerves. I know of it from my sister, Dame Edmond Bellefeuille of Ramothville.

For five years I was in misery and was always ready to cry. Now I am so happy to have good health. My daughter, who is 18 years old, has also taken it and will be happy to recommend it to all young girls.—Dame WILLIAM PARKER, Box 414, Buckingham, Quebec.

Why suffer for years with backache, nervousness and other ailments common to women from early life to middle age when Lydia E. Pinkham's Vegetable Compound will give you relief?

It is a recent country-wide canvass of purchasers of Lydia E. Pinkham's Vegetable Compound, over 250,000 replies were received, and 88 out of every 100 reported they were benefited.

Little Joe

BOMB PEOPLE OUGHT TO LOCK, SPRING AND TURN OVER SOME NEW LEAVES.

Is this your BIRTHDAY?

APRIL 6—You are much for good reading and for clever friends. The light of conversation does not interest you, but you are an excellent conversationalist when you can converse with people who are interested along the lines of your reading tastes. Your tastes are domestic, but you live very much within yourself. Listen to the opinions of others, and travel when you get the chance. Your marriage will be a very happy one.

Your birthstone is a diamond, which means innocence. Your flower is a daisy. Your lucky colors are red and yellow.

IN NEW YORK SEE SAWING UP and down BROADWAY

WHENEVER a "purity wave" sweeps along Broadway, it is invariably pointed out that chief supporters of the "naughty shows" are visitors from the four corners of the nation.

A check-up of ticket agency representatives at big hotels proves, alas, that this is not only true, but that the average visitor will have none but the "very naughty."

Did he come all the way from Savannah just to see a show such as this? He might see 20 miles from home? He did not. What is more, he is willing to pay the high price rate for them.

Just for the fun of it a friend of mine stopped at the box office at three o'clock and saw the show. Of course, he didn't get them. The tickets were all blocked out to agencies for "visitors."

About the only chance a New Yorker has of seeing one of the widely discussed "naughty" shows is to go before the "naughty" reputation spreads beyond the city's gate, and to wait until the rush of visitors is over. Of course he can pay the stiff prices of the visitors, but he hesitates at doing this.

And so, whenever I get a letter from the "west" telling how lucky are the "visitors" who can "see all the best shows" I get a large laugh. I'll wager my last winter's golf shoes that the average visitor, in his 10 days in town, sees more shows than an average New Yorker dweller does in a season.

SPREADING of this "transient" army that makes up Broadway's throng, one of the big movie theatres showing a "super-feature" decided to use the good old mouth-to-mouth medium of advertising. During an intermission, post cards were passed through the audience. It was requested that a card be sent to some friend. Naturally, in order to be of any particular value to the theatre, the cards would have to be sent to persons in New York or its environs. Of 478 who filled in the cards for mailing, all but 19 had been addressed to someone in another part of the country.

When Billy mentioned them, the three Gascookes got right up and tipped their hats and bowed very politely, saying: "We are very much pleased and delighted and obliged to meet you, we're sure."

But everyone knew they meant mean of town.

IN the little city of Indianapolis, Ind.,—go Richard Maney informed me—five representative citizens of New York to see two of the town's daughters who have landed in Broadway's spotlight.

They are the Lane Sisters—Lola and Leota—who, I am told graduated from Simpson College, Indiana. They were recruited by Gus Edwards, who is one of Broadway's most prolific scouts. Up to now they had been as far from home as Des Moines—something like 20 miles, as the Ford ticks. They arrived in Indianapolis about a month ago, and in a little more than a month—not so bad for these "slow country girls."

GILBERT SWAN.

Menus for the Family

MENU HINT

Stewed Apples and Prunes Sugar
Scotch Porridge Milk
Coddled Eggs Milk
Coffee Dinner Milk
Roast Beef, Browned Potatoes, Gravy
Creamed Peas Vegetable Salad
Plum Jelly Butter
Caramel Apples Milk
Coffee Supper Milk
Cream of Corn Syrup
Toasted Crackers Butter
Fruit Gelatin Strawberry Jam
Sponge Cakes Cocoa

TODAY'S RECIPES

Scotch Porridge—Take one cup rolled oats, two cups of water, two cups of milk and teaspoon salt. Mix the oats, water and milk. Cover and let stand over night. In the morning heat to boiling point, stirring constantly, and cook five minutes. Add the milk and let stand over night. In the morning heat to boiling point, stirring constantly, and cook five minutes. Add the milk and let stand over night.

