POOR DOCUMENT

THE EVENING TIMES-STAR, SAINT JOHN, N B., TUESDAY, APRIL 6, 1926

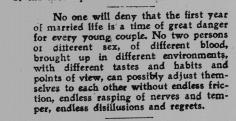
A Feature Page of Interest to Everyone

INSTRUCTIVE

Dorothy Dix

The First Year of Marriage is a Time of Peril, and the Only Way Parents and Friends Can Help a Bride and Groom is to Keep Hands Off and Refrain From Giving Advice and Suggestions.

ACCORDING to the newspaper dispatches, an organization, sponsored by prominent educators and religious leaders, has been formed for the purpose of promoting domestic harmony between newlyweds. It is called the "First Year Club," and is to devote itself especially to pouring oil upon the troubled waters of the first lap of the matrimonial voyage.



DOUBTLESS it is a season when they need help, when they need advice and direction, but the trouble is that nobody can give it, and any rescue party that attempts to succor them is likely to do more harm than good and precipitate the very fatality it sought to avoid.

It is literally true that every husband and price must fight out their hatters alone. They wife must fight out their battles alone. They must make their own compromises and settle

en them is mighty apt to make fresh trouble, instead of sign-

Indeed, the only way that any one can help a bride and groom through the perilous first year is by standing aside and keeping hands off, and letting them work out their own salvation, alone and unaided by advice and suggestions from meddling relatives

and friends.

This is why it is so vitally important for every bride and bride-groom to set up their own household as soon as they are married and to go off by themselves, with no third party to interiere between them. That is why the presence of a mother-in-law in the home of the honeymooners is as hazardous to have as a ton of dynamite planted under the hearthstone.

FOR the young Benedicts are sure to have a thousand scraps over a thousand trifles. Left alone, with no one to see or hear the things they die and said in their anger, Mamie would dissolve in tears and admit that she was silly and wrong and sob it out on John's breast; and John would can himself a brute, and they would kiss and make up and all would be

forgiven and forgotten.

But with mother on the scene, continually calling Mamie's attention to John's faults and implanting suspicions in her mind and urging her to stand up for her rights, or with John's mother continually poisoning John's mind against Mamie by acid criticisms of Mamie's extravagance and gadding and warning him not to be henpecked, but to be the master of his own house, it is a different story, and one that generally has a tragic ending.

Mamie and John's pride will not let them admit their faults before an outsider. They wouldn't mind eating humble pie if they were alone, but they can't bring themselves to do it before an audience. So neither one will given in to the other, and the petty quarrel begins that by and by kills love and slays their happiness.

THIS is no mere theory. The Judges who preside over the Domestic Re-THIS is no mere theory. The Judges who preside over the Domestic Relations Court are unanimous in saying that when a young couple start their life together alone they nearly always manage to compromise their differences and make a go of matrimony, but that the presence of any third party in the house is almost invariably the forerunner of trouble. Later on, after the husband and wife have adjusted themselves to each other, there is far less danger in the presence of an outsider in the family circle, but in the first year of marriage it is a peril that only the foolhardy should dare.

So it seems to me that the work of the "First Year Club" should be devoted largely to propaganda. It will do great missionary work if it can induce parents to give their children a fair start and when they marry make them set up nests of their own, instead of inviting them to come and live in the home nest or thrusting themselves in the new nests the youngsters are trying to build.

To WILL also perform a great service if it can impress on the minds of parents the fact that, when their children are grown and married and have set up homes of their own, they have a right to run them in their own way without advice or suggestions from their fathers and mothers.

Of course, parents are so in the habit of thinking of their children as just being parts of themselves that it is hard for them to realize that the sons and daughters have a distinct entity of their own and a right to their own ways of doing things. Still more, that their sons-in-law and daughters-un-law should not be bound by their preferences.

Half of the family quarrels are based on mother feeling that she has a perfect right to tell her daughter-in-law what color she should have her drawing-room curtains, or getting after her about using her best china every day, or raising a ruction about her son-in-law smoking in his own house or playing golf on Sunday.

So if the "First Year Club" can induce mother-in-law to keep her fingers out of her children's pies it will have done a lot of sabotage to the divorce machine.

AND another valuable piece of propaganda the "First Year Club" can disseminate is the wisdom of trying to make one's children satisfied with he matrimonial bargain they have made, instead of calling their attention to the way they have been gold-bricked.