Vegetable Salad—Take three cups finely shredded cabbage, one cup grated raw carrot, one cup celery cut in small pieces, one medium sized onion, chopped. Soak cabbage, carrots and celery in cold water one-half hour. Drain them, drain thoroughly and add onion, moisten with French dressing. Arrange on crisp lettuce leaves and serve with or without mayonnaise.

Cream of Corn Soup—Two cups canned corn, one-half dried celery, two tablespoons grated onion, one quart boiling water, one pint milk, one teaspoon sugar, one tablespoon butter, two eggs, one cup cream, salt, pepper. To corn add celery, onion and water and simmer gently one hour. Put through a sieve. Add to hot milk, sugar and butter. Beat eggs slightly and combine with cream. Add to the soup just before serving.

Caramel Apples—Six apples, one cup sugar (white), one cup water, one teaspoonful gelatin, one cup sugar (brown), one-quarter teaspoon butter, one cup chopped nut, whipped cream. Boil white sugar and water 10 minutes. Dip the pared and cored apples in it until tender. Soak the gelatin in a little cold water and add to the hot syrup. Cook the brown sugar, milk and butter to the soft ball stage and add the nuts. Arrange the apples in a serving dish, fill the centre with the caramel mixture and pour the syrup around them. Chill and serve with whipped cream.

LOST THAT "UP-AND-AT-EM" FEELING?

Do you think it's too much work—or too much money—to get the "up-and-at-em" feeling back? Try this: Buy a box of Scott's Emulsion and take it as directed. At any drugstore—try it tonight.

ADVENTURES of the TWINS

OLIVE ROBERTS BARTON

BILLY BEAVER and the GAZOOKUMES

"I know somebody who needs spring it. What everyone did know was that cleaning very much indeed," said the March Hare to the Twins when Marky Muskrat was out of the way at last.

"Who?" said Nancy and Nick together.

"Billy Beaver," said the March Hare. "His name is Builder, you know, but he's called Billy for short."

"Why, he lives in the water," said Nick. "How could he need to be spring cleaned?"

"Just like Marky Muskrat," said the March Hare. "He gets full of mud, and besides after living in his underground house all winter, he is all tangled up. Yes, Billy Beaver certainly needs to be spring-cleaned. Come on. Let's get him."

So off went the three of them to the place on Ripple Creek where Billy and his relatives had made a dam of mud and logs across the water, causing the creek to back up into a sort of little lake.

And there on the edge of the bank sat Billy himself.

"Hello," he called. "Are you coming to see me? Mom and Pop aren't home. They're gone on a trip into the woods to hunt some new birch trees. I'm just playing a game with my friends, the Gazookumes."

For the first time the visitors noticed three very tiny little boys with long sharp ears, sitting on the bank beside Billy Beaver.

The March Hare frowned and looked very much upset, for everyone knew that wherever Gazookumes are, there is trouble also. The worst thing about Gazookumes is, you never know what they are going to do next. The next worst thing is that they always go about in threes and it is very hard to get ahead of them.

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GILBERT SWAN.

Nougatines

Only the tongue can tell the charm of its taste. And it's a chewy centre, too, without cloying stickiness, and just the right size. No wonder it's a Ganong's "best seller."

Ask for Ganong's Nougatines by name.

Ganong's CHOCOLATES

The Baby Sold Film

A man telephoned a Confederation Life representative the other day and said, "Bob, come over and see me." When he got there, he asked Bob to write his application for \$10,000. He just said, "Bob, I want you to fix me up for \$10,000 to commence with."

He was a man Bob knew very well, but he had never before succeeded in selling him a dollar's worth of Insurance. What made him change? Nothing that Bob said. It was the influence of his first child not more than a few weeks old.

If this thought strikes a responsive chord in you, the Confederation Life Association would like to send you a booklet about the Peerless Policy—a policy that meets the requirements of most business men. Write for a copy.

CONFEDERATION LIFE ASSOCIATION

GEO. W. PARKER RALPH M. PARKER
President General Agent
Union Bank Building, Saint John, N. B.

Please send me your booklet about the Peerless Policy.

Name
Address