Nine times out of ten it is mother who first calls Mamie's attention to John's little faults and weaknesses, and puts John wise to Mamie's shortcomings. Mother doesn't intend this when she is always picking on her in-laws, but it works out in making Mamie and John critical and dissatisfied.

BUT here's wishing the "First Year Club" great success. For the first year of marriage is a time of peril, and if a young couple get through that safely their chances of escaping the divorce mill are good.

DOROTHY DIX.

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Easy To Gain Weight With Yeast and Iron

New Combination of Yeast With Vegetable Iron Quick Way to Build Up Weight

Thin, run-down and underweight men, women and children can now improve their health, increase their energy and regain normal weight in a surprisingly short time. ingly short time.

A new combination of yeast vitamines with vegetable iron, renews the action of sluggish blood cells, drives out dangerous body poisons, increases energy and endurance and supplies the system with the vitamines that build up weight. For years yeast has been known as a rich vitamine food, but not until we perfected "ironized yeast"—which comes in concentrated tablet form, was it possi-

concentrated tablet form, was it possi-ble to take yeast and iron in the right proportions to build up weight. Vegetable "Iron" when combined with yeast is quite easy to digest, therefore better for the system. And "yeast" when ironized, becomes just twice as beneficial as fresh or cake yeast.

Ironized Yeast tablets are composed of concentrated food elements, therefore they are pleasant to take and free from drug-like effects. If you are under weight, do not enjoy good health, lacking in energy and force, "ironized yeast" tablets will pick you right up, and if they fail, you get your meney back money back.
Sold by druggists, at \$1.00 for a large 60-tablet package. Harold
Ritchie & Co., Ltd., Toronto, Canada.



Modern Girl's Clothes Are No Bar To Activity



rashion rancies

this green Jersey cape ensemble.

waistcoat line and is embellished with a row of tucks down each side

The "Prince of Wales" hat is of

soft felt, matching the Jersey, and

FLAPPER FANNY SOYS

A Thought

peat them .- Atterbury.

matching grossgrain ribbon.

By MME, LISBETH.

Central Press Fashion Authority
WHATEVER may be said for and against the modern woman's clothes—and much has been said both pro and con—they cannot be described as cumbersome. In fact, that has been constituted part of the fault found with them—they are too scant and uniform them—they are too scant and uniform them—they are too scant and uniform thought they were going pretty far when they adopted knickers, but like wise the walking and the provided the late of a very different type is the walking and the low along the late of the farm that to say.

For the mast time the visitors noticed to say, there very thiny little boys with long sharp ears, sitting on the bank beside there every the little boys with long sharp ears, sitting on the bank beside there every the little boys with long sharp ears, sitting on the bank beside to say, that makes up Broadway's throng, that makes up Broadway's throng, that makes up Broadway's throng a "uper-feature" decided to use the good old mouth-to-mouth medium of a "uper-feature" decided to use the good old mouth-to-mouth medium of a very time the visitors noticed to say, there every thiny little boys with long sharp ears, sitting on the bank beside there every much upset, for everyone knows at the free wirn that the visitors noticed to say.

The march Hare frowned and looked very much upset, for everyone knows at the trunch of the fault found of mouth-to-mouth medium of a "uper-feature" decided to use the good old mouth-to-mouth medium of a "uper-feature" decided to use the good old mouth-to-mouth medium of a "uper-feature" decided to use the good old mouth-to-mouth medium of a "uper-feature" decided to use the good old mouth-to-mouth medium of a "uper-feature" decided to use the good old mouth-to-mouth medium of a "uper-feature" decided to use the good old mouth-to-mouth medium of a "uper-feature" decided to use the good old mouth-to-mouth medium of a "uper-feature" decided to use the good old mouth-to-mouth medium of a "uper-feature" decided to use the good

Women thought they were going pretty far when they adopted knickers, but knickers not only failed to shock society—they did not register at all—only clety—they did no



tain the heights she achieved in "The Humming Bird" and "Manhandled" or will she turn out future releases as poor as "The Coast of Folly" and "Madame Sans Gene?" That's what critics are wondering as Gloria is preparing to leave Famous Players and begin work at the United Artists studies Artists studios.
When Gloria was graduated from When Gloria was graduated from Sennett slapstick comedies everyone predicted great things for her. And Gloria fulfilled those predictions. Then something happened. What? Well, no one can say exactly. Perhaps she grew too ambitious and atempted things just out of range of her talents. Anyhow her last four or five productions haven't been what you would call successes. Some say she's got too much confidence in her ability. Others insist she's still as unconceited as she insist she's still as unconceited as she

tain the heights she achieved in

was in her Sennett days.

Whatever may be the truth, Gloria has slipped and it remains to be seen whether United Artists can make her a winner again. After nine years' absence, Marshall Neilan, director-husband of Blanche Sweet, is returning to the Paramount

Universal is planning to bring to the screen the history of the old south. Frederick Arnold Kummer has been commissioned to write the story. The picture will be called "Dixie." It is a would not be a Hollywood sensation from the neck to the pockets. The cape ties on under the flare collar. modern story of the south, showing its growth during the last few decades. The past will be used as an historical background for the present. Jade buttons fasten the Jumper. The skirt is pleated on to a bodice and



fold. In the old days under their hanner he directed Mary Pickford, Marguerite Clark, Blanch Sweet Thomas
Meighan, Elsie Ferguson and George

RENEE ADOREE, French movie actress, suffered a lot during the World War, but she says she has one

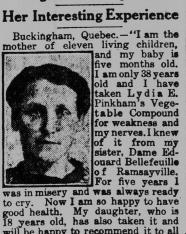
Matilde Comont is one screen actress who cares not whether she be given a male or feminine role. Remember the fat rival of Douglas Fairbanks in "The Thief of Bagdad?" Well, that "man" was Miss Comont. She has a part in "Puppets," a First National production.

Illooking French girl. Plenty of Holly wood dwellers were much more beautiful and she had to content herself with roles in smaller pictures. Then in his masterpiece of the war and Renee "came through."

Scotch Porridge—Take one cup rolled oats, two cups of water, two cups of milk and teaspoon salt. Mix the oats, water and milk. Cover and let stand over night. In the morning heat to bolling point, stirring constantly, and James Carabine," an M. G. M. production.

RESTORED TO

Mother of Eleven Children Praises Lydia E. Pinkham's Vegetable Compound



was in misery and was always ready to cry. Now I am so happy to have good health. My daughter, who is 18 years old, has also taken it and will be happy to recommend it to all young girls."—Dame WILLIAM PARENT, Box 414, Buckingham, Quebec.

Why suffer for years with backache, nervousness and other ailments common to women from early life to middle age, when Lydia E. Pinkham's Vegetable Compound will give you relief?

proving their faults that they were not so much afraid as ashamed to re-In a recent country-wide canvass of purchasers of Lydia E. Pinkham's Vegetable Compound, over 250,000 replies were received, and 98 out of He found his brilliant diamond ring
Was paste, and did he holler?
Why, sure—it dawned on him that he
Was out a half a dollas. every 100 reported they were bene-

Little Joe

JOME PEOPLE OUGHT TO MOCK SPRING AND TURN OVER SOME NEW LEAVES.



Is this your

terest you, but you are an excellent conversationalist when you can converse with people who are interested along the lines your reading takes. Your tastes are domestic, but, you live very much within yourself. Listen to the soft ball stage and add the nuts. Arrange the apples in a serving dish, fill the centre with the caramel mixture and pour the syrup around them. Chill and serve with whipped cream. the opinions of others, and travel when LOST THAT "UP-AND-ATwill be a very happy one. means innocence.

Your lucky colors are red and yellow.

About the only chance a New Yorker has of seeing one of the widely discussed "naughty" shows is to go before the "naughty" reputation spreads beyond the city's gate, or to wait until the rush of visitors is over. Of course he can pay the stiff prices of the visitor, but he hestates at doing this.

And so, whenever I get a letter from the state of the tity heads sate of the place on the three of them to the place on Ripple Creek where Billy and logs across the water, causing the creek to back up into a sort of little lake.

And there on the edge of the bank sat Milly himself.

"What was it?" asked the March Hare.

"It was a game called 'Jumble, jumble, who's got the bumble?" said Billy. "You play it with stones."

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"How?" asked the March Hare.

"Hare."

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"How?" asked the March Hare.

"Hare."

"How?" asked th but he hesitates at doing this.

And so, whenever I get a letter from the "west" telling how lucky are we New Yorkers who can "see all the best shows" I get a large laugh. I'll wager my last winter's goloshes that the average visitor, in his 10 days in town, sees more shows than an average New

IN THE little city of Indianola, Iowa,so Richard Maney informs me—the good folk are raising a fund to send five representative citizens to New York to see two of the town's daughters who nave landed in Broadway's spotlight. They are the Lane Sisters—Lola and Leota—who, I am told graduated from Simpson College, Indianola. They were recruited by Gus Edwards, who is one of Broadway's most prolific scouts. Up to that time they had been as far from home as Des Moines—something like 20 miles, as the Ford treks. They arrived on this widely advertised island about February and are now major catures of the Greenwich Village Follies.

From Indianola to Broadway lighter bad for these "slow country gals."
—GILBERT SWAN.



Gravy Whole Wheat Bread Plum Jelly Caramel Apples Coffee

Cream of Corn Syrup Toasted Crackers Strawberry Jam

Cocoa

TODAY'S RECIPES

Vegetable Salad-Take three cups finely shredded cabbage, one cup grated in cold water one-half hour to crisp them, drain thoroughly and add onion, moisten with French dressing. Arrange on crisp lettuce leaves and serve with

ned corn, one-half diced celery, two tablespoons grated onion, one quart boiling water, one pint milk, one teaspoonful sugar, one tablespoon butter two eggs, one cup cream, salt, pepper To corn add celery, onion and water and simmer gently one hour. Put through a sieve. Add to hot milk, sugar and butter. Beat eggs slightly and ust before serving.

Caramel Apples-Six apples, one cup ugar (white), one cup water, one teane-quarter tablespoon butter, one cup chopped nuts, whipped cream. Boil white sugar and water 10 minutes. Cook the pared and cored apples in it until reading and for clever friends. The light chaff of conversation does not in-

EM" FEELING? Do you think it's too much work—or too much play? What's the reason? Maybe it's just a sluggish liver—try 15 to 30 drops of Seigel's Syrup a glass of water. Safely and quickly brings you back. At any druggist—try it tonight.

BILLY BEAVER AND THE GAZOOKUMSES

"I know somebody who needs spring it. What everyone did know was that cleaning very much indeed," said the sentatives at big hotels proves, alas, that this is not only true, but that the average visitor will have none but the "very naughty."

"I know somebody who needs spring it. What everyone did know was that they meant, "We are cross as three bears at you for coming here just now. Because we were just playing a trick on Billy Beaver and if you hadn't meddled gether. average visitor will have none but the "Who?" said Nancy and Nick to gether.

Did he come all the way from Saux Center just to see a show such as he might see 20 miles from home? He did not. What is more, he is willing to pay "Why, he lives in the water," said the March Hare and Billy would be ours."

All the March Hare did when the Gazookumses made their long speech was to say, "What does all this mean?"

Why, he lives in the water," said was to say, "What does all this mean?

might see 20 miles from home.

"Why, he lives in the water," said was to say,

"Why, he lives in the water," said billy? Do your mother and father allow price rate for them.

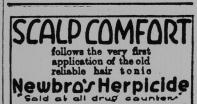
"Why, he lives in the water," said billy? Do your mother and father allow price rate for them. not. What is more, he is willing to pay the high price rate for them.

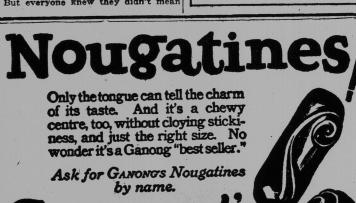
Just for the fun of it a friend of mine stopped at the box office at three outstanding "naughty" plays and asked for tickets ten days hence. Of course he didn't get them. The tickets were all blocked out to agencies for "visit-to" specified with the price rate for them.

Nick. "How could he need to be spring low you to keep such company in the absence?"

Billy looked worried now. "I don't know," he said. "I never saw them ground house all winter, he is all tangled up. Yes, Billy Beaver certainly needs to be spring-cleaned. Come on. Let's get him."

"What was it?" asked the March Hare.









A man telephoned a Confederation Life representative the other day and said, "Bob, come over and see me." When he got there, he asked Bob to write his application for \$10,000. He just said, "Bob, I want you to fix me up for \$10,000 to commence with."

He was a man Bob knew very well, but he had never before succeeded in selling him a dollar's worth of Insurance. What made him change? Nothing that Bob said. It was the influence of his first child not more than a

IF this thought strikes a responsive chord in you, the Confederation Life Association would like to send you a booklet about the Peerless Policy—a policy that meets the requirements of most business men. Write for a copy.

CONFEDERATION LIFE

ASSOCIATION

RALPH M. PARKER General Agent Provincial Manager Union Bank Building, Saint John, N. B.

Please send me your booklet about the Peerless Policy.